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*H.P. Tait*

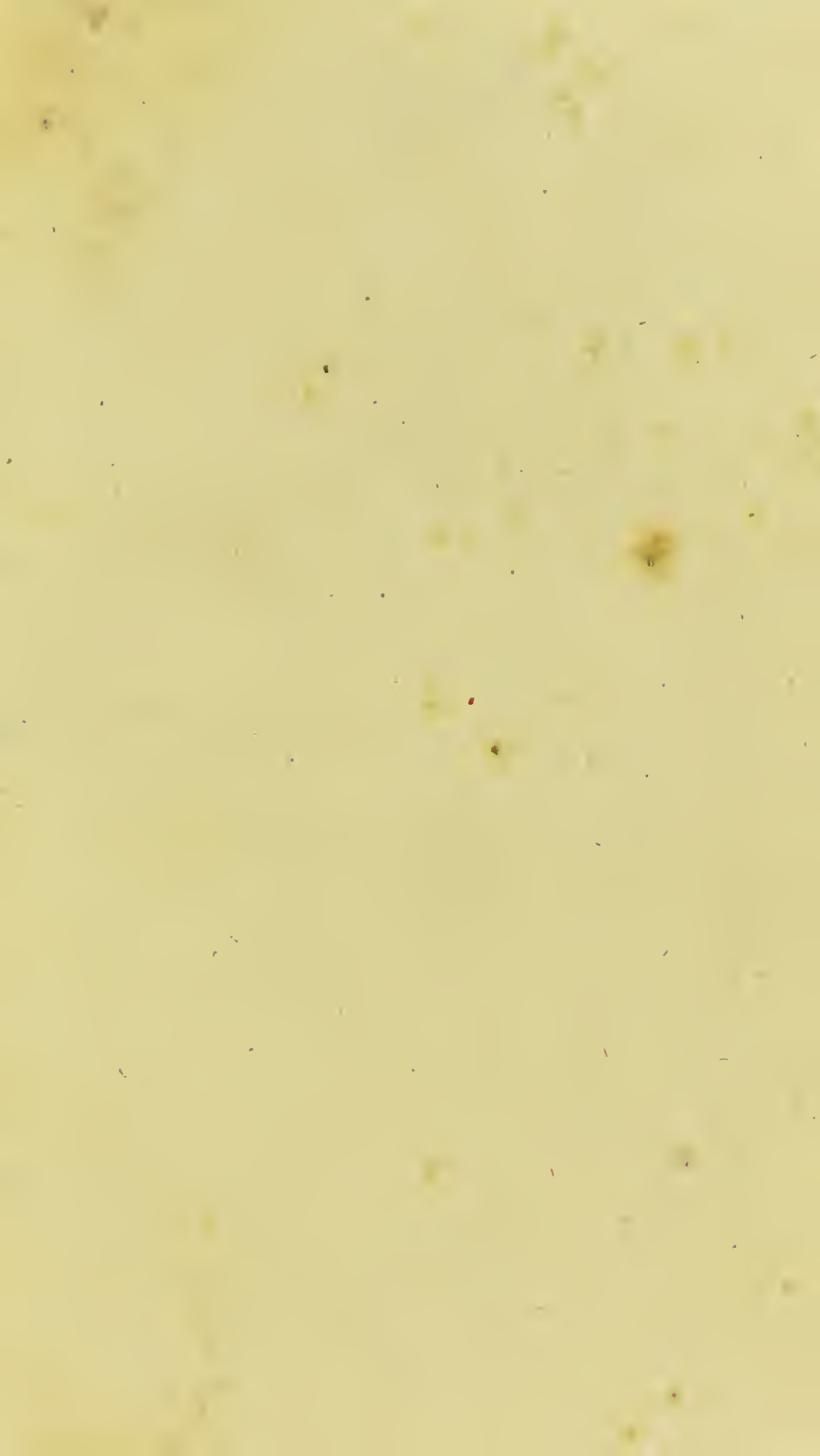
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Z O O N O M I A ;  
OR,  
T H E L A W S  
OF  
O R G A N I C L I F E .

IN FOUR VOLUMES.

By *ERASMUS DARWIN*, M.D. F.R.S.

AUTHOR OF THE BOTANIC GARDEN.

Principiò-cælum, ac terras, camposque liquentes,  
Lucentemque globum lunæ, titaniaque astra,  
Spiritus intùs alit, totamque infusa per artus  
Mens agitat molem, et magno se corpore miscet.

VIRG. *Æn.* vi.

Earth, on whose lap a thousand nations tread,  
And Ocean, brooding his prolific bed,  
Night's changeful orb, blue pole, and silvery zones,  
Where other worlds encircle other suns,  
One mind inhabits, one diffusive Soul  
Wields the large limbs, and mingles with the whole.

V O L . II.

THE THIRD EDITION, CORRECTED.

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# Z O O N O M I A.

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## S E C T. XXX.

### PARALYSIS OF THE LIVER AND KIDNEYS.

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1. FROM the ingurgitation of spirituous liquors into the stomach and duodenum, the termination of the common bile-duct in that bowel becomes stimulated into unnatural action, and a greater quantity of bile is produced from all the secretory vessels of the liver, by the association of their motions with those of their excretory ducts; as has been explained in Section XXIV. and XXV. but as all parts of the body, that have been affected with stronger stimuli for any length of time, become less susceptible of motion, from their natural weaker stimuli, it follows, that the motions of the secretory vessels, and in

consequence the secretion of bile, is less than is natural during the intervals of sobriety. 2. If this ingurgitation of spirituous liquors has been daily continued in considerable quantity, and is then suddenly intermitted, a languor or paralysis of the common bile-duct is induced; the bile is prevented from being poured into the intestines; and as the bilious absorbents are stimulated into stronger action by its accumulation, and by the acrimony or viscidty, which it acquires by delay, it is absorbed, and carried to the receptacle of the chyle; or otherwise the secretory vessels of the liver, by the above-mentioned stimulus, invert their motions, and regurgitate their contents into the blood, as sometimes happens to the tears in the lachrymal sack, see Sect. XXIV. 2. 7. and one kind of jaundice is brought on.

There is reason to believe, that the bile is most frequently returned into the circulation by the inverted motions of these hepatic glands, for the bile does not seem liable to be absorbed by the lymphatics, for it soaks through the gall-ducts, and is frequently found in the cellular membrane. This kind of jaundice is not generally attended with pain, neither at the extremity of the bile-duct, where it enters the duodenum, nor on the region of the gall-bladder.

Mr. S. a gentleman between forty and fifty years of age, had had the jaundice about six weeks, without pain, sickness, or fever; and had  
taken

taken emetics, cathartics, mercurials, bitters, chalybeates, essential oil, and æther, without apparent advantage. On a supposition that the obstruction of the bile might be owing to the paralysis, or torpid action of the common bile-duct, and the stimulants taken into the stomach seeming to have no effect, I directed half a score smart electric shocks from a coated bottle, which held about a quart, to be passed through the liver, and along the course of the common gall-duct, as near as could be guessed, and on that very day the stools became yellow; he continued the electric shocks a few days more, and his skin gradually became clear.

3. The bilious vomiting and purging, that affects some people by intervals of a few weeks, is a less degree of this disease; the bile-duct is less irritable than natural, and hence the bile becomes accumulated in the gall-bladder, and hepatic ducts, till by its quantity, acrimony or viscosity, a greater degree of irritation is produced, and it is suddenly evacuated, or lastly from the absorption of the more-liquid parts of the bile, the remainder becomes inspissated, and chrySTALLIZES into masses too large to pass, and forms another kind of jaundice, where the bile-duct is not quite paralytic, or has regained its irritability.

This disease is attended with much pain, which at first is felt at the pit of the stomach, exactly

in the centre of the body, where the bile-duct enters the duodenum; afterwards, when the size of the bile-stones increase, it is also felt on the right side, where the gall-bladder is situated. The former pain at the pit of the stomach recurs by intervals, as the bile-stone is pushed against the neck of the duct; like the paroxysms of the stone in the urinary bladder, the other is a more dull and constant pain.

Where these bile-stones are too large to pass, and the bile-ducts possess their sensibility, this becomes a very painful and hopeless disease. I made the following experiments with a view to their chemical solution.

Some fragments of the same bile-stone were put into the weak spirit of marine salt, which is sold in the shops; and into solution of mild alkali; and into a solution of caustic alkali; and into oil of turpentine; without their being dissolved. All these mixtures were after some time put into a heat of boiling water, and then the oil of turpentine dissolved its fragments of bile-stone, but no alteration was produced upon those in the other liquids except some change of their colour.

Some fragments of the same bile-stone were put into vitriolic æther, and were quickly dissolved without additional heat. Might not æther mixed with yolk of egg or with honey be given advantageously in bilious concretions?

I have

I have in two instances seen from thirty to fifty bile-stones come away by stool, about the size of large peas, after having given six grains of calomel in the evening, and four ounces of oil of almonds or olives on the succeeding morning. I have also given half a pint of good olive or almond oil as an emetic during the painful fit, and repeated it in half an hour, if the first did not operate, with frequent good effect.

4. Another disease of the liver, which I have several times observed, consists in the inability or paralysis of the secretory vessels. This disease has generally the same cause as the preceding one, the too frequent potation of spirituous liquors, or the too sudden omission of them, after the habit is confined; and is greater or less in proportion, as the whole or a part of the liver is affected, and as the inability or paralysis is more or less complete.

This palsy of the liver is known from these symptoms, the patients have generally passed the meridian of life, have drunk fermented liquors daily, but perhaps not been opprobrious drunkards; they lose their appetite, then their flesh and strength diminish in consequence, there appears no bile in their stools, nor in their urine, nor is any hardness or swelling perceptible in the region of the liver. But what is peculiar to this disease, and distinguishes it from all others at the first glance of the eye, is the bombycinous colour of

the skin, which, like that of full-grown silkworms, has a degree of transparency with a yellow tint not greater than is natural to the serum of the blood.

Mr. C. and Mr. B. both very strong men, between fifty and sixty years of age, who had drunk ale at their meals instead of small beer, but were not reputed hard-drinkers, suddenly became weak, lost their appetite, flesh and strength, with all the symptoms above enumerated, and died in about two months from the beginning of their malady. Mr. C. became anasarous a few days before his death, and Mr. B. had frequent and great hæmorrhages from an issue, and some parts of his mouth, a few days before his death. In both these cases calomel, bitters, and chalybeates were repeatedly used without effect.

One of the patients described above, Mr. C. x was by trade a plumber; both of them could digest no food, and died apparently for want of blood. Might not the transfusion of blood be used in these cases with advantage?

5. When the paralysis of the hepatic glands is less complete, or less universal, a scirrhusity of some part of the liver is induced; for the secretory vessels retaining some of their living power take up a fluid from the circulation, without being sufficiently irritable to carry it forwards to their excretory ducts; hence the body, or receptacle of each gland, becomes inflated, and  
this

*might not the paralysis of the  
liver in this case be owing to  
lead found in the blood?*

this distention increases, till by its very great stimulus inflammation is produced, or till those parts of the viscus become totally paralytic. This disease is distinguishable from the foregoing by the palpable hardness or largeness of the liver; and as the hepatic glands are not totally paralytic, or the whole liver not affected, some bile continues to be made. The inflammations of this viscus, consequent to the scirrhusity of it, belong to the diseases of the sensitive motions, and will be treated of hereafter.

6. The ancients are said to have possessed an art of increasing the livers of geese to a size greater than the remainder of the goose. Martial. l. 13. epig. 58.—This is said to have been done by fat and figs. Horace. l. 2. sat. 8.—Juvenal sets these large livers before an epicure as a great rarity. Sat. 5 l. 114; and Persius, sat. 6. l. 71. Pliny says these large goose-livers were soaked in mulled milk, that is, I suppose, milk mixed with honey and wine; and adds, “that it is uncertain whether Scipio Metellus, of consular dignity, or M. Sestius, a Roman knight, was the great discoverer of this excellent dish.” A modern traveller, I believe Mr. Brydone, asserts that the art of enlarging the livers of geese still exists in Sicily; and it is to be lamented that he did not import it into his native country, as some method of affecting the human liver might perhaps have been collected from it;

besides the honour he might have acquired in improving our giblet pics.

Our wiser caupones, I am told, know how to fatten their fowls, as well as their geese, for the London markets, by mixing gin instead of figs and fat with their food; by which they are said to become sleepy, and to fatten apace, and probably acquire enlarged livers; as the swine are asserted to do, which are fed on the sediments of barrels in the distilleries; and which so frequently obtains in those, who ingurgitate much ale, or wine, or drams.

II. The irritative diseases of the kidneys, pancreas, spleen, and other glands, are analogous to those of the liver above described, differing only in the consequences attending their inability to action. For instance, when the secretory vessels of the kidneys become disobedient to the stimulus of the passing current of blood, no urine is separated or produced by them; their excretory mouths become filled with concreted mucus, or calculous matter, and in eight or ten days stupor and death supervene in consequence of the retention of the feculent part of the blood.

This disease in a slighter degree, or when only a part of the kidney is affected, is succeeded by partial inflammation of the kidney in consequence of previous torpor. In that case greater actions of the secretory vessels occur, and the nucleus of gravel is formed by the inflamed

mucous

*See my book on the formation of  
gravel in following journal - 1781  
. Thru to Ben. Franklin -*



mucous membranes of the tubuli uriniferi, as farther explained in its place.

This torpor, or paralysis of the secretory vessels of the kidneys, like that of the liver, owes its origin to their being previously habituated to too great stimulus; which in this country is generally owing to the alcohol contained in ale or wine; and hence must be registered amongst the diseases owing to inebriety; though it may be caused by whatever occasionally inflames the kidney; as too violent riding 'on horseback, or the cold from a damp bed, or by sleeping on the cold ground; or perhaps by drinking in general too little aqueous fluids.

III. I shall conclude this section on the diseases of the liver induced by spirituous liquors, with the well known story of Prometheus, which seems indeed to have been invented by physicians in those ancient times, when all things were clothed in hieroglyphic, or in fable. Prometheus was painted as stealing fire from heaven, which might well represent the inflammable spirit produced by fermentation; which may be said to animate or enliven the man of clay: whence the conquests of Bacchus, as well as the temporary mirth and noise of his devotees. But the after punishment of those, who steal this accursed fire, is a vulture gnawing the liver; and well allegorises the poor inebriate lingering for years under painful hepatic diseases. When

the expediency of laying a further tax on the distillation of spirituous liquors from grain was canvassed before the House of Commons some years ago, it was said of the distillers, with great truth, "*They take the bread from the people, and convert it into poison!*" Yet is this manufactory of disease permitted to continue, as appears by its paying into the treasury above 900,000*l.* near a million of money annually. And thus, under the names of rum, brandy, gin, whisky, usquebaugh, wine, cyder, beer, and porter, alcohol is become the bane of the Christian world, as opium of the Mahometan.

Evoc! parce, Liber,  
Parce, gravi metuende thyrso!

HOR.

SECT.

## S E C T. XXXI.

## O F T E M P E R A M E N T S.

I. *The temperament of decreased irritability known by weak pulse, large pupils of the eyes, cold extremities. Are generally supposed to be too irritable. Bear pain better than labour. Natives of North-America contrasted with those upon the coast of Africa. Narrow and broad shouldered people. Irritable constitutions bear labour better than pain.* II. *Temperament of increased sensibility. Liable to intoxication, to inflammation, hæmoptoe, gutta serena, enthusiasm, delirium, reverie. These constitutions are indolent to voluntary exertions, and dull to irritations. The natives of South-America, and brute animals of this temperament.* III. *Of increased voluntariness; these are subject to locked jaw, convulsions, epilepsy, mania. Are very active, bear cold, hunger, fatigue. Are suited to great exertions. This temperament distinguishes mankind from other animals.* IV. *Of increased association. These have great memories, are liable to quartan agues, and stronger sympathies of parts with each other.* V. *Change of temperaments into one another,*

ANCIENT writers have spoken much of temperaments, but without sufficient precision. By temperament of the system should be meant a permanent predisposition to certain classes of diseases: without this definition a temporary predisposition to every distinct malady might be termed a temperament. There are four

6

kinds

kinds of constitution, which permanently deviate from good health, and are perhaps sufficiently marked to be distinguished from each other, and constitute the temperaments or predispositions to the irritative, sensitive, voluntary, and associate classes of diseases.

I. *The Temperament of decreased Irritability.*

THE diseases, which are caused by irritation, most frequently originate from the defect of it; for those, which are immediately owing to the excess of it, as the hot fits of fever, are generally occasioned by an accumulation of sensorial power in consequence of a previous defect of irritation, as in the preceding cold fits of fever. Whereas the diseases, which are caused by sensation and volition, most frequently originate from the excess of those sensorial powers, as will be explained below.

The temperament of decreased irritability appears from the following circumstances, which shew that the muscular fibres or organs of sense are liable to become torpid or quiescent from less defect of stimulation than is productive of torpor or quiescence in other constitutions.

1. The first is the weak pulse, which in some constitutions is at the same time quick. 2. The next most marked criterion of this temperament is the largeness of the aperture of the iris, or pupil of the eye, which has been reckoned by some

some a beautiful feature in the female countenance, as an indication of delicacy, but to an experienced observer it is an indication of debility, and is therefore a defect, not an excellence. The third most marked circumstance in this constitution is, that the extremities, as the hands and feet, or nose and ears, are liable to become cold and pale in situations in respect to warmth, where those of greater strength are not affected. Those of this temperament are subject to hysteric affections, nervous fevers, hydrocephalus, scrofula, and consumption, and to all other diseases of debility.

Those, who possess this kind of constitution, are popularly supposed to be more irritable than is natural, but are in reality less so. This mistake has arisen from their generally having a greater quickness of pulse, as explained in Sect. XII. 1. 4. XII. 3. 3; but this frequency of pulse is not necessary to the temperament, like the debility of it.

Persons of this temperament are frequently found amongst the softer sex, and amongst narrow-shouldered men; who are said to bear labour worse, and pain better than others. This last circumstance is supposed to have prevented the natives of North America from having been made slaves by the Europeans. They are a narrow-shouldered race of people, and will rather expire under the lash, than be made to labour. Some  
nations

nations of Asia have small hands, as may be seen by the handles of their seymetars; which with their narrow shoulders shew, that they have not been accustomed to so great labour with their hands and arms, as the European nations in agriculture, and those on the coasts of Africa in swimming and rowing. Dr. Manningham, a popular accoucheur in the beginning of this century, observes in his aphorisms, that broad shouldered men procreate broad-shouldered children. Now as labour strengthens the muscles employed, and increases their bulk, it would seem that a few generations of labour or of indolence may in this respect change the form and temperament of the body.

On the contrary, those who are happily possessed of a great degree of irritability, bear labour better than pain; and are strong, active, and ingenious. But there is not properly a temperament of increased irritability tending to disease, because an increased quantity of irritative motions generally induces an increase of pleasure or pain, as in intoxication, or inflammation; and then the new motions are the immediate consequences of increased sensation, not of increased irritation; which have hence been so perpetually confounded with each other.

II. *Temperament of Sensibility.*

THERE is not properly a temperament, or a predisposition to disease, from decreased sensibility, since irritability and not sensibility is immediately necessary to bodily health. Hence it is the excess of sensation alone, as it is the defect of irritation, that most frequently produces disease. This temperament of increased sensibility is known from the increased activity of all those motions of the organs of sense and muscles, which are exerted in consequence of pleasure or pain, as in the beginning of drunkenness, and in inflammatory fever. Hence those of this constitution are liable to inflammatory diseases, as hepatitis; and to that kind of consumption which is hereditary, and commences with slight repeated hæmoptoe. They have high-coloured lips, frequently dark hair and dark eyes with large pupils, and are in that case subject to gutta serena. They are liable to enthusiasm, delirium, and reverie. In this last circumstance they are liable to start at the clapping of a door; because the more intent any one is on the passing current of his ideas, the greater surprise he experiences on their being disordered by some external violence, as explained in Sect. XIX. on reverie.

As in these constitutions more than the natural quantities of sensitive motions are produced by the increased quantity of sensation existing in the habit,

habit, it follows, that the irritative motions will be performed in some degree with less energy, owing to the great expenditure of sensorial power on the sensitive ones. Hence those of this temperament do not attend to slight stimulations, as explained in Sect. XIX. But when a stimulus is so great as to excite sensation, it produces greater sensitive actions of the system than in others; such as delirium or inflammation. Hence they are liable to be absent in company; sit or lie long in one posture; and in winter have the skin of their legs burnt into various colours by the fire. Hence also they are fearful of pain; covet music and sleep; and delight in poetry and romance.

As the motions in consequence of sensation are more than natural, it also happens from the greater expenditure of sensorial power on them, that the voluntary motions are less easily exerted. Hence the subjects of this temperament are indolent in respect to all voluntary exertions, whether of mind or body.

A race of people of this description seems to have been found by the Spaniards in the islands of America, where they first landed, ten of whom are said not to have consumed more food than one Spaniard, nor to have been capable of more than one tenth of the exertion of a Spaniard. Robertson's History.—In a state similar to this the greatest part of the animal world pass their  
lives,



lives, between sleep and inactive reverie, except when they are excited by the call of hunger.

### III. *The Temperament of increased Voluntariness.*

THOSE of this constitution differ from both the last mentioned in this, that the pain, which gradually subsides in the first, and is productive of inflammation or delirium in the second, is in this succeeded by the exertion of the muscles or ideas, which are most frequently connected with volition; and they are thence subject to locked jaw, convulsions, epilepsy, and mania, as explained in Sect. XXXIV. Those of this temperament attend to the slightest irritations or sensations, and immediately exert themselves to obtain or avoid the objects of them; they can at the same time bear cold and hunger better than others, of which Charles the Twelfth of Sweden was an instance. They are suited and generally prompted to all great exertions of genius or labour, as their desires are more extensive and more vehement, and their powers of attention and of labour greater. It is this facility of voluntary exertion, which distinguishes men from brutes, and which has made them lords of the creation.

*IV. The Temperament of increased Association.*

THIS constitution consists in the too great facility, with which the fibrous motions acquire habits of association, and by which these associations become proportionably stronger than in those of the other temperaments. Those of this temperament are slow in voluntary exertions, or in those dependent on sensation, or on irritation. Hence great memories have been said to be attended with less sense and less imagination from Aristotle down to the present time; for by the word memory these writers only understood the unmeaning repetition of words or numbers in the order they were received, without any voluntary efforts of the mind.

In this temperament those associations of motions, which are commonly termed sympathies, act with greater certainty and energy, as those between disturbed vision and the inversion of the motion of the stomach, as in sea sickness; and the pains in the shoulder from hepatic inflammation. Add to this, that the catenated circles of actions are of greater extent than in the other constitutions. Thus if a strong vomit or cathartic be exhibited in this temperament, a smaller quantity will produce as great an effect, if it be given some weeks afterwards; whereas in other temperaments this is only to be expected, if it be

be exhibited in a few days after the first dose. Hence quartan agues are formed in those of this temperament, as explained in Section XXXII. on diseases from irritation, and other intermittents are liable to recur from slight causes many weeks after they have been cured by the bark.

V. The first of these temperaments differs from the standard of health from defect, and the others from excess of sensorial power; but it sometimes happens that the same individual, from the changes introduced into his habit by the different seasons of the year, modes or periods of life, or by accidental diseases, passes from one of these temperaments to another. Thus a long use of too much fermented liquor produces the temperament of increased sensibility; great indolence and solitude that of decreased irritability; and want of the necessaries of life that of increased voluntariness.

## S E C T. XXXII.

## DISEASES OF IRRITATION.

I. *Irritative fevers with strong pulse. With weak pulse. Symptoms of fever. Their source.* II. 1. *Quick pulse is owing to decreased irritability.* 2. *Not in sleep or in apoplexy.* 3. *From inanition. Owing to deficiency of sensorial power.* III. 1. *Causes of fever. From defect of heat. Heat from secretions. Pain of cold in the loins and forehead.* 2. *Great expense of sensorial power in the vital motions. Immersion in cold water. Succeeding glow of heat. Difficult respiration in cold bathing explained. Why the cold bath invigorates. Bracing and relaxation are mechanical terms.* 3. *Uses of cold bathing. Uses of cold air in fevers.* 4. *Ague fits from cold air. Whence their periodical returns.* IV. *Defect of distention a cause of fever. Deficiency of blood. Transfusion of blood.* V. 1. *Defect of momentum of the blood from mechanic stimuli.* 2. *Air injected into the blood-vessels.* 3. *Exercise increases the momentum of the blood.* 4. *Sometimes bleeding increases the momentum of it.* VI. *Influence of the sun and moon on diseases. The chemical stimulus of the blood. Menstruation obeys the lunations. Queries.* VII. *Quiescence of large glands a cause of fever. Swelling of the præcordia.* VIII. *Other causes of quiescence, as hunger, bad air, fear, anxiety.* IX. 1. *Symptoms of the cold fit.* 2. *Of the hot fit.* 3. *Second cold fit why.* 4. *Inflammation introduced, or delirium, or stupor.* X. *Recapitulation. Fever not an effort of nature to relieve herself. Doctrine of spasm.*

## I. WHEN

I. WHEN the contractile sides of the heart and arteries perform a greater number of pulsations in a given time, and move through a greater area at each pulsation, whether these motions are occasioned by the stimulus of the acrimony or quantity of the blood, or by their association with other irritative motions, or by the increased irritability of the arterial system, that is, by an increased quantity of sensorial power, one kind of fever is produced; which may be called *Synocha irritativa*, or *Febris irritativa pulsu forti*, or irritative fever with strong pulse.

When the contractile sides of the heart and arteries perform a greater number of pulsations in a given time, but move through a much less area at each pulsation, whether these motions are occasioned by defect of their natural stimuli, or by the defect of other irritative motions with which they are associated, or from the inirritability of the arterial system, that is, from a decreased quantity of sensorial power, another kind of fever arises; which may be termed, *Typhus irritativus*, or *Febris irritativa pulsu debili*, or irritative fever with weak pulse. The former of these fevers is the *synocha* of nosologists, and the latter the *typhus mitior*, or nervous fever. In the former there appears to be an increase of sensorial power, in the latter a deficiency of it; which is shewn to be the immediate cause of

strength and weakness, as defined in Sect. XII.  
1. 3.

It should be added, that a temporary quantity of strength or debility may be induced by the defect or excess of stimulus above what is natural; and that in the same fever *debility always exists during the cold fit, though strength does not always exist during the hot fit.*

These fevers are always connected with, and generally induced by, the disordered irritative motions of the organs of sense, or of the intestinal canal, or of the glandular system, or of the absorbent system; and hence are always complicated with some or many of these disordered motions, which are termed the symptoms of the fever, and which compose the great variety in these diseases.

The irritative fevers both with strong and with weak pulse, as well as the sensitive fevers with strong and with weak pulse, which are to be described in the next section, are liable to periodical remissions, and then they take the name of intermittent fevers, and are distinguished by the periodical times of their access.

II. For the better illustration of the phenomena of irritative fevers we must refer the reader to the circumstances of irritation explained in Sect. XII. and shall commence this intricate subject by speaking of the quick pulse, and proceed by considering

sidering many of the causes, which either separately or in combination most frequently produce the cold fits of fevers.

1. If the arteries are dilated but to half their usual diameters, though they contract twice as frequently in a given time, they will circulate only half their usual quantity of blood: for as they are cylinders, the blood which they contain must be as the squares of their diameters. Hence when the pulse becomes quicker and smaller in the same proportion, the heart and arteries act with less energy than in their natural state. See Sect. XII. 1. 4.

That this quick small pulse is owing to want of irritability, appears, first, because it attends other symptoms of want of irritability; and, secondly, because on the application of a stimulus greater than usual, it becomes slower and larger. Thus in cold fits of agues, in hysterical palpitations of the heart, and when the body is much exhausted by hæmorrhages, or by fatigue, as well as in nervous fevers, the pulse becomes quick and small; and secondly, in all those cases if an increase of stimulus be added, by giving a little wine or opium; the quick small pulse becomes slower and larger, as any one may easily experience on himself, by counting his pulse after drinking one or two glasses of wine, when he is faint from hunger or fatigue.

Now nothing can so strongly evince that this

quick small pulse is owing to defect of irritability, as that an additional stimulus, above what is natural, makes it become slower and larger immediately: for what is meant by a defect of irritability, but that the arteries and heart are not excited into their usual exertions by their usual quantity of stimulus? but if you increase the quantity of stimulus, and they immediately act with their usual energy, this proves their previous want of their natural degree of irritability. Thus the trembling hands of drunkards in a morning become steady, and acquire strength to perform their usual offices, by the accustomed stimulus of a glass or two of brandy.

2. In sleep and in apoplexy the pulse becomes slower, which is not owing to defect of irritability, for it is at the same time larger; and thence the quantity of the circulation is rather increased than diminished. In these cases the organs of sense are closed, and the voluntary power is suspended, while the motions dependent on internal irritations, as those of digestion and secretion, are carried on with more than their usual vigour; which has led superficial observers to confound these cases with those arising from want of irritability. Thus if you lift up the eyelid of an apoplectic patient, who is not actually dying, the iris will, as usual, contract itself, as this motion is associated with the stimulus of light; but it is not so in the last stages of nervous fevers, where  
the



the pupil of the eye continues expanded in the broad day-light: in the former case there is a want of voluntary power, in the latter a want of irritability.

Hence also those constitutions which are deficient in quantity of irritability, and which possess too great sensibility, as during the pain of hunger, of hysteric spasms, or nervous headaches, are generally supposed to have too much irritability; and opium, which in its due dose is a most powerful stimulant, is erroneously called a sedative; because by increasing the irritative motions it decreases the pains arising from defect of them.

Why the pulse should become quicker both from an increase of irritation, as in the synocha irritativa; or irritative fever with strong pulse; and from the decrease of it, as in the typhus irritativus, or irritative fever with weak pulse; seems paradoxical. The former circumstance needs no illustration; since if the stimulus of the blood, or the irritability of the sanguiferous system be increased, and the strength of the patient not diminished, it is plain that the motions must be performed quicker and stronger.

In the latter circumstance the weakness of the muscular power of the heart is soon over-balanced by the elasticity of the coats of the arteries, which they possess besides a muscular power of contraction; and hence the arteries are distended to less  
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than their usual diameters. The heart being thus stopped, when it is but half emptied, begins sooner to dilate again; and the arteries being dilated to less than their usual diameters, begin so much sooner to contract themselves; inasmuch, that in the last stages of fevers with weakness the frequency of pulsation of the heart and arteries becomes doubled; which, however, is never the case in fevers with strength, in which they seldom exceed 118 or 120 pulsations in a minute. It must be added, that in these cases, while the pulse is very small and very quick, the heart often feels large, and labouring to one's hand; which coincides with the above explanation, shewing that it does not completely empty itself.

3. In cases however of debility from paucity of blood, as in animals which are bleeding to death in the slaughter-house, the quick pulsations of the heart and arteries may be owing to their not being distended to more than half their usual diastole; and in consequence they must contract sooner, or more frequently, in a given time. As weak people are liable to a deficient quantity of blood, this cause may occasionally contribute to quicken the pulse in fevers with debility, which may be known by applying one's hand upon the heart as above; but the principal cause I suppose to consist in the diminution of sensorial power. When a muscle contains, or  
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is supplied with but little sensorial power, its contraction soon ceases, and in consequence may soon recur, as is seen in the trembling hands of people weakened by age or by drunkenness. See Sect. XII. 1. 4. XII. 3. 4.

It may nevertheless frequently happen, that both the deficiency of stimulus, as where the quantity of blood is lessened (as described in No. 4. of this section), and the deficiency of sensorial power, as in those of the temperament of inirritability, described in Sect. XXXI. occur at the same time; which will thus add to the quickness of the pulse and to the danger of the disease.

III. 1. A certain degree of heat is necessary to muscular motion, and is, in consequence, essential to life. This is observed in those animals and insects which pass the cold season in a torpid state, and which revive on being warmed by the fire. This necessary stimulus of heat has two sources; one from the fluid atmosphere of heat, in which all things are immersed, and the other from the internal combinations of the particles, which form the various fluids, which are produced in the extensive systems of the glands. When either the external heat, which surrounds us, or the internal production of it, becomes lessened to a certain degree, the pain of cold is perceived.

This pain of cold is experienced most sensibly  
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by our teeth, when ice is held in the mouth; or by our whole system after having been previously accustomed to much warmth. It is probable, that this pain does not arise from the mechanical or chemical effects of a deficiency of heat; but that, like the organs of sense by which we perceive hunger and thirst, this sense of heat suffers pain, when the stimulus of its object is wanting to excite the irritative motions of the organ; that is, when the sensorial power becomes too much accumulated in the quiescent fibres. See Sect. XII. 5. 3. For as the peristaltic motions of the stomach are lessened, when the pain of hunger is great, so the action of the cutaneous capillaries are lessened during the pain of cold; as appears by the paleness of the skin, as explained in Sect. XIV. 6. on the production of ideas.

The pain in the small of the back and forehead in the cold fits of the ague, in nervous hemi-crania, and in hysteric paroxysms, when all the irritative motions are much impaired, seems to arise from this cause; the vessels of these membranes or muscles become torpid by their irritative associations with other parts of the body, and thence produce less of their accustomed secretions, and in consequence less heat is evolved, and they experience the pain of cold; which coldness may often be felt by the hand applied upon the affected part.

2. The importance of a greater or less deduction

tion of heat from the system will be more easy to comprehend, if we first consider the great expense of sensorial power used in carrying on the vital motions; that is, which circulates, absorbs, secretes, aerates, and elaborates the whole mass of fluids with unceasing assiduity. The sensorial power; or spirit of animation, used in giving perpetual and strong motion to the heart, which overcomes the elasticity and vis inertię of the whole arterial system; next the expense of sensorial power in moving with great force and velocity the innumerable trunks and ramifications of the arterial system; the expense of sensorial power in circulating the whole mass of blood through the long and intricate intortions of the very fine vessels, which compose the glands and capillaries; then the expense of sensorial power in the exertions of the absorbent extremities of all the lacteals, and of all the lymphatics, which open their mouths on the external surface of the skin, and on the internal surfaces of every cell or interstice of the body; then the expense of sensorial power in the venous absorption, by which the blood is received from the capillary vessels, or glands, where the arterial power ceases, and is drunk up, and returned to the heart; next the expense of sensorial power used by the muscles of respiration in their office of perpetually expanding the bronchia, or air-vessels, of the lungs; and lastly in the unceasing peristaltic motions

tions of the stomach and whole system of intestines, and in all the secretions of bile, gastric juice, mucus, perspirable matter, and the various excretions from the system. If we consider the ceaseless expense of sensorial power thus perpetually employed, it will appear to be much greater in a day than all the voluntary exertions of our muscles and organs of sense consume in a week; and all this without any sensible fatigue! Now, if but a part of these vital motions are impeded, or totally stopped for but a short time, we gain an idea, that there must be a great accumulation of sensorial power; as its production in these organs, which are subject to perpetual activity, is continued during their quiescence, and is in consequence accumulated.

While, on the contrary, where those vital organs act too forcibly by increase of stimulus without a proportionally-increased production of sensorial power in the brain, it is evident, that a great deficiency of action, that is torpor, must soon follow, as in fevers; whereas the locomotive muscles, which act only by intervals, are neither liable to so great accumulation of sensorial power during their times of inactivity, nor to so great an exhaustion of it during their times of action.

Thus, on going into a very cold bath, suppose at 33 degrees of heat on Fahrenheit's scale, the action of the subcutaneous capillaries, or glands, and of the mouths of the cutaneous absorbents is diminished,

diminished, or ceases for a time. Hence less or no blood passes these capillaries, and paleness succeeds. But soon after emerging from the bath, a more florid colour and a greater degree of heat are generated on the skin than was possessed before immersion; for the capillary glands, after this quiescent state, occasioned by the want of stimulus, become more irritable than usual to their natural stimuli, owing to the accumulation of sensorial power, and hence a greater quantity of blood is transmitted through them, and a greater secretion of perspirable matter; and, in consequence, a greater degree of heat succeeds. During the continuance in cold water the breath is cold, and the act of respiration quick and laborious; which have generally been ascribed to the obstruction of the circulating fluid by a spasm of the cutaneous vessels, and by a consequent accumulation of blood in the lungs, occasioned by the pressure as well as by the coldness of the water. This is not a satisfactory account of this curious phenomenon, since at this time the whole circulation is less, as appears from the smallness of the pulse and coldness of the breath; which show that less blood passes through the lungs in a given time; the same laborious breathing immediately occurs when the paleness of the skin is produced by fear, where no external cold or pressure are applied.

The minute vessels of the bronchia, through

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which

which the blood passes from the arterial to the venal system, and which correspond with the cutaneous capillaries, have frequently been exposed to cold air, and become quiescent along with those of the skin; and hence their motions are so associated together, that when one is affected either with quiescence or exertion, the other sympathizes with it, according to the laws of irritative association. See Sect. XXVII. 1. on hæmorrhages.

Besides the quiescence of the minute vessels of the lungs, there are many other systems of vessels which become torpid from their irritative associations with those of the skin, as the absorbents of the bladder and intestines; whence an evacuation of pale urine occurs, when the naked skin is exposed only to the coldness of the atmosphere; and sprinkling the naked body with cold water is known to remove even pertinacious constipation of the bowels. From the quiescence of such extensive systems of vessels as the glands and capillaries of the skin, and the minute vessels of the lungs, with their various absorbent series of vessels, a great accumulation of sensorial powers is occasioned; part of which is again expended in the increased exertion of all these vessels, with an universal glow of heat in consequence of this exertion, and the remainder of it adds vigour to both the vital and voluntary exertions of the whole day.

If



If the activity of the subcutaneous vessels, and of those with which their actions are associated, was too great before cold immersion, as in the hot days of summer, and by that means the sensorial power was previously diminished, we see the cause why the cold bath gives such present strength; namely, by stopping the unnecessary activity of the subcutaneous vessels, and thus preventing the too great exhaustion of sensorial power; which, in metaphorical language, has been called *bracing* the system: which is, however, a mechanical term, only applicable to drums, or musical strings: as on the contrary the word *relaxation*, when applied to living animal bodies, can only mean too small a quantity of stimulus, or too small a quantity of sensorial power; as explained in Sect. XII. 1.

3. This experiment of cold bathing presents us with a simple fever-fit; for the pulse is weak, small, and quick during the cold immersion; and becomes strong, full, and quick during the subsequent glow of heat; till in a few minutes these symptoms subside, and the temporary fever ceases.

In those constitutions where the degree of irritability, or of debility, is greater than natural, the coldness and paleness of the skin with the quick and weak pulse continue a long time, after the patient leaves the bath; and the subsequent heat approaches by unequal flushings, and he feels himself disordered for many hours. Hence the bathing in a cold spring of water, where

the heat is but forty-eight degrees on Fahrenheit's thermometer, much disagrees with those of weak or inirritable habits of body; who possess so little sensorial power, that they cannot without injury bear to have it diminished even for a short time; but who can nevertheless bear the more temperate coldness of Buxton bath, which is about eighty degrees of heat, and which strengthens them, and makes them by habit less liable to great quiescence from small variations of cold; and thence less liable to be disordered by the unavoidable accidents of life. Hence it appears, why people of these inirritable constitutions, which is another expression for sensorial deficiency, are often much injured by bathing in a cold spring of water; and why they should continue but a very short time in baths, which are colder than their bodies; and should gradually increase both the degree of coldness of the water, and the time of their continuance in it, if they would obtain salutary effects from cold immersions. See Sect. XII. 2. 1.

On the other hand, in all cases where the heat of the external surface of the body, or of the internal surface of the lungs, is greater than natural, the use of exposure to cool air may be deduced. In fever-fits attended with strength, that is with great quantity of sensorial power, it removes the additional stimulus of heat from the surfaces above mentioned, and thus prevents their excess of useless motion; and in fever-fits at-

tended with debility, that is with a deficiency of the quantity of sensorial power, it prevents the great and dangerous waste of sensorial power expended in the unnecessary increase of the actions of the glands and capillaries of the skin and lungs.

4. In the same manner, when any one is long exposed to very cold air, a quiescence is produced of the cutaneous and pulmonary capillaries and absorbents, owing to the deficiency of their usual stimulus of heat; and this quiescence of so great a quantity of vessels affects, by irritative association, the whole absorbent and glandular system, which becomes in a greater or less degree quiescent, and a cold fit of fever is produced.

If the deficiency of the stimulus of heat is very great, the quiescence becomes so general as to extinguish life, as in those who are frozen to death.

If the deficiency of heat be in less degree, but yet so great as in some measure to disorder the system, and should occur the succeeding day, it will induce a greater degree of quiescence than before, from its acting in concurrence with the period of the diurnal circle of actions, explained in Sect. XXXVI. Hence from a small beginning a greater and greater degree of quiescence may be induced, till a complete fever-fit is formed; and which will continue to recur at the periods by which it was produced. See Sect. XVII, 3. 6.

If the degree of quiescence occasioned by defect of the stimulus of heat be very great, it will recur a second time by a slighter cause, than that which first induced it. If the cause, which induces the second fit of quiescence, recurs the succeeding day, the quotidian fever is produced; if not till the alternate day, the tertian fever; and if not till after seventy-two hours from the first fit of quiescence, the quartan fever is formed. This last kind of fever recurs less frequently than the other, as it is a disease only of those of the temperament of associability, as mentioned in Sect. XXXI.; for in other constitutions the capability of forming a habit ceases, before the new cause of quiescence is again applied, if that does not occur sooner than in seventy-two hours.

And hence those fevers, whose cause is from cold air of the night or morning, are more liable to observe the solar day in their periods; while those from other causes frequently observe the lunar day in their periods, their paroxysms returning near an hour later every day, as explained in Sect. XXXVI.

IV. Another frequent cause of the cold fits of fever is the defect of the stimulus of distention. The whole arterial system would appear, by the experiments of Haller, to be irritable by no other stimulus, and the motions of the heart and alimentary canal are certainly in some measure dependent on the same cause. See Sect. XIV. 7.

Hence

Hence there can be no wonder, that the diminution of distention should frequently induce the quiescence, which constitutes the beginning of fever-fits.

Monfieur Lieutaud has judiciously mentioned the deficiency of the quantity of blood amongst the causes of diseases, which he says is frequently evident in dissections: fevers are hence brought on by great hæmorrhages, diarrhœas, or other evacuations; or from the continued use of diet, which contains but little nourishment; or from the exhaustion occasioned by violent fatigue, or by those chronic diseases in which the digestion is much impaired; as where the stomach has been long affected with the gout or feirrus; or in the pàralysis of the liver, as described in Sect. XXX. Hence a paroxysm of gout is liable to recur on bleeding or purging; as the torpor of some viscus, which precedes the inflammation of the foot, is thus induced by the want of the stimulus of distention. And hence the extremities of the body, as the nose and fingers, are more liable to become cold, when we have long abstained from food; and hence the pulse is increased both in strength and velocity above the natural standard after a full meal by the stimulus of distention.

However, this stimulus of distention, like the stimulus of heat above described, though it contributes much to the due action not only of the

heart, arteries, and alimentary canal, but seems necessary to the proper secretion of all the various glands; yet perhaps it is not the sole cause of any of these numerous motions: for as the lacteals, cutaneous absorbents, and the various glands appear to be stimulated into action by the peculiar pungency of the fluids they absorb, so in the intestinal canal the pungency of the digesting aliment, or the acrimony of the fæces, seems to contribute, as well as their bulk, to promote the peristaltic motions; and in the arterial system, the momentum of the particles of the circulating blood, and their acrimony, stimulate the arteries, as well as the distention occasioned by it. Where the pulse is small this defect of distention is present, and contributes much to produce the febris irritativa pulsu debili, or irritative fever with weak pulse, called by modern writers nervous fever, as a predisponent cause. See Sect. XII. 1. 4. Might not the transfusion of blood, suppose of four ounces daily from a strong man, or other healthful animal, as a sheep or an ass, be used in the early state of nervous or putrid fevers with great prospect of success?

V. The defect of the momentum of the particles of the circulating blood is another cause of the quiescence, with which the cold fits of fever commence. This stimulus of the momentum of the progressive particles of the blood does not act over the whole body like those of heat and distention

tention above described, but is confined to the arterial system; and differs from the stimulus of the distention of the blood, as much as the vibration of the air does from the currents of it. Thus are the different organs of our bodies stimulated by four different mechanic properties of the external world: the sense of touch by the pressure of solid bodies so as to distinguish their figure; the muscular system by the distention, which they occasion; the internal surface of the arteries, by the momentum of their moving particles; and the auditory nerves, by the vibration of them: and these four mechanic properties are as different from each other as the various chemical ones, which are adapted to the numerous glands, and to the other organs of sense.

2. The momentum of the progressive particles of blood is compounded of their velocity and their quantity of matter: hence whatever circumstances diminish either of these without proportionally increasing the other, and without superadding either of the general stimuli of heat or distention, will tend to produce a quiescence of the arterial system, and from thence of all the other irritative motions, which are connected with it.

Hence in all those constitutions or diseases where the blood contains a greater proportion of serum, which is the lightest part of its composition, the pulsations of the arteries are weaker, as

in nervous fevers, chlorosis, and hysteric complaints; for in these cases the momentum of the progressive particles of blood is less; and hence, where the denser parts of its composition abound, as the red part of it, or the coagulable lymph, the arterial pulsations are stronger; as in those of robust health, and in inflammatory diseases.

That this stimulus of the momentum of the particles of the circulating fluid is of the greatest consequence to the arterial action, appears from the experiment of injecting air into the blood vessels, which seems to destroy animal life from the want of this stimulus of momentum; for the distention of the arteries is not diminished by it, it possesses no corrosive acrimony, and is less liable to repass the valves than the blood itself; since air-valves in all machinery require much less accuracy of construction than those which are opposed to water.

3. One method of increasing the velocity of the blood, and in consequence the momentum of its particles, is by the exercise of the body, or by the friction of its surface; so, on the contrary, too great indolence contributes to decrease this stimulus of the momentum of the particles of the circulating blood, and thus tends to induce quiescence; as is seen in hysteric cases, and chlorosis, and the other diseases of sedentary people.

4. The velocity of the particles of the blood in  
certain



certain circumstances is increased by venesection, which, by removing a part of it, diminishes the resistance to the motion of the other part, and hence the momentum of the particles of it is increased. This may be easily understood by considering it in the extreme, since, if the resistance was greatly increased, so as to overcome the propelling power, there could be no velocity, and in consequence no momentum at all. From this circumstance arises that curious phænomenon, the truth of which I have been more than once witness to, that venesection will often instantaneously relieve those nervous pains, which attend the cold periods of hysterick, asthmatic, or epileptic diseases; and that even where large doses of opium have been in vain exhibited. In these cases the pulse becomes stronger after the bleeding, and the extremities regain their natural warmth; and an opiate then given acts with much more certain effect.

VI. There is another cause, which seems occasionally to induce quiescence into some part of our system, I mean the influence of the sun and moon; the attraction of these luminaries, by decreasing the gravity of the particles of the blood, cannot affect their momentum, as their *vis inertiae* remains the same; but it may nevertheless produce some chemical change in them, because whatever affects the general attractions of the particles of matter may be supposed from analogy to

to affect their specific attractions or affinities: and thus the stimulus of the particles of blood may be diminished, though not their momentum. As the tides of the sea obey the southing and northing of the moon (allowing for the time necessary for their motion, and the obstructions of the shores), it is probable, that there are also atmospheric tides on both sides of the earth, which to the inhabitants of another planet might so deflect the light as to resemble the ring of Saturn. Now as these tides of water, or of air, are raised by the diminution of their gravity, it follows, that their pressure on the surface of the earth is no greater than the pressure of the other parts of the ocean, or of the atmosphere, where no such tides exist; and therefore that they cannot affect the mercury in the barometer. In the same manner, the gravity of all other terrestrial bodies is diminished at the times of the southing and northing of the moon, and that in a greater degree when this coincides with the southing and northing of the sun, and this in a still greater degree about the times of the equinoxes. This decrease of the gravity of all bodies during the time the moon passes our zenith or nadir might possibly be shewn by the slower vibrations of a pendulum, compared with a spring clock, or with astronomical observation. Since a pendulum of a certain length moves slower at the line than near the poles, because the gravity being diminished

nished and the vis inertiae continuing the same, the motive power is less, but the resistance to be overcome continues the same. The combined powers of the lunar and solar attraction are estimated by Sir Isaac Newton not to exceed one 7,868,850th part of the power of gravitation, which seems indeed but a small circumstance to produce any considerable effect on the weight of sublunary bodies, and yet this is sufficient to raise the tides at the equator above ten feet high; and if it be considered, what small impulses of other bodies produce their effects on the organs of sense adapted to the perception of them, as of vibration on the auditory nerves, we shall cease to be surprised, that so minute a diminution in the gravity of the particles of blood should so far affect their chemical changes, or their stimulating quality, as, joined with other causes, sometimes to produce the beginnings of diseases.

Add to this, that if the lunar influence produces a very small degree of quiescence at first, and if that recurs at certain periods even with less power to produce quiescence than at first, yet the quiescence will daily increase by the acquired habit acting at the same time, till at length so great a degree of quiescence is induced, as to produce phrensy, canine madness, epilepsy, hysteric pains or cold fits of fever, instances of many of which are to be found in Dr. Mead's work on this subject. The solar influence also  
appears

appears daily in several diseases; but as darkness, silence, sleep, and our periodical meals mark the parts of the solar circle of actions, it is sometimes dubious to which of these the periodical returns of these diseases are to be ascribed.

As far as I have been able to observe, the periods of inflammatory diseases observe the solar day; as the gout and rheumatism have their greatest quiescence about noon and midnight, and their exacerbations some hours after; as they have more frequently their immediate cause from cold air, inanition, or fatigue, than from the effects of lunations: whilst the cold fits of hysteric patients, and those in nervous fevers, more frequently occur twice a day, later by near half an hour each time, according to the lunar day; whilst some fits of intermittents, which are undisturbed by medicines, return at regular solar periods, and others at lunar ones; which may, probably, be owing to the difference of the periods of those external circumstances of cold, inanition, or lunation, which immediately caused them.

We must, however, observe, that the periods of quiescence and exacerbation in diseases do not always commence at the times of the syzygies or quadratures of the moon and sun, or at the times of their passing the zenith or nadir; but as it is probable, that the stimulus of the particles of the circumfluent blood is gradually diminished from  
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the time of the quadratures to that of the syzygies, the quiescence may commence at any hour, when co-operating with other causes of quiescence, it becomes great enough to produce a disease: afterwards it will continue to recur at the same period of the lunar or solar influence; the same cause operating conjointly with the acquired habit, that is with the catenation of this new motion with the discovered links of the lunar or solar circles of animal action.

In this manner the periods of menstruation obey the lunar month with great exactness in healthy patients (and perhaps the venereal orgasm in brute animals does the same), yet these periods do not commence either at the syzygies or quadratures of the lunations, but at whatever time of the lunar periods they begin, they observe the same in their returns till some greater cause disturbs them.

Hence, though the best way to calculate the time of the expected returns of the paroxysms of periodical diseases is to count the number of hours between the commencement of the two preceding fits, yet the following observations may be worth attending to, when we endeavour to prevent the returns of maniacal or epileptic diseases; whose periods (at the beginning of them especially) frequently observe the syzygies of the moon and sun, and particularly about the equinox.

The

The greatest of the two tides happening in every revolution of the moon, is that when the moon approaches nearest to the zenith or nadir; for this reason, while the sun is in the northern signs, that is during the vernal and summer months, the greater of the two diurnal tides in our latitude is that, when the moon is above the horizon; and when the sun is in the southern signs, or during the autumnal and winter months, the greater tide is that, which arises when the moon is below the horizon; and as the sun approaches somewhat nearer the earth in winter than in summer, the greatest equinoctial tides are observed to be a little before the vernal equinox, and a little after the autumnal one.

Do not the cold periods of lunar diseases commence a few hours before the southing of the moon during the vernal and summer months, and before the northing of the moon during the autumnal and winter months? Do not palsies and apoplexies, which occur about the equinoxes, happen a few days before the vernal equinoctial lunation, and after the autumnal one? Are not the periods of those diurnal diseases more obstinate, that commence many hours before the southing or northing of the moon, than of those which commence at those times? Are not those palsies and apoplexies more dangerous which commence many days before the syzygies of the moon,

moon, than those which happen at those times? See Sect. XXXVI. on the periods of diseases.

VII. Another very frequent cause of the cold fit of fever is the quiescence of some of those large congeries of glands, which compose the liver, spleen, or pancreas; one or more of which are frequently so enlarged in the autumnal intermittents as to be perceptible to the touch externally, and are called by the vulgar ague-cakes. As these glands are stimulated into action by the specific pungency of the fluids, which they absorb, the general cause of their quiescence seems to be too great insipidity of the fluids of the body, co-operating perhaps at the same time with other general causes of quiescence.

Hence, in marshy countries at cold seasons, which have succeeded hot ones, and amongst those, who have lived on innutritious and unstimulating diet, these agues are most frequent. The enlargement of these quiescent viscera, and the swelling of the præcordia in many other fevers, is, most probably, owing to the same cause; which may consist in a general deficiency of the production of sensorial power, as well as in the diminished stimulation of the fluids; and when the quiescence of so great a number of glands, as constitute one of those large viscera, commences, all the other irritative motions are affected by their connection with it, and the cold fit of fever is produced.

VIII. There

VIII. There are many other causes, which produce quiescence of some part of the animal system, as fatigue, hunger, thirst, bad diet, disappointed love, unwholesome air, exhaustion from evacuations, and many others; but the last cause, that we shall mention, as frequently productive of cold fits of fever, is fear or anxiety of mind. The pains, which we are first and most generally acquainted with, have been produced by defect of some stimulus; thus, soon after our nativity we become acquainted with the pain from the coldness of the air, from the want of respiration, and from the want of food. Now all these pains occasioned by defect of stimulus are attended with quiescence of the organ, and at the same time with a greater or less degree of quiescence of other parts of the system: thus, if we even endure the pain of hunger so as to miss one meal instead of our daily habit of repletion, not only the peristaltic motions of the stomach and bowels are diminished, but we are more liable to coldness of our extremities, as of our noses, and ears, and feet, than at other times.

Now, as fear is originally excited by our having experienced pain, and is itself a painful affection, the same quiescence of other fibrous motions accompanies it, as has been most frequently connected with this kind of pain, as explained in Sect. XVI. §. 1. as the coldness and paleness of the skin, trembling, difficult respiration, indigestion,



tion, and other symptoms, which contribute to form the cold fit of fevers. Anxiety is fear continued through a longer time, and, by producing chronical torpor of the system, extinguishes life slowly, by what is commonly termed a broken heart.

IX. 1. We now step forwards to consider the other symptoms in consequence of the quiescence which begins the fits of fever. If by any of the circumstances before described, or by two or more of them acting at the same time, a great degree of quiescence is induced on any considerable part of the circle of irritative motions, the whole class of them is more or less disturbed by their irritative associations. If this torpor be occasioned by a deficient supply of sensorial power, and happens to any of those parts of the system, which are accustomed to perpetual activity, as the vital motions, the torpor increases rapidly, because of the great expenditure of sensorial power by the incessant activity of those parts of the system, as shewn in No. 3. 2. of this Section. Hence a deficiency of all the secretions succeeds, and as animal heat is produced in proportion to the quantity of those secretions, the coldness of the skin is the first circumstance, which is attended to. Dr. Martin asserts, that some parts of his body were warmer than natural in the cold fit of fever; but it is

certain, that those, which are uncovered, as the fingers, and nose, and ears, are much colder to the touch, and paler in appearance. It is possible, that his experiments were made at the beginning of the subsequent hot fits; which commence with partial distributions of heat, owing to some parts of the body regaining their natural irritability sooner than others.

From the quiescence of the anastomosing capillaries a paleness of the skin succeeds, and a less secretion of the perspirable matter; from the quiescence of the pulmonary capillaries a difficulty of respiration arises; and from the quiescence of the other glands less bile, less gastric and pancreatic juice, are secreted into the stomach and intestines, and less mucus and saliva are poured into the mouth; whence arises the dry tongue, costiveness, dry ulcers, and paucity of urine. From the quiescence of the absorbent system arises the great thirst, as less moisture is absorbed from the atmosphere. The absorption from the atmosphere was observed by Dr. Lister to amount to eighteen ounces in one night, above what he had at the same time insensibly perspired. See Langrish. On the same account the urine is pale, though in small quantity, for the thinner part is not absorbed from it; and when repeated ague-fits continue long, the legs swell from the diminished absorption of the cellular absorbents.

From the quiescence of the intestinal canal a loss of appetite and flatulencies proceed. From the partial quiescence of the glandular viscera a swelling and tension about the præcordia become sensible to the touch; which are occasioned by the delay of the fluids from the defect of venous or lymphatic absorption. The pain of the forehead, and of the limbs, and of the small of the back, arises from the quiescence of the membranous fascia, or muscles of those parts, in the same manner as the skin becomes painful, when the vessels, of which it is composed, become quiescent from cold. The trembling in consequence of the pain of coldness, the restlessness, and the yawning, and stretching of the limbs, together with the shuddering, or rigors, are convulsive motions; and will be explained amongst the diseases of volition; Sect. XXXIV.

Sickness and vomiting are a frequent symptom in the beginnings of fever-fits, the muscular fibres of the stomach share the general torpor and debility of the system; their motions become first lessened, and stop, and then become retrograde; for the act of vomiting, like the globus hystericus and the borborigmi of hypochondriasis, is always a symptom of debility, either from want of stimulus, as in hunger; or from want of sensorial power, as after intoxication; or from sympathy with some other torpid irritative motions, as in the cold fits of ague. See Sect. XII. 5, XXIX. 11. and XXXV.

1. 3. where this act of vomiting is further explained.

The small pulse, which is said by some writers to be slow at the commencement of ague-fits, and which is frequently trembling and intermittent, is owing to the quiescence of the heart and arterial system, and to the resistance opposed to the circulating fluid from the inactivity of all the glands and capillaries. The great weakness and inability to voluntary motions, with the insensibility of the extremities, are owing to the general quiescence of the whole moving system; or, perhaps, simply to the deficient production of sensorial power.

If all these symptoms are further increased, the quiescence of all the muscles, including the heart and arteries, becomes complete, and death ensues. This is, most probably, the case of those who are starved to death with cold, and of those who are said to die in Holland from long skating on their frozen canals.

2. As soon as this general quiescence of the system ceases, either by the diminution of the cause, or by the accumulation of sensorial power, (as in syncope, Sect. XII. 7. 1.) which is the natural consequence of previous quiescence, the hot fit commences. Every gland of the body is now stimulated into stronger action than is natural, as its irritability is increased by accumulation of sensorial power during its late quiescence,  
a super-

a superabundance of all the secretions is produced, and an increase of heat in consequence of the increase of these secretions. The skin becomes red, and the perspiration great, owing to the increased action of the capillaries during the hot part of the paroxysm. The secretion of perspirable matter is perhaps greater during the hot fit than in the sweating fit which follows; but as the absorption of it also is greater, it does not stand on the skin in visible drops: add to this, that the evaporation of it also is greater, from the increased heat of the skin. But at the decline of the hot fit, as the mouths of the absorbents of the skin are exposed to the cooler air, or bed clothes, these vessels sooner lose their increased activity, and cease to absorb more than their natural quantity: but the secreting vessels for some time longer, being kept warm by the circulating blood, continue to pour out an increased quantity of perspirable matter, which now stands on the skin in large visible drops; the exhalation of it also being lessened by the greater coolness of the skin, as well as its absorption by the diminished action of the lymphatics. See Class I. 1. 2. 3.

The increased secretion of bile and of other fluids poured into the intestines frequently induces a purging at the decline of the hot fit: for as the external absorbent vessels have their mouths exposed to the cold air, as above mentioned, they cease to be excited into unnatural activity sooner than the secretory vessels, whose mouths are ex-

posed to the warmth of the blood: now, as the internal absorbents sympathize with the external ones, these also, which during the hot fit drank up the thinner part of the bile, or of other secreted fluids, lose their increased activity before the gland loses its increased activity, at the decline of the hot fit; and the loose dejections are produced from the same cause, that the increased perspiration stands on the surface of the skin, from the increased absorption ceasing sooner than the increased secretion.

The urine during the cold fit is in small quantity and pale, both from a deficiency of the secretion and a deficiency of the absorption. During the hot fit it is in its usual quantity, but very high coloured and turbid, because a greater quantity had been secreted by the increased action of the kidneys, and also a greater quantity of its more aqueous part had been absorbed from it in the bladder by the increased action of the absorbents; and lastly, at the decline of the hot fit it is in large quantity and less coloured, or turbid, because the absorbent vessels of the bladder, as observed above, lose their increased action by sympathy with the cutaneous ones sooner than the secretory vessels of the kidneys lose their increased activity. Hence the quantity of the sediment, and the colour of the urine, in fevers, depend much on the quantity secreted by the kidneys, and the quantity absorbed from it again in the bladder: the kinds of sediment, as the lateritious, purulent, mucous, or  
bloody

bloody sediments, depend on other causes. It should be observed, that if the sweating be increased by the heat of the room, or of the bed-clothes, a paucity of turbid urine will continue to be produced, as the absorbents of the bladder will have their activity increased by their sympathy with the vessels of the skin, for the purpose of supplying the fluid expended in perspiration.

The pulse becomes strong and full owing to the increased irritability of the heart and arteries, from the accumulation of sensorial power during their quiescence, and to the quickness of the return of the blood from the various glands and capillaries. This increased action of all the secretory vessels does not occur very suddenly, nor universally at the same time. The heat seems to begin about the centre, and to be diffused from thence irregularly to the other parts of the system. This may be owing to the situation of the parts which first became quiescent and caused the fever-fit, especially when a hardness or tumour about the præcordia can be felt by the hand; and hence this part, in whatever viscus it is seated, might be the first to regain its natural or increased irritability.

3. It must be here noted, that, by the increased quantity of heat, and of the impulse of the blood at the commencement of the hot fit, a great increase of stimulus is induced, and is now added to the increased irritability of the system, which

was occasioned by its previous quiescence. This additional stimulus of heat and momentum of the blood augments the violence of the movements of the arterial and glandular system in an increasing ratio. These violent exertions still producing more heat and greater momentum of the moving fluids, till at length the sensorial power becomes wasted by this great stimulus beneath its natural quantity, and predisposes the system to a second cold fit.

At length all these unnatural exertions spontaneously subside with the increased irritability that produced them; and which was itself produced by the preceding quiescence, in the same manner as the eye, on coming from darkness into daylight, in a little time ceases to be dazzled and pained, and gradually recovers its natural degree of irritability.

4. But if the increase of irritability, and the consequent increase of the stimulus of heat and momentum, produce more violent exertions than those above described; great pain arises in some part of the moving system, as in the membranes of the brain, pleura, or joints; and new motions of the vessels are produced in consequence of this pain, which are called inflammation; or delirium or stupor arises; as explained in Sect. XXI. and XXXIII.: for the immediate effect is the same, whether the great energy of the moving organs arises from an increase of stimulus or an  
increase



increase of irritability ; though in the former case the waste of sensorial power leads to debility, and in the latter to health.

*Recapitulation.*

X. Those muscles, which are less frequently exerted, and whose actions are interrupted by sleep, acquire less accumulation of sensorial power during their quiescent state, as the muscles of locomotion. In these muscles after great exertion, that is, after great exhaustion of the sensorial power, the pain of fatigue ensues ; and during rest there is a renovation of the natural quantity of sensorial power ; but where the rest, or quiescence of the muscle, is long continued, a quantity of sensorial power becomes accumulated beyond what is necessary ; as appears by the uneasiness occasioned by want of exercise ; and which in young animals is one cause exciting them into action, as is seen in the play of puppies and kittens.

But when those muscles, which are habituated to perpetual actions, as those of the stomach by the stimulus of food, those of the vessels of the skin by the stimulus of heat, and those which constitute the arteries and glands by the stimulus of the blood, become for a time quiescent, from the want of their appropriated stimuli, or by their associations with other quiescent parts of the system ;

system ; a greater accumulation of sensorial power is acquired during their quiescence, and a greater or quicker exhaustion of it is produced during their increased action.

This accumulation of sensorial power from deficient action, if it happens to the stomach from want of food, occasions the pain of hunger ; if it happens to the vessels of the skin from want of heat, it occasions the pain of cold ; and if to the arterial system from the want of its adapted stimuli, many disagreeable sensations are occasioned, such as are experienced in the cold fits of intermittent fevers, and are as various, as there are glands or membranes in the system, and are generally termed universal uneasiness.

When the quiescence of the arterial system is not owing to defect of stimulus as above, but to the defective quantity of sensorial power, as in the commencement of nervous fever, or irritative fever with weak pulse, a great torpor of this system is quickly induced ; because both the irritation from the stimulus of the blood, and the association of the vascular motions with each other, continue to excite the arteries into action, and thence quickly exhaust the ill-supplied vascular muscles ; for to rest is death ; and therefore those vascular muscles continue to proceed, though with feebler action, to the extreme of weariness or faintness : while nothing similar to this affects the locomotive muscles, whose actions are generally

rally caused by volition, and not much subject either to irritation or to other kinds of associations besides the voluntary ones, except indeed when they are excited by the lash of slavery.

In these vascular muscles, which are subject to perpetual action, and thence liable to great accumulation of sensorial power during their quiescence from want of stimulus, a great increase of activity occurs, either from the renewal of their accustomed stimulus, or even from much less quantities of stimulus than usual. This increase of action constitutes the hot fit of fever, which is attended with various increased secretions, with great concomitant heat, and general uneasiness. The uneasiness attending this hot paroxysm of fever, or fit of exertion, is very different from that, which attends the previous cold fit, or fit of quiescence, and is frequently the cause of inflammation, as in pleurisy, which is treated of in the next section.

A similar effect occurs after the quiescence of our organs of sense; those which are not subject to perpetual action, as the taste and smell, are less liable to an exuberant accumulation of sensorial power after their having for a time been inactive; but the eye, which is in perpetual action during the day, becomes dazzled, and liable to inflammation after a temporary quiescence.

Where the previous quiescence has been owing to a defect of sensorial power, and not to a  
defect

defect of stimulus, as in the irritative fever with weak pulse, a similar increase of activity of the arterial system succeeds, either from the usual stimulus of the blood, or from a stimulus less than usual; but as there is in general in these cases of fever with weak pulse a deficiency of the quantity of the blood, the pulse in the hot fit is weaker than in health, though it is stronger than in the cold fit, as explained in No. 2. of this section. But at the same time in those fevers, where the defect of irritation is owing to the defect of the quantity of sensorial power, as well as to the defect of stimulus, another circumstance occurs; which consists in the partial distribution of it, as appears in partial flushings, as of the face or bosom, while the extremities are cold; and in the increase of particular secretions, as of bile, saliva, insensible perspiration, with great heat of the skin, or with partial sweats, or diarrhœa.

There are also many uneasy sensations attending these increased actions, which like those belonging to the hot fit of fever with strong pulse, are frequently followed by inflammation, as in scarlet fever; which inflammation is nevertheless accompanied with a pulse weaker, though quicker, than the pulse during the remission or intermission of the paroxysms, though stronger than that of the previous cold fit.

From hence I conclude, that both the cold and hot fits of fever are necessary consequences of the  
perpetual

perpetual and incessant action of the arterial and glandular system; since those muscular fibres and those organs of sense, which are most frequently exerted, become necessarily most affected both with defect, and accumulation of sensorial power: and that hence *fever-fits are not an effort of nature to relieve herself*, and that therefore they should always be prevented or diminished as much as possible, by any means which decrease the general or partial vascular actions, when they are greater, or by increasing them when they are less than in health, as described in Sect. XII. 6. 1.

Thus have I endeavoured to explain, and I hope to the satisfaction of the candid and patient reader, the principal symptoms or circumstances of fever without the introduction of the supernatural power of spasm. To the arguments in favour of the doctrine of spasm it may be sufficient to reply, that in the evolution of medical as well as of dramatic catastrophe,

Nec Deus interfit, nisi dignus vindice nodus

Inciderit.

HOR.

XI. 1. Since I printed the above in the first edition of this work, I am told, that the spasmodic doctrine of fever has yet its advocates; who believe that the coldness at the beginning of intermittent fevers is owing to a spasm of the cutaneous vessels. But as the skin is at that time lax and soft, the muscular fibres of those cutaneous

vessels cannot be in action or contraction, which constitute spasm. Whence we have the evidence both of our sight and touch against this wild imagination.

Others have advanced, that this spasmodic contraction of the cutaneous vessels or pores confines the heat, or drives it to the heart; which in the hot fit of fever repels the heat again to the skin by its reaction. Those, who espouse this doctrine, seem to conceive, that the particles of heat are as large as shot-corns, or as the globules of blood; and not that it is an ethereal fluid, in which all things are immersed, and by which all things are penetrated; an opinion which originated from Galen, and must have been founded on a total ignorance of chemistry, and natural philosophy. Others, I hear, still suppose cold to be a stimulus, not understanding that it is simply the absence of heat; and that darkness might as well be called a stimulus to the eye, or hunger a stimulus to the stomach, as cold to our sense, which perceives heat; which is commonly confounded with our sense of touch, which perceives figure. The pain, which we experience on being exposed to a want of heat, which is termed chillness, or coldness; and the pain we experience in our organs of digestion from the want of food, which is termed hunger; both arise from the inactivity of those vessels, which ought to be either perpetually, or at periodical times

times stimulated into action. See Sect. XIII. 3. 2. And the shivering or actions of the subcutaneous muscles, when we are cold, are in consequence of the pain, or voluntary exertion to relieve that pain, and originate from the want of stimulus, not from the excess of it.

In this age of reason it is not the opinions of others, but the natural phænomena, on which those opinions are founded, which deserve to be canvassed. And with the supposed existence of ghosts or apparitions, witchcraft, vampyrism, astrology, animal magnetism, and American tractors, such theories as the above must vanish like the scenery of a dream; as they consist of such combinations of ideas, as have no prototype or correspondent combinations of material objects existing in nature.

## S E C T.      XXXIII.

## DISEASES OF SENSATION.

- I. *Motions excited by sensation. Digestion. Generation. Pleasure of existence. Hypochondriacism.* 2. *Pain introduced. Sensitive fevers of two kinds.* 3. *Two sensorial powers exerted in sensitive fevers. Size of the blood. Nervous fevers distinguished from putrid ones. The septic and antiseptic theory.* 4. *Two kinds of delirium.* 5. *Other animals are less liable to delirium, cannot receive our contagious diseases, and are less liable to madness.* II. I. *Sensitive motions generated.* 2. *Inflammation explained.* 3. *Its remote causes from excess of irritation, or of irritability, not from those pains which are owing to defect of irritation. New vessels produced, and much heat.* 4. *Purulent matter secreted.* 5. *Contagion explained.* 6. *Received but once.* 7. *If common matter be contagious?* 8. *Why some contagions are received but once.* 9. *Why others may be received frequently. Contagions of small-pox and measles do not act at the same time. Two cases of such patients.* 10. *The blood from patients in the small-pox will not infect others. Cases of children thus inoculated. The variolous contagion is not received into the blood. It acts by sensitive association between the stomach and skin.* III. I. *Absorption of solids and fluids.* 2. *Art of healing ulcers.* 3. *Mortification attended with less pain in weak people.*

I. 1. As many motions of the body are excited and continued by irritations, so others require,



quire, either conjunctly with these, or separately, the pleasurable or painful sensations, for the purpose of producing them with due energy. Amongst these the business of digestion supplies us with an instance: if the food, which we swallow; is not attended with agreeable sensation, it digests less perfectly; and if very disagreeable sensation accompanies it, such as a nauseous idea, or very disgusting taste, the digestion becomes impeded; or retrograde motions of the stomach and œsophagus succeed, and the food is ejected.

The business of generation depends so much on agreeable sensation, that, where the object is disgusting, neither voluntary exertion nor irritation can effect the purpose; which is also liable to be interrupted by the pain of fear or bashfulness.

Besides the pleasure, which attends the irritations produced by the objects of lust and hunger, there seems to be a sum of pleasurable affection accompanying the various secretions of the numerous glands, which constitute the pleasure of life, in contradistinction to the *tedium vitæ*. This quantity or sum of pleasurable affection seems to contribute to the due or energetic performance of the whole moveable system, as well that of the heart and arteries, as of digestion and of absorption; since without the due quantity of pleasurable sensation, flatulency and hypochondriacism affect the intestines, and a languor

seizes the arterial pulsations and secretions; as occurs in great and continued anxiety of the mind.

2. Besides the febrile motions occasioned by irritation, described in Sect. XXXII. and termed irritative fever, it frequently happens that pain is excited by the violence of the fibrous contractions; and other new motions are then super-added, in consequence of sensation, which we shall term *febris sensitiva*, or sensitive fever. It must be observed, that most irritative fevers begin with a decreased exertion of irritation, owing to defect of stimulus; but that on the contrary the sensitive fevers or inflammations, generally begin with the increased exertion of sensation, as mentioned in Sect. XXXI. on temperaments: for though the cold fit, which introduces inflammation, commences with decreased irritation, yet the inflammation itself commences in the hot fit during the increase of sensation. Thus a common pustule, or phlegmon, in a part of little sensibility does not excite an inflammatory fever; but if the stomach, intestines, or the tender substance beneath the nails, be injured, great sensation is produced, and the whole system is thrown into that kind of exertion, which constitutes inflammation.

These sensitive fevers, like the irritative ones, resolve themselves into those with arterial strength, and those with arterial debility, that is with excess or defect of sensorial power; these may be

termed the *febris sensitiva pulsu forti*, sensitive fever with strong pulse, which is the *synocha*, or inflammatory fever; and the *febris sensitiva pulsu debili*, sensitive fever with weak pulse, which is the *typhus gravior*, or putrid fever of some writers.

3. The inflammatory fevers, which are here termed sensitive fevers with strong pulse, are generally attended with some topical inflammation, as pleurisy, peripneumony, or rheumatism, which distinguishes them from irritative fevers with strong pulse. The pulse is strong, quick, and full; for in this fever there is great irritation, as well as great sensation, employed in moving the arterial system. The size, or coagulable lymph, which appears on the blood, is probably an increased secretion from the inflamed internal lining of the whole arterial system, the thinner part being taken away by the increased absorption of the inflamed lymphatics.

The sensitive fevers with weak pulse, which are termed putrid or malignant fevers, are distinguished from irritative fevers with weak pulse, called nervous fevers, described in the last section, as the former consist of inflammation joined with debility, and the latter of debility alone. Hence there is greater heat and more florid colour of the skin in the former, with petechiæ, or purple spots, and aphthæ, or sloughs in

the throat, and generally with previous contagion.

When animal matter dies, as a slough in the throat, or the mortified part of a carbuncle, if it be kept moist and warm, as during its adhesion to a living body, it will soon putrefy. This and the origin of contagion from putrid animal substances, seem to have given rise to the septic and antiseptic theory of these fevers.

The matter in pustules and ulcers is thus liable to become putrid, and to produce microscopic animalcula; the urine, if too long retained, may also gain a putrescent smell, as well as the alvine feces; but some writers have gone so far as to believe, that the blood itself in these fevers has itself putrid, when drawn from the arm of the patient; but this seems not well founded; since a single particle of putrid matter taken into the blood can produce fever, how can we conceive that the whole mass could continue a minute in a putrid state without destroying life? Add to this, that putrid animal substances give up air, as in gangrenes; and that hence if the blood was putrid, air should be given out, which in the blood-vessels is known to occasion immediate death.

In these sensitive fevers with strong pulse (or inflammations) there are two tensorial faculties concerned in producing the disease, viz. irritation and sensation; and hence, as their combined

bined action is more violent, the general quantity of sensorial power becomes further exhausted during the exaccrbation, and the system more rapidly weakened than in irritative fever with strong pulse; where the spirit of animation is weakened by but one mode of its exertion: so that this febris sensitiva pulsu forti (or inflammatory fever) may be considered as the febris irritativa pulsu forti, with the addition of inflammation; and the febris sensitiva pulsu debili (or malignant fever) may be considered as the febris irritativa pulsu debili (or nervous fever), with the addition of inflammation.

4. In these putrid or malignant fevers a deficiency of irritability accompanies the increase of sensibility; and by this waste of sensorial power by the excess of sensation, which was already too small, arises the delirium and stupor which so perpetually attend these inflammatory fevers with arterial debility. In these cases the voluntary power first ceases to act from deficiency of sensorial spirit; and the stimuli from external bodies have no effect on the exhausted sensorial power, and a delirium like a dream is the consequence. At length the internal stimuli cease to excite sufficient irritation, and the secretions are either not produced at all, or too parsimonious in quantity. Amongst these the secretion of the brain, or production of the sensorial power, becomes deficient, till at last all sensorial power ceases, except what

is just necessary to perform the vital motions, and a stupor succeeds; which is thus owing to the same cause as the preceding delirium exerted in a greater degree.

This kind of delirium is owing to a suspension of volition, and to the disobedience of the senses to external stimuli, and is always occasioned by great debility, or paucity of sensorial power; it is therefore a bad sign at the end of inflammatory fevers, which had previous arterial strength, as rheumatism, or pleurisy, as it shews the presence of great exhaustion of sensorial power in a system, which having lately been exposed to great excitement, is not so liable to be stimulated into its healthy action, either by additional stimulus of food and medicines, or by the accumulation of sensorial power during its present torpor. In inflammatory fevers with debility, as those termed putrid fevers, delirium is sometimes, as well as stupor, rather a favourable sign; as less sensorial power is wasted during its continuance (see Class II. 1. 6. 8.), and the constitution not having been previously exposed to excess of stimulation, is more liable to be excited after previous quiescence.

When the sum of general pleasurable sensation becomes too great, another kind of delirium supervenes, and the ideas thus excited are mistaken for the irritations of external objects: such a delirium is produced for a time by intoxicating drugs,

drugs, as fermented liquors, or opium : a permanent delirium of this kind is sometimes induced by the pleasures of inordinate vanity, or by the enthusiastick hopes of heaven. In these cases the power of volition is incapable of exertion, and in a great degree the external senses become incapable of perceiving their adapted stimuli, because the whole sensorial power is employed or expended on the ideas excited by pleasurable sensation.

This kind of delirium is distinguished from that which attends the fevers above mentioned from its not being accompanied with general debility, but simply with excess of pleasurable sensation ; and is therefore in some measure allied to madness or to reverie ; it differs from the delirium of dreams, as in this the power of volition is not totally suspended, nor are the senses precluded from external stimulation ; there is therefore a degree of consistency, in this kind of delirium, and a degree of attention to external objects, neither of which exists in the delirium of fevers or in dreams.

5. It would appear, that the vascular systems of other animals are less liable to be put into action by their general sum of pleasurable or painful sensation ; and that the trains of their ideas, and the muscular motions usually associated with them, are less powerfully connected than in the human system. For other animals neither weep,

nor smile, nor laugh; and are hence seldom subject to delirium, as treated of in Sect. XVI. on Instinct. Now as our epidemic and contagious diseases are probably produced by disagreeable sensation, and not simply by irritation; there appears a reason, why brute animals are less liable to epidemic or contagious diseases; and secondly, why none of our contagions, as the small-pox or measles, can be communicated to them, though one of theirs, viz. the hydrophobia, as well as many of their poisons, as those of snakes and of insects, communicate their deleterious or painful effects to mankind.

Where the quantity of general painful sensation is too great in the system, inordinate voluntary exertions are produced either of our ideas, as in melancholy and madness, or of our muscles, as in convulsion. From these maladies also brute animals are much more exempt than mankind, owing to their greater inaptitude to voluntary exertion, as mentioned in Sect. XVI. on Instinct.

II. 1. When any moving organ is excited into such violent motions, that a quantity of pleasurable or painful sensation is produced, it frequently happens (but not always) that new motions of the affected organ are generated in consequence of the pain or pleasure, which are termed inflammation.

These new motions are of a peculiar kind, tending to distend the old, and to produce new fibres,



fibres, and thence to elongate the straight muscles, which serve locomotion, and to form new vessels at the extremities or sides of the vascular muscles.

2. Thus the pleasurable sensations produce an enlargement of the nipples of nurses, of the papillæ of the tongue, of the penis, and probably produce the growth of the body from its embryon state to its maturity; whilst the new motions in consequence of painful sensation, with the growth of the fibres or vessels, which they occasion, are termed inflammation.

Hence when the straight muscles are inflamed, part of their tendons at each extremity gain new life and sensibility, and thus the muscle is for a time elongated; and inflamed bones become soft, vascular, and sensible. Thus new vessels shoot over the cornea of inflamed eyes, and into scirrhous tumours, when they become inflamed; and hence all inflamed parts grow together by intermixture, and inosculation of the new and old vessels.

The heat is occasioned from the increased secretions either of mucus, or of the fibres, which produce or elongate the vessels. The red colour is owing to the pellucidity of the newly formed vessels, and as the arterial parts of them are probably formed before their correspondent venous parts.

3. These new motions are excited either from  
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the increased quantity of sensation in consequence of greater fibrous contractions, or from increased sensibility, that is, from the increased quantity of sensorial power in the moving organ. Hence they are induced by great external stimuli, as by wounds, broken bones; and by acrid or infectious materials; or by common stimuli on those organs, which have been some time quiescent; as the usual light of the day inflames the eyes of those, who have been confined in dungeons; and the warmth of a common fire inflames those, who have been previously exposed to much cold.

But these new motions are never generated by that pain, which arises from defect of stimulus, as from hunger, thirst, cold, or inanition, with all those pains, which are termed nervos. Where these pains exist, the motions of the affected part are lessened; and if inflammation succeeds, it is in some distant parts; as coughs are caused by coldness and moisture being long applied to the feet; or it is in consequence of the renewal of the stimulus, as of heat or food, which excites our organs into stronger action after their temporary quiescence; as kided heels after walking in snow.

4. But when these new motions of the vascular muscles are exerted with greater violence, and these vessels are either elongated too much or too hastily, a new material is secreted from their extremities, which is of various kinds according to the  
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the peculiar animal motions of this new kind of gland, which secretes it; such is the pus laudabile or common matter, the variolous matter, venereal matter, catarrhus matter, and many others.

5. These matters are the product of an animal process; they are secreted or produced from the blood by certain diseased motions of the extremities of the blood-vessels, and are on that account all of them contagious; for if a portion of any of these is transmitted into the circulation, or perhaps only inserted into the skin, or beneath the cuticle of a healthy person, its stimulus in a certain time produces the same kind of morbid motions, by which itself was produced; and hence a similar kind is generated. See Sect. XXXIX. 6. 1.

6. It is remarkable, that many of these contagious matters are capable of producing a similar disease but once; as the small-pox and measles; and I suppose this is true of all those contagious diseases, which are spontaneously cured by nature in a certain time; for if the body was capable of receiving the disease a second time, the patient must perpetually infect himself by the very matter, which he has himself produced, and is lodged about him; and hence he could never become free from the disease. Something similar to this is seen in the secondary fever of the confluent small-pox; there is a great absorption of variolous matter, a very minute part of which would  
give

give the genuine small-pox to another person; but here it only stimulates the system into common fever; like that which common pus, or any other aerid material might occasion.

7. In the pulmonary consumption, where common matter is daily absorbed, an irritative fever only, without new inflammation, is generally produced; which is terminated like other irritative fevers by sweats or loose stools. Hence it does not appear, that this absorbed matter always acts as a contagious material producing fresh inflammation or new abscesses. Though there is reason to believe, that the first time any common matter is absorbed, it has this effect, but not the second time, like the variolous matter above mentioned.

This accounts for the opinion, that the pulmonary consumption is sometimes infectious, which opinion was held by the ancients, and continues in Italy at present; and I have myself seen three or four instances, where a husband and wife, who have slept together, and have thus much received each other's breath, who have infected each other, and both died in consequence of the original taint of only one of them. This also accounts for the abscesses in various parts of the body, that are sometimes produced after the inoculated small-pox is terminated; for this second absorption of variolous matter acts like common matter, and produces only irritative fever in those children,

children, whose constitutions have already experienced the absorption of common matter; and inflammation with a tendency to produce new abscesses in those, whose constitutions have not experienced the absorptions of common matter.

It is probable, that more certain proofs might have been found to shew, that common matter is infectious the first time it is absorbed, tending to produce similar abscesses, but not the second time of its absorption, if this subject had been attended to.

8. These contagious diseases are very numerous, as the plague, small-pox, chicken-pox, measles, scarlet-fever, pemphigus, catarrh, chin-cough, venereal disease, itch, trichoma, tinæa. The infectious material does not seem to be dissolved by the air, but only mixed with it perhaps in fine powder, which soon subsides; since many of these contagions can only be received by actual contact; and others of them only at small distances from the infected person; as is evident from many persons having been near patients of the small-pox without acquiring the disease.

The reason, why many of these diseases are received but once, and others repeatedly, is not well understood; it appears to me, that the constitution becomes so accustomed to the stimuli of these infectious materials, by having once experienced them, that though irritative motions, as hectic fevers, may again be produced by them,  
yet

yet no sensation, and in consequence no general inflammation succeeds; as disagreeable smells or tastes by habit cease to be perceived; they continue indeed to excite irritative ideas on the organs of sense, but these are not succeeded by sensation.

There are many irritative motions, which were at first succeeded by sensation, but which by frequent repetition cease to excite sensation, as explained in Sect. XX. on Vertigo. And, that this circumstance exists in respect to infectious matter appears from a known fact; that nurses, who have had the small-pox, are liable to experience small ulcers on their arms by the contact of variolous matter in lifting their patients; and that when patients, who have formerly had the small-pox have been inoculated in the arm, a phlegmon, or inflamed sore, has succeeded, but no subsequent fever. Which shews, that the contagious matter of the small-pox has not lost its power of stimulating the part it is applied to, but that the general system is not affected in consequence. See Section XII. 7. 6. XIX. 10.

9. From the accounts of the plague, virulent catarrh, and putrid dysentery, it seems uncertain, whether these diseases are experienced more than once; but the venereal disease and itch are doubtless repeatedly infectious; and as these diseases are never cured spontaneously, but require medicines, which act without apparent operation,  
some

Some have suspected, that the contagious material produces similar matter rather by a chemical change of the fluids, than by an animal process; and that the specific medicines destroy their virus by chemically combining with it. This opinion is successfully combated by Mr. Hunter, in his *Treatise on Venereal Disease*, Part I. c. i.

But this opinion wants the support of analogy, as there is no known process in animal bodies, which is purely chemical, not even digestion; nor can any of these matters be produced by chemical processes. Add to this, that it is probable, that the insects, observed in the pustules of the itch, and in the stools of dysenteric patients, are the consequences, and not the causes of these diseases. And that the specific medicines, which cure the itch, and lues venerea, as brimstone and mercury, act only by increasing the absorption of the matter in the ulcers of those diseases, and thence disposing them to heal; which would otherwise continue to spread.

Why the venereal disease, and itch, and tinea, or scald head, are repeatedly contagious, while those contagions attended with fever can be received but once, seems to depend on their being rather local diseases than universal ones, and are hence not attended with fever, except the purulent fever in their last stages, when the patient is destroyed.

destroyed by them. On this account the whole of the system does not become habituated to these morbid actions, so as to cease to be affected with sensation by a repetition of the contagion. Thus the contagious matter of the venereal disease, and of the tinea, affects the lymphatic glands, as the inguinal glands, and those about the roots of the hair and neck, where it is arrested, but does not seem to affect the blood-vessels, since no fever ensues.

Hence it would appear, that these kinds of contagion are propagated not by means of the circulation, but by sympathy of distant parts with each other; since if a distant part; as the palate, should be excited by sensitive association into the same kind of motions, as the parts originally affected by the contact of infectious matter; that distant part will produce the same kind of infectious matter; for every secretion from the blood is formed from it by the peculiar motions of the fine extremities of the gland, which secretes it; the various secreted fluids, as the bile, saliva, gastric juice, not previously existing, as such, in the blood-vessels.

And this peculiar sympathy between the genitals and the throat, owing to sensitive association, appears not only in the production of venereal ulcers in the throat, but in a variety of other instances, as in the mumps, in the hydrophobia,  
some



some coughs, strangulation, the production of the beard, change of voice at puberty. Which are further described in Class IV. 1. 2. 7.

To evince that the production of such large quantities of contagious matter, as are seen in some variolous patients, so as to cover the whole skin almost with pustules, does not arise from any chemical fermentation in the blood, but that it is owing to morbid motions of the fine extremities of the capillaries, or glands, whether these be ruptured or not, appears from the quantity of this matter always corresponding with the quantity of the fever; that is, with the violent exertions of those glands and capillaries, which are the terminations of the arterial system.

The truth of this theory is evinced further by a circumstance observed by Mr. J. Hunter, in his Treatise on Venereal Disease; that in a patient, who was inoculated for the small-pox, and who appeared afterwards to have been previously infected with the measles, the progress of the small-pox was delayed till the measles had run their course, and that then the small-pox went through its usual periods.

Two similar cases fell under my care, which I shall here relate, as it confirms that of Mr. Hunter, and contributes to illustrate this part of the theory of contagious diseases. I have transcribed the particulars from a letter of Mr. Lightwood, of Yoxal, the surgeon who daily attended

them, and at my request, after I had seen them, kept a kind of journal of their cases.

Miss H. and Miss L. two sisters, the one about four and the other about three years old, were inoculated Feb. 7, 1791. On the 10th there was a redness on both arms discernible by a glass. On the 11th their arms were so much inflamed, as to leave no doubt of the infection having taken place. On the 12th less appearance of inflammation on their arms. In the evening Miss L. had an eruption, which resembled the measles. On the 13th the eruption on Miss L. was very full on the face and breast, like the measles, with considerable fever. It was now known, that the measles were in a farm house in the neighbourhood. Miss H.'s arm less inflamed than yesterday. On the 14th Miss L.'s fever great, and the eruption universal. The arm appears to be healed. Miss H.'s arm somewhat redder. They were now put into separate rooms. On the 15th Miss L.'s arms as yesterday. Eruption continues. Miss H.'s arms have varied but little. 16th, the eruptions on Miss L. are dying away, her fever gone. Begins to have a little redness in one arm at the place of inoculation. Miss H.'s arms get redder, but she has no appearance of complaint. 20th, Miss L.'s arms have advanced slowly till this day, and now a few pustules appear. Miss H.'s arm has made little progress from the 16th to this day, and now she has some fever. 21st,

Mifs L. as yesterday. Mifs H. has much inflammation, and an increase of the red circle on one arm to the size of half-a-crown, and had much fever at night, with fetid breath. 22d, Mifs L.'s pustules continue advancing. Mifs H.'s inflammation of her arm and red circle increases. A few red spots appear in different parts with some degree of fever this morning. 23d, Mifs L. has a larger crop of pustules. Mifs H. has small pustules and great inflammation of her arms, with but one pustule likely to suppurate. After this day they gradually got well, and the pustules disappeared.

In one of these cases the measles went through their common course with milder symptoms than usual, and in the other the measly contagion seemed just sufficient to stop the progress of variolous contagion, but without itself throwing the constitution into any disorder. At the same time both the measles and small-pox seem to have been rendered milder. Does not this give an idea; that if they were both inoculated at the same time, that neither of them might affect the patient?

From these cases I contend, that the contagious matter of these diseases does not affect the constitution by a fermentation, or chemical change of the blood, because then they must have proceeded together, and have produced a third something, not exactly similar to either of them:

but that they produce new motions of the cutaneous terminations of the blood-veffels, which for a time proceed daily with increafing activity, like fome paroxyfms of fever, till they at length fecrete or form a fimilar poifon by thefe unnatural actions.

Now as in the measles one kind of unnatural motion takes place, and in the fmall-pox another kind, it is eafy to conceive, that thefe different kinds of morbid motions cannot exift together; and therefore, that that which has firft begun will continue till the fyftem becomes habituated to the ftimulus which occafions it, and has ceafed to be thrown into action by it; and then the other kind of ftimulus will in its turn produce fever, and new kinds of motions peculiar to itfelf.

10. On further confidering the action of contagious matter, fince the former part of this work was fent to the prefs; where I have afferted, in Sect. XXII. 4. 3. that it is probable, that the variolous matter is diffused through the blood; I prevailed on my friend Mr. Power, furgeon at Bosworth, in Leicefterfhire, to try, whether the fmall-pox could be inoculated by ufing the blood of a variolous patient inftead of the matter from the puftules; as I thought fuch an experiment might throw fome light at leaft on this interefting fubject. The following is an extract from his letter:—

“ March

“ March 11, 1793. I inoculated two children, who had not had the small-pox, with blood; which was taken from a patient on the second day after the eruption commenced, and before it was completed. And at the same time I inoculated myself with blood from the same person, in order to compare the appearances, which might arise in a person liable to receive the infection, and in one not liable to receive it. On the same day I inoculated four other children liable to receive the infection with blood taken from another person on the fourth day after the commencement of the eruption. The patients from whom the blood was taken had the disease mildly, but had the most pustules of any I could select from twenty inoculated patients; and as much of the blood was insinuated under the cuticle as I could introduce by elevating the skin without drawing blood; and three or four such punctures were made in each of their arms, and the blood was used in its fluid state.

“ As the appearances in all these patients, as well as in myself, were similar, I shall only mention them in general terms. March 13. A slight subcuticular discoloration, with rather a livid appearance, without soreness or pain, was visible in them all, as well as in my own hand. 15. The discoloration somewhat less, without pain or soreness. Some patients inoculated on the same day with variolous matter have considerable inflammation.

mation. 17. The discoloration is quite gone in them all, and from my own hand, a dry mark only remaining. And they were all inoculated on the 18th, with variolous matter, which produced the disease in them all."

Mr. Power afterwards observes, that, as the patients from whom the blood was taken had the disease mildly, it may be supposed, that though the contagious matter might be mixed with the blood, it might still be in too dilute a state to convey the infection; but adds at the same time, that he has diluted recent matter with at least five times its quantity of water, and which has still given the infection; though he has sometimes diluted it so far as to fail.

The following experiments were instituted at my request by my friend Mr. Hadley, surgeon in Derby, to ascertain whether the blood of a person in the small-pox be capable of communicating the disease. "Experiment 1st. October 18th, 1793. I took some blood from a vein in the arm of a person who had the small-pox, on the second day of the eruption, and introduced a small quantity of it immediately with the point of a lancet between the scarf and true skin of the right arm of a boy nine years old in two or three different places; the other arm was inoculated with variolous matter at the same time.

"19th. The punctured parts of the right arm were surrounded with some degree of subcuticular

cular inflammation. 20th. The inflammation more considerable, with a slight degree of itching, but no pain upon pressure. 21st. Upon examining the arm this day with a lens, I found the inflammation less extensive, and the redness changing to a deep yellow or orange-colour. 22d. Inflammation nearly gone. 23d. Nothing remained, except a slight discoloration and a little scurfy appearance on the punctures. At the same time the inflammation of the arm inoculated with variolous matter was increasing fast, and he had the disease mildly at the usual time.

“ Experiment 2d. I inoculated another child at the same time and in the same manner, with blood taken on the first day of the eruption; but as the appearance and effects were similar to those in the preceding experiment, I shall not relate them minutely.

“ Experiment 3d. October 20th. Blood was taken from a person who had the small-pox, on the third day of the eruption, and on the sixth from the commencement of the eruptive fever. I introduced some of it in its fluid state into both arms of a boy seven years old. 21. There appeared to be some inflammation under the cuticle, where the punctures were made. 22d. Inflammation more considerable. 23d. On this day the inflammation was somewhat greater, and the cuticle rather elevated.

“ 24th. Inflammation much less, and only a

brown or orange-colour remained. 25th. Scarcely any discoloration left. On this day he was inoculated with variolous matter, the progress of the infection went on in the usual way, and he had the small-pox very favourably.

“ At this time I was requested to inoculate a young person, who was thought to have had the small-pox, but his parents were not quite certain; in one arm I introduced variolous matter, and in the other blood, taken as in experiment 3d. On the second day after the operation, the punctured parts were inflamed, though I think the arm in which I had inserted variolous matter was rather more so than the other. On the third the inflammation was increased, and looked much the same as in the preceding experiment. 4th. The inflammation was much diminished, and on the 5th almost gone. He was exposed at the same time to the natural infection, but has continued perfectly well.

“ I have frequently observed (and believe most practitioners have done the same), that if variolous matter be inserted in the arm of a person who has previously had the small-pox, the inflammation on the second or third day is much greater, than if they had not had the disease, but on the fourth or fifth it disappears.

“ On the 23d I introduced blood into the arms of three more children, taken on the third and fourth days of the eruption. The appearances were



were much the same as mentioned in experiments first and third. They were afterwards inoculated with variolous matter, and had the disease in the regular way.

“The above experiments were made with blood taken from a small vein in the hand or foot of three or four different patients, whom I had at that time under inoculation. They were selected from 160, as having the greatest number of pustules. The part was washed with warm water before the blood was taken, to prevent the possibility of any matter being mixed with it from the surface.”

Shall we conclude from hence, that the variolous matter never enters the blood-vessels; but that the morbid motions of the vessels of the skin around the insertion of it continue to increase in a larger and larger circle for six or seven days; that then their quantity of morbid action becomes great enough to produce a fever-fit, and to affect the stomach by association of motions? and finally, that a second association of motions is produced between the stomach and the other parts of the skin, inducing them into morbid actions similar to those of the circle round the insertion of the variolous matter? Many more experiments and observations are required before this important question can be satisfactorily answered.

It may be adduced, that as the matter inserted  
into

into the skin of the arm frequently swells the lymphatic in the axilla, that in that circumstance it seems to be there arrested in its progress, and cannot be imagined to enter the blood by that lymphatic gland till the swelling of it subsides. Some other phænomena of the disease are more easily reconcilable to this theory of sympathetic motions than to that of absorption; as the time taken up between the insertion of the matter, and the operation of it on the system, as mentioned above. For the circle around the insertion is seen to increase, and to inflame; and I believe, undergoes a kind of diurnal paroxysm of torpor and paleness with a succeeding increase of action and colour, like a topical fever-fit. Whereas if the matter is conceived to circulate for six or seven days with the blood, without producing disorder, it ought to be rendered milder, or the blood-vessels more familiarized to its acrimony.

It is much easier to conceive from this doctrine of associated or sympathetic motions of distant parts of the system, how it happens, that the variolous infection can be received but once, as before explained; than by supposing, that a change is effected in the mass of blood by any kind of fermentative process.

The curious circumstance of the two contagions of small-pox and measles not acting at the same time, but one of them resting or suspending its action till that of the other ceases, may be  
 much

much easier explained from sympathetic or associated actions of the infected part with other parts of the system, than it can from supposing the two contagions to enter the circulation.

The skin of the face is subject to more frequent vicissitudes of heat and cold, from its exposure to the open air, and is in consequence more liable to sensitive association with the stomach than any other part of the surface of the body, because their actions have been more frequently thus associated. Thus in a surfeit from drinking cold water, when a person is very hot and fatigued, an eruption is liable to appear on the face in consequence of this sympathy. In the same manner the rosy eruption on the faces of drunkards more probably arises from the sympathy of the face with the stomach, rather than between the face and the liver, as is generally supposed.

This sympathy between the stomach and the skin of the face is apparent in the eruption of the small-pox; since, where the disease is in considerable quantity, the eruption on the face first succeeds the sickness of the stomach. In the natural disease the stomach seems to be frequently primarily affected, either alone or along with the tonsils, as the matter seems to be only diffused in the air, and by being mixed with the saliva, or mucus of the tonsils, to be swallowed into the stomach.

After

After some days the irritative circles of motions become disordered by this new stimulus, which acts upon the mucous lining of the stomach; and sickness, vertigo, and diurnal fever succeed. These disordered irritative motions become daily increased for two or three days, and then by their increased action certain sensitive motions, or inflammation, is produced, and at the next cold fit of fever, when the stomach recovers from its torpor, an inflammation of the external skin is formed in points (which afterwards suppurate), by sensitive association, in the same manner as a cough is produced in consequence of exposing the feet to cold, as described in Sect. XXV. 1. 1. and Class IV. 2. 1. 7. If the inoculated skin of the arm, as far as it appears inflamed, was to be cut out, or destroyed by caustic, before the fever commenced, as suppose on the fourth day after inoculation, would this prevent the disease? as it is supposed to prevent the hydrophobia.

III. 1. Where the new vessels, and enlarged old ones, which constitute inflammation, are not so hastily distended as to burst, and form a new kind of gland for the secretion of matter, as above mentioned; if such circumstances happen as diminish the painful sensation, the tendency to growth ceases, and by and by an absorption commences, not only of the superabundant quantity of fluids deposited in the inflamed part, but of the  
the

the solids likewise, and this even of the hardest kind.

Thus during the growth of the second set of teeth in children, the roots of the first set are totally absorbed, till at length nothing of them remains but the crown; though a few weeks before, if they are drawn immaturity, their roots are found complete. Similar to this Mr. Hunter has observed, that where a dead piece of bone is to exfoliate, or to separate from a living one, the dead part does not putrefy, but remains perfectly sound, while the surface of the living part of the bone, which is in contact with the dead part, becomes absorbed, and thus effects its separation. *Med. Comment. Edinb. V. 1. 425.* In the same manner the calcareous matter of gouty concretions, the coagulable lymph deposited on inflamed membranes in rheumatism and extravasated blood become absorbed; which are all as solid and as indissoluble materials as the new vessels produced in inflammation.

This absorption of the new vessels and deposited fluids of inflamed parts is called resolution: it is produced by first using such internal means as decrease the pain of the part, and in consequence its new motions, as repeated bleeding, cathartics, diluent potations, and warm bath.

After the vessels are thus emptied, and the absorption of the new vessels and deposited fluids is  
evidently

evidently begun, it is much promoted by stimulating the part externally by solutions of lead, or other metals, and internally by the bark, and small doses of opium. Hence when an ophthalmia begins to become paler, any acrid eye-water, as a solution of six grains of white vitriol in an ounce of water, hastens the absorption, and clears the eye in a very short time. But the same application used a few days sooner would have increased the inflammation. Hence after evacuation opium in small doses may contribute to promote the absorption of fluids deposited on the brain, as observed by Mr. Bromfield in his treatise of surgery.

2. Where an abscess is formed by the rupture of these new vessels, the violence of inflammation ceases, and a new gland separates a material called pus: at the same time a less degree of inflammation produces new vessels called vulgarly proud flesh; which, if no bandage confines its growth, nor any other circumstance promotes absorption in the wound, would rise to a great height above the usual size of the part.

Hence the art of healing ulcers consists in producing a tendency to absorption in the wound greater than the deposition. Thus when an ill-conditioned ulcer separates a copious and thin discharge, by the use of any stimulus, as of salts of lead, or mercury, or copper externally applied, the

the discharge becomes diminished in quantity, and becomes thicker, as the thinner parts are first absorbed.

To which in ulcerations of the lungs, and in some catarrhs, a pertinacious abstinence from fluids has been recommended, as well as in drop-sies, and diabetes, which in the former as well as in the latter, may have a tendency to increase absorption from the affected parts, and may thus be moderately employed with advantage; but may have a dangerous tendency if used to an extreme, by inducing too great thirst, and consequent fever or inflammation. Lower de Catarrhis. Davidson on Pulmonary System. Rollo on Diabetes.

But nothing so much contributes to increase the absorption in a wound as covering the whole limb above the fore with a bandage, which should be spread with some plaster, as with emplastrum de minio, to prevent it from slipping. By this artificial tightness of the skin, the arterial pulsations act with double their usual power in promoting the ascending current of the fluid in the valvular lymphatics.

Internally the absorption from ulcers should be promoted first by evacuation, then by opium, bark, mercury, steel.

3. Where the inflammation proceeds with greater violence or rapidity, that is, when by the  
painful

painful sensation a more inordinate activity of the organ is produced, and by this great activity an additional quantity of painful sensation follows in an increasing ratio, till the whole of the sensorial power, or spirit of animation, in the part becomes exhausted, a mortification ensues, as in a carbuncle, in inflammations of the bowels, in the extremities of old people, or in the limbs of those who are brought near a fire after having been much benumbed with cold. And from hence it appears, why weak people are more subject to mortification than strong ones, and why in weak persons less pain will produce mortification, namely, because the sensorial power is sooner exhausted by any excess of activity. I remember seeing a gentleman who had the preceding day travelled two stages in a chaise with what he termed a bearable pain in his bowels; which when I saw him had ceased rather suddenly, and without a passage through him; his pulse was then weak, though not very quick; but as nothing which he swallowed would continue in his stomach many minutes, I concluded that the bowel was mortified; he died on the next day. It is usual for patients sinking under the small-pox with mortified pustules, and with purple spots intermixed, to complain of no pain, but to say they are pretty well to the last moment.

*Recapitulation.*



*Recapitulation.*

IV. When the motions of any part of the system, in consequence of previous torpor, are performed with more energy than in the irritative fevers, a disagreeable sensation is produced, and new actions of some part of the system commence in consequence of this sensation conjointly with the irritation: which motions constitute inflammation. If the fever be attended with a strong pulse, as in pleurisy, or rheumatism, it is termed *synocha sensitiva*, or sensitive fever with strong pulse; which is usually termed inflammatory fever. If it be attended with weak pulse, it is termed *typhus sensitivus*, or sensitive fever with weak pulse, or *typhus gravior*, or putrid malignant fever.

The *synocha sensitiva*, or sensitive fever with strong pulse, is generally attended with some topical inflammation, as in peripneumony, hepatitis, and is accompanied with much coagulable lymph, or size; which rises to the surface of the blood, when taken into a basin, as it cools; and which is believed to be the increased mucous secretion from the coats of the arteries, inspissated by a greater absorption of its aqueous and saline part, and perhaps changed by its delay in the circulation.

The *typhus sensitivus*, or sensitive fever with

weak pulse, is frequently attended with delirium, which is caused by the deficiency of the quantity of sensorial power, and with variety of cutaneous eruptions.

Inflammation is caused by the pains occasioned by excess of action, and not by those pains which are occasioned by defect of action. These morbid actions, which are thus produced by two sensorial powers, viz. by irritation and sensation, secrete new living fibres, which elongate the old vessels, or form new ones, and at the same time much heat is evolved from these combinations. By the rupture of these vessels, or by a new construction of their apertures, purulent matters are secreted of various kinds; which are infectious the first time they are applied to the skin beneath the cuticle, or swallowed with the saliva into the stomach. This contagion acts not by its being absorbed into the circulation, but by the sympathies, or associated actions, between the part first stimulated by the contagious matter and the other parts of the system. Thus in the natural small-pox the contagion is swallowed with the saliva, and by its stimulus inflames the stomach; this variolous inflammation of the stomach increases every day, like the circle round the puncture of an inoculated arm, till it becomes great enough to disorder the circles of irritative and sensitive motions, and thus produces fever-fits, with sickness and vomiting. Lastly, after the cold paroxysm,

ysm, or fit of torpor, of the stomach has increased for two or three successive days, an inflammation of the skin commences in points; which generally first appear upon the face, as the associated actions between the skin of the face and that of the stomach have been more frequently exerted together than those of any other parts of the external surface.

Contagious matters, as those of the measles and small-pox, do not act upon the system at the same time; but the progress of that which was last received is delayed, till the action of the former infection ceases. All kinds of matter, even that from common ulcers, are probably contagious the first time they are inserted beneath the cuticle or swallowed into the stomach; that is, as they were formed by certain morbid actions of the extremities of the vessels, they have the power to excite similar morbid actions in the extremities of other vessels, to which they are applied; and these by sympathy, or associations of motion, excite similar morbid actions in distant parts of the system, without entering the circulation; and hence the blood of a patient in the small-pox will not give that disease by inoculation to others.

When the new fibres or vessels become again absorbed into the circulation, the inflammation ceases; which is promoted, after sufficient evacuations, by external stimulants and bandages: but where the action of the vessels is very great, a

mortification of the part is liable to ensue, owing to the exhaustion of sensorial power; which however occurs in weak people without much pain, and without very violent previous inflammation; and, like partial paralysis, may be esteemed one mode of natural death of old people, a part dying before the whole.

## SECT. XXXIV.

## DISEASES OF VOLITION.

I. 1. *Volition defined. Motions termed involuntary are caused by volition. Desires opposed to each other. Deliberation. Afs between two hay-cocks. Saliva swallowed against one's desire. Voluntary motions distinguished from those associated with sensitive motions.* 2. *Pains from excess, and from defect of motion. No pain is felt during vehement voluntary exertion; as in cold fits of ague, labour-pains, strangury, tenesmus, vomiting, restlessness in fevers, convulsion of a wounded muscle.* 3. *Of holding the breath and screaming in pain; why swine and dogs cry out in pain, and not sheep and horses. Of grinning and biting in pain; why mad animals bite others.* 4. *Epileptic convulsions explained, why the fits begin with quivering of the under jaw, biting the tongue, and setting the teeth; why the convulsive motions are alternately relaxed. The phænomenon of laughter explained. Why children cannot tickle themselves. How some have died from immoderate laughter.* 5. *Of cataleptic spasms, of the locked jaw, of painful cramps.* 6. *Syncope explained. Why no external objects are perceived in syncope.* 7. *Of palsy and apoplexy from violent exertions. Case of Mrs. Scot. From dancing, skating, swimming. Case of Mr. Nairn. Why palsies are not always immediately preceded by violent exertions. Palsy and epilepsy from diseased livers. Why the right arm more frequently paralytic than the left. How paralytic limbs regain their motions.*

II. *Diseases of the sensual motions from excess or defect of voluntary exertion.* 1. *Madness.* 2. *Distinguished from delirium.* 3. *Why mankind more liable to insanity than brutes.* 4. *Suspicion. Want of shame, and of cleanliness.* 5. *They bear cold, hunger, and fatigue. Charles XII. of Sweden.* 6. *Pleasurable delirium, and insanity. Child riding on a stick. Pains of martyrdom not felt.* 7. *Drop-sy.* 8. *Inflammation cured by insanity.* III. I. *Pain relieved by reverie. Reverie is an exertion of voluntary and sensitive motions.* 2. *Case of reverie.* 3. *Lady supposed to have two souls.* 4. *Methods of relieving pain.*

I. 1. BEFORE we commence this Section on Diseased Voluntary Motions, it may be necessary to premise, that the word volition is not used in this work exactly in its common acceptation. Volition is said in Section V. to bear the same analogy to desire and aversion, which sensation does to pleasure and pain. And hence that, when desire or aversion produces any action of the muscular fibres, or of the organs of sense, it is termed volition; and the actions produced in consequence are termed voluntary actions. Whence it appears, that motions of our muscles or ideas may be produced in consequence of desire or aversion without our having the power to prevent them, and yet these motions may be termed voluntary, according to our definition of the word; though in common language they would be called involuntary.

The objects of desire and aversion are generally

ly at a distance, whereas those of pleasure and pain are immediately acting upon our organs. Hence, before desire or aversion is exerted, so as to cause any actions, there is generally time for deliberation; which consists in discovering the means to obtain the object of desire, or to avoid the object of aversion; or in examining the good or bad consequences, which may result from them. In this case it is evident, that we have a power to delay the proposed action, or to perform it; and this power of choosing, whether we shall act or not, is in common language expressed by the word volition, or will. Whereas in this work the word volition means simply the active state of the sensorial faculty in producing motion in consequence of desire or aversion: whether we have the power of restraining that action, or not; that is, whether we exert any actions in consequence of opposite desires or aversions or not.

For if the objects of desire or aversion are present, there is no necessity to investigate or compare the *means* of obtaining them, nor do we always deliberate about their consequences; that is, no deliberation necessarily intervenes, and in consequence the power of choosing to act or not is not exerted. It is probable, that this two-fold use of the word volition in all languages has confounded the metaphysicians, who have disputed about free will and necessity. Whereas from the

above analysis it would appear, that during our sleep, we use no voluntary exertions at all; and in our waking hours, that they are the consequence of desire or aversion.

To will is to act in consequence of desire; but to desire means to desire something, even if that something be only to become free from the pain, which causes the desire; for to desire nothing is not to desire; the word desire, therefore, includes both the action and the object or motive; for the object and motive of desire are the same thing. Hence to desire without an object, that is, without a motive, is a solecism in language. As if one should ask, if you could eat without food, or breathe without air.

From this account of volition it appears, that convulsions of the muscles, as in epileptic fits, may in the common sense of that word be termed involuntary; because no deliberation is interposed between the desire or aversion and the consequent action; but in the sense of the word, as above defined, they belong to the class of voluntary motions, as delivered in Vol. II. Class III. If this use of the word be discordant to the ear of the reader, the term morbid voluntary motions, or motions in consequence of aversion, may be substituted in its stead.

If a person has a desire to be cured of the ague, and has at the same time an aversion (or contrary desire) to swallowing an ounce of Peruvian bark;



he balances desire against desire, or aversion against aversion; and thus he acquires the power of choosing, which is the common acceptation of the word *willing*. But in the cold fit of ague, after having discovered that the act of shuddering, or exerting the subcutaneous muscles, relieves the pain of cold; he immediately exerts this act of volition, and shudders, as soon as the pain and consequent aversion return, without any deliberation intervening; yet is this act, as well as that of swallowing an ounce of the bark, caused by volition; and that even though he endeavours in vain to prevent it by a weaker contrary volition. This recalls to our minds the story of the hungry ass between two hay-stacks, where the two desires are supposed so exactly to counteract each other, that he goes to neither of the stacks, but perishes by want. Now as two equal and opposite desires are thus supposed to balance each other, and prevent all action, it follows, that if one of these hay-stacks was suddenly removed, the ass would irresistibly be hurried to the other, which in the common use of the word might be called an involuntary act; but which, in our acceptation of it, would be classed amongst voluntary actions, as above explained.

Hence to deliberate is to compare opposing desires or aversions, and that which is the most interesting at length prevails, and produces action. Similar to this, where two pains oppose each other,

other, the stronger or more interesting one produces action; as in pleurisy the pain from suffocation would produce expansion of the lungs, but the pain occasioned by extending the inflamed membrane, which lines the chest, opposes this expansion, and one or the other alternately prevails.

When any one moves his hand quickly near another person's eyes, the eye lids instantly close; this act in common language is termed involuntary, as we have not time to deliberate or to exert any contrary desire or aversion, but in this work it would be termed a voluntary act, because it is caused by the faculty of volition, and after a few trials the nictitation can be prevented by a contrary or opposing volition.

The power of opposing volitions is best exemplified in the story of Mutius Scævola, who is said to have thrust his hand into the fire before Porcenna, and to have suffered it to be consumed for having failed him in his attempt on the life of that general. Here the aversion for the loss of fame, or the unsatisfied desire to serve his country, the too prevalent enthusiasms at that time, were more powerful than the desire of withdrawing his hand, which must be occasioned by the pain of combustion; of these opposing volitions

*Vincit amor patriæ, laudumque immensa cupido.*

If

If any one is told not to swallow his saliva for a minute, he soon swallows it contrary to his will, in the common sense of that word; but this also is a voluntary action, as it is performed by the faculty of volition, and is thus to be understood. When the power of volition is exerted on any of our senses, they become more acute, as in our attempts to hear small noises in the night. As explained in Section XIX. 6. Hence by our attention to the fauces from our desire not to swallow our saliva; the fauces become more sensible; and the stimulus of the saliva is followed by greater sensation, and consequent desire of swallowing it. So that the desire or volition in consequence of the increased sensation of the saliva is more powerful, than the previous desire not to swallow it. See Vol. II. *Deglutitio invita*. In the same manner if a modest man wishes not to want to make water, when he is confined with ladies in a coach or an assembly-room; that very act of volition induces the circumstance, which he wishes to avoid, as above explained; insomuch that I once saw a partial insanity, which might be called a voluntary diabetes, which was occasioned by the fear (and consequent aversion) of not being able to make water at all.

It is further necessary to observe here, to prevent any confusion of voluntary, with sensitive, or associate motions, that in all the instances of violent efforts to relieve pain, those efforts are at first

first voluntary exertions; but after they have been frequently repeated for the purpose of relieving certain pains, they become associated with those pains, and cease at those times to be subservient to the will; as in coughing, sneezing, and stranguity. Of these motions those which contribute to remove or dislodge the offending cause, as the actions of the abdominal muscles in parturition or in vomiting, though they were originally excited by volition, are in this work termed sensitive motions; but those actions of the muscles or organs of sense, which do not contribute to remove the offending cause, as in general convulsions or in madness, are in this work termed voluntary motions, or motions in consequence of aversion, though in common language they are called involuntary ones. Those sensitive unrestrainable actions, which contribute to remove the cause of pain are uniformly and invariably exerted, as in coughing or sneezing; but those motions which are exerted in consequence of aversion without contributing to remove the painful cause, but only to prevent the sensation of it, as in epileptic, or cataleptic fits, are not uniformly and invariably exerted, but change from one set of muscles to another, as will be further explained; and may by this criterion also be distinguished from the former.

At the same time those motions, which are excited by perpetual stimulus, or by association  
with

with each other, or immediately by pleasurable or painful sensation, may properly be termed involuntary motions, as those of the heart and arteries; as the faculty of volition seldom affects those, except when it exists in unnatural quantity, as in maniacal people.

2. It was observed in Section XIV. on the Production of Ideas, that those parts of the system, which are usually termed the organs of sense, are liable to be excited into pain by the excess of the stimulus of those objects, which are by nature adapted to affect them; as of too great light, sound, or pressure. But that these organs receive no pain from the defect or absence of these stimuli, as in darkness or silence. But that our other organs of perception, which have generally been called appetites, as of hunger, thirst, want of heat, want of fresh air, are liable to be affected with pain by the defect, as well as by the excess of their appropriated stimuli.

This excess or defect of stimulus is however to be considered only as the remote cause of the pain, the immediate cause being the excess or defect of the natural action of the affected part, according to Sect. IV. 5. Hence all the pains of the body may be divided into those from excess of motion, and those from defect of motion which distinction is of great importance in the knowledge and the cure of many diseases. For as the pains from excess of motion either gradually

dually subside, or are in general succeeded by inflammation; so those from defect of motion either gradually subside, or are in general succeeded by convulsion, or madness. These pains are easily distinguishable from each other by this circumstance, that the former are attended with heat of the pained part; or of the whole body; whereas the latter exist without increase of heat in the pained part, and are generally attended with coldness of the extremities of the body; which is the true criterion of what have been called nervous pains.

Thus when any acrid material, as snuff or lime, falls into the eye, pain and inflammation and heat are produced from the excess of stimulus; but violent hunger, hemierania, or the clavus hystericus, are attended with coldness of the extremities, and defect of circulation. When we are exposed to great cold, the pain we experience from the deficiency of heat is attended with a quiescence of the motions of the vascular system; so that no inflammation is produced, but a great desire of heat, and a tremulous motion of the subcutaneous muscles, which is properly a convulsion in consequence of this pain from defect of the stimulus of heat.

It was before mentioned, that as sensation consists in certain movements of the sensorium, beginning at some of the extremities of it, and propagated to the central parts of it; so volition consists

consists of certain other movements of the sensorium, commencing in the central parts of it, and propagated to some of its extremities. This idea of these two great powers of motion in the animal machine is confirmed from observing, that they never exist in a great degree or universally at the same time; for while we strongly exert our voluntary motions, we cease to feel the pains or uneasinesses, which occasioned us to exert them.

Hence during the time of fighting with fists or swords no pain is felt by the combatants, till they cease to exert themselves. Thus in the beginning of ague-fits the painful sensation of cold is diminished, while the patient exerts himself in the shivering and gnashing of his teeth. He then ceases to exert himself, and the pain of cold returns; and he is thus perpetually induced to reiterate these exertions, from which he experiences a temporary relief. The same occurs in labour-pains, the exertion of the parturient woman relieves the violence of the pains for a time, which recur again soon after she has ceased to use those exertions. The same is true in many other painful diseases, as in the strangury, tenesmus, and the efforts of vomiting; all these disagreeable sensations are diminished or removed for a time by the various exertions they occasion, and recur alternately with those exertions.

The restlessness in some fevers is an almost perpetual

petual exertion of this kind, excited to relieve some disagreeable sensations; the reciprocal opposite exertions of a wounded worm, the alternate *emprostotonos* and *opisthotonos* of some spasmodic diseases, and the intervals of all convulsions, from whatever cause, seem to be owing to this circumstance of the laws of animation; that great or universal exertion cannot exist at the same time with great or universal sensation, though they can exist reciprocally; which is probably resolvable into the more general law, that the whole sensorial power being expended in one mode of exertion, there is none to spare for any other. Whence syncope, or temporary apoplexy, succeeds to epileptic convulsions.

3. Hence when any violent pain afflicts us, of which we can neither avoid nor remove the cause, we soon learn to endeavour to alleviate it, by exerting some violent voluntary effort, as mentioned above; and are naturally induced to use those muscles for this purpose, which have been in the early periods of our lives most frequently or most powerfully exerted.

Now the first muscles, which infants use most frequently, are those of respiration; and on this account we gain a habit of holding our breath, at the same time that we use great efforts to exclude it, for this purpose of alleviating unavoidable pain; or we press out our breath through a small aperture of the larynx, and scream violently,  
when



when the pain is greater than is relievable by the former mode of exertion. Thus children scream to relieve any pain either of body or mind, as from anger, or fear of being beaten.

Hence it is curious to observe, that those animals, who have more frequently exerted their muscles of respiration violently, as in talking, barking, or grunting, as children, dogs, hogs, scream much more, when they are in pain, than those other animals, who use little or no language in their common modes of life; as horses, sheep, and cows.

The next most frequent or most powerful efforts, which infants are first tempted to produce, are those with the muscles in biting hard substances; indeed the exertion of these muscles is very powerful in common mastication, as appears from the pain we receive, if a bit of bone is unexpectedly found amongst our softer food; and further appears from their acting to so great mechanical disadvantage, particularly when we bite with the incisores, or canine teeth; which are first formed, and thence are first used to violent exertion.

Hence when a person is in great pain, the cause of which he cannot remove, he sets his teeth firmly together, or bites some substance between them with great vehemence, as another mode of violent exertion to produce a temporary relief. Thus we have a proverb where no help

can be had in pain, “to grin and abide;” and the tortures of hell are said to be attended with “gnashing of teeth.”

Hence in violent spasmodic pains I have seen people bite not only their tongues, but their arms or fingers, or those of the attendants, or any object which was near them; and also strike, pinch, or tear, others or themselves, particularly the part of their own body, which is painful at the time. Soldiers, who die of painful wounds in battle, are said in Homer to bite the ground. Thus also in the bellon, or colica saturnina, the patients are said to bite their own flesh, and dogs in this disease to bite up the ground they lie upon. It is probable that the great endeavours to bite in mad dogs, and the violence of other mad animals, are owing to the same cause.

4. If the efforts of our voluntary motions are exerted with still greater energy for the relief of some disagreeable sensation, convulsions are produced; as the various kinds of epilepsy, and in some hysteric paroxysms. In all these diseases a pain or disagreeable sensation is produced, frequently by worms, or acidity in the bowels, or by a diseased nerve in the side, or head, or by the pain of a diseased liver.

In some constitutions a more intolerable degree of pain is produced in some part at a distance from the cause by sensitive association, as before explained; these pains in such constitutions arise  
to

to so great a degree, that I verily believe no artificial tortures could equal some, which I have witnessed; and am confident life would not have long been preserved, unless they had been soon diminished or removed by the universal convulsion of the voluntary motions, or by temporary madness.

In some of the unfortunate patients I have observed, the pain has risen to an inexpressible degree, as above described, before the convulsions have supervened; and which were preceded by screaming, and grinning; in others, as in the common epilepsy, the convulsion has immediately succeeded the commencement of the disagreeable sensations; and as a stupor frequently succeeds the convulsions, they only seemed to remember that a pain at the stomach preceded the fit, or some other uneasy feel; or more frequently retained no memory at all of the immediate cause of the paroxysm. But even in this kind of epilepsy, where the patient does not recollect any preceding pain, the paroxysms generally are preceded by a quivering motion of the under jaw, with a biting of the tongue; the teeth afterwards become pressed together with vehemence, and the eyes are then convulsed, before the commencement of the universal convulsion; which are all efforts to relieve pain.

The reason why these convulsive motions are alternately exerted and remitted was mentioned

above, and in Sect. XII. 1. 3. when the exertions are such as give a temporary relief to the pain, which excites them, they cease for a time, till the pain is again perceived; and then new exertions are produced for its relief. We see daily examples of this in the loud reiterated laughter of some people; the pleasurable sensation, which excites this laughter, arises for a time so high as to change its name and become painful: the convulsive motions of the respiratory muscles relieve the pain for a time; we are, however, unwilling to lose the pleasure, and presently put a stop to this exertion, and immediately the pleasure recurs, and again as instantly rises into pain. All of us have felt the pain of immoderate laughter; children have been tickled into convulsions of the whole body; and others have died in the act of laughing; probably from a paralysis succeeding the long continued actions of the muscles of respiration.

Hence we learn the reason, why children, who are so easily excited to laugh by the tickling of other people's fingers, cannot tickle themselves into laughter. The exertion of their hands in the endeavour to tickle themselves prevents the necessity of any exertion of the respiratory muscles to relieve the excess of pleasurable affection. See Sect. XVII. 3. 5.

Chryfippus is recorded to have died laughing, when an ass was invited to sup with him. The

same is related of one of the popes, who, when he was ill, saw a tame monkey at his bedside put on the holy tiara. Hall. Phys. T. III. p. 306.

There are instances of epilepsy being produced by laughing recorded by Van Swieten, T. III. 402 and 308. And it is well known, that many people have died instantaneously from the painful excess of joy, which probably might have been prevented by the exertions of laughter.

Every combination of ideas, which we attend to, occasions pain or pleasure; those which occasion pleasure, furnish either social or selfish pleasure, either malicious or friendly, or lascivious, or sublime pleasure; that is, they give us pleasure mixed with other emotions, or they give us unmixed pleasure, without occasioning any other emotions or exertions at the same time. This unmixed pleasure, if it be great, becomes painful, like all other animal motions from stimuli of every kind; and if no other exertions are occasioned at the same time, we use the exertion of laughter to relieve this pain. Hence laughter is occasioned by such wit as excites simply pleasure without any other emotion, such as pity, love, reverence. For sublime ideas are mixed with admiration, beautiful ones with love, new ones with surprise; and these exertions of our ideas prevent the action of laughter from being necessary to relieve the painful pleasure above

described. Whence laughable wit consists of frivolous ideas, without connexions of any consequence, such as puns on words, or on phrases, incongruous junctions of ideas; on which account laughter is so frequent in children.

Unmixed pleasure less than that, which causes laughter, causes sleep, as in singing children to sleep, or in slight intoxication from wine or food. See Sect. XVIII. 12.

5. If the pains, or disagreeable sensations, above described do not obtain a temporary relief from these convulsive exertions of the muscles, those convulsive exertions continue without remission, and one kind of catalepsy is produced. Thus when a nerve or tendon produces great pain by its being inflamed or wounded, the patient sets his teeth firmly together, and grins violently, to diminish the pain; and if the pain is not relieved by this exertion, no relaxation of the maxillary muscles takes place, as in the convulsions above described, but the jaws remain firmly fixed together. This locked jaw is the most frequent instance of cataleptic spasm, because we are more inclined to exert the muscles subservient to mastication from their early obedience to violent efforts of volition.

But in the case related in Sect. XIX. on Reverie, the cataleptic lady had pain in her upper teeth; and pressing one of her hands vehemently against her check-bone to diminish this pain, it remained

in that attitude for about half an hour twice a day, till the painful paroxysm was over.

I have this very day seen a young lady in this disease, (with which she has frequently been afflicted;) she began to-day with violent pain shooting from one side of the forehead to the occiput, and after various struggles lay on the bed with her fingers and wrists bent and stiff for about two hours; in other respects she seemed in a syncope with a natural pulse. She then had intervals of pain and of spasm, and took three grains of opium every hour till she had taken nine grains, before the pains and spasm ceased.

There is, however, another species of fixed spasm, which differs from the former, as the pain exists in the contracted muscle, and would seem rather to be the consequence than the cause of the contraction, as in the cramp in the calf of the leg, and in many other parts of the body.

In these spasms it should seem, that the muscle itself is first thrown into contraction by some disagreeable sensation, as of cold; and that then the violent pain is produced by the great contraction of the muscular fibres extending its own tendons, which are said to be sensible to extension only; and is further explained in Sect. XVIII. 15.

6. Many instances have been given in this work, where after violent motions excited by irritation, the organ has become quiescent to less, and even to the great irritation, which induced it

into violent motion; as after looking long at the sun or any bright colour, they cease to be seen; and after removing from bright day-light into a gloomy room, the eye cannot at first perceive the objects, which stimulate it less. Similar to this is the syncope, which succeeds after the violent exertions of our voluntary motions, as after epileptic fits, for the power of volition acts in this case as the stimulus in the other. This syncope is a temporary palsy, or apoplexy, which ceases after a time, the muscles recovering their power of being excited into action by the efforts of volition; as the eye in the circumstance above mentioned recovers in a little time its power of seeing objects in a gloomy room; which were invisible immediately after coming out of a stronger light. This is owing to an accumulation of sensorial power during the inaction of those fibres, which were before accustomed to perpetual exertions, as explained in Sect. XII. 7. 1. A slighter degree of this disease is experienced by every one after great fatigue, when the muscles gain such inability to further action, that we are obliged to rest them for a while, or to summon a greater power of volition to continue their motions.

In all the syncopes, which I have seen induced after convulsive fits, the pulse has continued natural; though the organs of sense, as well as the locomotive muscles, have ceased to perform their functions;



functions; for it is necessary for the perception of objects, that the external organs of sense should be properly excited by the voluntary power, as the eye-lids must be open, and perhaps the muscles of the eye put into action to distend, and thence give greater pellucidity to the cornea, which in syncope, as in death, appears flat and less transparent. The tympanum of the ear also seems to require a voluntary exertion of its muscles, to gain its due tension, and it is probable the other external organs of sense require a similar voluntary exertion to adapt them to the distinct perception of objects. Hence in syncope as in sleep, as the power of volition is suspended, no external objects are perceived. See Sect. XVIII. 5. During the time which the patient lies in a fainting fit, the spirit of animation becomes accumulated; and hence the muscles in a while become irritable by their usual stimulation, and the fainting fit ceases. See Sect. XII. 7. 1.

7. If the exertion of the voluntary motions has been still more energetic, the quiescence, which succeeds, is so complete, that they cannot again be excited into action by the efforts of the will. In this manner the palsy, and apoplexy (which is an universal palsy) are frequently produced after convulsions, or other violent exertions; of this I shall add a few instances.

Platnerus mentions some, who have died apoplectic from violent exertions in dancing; and

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Dr. Mead, in his essay on Poisons, records a patient in the hydrophobia, who at one effort broke the cords which bound him, and at the same instant expired. And it is probable, that those, who have expired from immoderate laughter, have died from this paralysis consequent to violent exertion. Mrs. Scott of Stafford was walking in her garden in perfect health with her neighbour Mrs. — ; the latter accidentally fell into a muddy rivulet, and tried in vain to disengage herself by the assistance of Mrs. Scott's hand. Mrs. Scott exerted her utmost power for many minutes, first to assist her friend, and next to prevent herself from being pulled into the morafs, as her distressed companion would not disengage her hand. After other assistance was procured by their united screams, Mrs. Scott walked to a chair about twenty yards from the brook, and was seized with an apoplectic stroke : which continued many days, and terminated in a total loss of her right arm, and her speech ; neither of which she ever after perfectly recovered.

It is said, that many people in Holland have died after skating too long or too violently on their frozen canals ; it is probable the death of these, and of others, who have died suddenly in swimming, has been owing to this great quiescence or paralysis ; which has succeeded very violent exertions, added to the concomitant cold, which has had

greater

greater effect after the sufferers had been heated and exhausted by previous exercise.

I remember a young man of the name of Nairne at Cambridge, who walking on the edge of a barge fell into the river. His cousin and fellow-student of the same name, knowing the other could not swim, plunged into the water after him, caught him by his clothes, and approaching the bank by a vehement exertion propelled him safe to the land, but that instant, seized, as was supposed, by the cramp, or paralysis, sunk to rise no more. The reason why the cramp of the muscles, which compose the calf of the leg, is so liable to affect swimmers, is, because these muscles have very weak antagonists, and are in walking generally elongated again after their contraction by the weight of the body on the ball of the toe, which is very much greater than the resistance of the water in swimming. See Section XVIII. 15.

It does not follow that every apoplectic or paralytic attack is immediately preceded by vehement exertion; the quiescence, which succeeds exertion, and which is not so great as to be termed paralysis, frequently recurs afterwards at certain periods; and by other causes of quiescence, occurring with those periods, as was explained in treating of the paroxysms of intermitting fevers; the quiescence at length becomes so great as to be incapable of again being removed by the efforts

efforts of volition, and complete paralysis is formed. See Section XXXII. 3. 2.

Many of the paralytic patients, whom I have seen, have evidently had diseased livers from the too frequent potation of spirituous liquors; some of them have had the gutta rosea on their faces and breasts; which has in some degree receded either spontaneously, or by the use of external remedies, and the paralytic stroke has succeeded; and as in several persons, who have drunk much vinous spirits, I have observed epileptic fits to commence at about forty or fifty years of age, without any hereditary taint, from the stimulus, as I believed, of a diseased liver; I was induced to ascribe many paralytic cases to the same source; which were not evidently the effect of age, or of unacquired debility. And the account given before of dropfies, which very frequently are owing to a paralysis of the absorbent system, and are generally attendant on free drinkers of spirituous liquors, confirmed me in this opinion.

The disagreeable irritation of a diseased liver produces exertions and consequent quiescence; these by the accidental concurrence of other causes of quiescence, as cold, solar or lunar periods, inanition, the want of their usual portion of spirit of wine, at length produces paralysis.

This is further confirmed by observing, that the muscles, we most frequently, or most powerfully exert, are most liable to palsy; as those of  
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the voice and of articulation, and of those paralytics which I have seen, a much greater proportion have lost the use of their right arm; which is so much more generally exerted than the left.

I cannot dismiss this subject without observing, that after a paralytic stroke, if the vital powers are not much injured, the patient has all the movements of the affected limb to learn over again, just as in early infancy; the limb is first moved by the irritation of its muscles, as in stretching, (of which a case was related in Section VII. 1. 3.) or by the electric concussion; afterwards it becomes obedient to sensation, as in violent danger or fear; and lastly, the muscles become again associated with volition, and gradually acquire their usual habits of acting together.

Another phenomenon in palsy is, that when the limbs of one side are disabled, those of the other are in perpetual motion. This can only be explained from conceiving that the power of motion, whatever it is, or wherever it resides, and which is capable of being exhausted by fatigue, and accumulated in rest, is now less expended, whilst one half of the body is incapable of receiving its usual proportion of it, and is hence derived with greater ease or in greater abundance into the limbs, which remain unaffected.

II. 1. The excess or defect of voluntary exertion produces similar effects upon the sensual motions,

motions, or ideas of the mind, as those already mentioned upon the muscular fibres. Thus when any violent pain, arising from the defect of some peculiar stimulus, exists either in the muscular or sensual systems of fibres, and which cannot be removed by acquiring the defective stimulus; as in some constitutions convulsions of the muscles are produced to procure a temporary relief, so in other constitutions vehement voluntary exertions of the ideas of the mind are produced for the same purpose; for during this exertion, like that of the muscles, the pain either vanishes or is diminished: this violent exertion constitutes madness; and in many cases I have seen the madness take place, and the convulsions cease, and reciprocally the madness cease, and the convulsions supervene. See Section III. 5. 8.

2. Madness is distinguishable from delirium, as in the latter the patient knows not the place where he resides, nor the persons of his friends or attendants, nor is conscious of any external objects, except when spoken to with a louder voice, or stimulated with unusual force, and even then he soon relapses into a state of inattention to every thing about him. Whilst in the former he is perfectly sensible to every thing external, but has the voluntary powers of his mind intensely exerted on some particular object of his desire or aversion, he harbours in his thoughts a suspicion of all mankind, lest they should counteract

tract his designs; and while he keeps his intentions, and the motives of his actions profoundly secret; he is perpetually studying the means of acquiring the object of his wish, or of preventing or revenging the injuries he suspects.

3. A late French philosopher, Mr. Helvetius, has deduced almost all our actions from this principle of their relieving us from the ennui or tædium vitæ; and true it is, that our desires or aversions are the motives of all our voluntary actions; and human nature seems to excel other animals in the more facile use of this voluntary power, and on that account is more liable to insanity than other animals. But in mania this violent exertion of volition is expended on mistaken objects, and would not be relieved, though we were to gain or escape the objects, that excite it. Thus I have seen two instances of madmen, who conceived that they had the itch, and several have believed they had the venereal infection, without in reality having a symptom of either of them. They have been perpetually thinking upon this subject, and some of them were in vain salivated with design of convincing them to the contrary.

4. In the minds of mad people those volitions alone exist, which are unmixed with sensation; immoderate suspicion is generally the first symptom, and want of shame, and want of delicacy  
about

about cleanliness. Suspicion is a voluntary exertion of the mind arising from the pain of fear, which it is exerted to relieve: shame is the name of a peculiar disagreeable sensation, see Fable of the Bees, and delicacy about cleanliness arises from another disagreeable sensation. And therefore are not found in the minds of maniacs, which are employed solely in voluntary exertions. Hence the most modest women in this disease walk naked amongst men without any kind of concern, use obscene discourse, and have no delicacy about their natural evacuations.

5. Nor are maniacal people more attentive to their natural appetites, or to the irritations which surround them, except as far as may respect their suspicions or designs; for the violent and perpetual exertions of their voluntary powers of mind prevent their perception of almost every other object, either of irritation or of sensation. Hence it is that they bear cold, hunger, and fatigue, with much greater pertinacity than in their sober hours, and are less injured by them in respect to their general health. Thus it is asserted by historians, that Charles the Twelfth of Sweden slept on the snow, wrapped only in his cloak, at the siege of Frederickstad, and bore extremes of cold and hunger, and fatigue, under which numbers of his soldiers perished; because the king was insane with ambition, but the soldier  
had



had no such powerful stimulus to preserve his system from debility and death.

6. Besides the insanities arising from exertions in consequence of pain, there is, also a pleasurable insanity, as well as a pleasurable delirium; as the insanity of personal vanity, and that of religious fanaticism. When agreeable ideas excite into motion the sensorial power of sensation, and this again causes other trains of agreeable ideas, a constant stream of pleasurable ideas succeeds, and produces pleasurable delirium. So when the sensorial power of volition excites agreeable ideas, and the pleasure thus produced excites more volition in its turn, a constant flow of agreeable voluntary ideas succeeds; which when thus exerted in the extreme constitutes insanity.

Thus when our muscular actions are excited by our sensations of pleasure, it is termed play; when they are excited by our volition, it is termed work; and the former of these is attended with less fatigue, because the muscular actions in play produce in their turn more pleasurable sensation; which again has the property of producing more muscular action. An agreeable instance of this I saw this morning. A little boy, who was tired with walking, begged of his papa to carry him. "Here," says the reverend doctor, "ride upon my gold-headed cane;" and the pleased child, putting it between his legs, galloped away with delight, and complained no

more of his fatigue. Here the aid of another sensorial power, that of pleasurable sensation, superadded vigour to the exertion of exhausted volition. Which could otherwise only have been excited by additional pain, as by the lash of slavery. On this account where the whole sensorial power has been exerted on the contemplation of the promised joys of heaven, the faints of all persecuted religions have borne the tortures of martyrdom with otherwise unaccountable firmness.

7. There are some diseases, which obtain at least a temporary relief from the exertions of insanity; many instances of dropfies being thus for a time cured are recorded. An elderly woman labouring with ascites I twice saw relieved for some weeks by insanity, the dropfy ceased for several weeks, and recurred again alternating with the insanity. A man afflicted with difficult respiration on lying down, with very irregular pulse, and œdematous legs, whom I saw this day, has for above a week been much relieved in respect to all those symptoms by the accession of insanity, which is shewn by inordinate suspicion, and great anger.

In cases of common temporary anger the increased action of the arterial system is seen by the red skin, and increased pulse, with the immediate increase of muscular activity. A friend of mine, when he was painfully fatigued by riding  
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on horseback, was accustomed to call up ideas into his mind, which used to excite his anger or indignation, and thus for a time at least relieved the pain of fatigue. By this temporary insanity, the effect of the voluntary power upon the whole of his system was increased; as in the cases of dropsy above mentioned, it would appear, that the increased action of the voluntary faculty of the sensorium affected the absorbent system, as well as the fecerning one.

8. In respect to relieving inflammatory pains, and removing fever, I have seen many instances, as mentioned in Sect. XII. 2. 4. One lady, whom I attended, had twice at some years interval a locked jaw, which relieved a pain on her sternum with peripneumony. Two other ladies I saw, who towards the end of violent peripneumony, in which they frequently lost blood, were at length cured by insanity supervening. In the former the increased voluntary exertion of the muscles of the jaw, in the latter that of the organs of sense, removed the disease; that is, the disagreeable sensation, which had produced the inflammation, now excited the voluntary power, and these new voluntary exertions employed or expended the superabundant sensorial power, which had previously been exerted on the arterial system, and caused inflammation.

Another case which I think worth relating,

was of a young man about twenty; he had laboured under an irritative fever with debility for three or four weeks, with very quick and very feeble pulse, and other usual symptoms of that species of typhus, but, at this time complained much and frequently of pain of his legs and feet. When those who attended him were nearly in despair of his recovery, I observed with pleasure an insanity of mind supervene: which was totally different from delirium, as he knew his friends, calling them by their names, and the room in which he lay, but became violently suspicious of his attendants, and calumniated with vehement oaths his tender mother, who sat weeping by his bed. On this his pulse became slower and firmer, but the quickness did not for some time intirely cease, and he gradually recovered. In this case the introduction of an increased quantity of the power of volition gave vigour to those movements of the system, which are generally only actuated by the power of irritation, and of affociation.

Another case I recollect of a young man, about twenty-five, who had the scarlet-fever, with very quick pulse, and an universal eruption on his skin, and was not without reason esteemed to be in great danger of his life. After a few days an insanity supervened, which his friends mistook for delirium, and he gradually recovered, and the cuticle peel-  
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ed off. From these and a few other cases I have always esteemed insanity to be a favourable sign in fevers, and have cautiously distinguished it from delirium.

III. Another mode of mental exertion to relieve pain, is, by producing a train of ideas not only by the efforts of volition, as in insanity; but by those of sensation likewise, as in delirium and sleep. This mental effort is termed reverie, or somnambulation, and is described more at large in Sect. XIX. on that subject. But I shall here relate another case of that wonderful disease, which fell yesterday under my eye, and to which I have seen many analogous alienations of mind, though not exactly similar in all circumstances. But as all of them either began or terminated with pain or convulsion, there can be no doubt but that they are of epileptic origin, and constitute another mode of mental exertion to relieve some painful sensation.

1. Master A. about nine years old, had been seized at seven every morning for ten days with uncommon fits, and had had slight returns in the afternoon. They were supposed to originate from worms, and had been in vain attempted to be removed by vermifuge purges. As his fit was expected at seven yesterday morning, I saw him before that hour; he was asleep, seemed free from pain, and his pulse natural. About seven he began to complain of pain about his navel, or more

to the left side, and in a few minutes had exertions of his arms and legs like swimming. He then for half an hour hunted a pack of hounds; as appeared by his hallooing, and calling the dogs by their names, and discoursing with the attendants of the chase, describing exactly a day of hunting, which (I was informed) he had witnessed a year before, going through all the most minute circumstances of it; calling to people, who were then present, and lamenting the absence of others, who were then also absent. After this scene he imitated, as he lay in bed, some of the plays of boys, as swimming and jumping. He then sung an English and then an Italian song; part of which with his eyes open, and part with them closed, but could not be awakened or excited by any violence, which it was proper to use.

After about an hour he came suddenly to himself with apparent surprize, and seemed quite ignorant of any part of what had passed, and after being apparently well for half an hour, he suddenly fell into a great stupor, with slower pulse than natural, and a slow moaning respiration, in which he continued about another half hour, and then recovered.

The sequel of this disease was favourable; he was directed one grain of opium at six every morning, and then to rise out of bed; at half past six he was directed fifteen drops of laudanum  
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in a glass of wine and water. The first day the paroxysm became shorter, and less violent. The dose of opium was increased to one-half more, and in three or four days the fits left him. The bark and filings of iron were also exhibited twice a day; and I believe the complaint returned no more.

2. In this paroxysm it must be observed, that he began with pain, and ended with stupor, in both circumstances resembling a fit of epilepsy. And that therefore the exertions both of mind and body, both the voluntary ones, and those immediately excited by pleasurable sensation, were exertions to relieve pain.

The hunting scene appeared to be rather an act of memory than of imagination, and was therefore rather a voluntary exertion, though attended with the pleasurable eagerness, which was the consequence of those ideas recalled by recollection, and not the cause of them.

These ideas thus voluntarily recollected were succeeded by sensations of pleasure, though his senses were unaffected by the stimuli of visible or audible objects; or so weakly excited by them as not to produce sensation or attention. And the pleasure thus excited by volition produced other ideas and other motions in consequence of the sensorial power of sensation. Whence the mixed concatenations of voluntary and sensitive ideas and muscular motions in reverie; which, like every

other kind of vehement exertion, contribute to relieve pain, by expending a large quantity of sensorial power.

Those fits generally commence during sleep, from whence I suppose they have been thought to have some connexion with sleep, and have thence been termed Somnambulism; but their commencement during sleep is owing to our increased excitability by internal sensations at that time, as explained in Sect. XVIII. 14 and 15, and not to any similitude between reverie and sleep.

3. I was once concerned for a very elegant and ingenious young lady, who had a reverie on alternate days, which continued nearly the whole day; and as in her days of disease she took up the same kind of ideas, which she had conversed about on the alternate day before, and could recollect nothing of them on her well day; she appeared to her friends to possess two minds. This case also was of the epileptic kind, and was cured, with some relapses, by opium administered before the commencement of the paroxysm.

4. Whence it appears, that the methods of relieving inflammatory pains, is by removing all stimulus, as by venesection, cool air, mucilaginous diet, aqueous potation, silence, darkness.

The methods of relieving pains from defect of stimulus is by supplying the peculiar stimulus required, as of food, or warmth.

And the general method of relieving pain is by  
exciting



exciting into action some great part of the system for the purpose of expending a part of the sensorial power. This is done either by exertion of the voluntary ideas and muscles, as in insanity and convulsion; or by exerting both voluntary and sensitive motions, as in reverie; or by exciting the irritative motions by wine or opium internally, and by the warm bath or blisters externally; or lastly, by exciting the sensitive ideas by good news, affecting stories, or agreeable passions.

## S E C T. XXXV.

## DISEASES OF ASSOCIATION.

I. 1. *Sympathy or consent of parts. Primary and secondary parts of an associated train of motions reciprocally affect each other. Parts of irritative trains of motion affect each other in four ways. Sympathies of the skin and stomach. Flushing of the face after a meal. Eruption of the small-pox on the face. Chilness after a meal. 2. Vertigo from intoxication. 3. Absorption from the lungs and pericardium by emetics. In vomiting the actions of the stomach are decreased, not increased. Digestion strengthened after an emetic. Vomiting from deficiency of sensorial power. 4. Dyspnœa from cold bathing. Slow pulse from digitalis. Death from gout in the stomach. II. 1. Primary and secondary parts of sensitive associations affect each other. Pain from gall-stone, from urinary stone. Hemicrania. Painful epilepsy. 2. Gout and red face from inflamed liver. Shingles from inflamed kidney. 3. Coryza from cold applied to the feet. Pleurisy. Hepatitis. 4. Pain of shoulders from inflamed liver. III. Diseases from the associations of ideas.*

I. 1. MANY synchronous and successive motions of our muscular fibres, and of our organs of sense, or ideas, become associated so as to form indissoluble tribes or trains of action, as shewn in Section X. on Associate Motions. Some constitutions

tutions more easily establish these associations, whether by voluntary, sensitive, or irritative repetitions, and some more easily lose them again, as shewn in Section XXXI. on Temperaments.

When the beginning of such a train of actions becomes by any means disordered, the succeeding part is liable to become disturbed in consequence, and this is commonly termed sympathy or consent of parts by the writers of medicine. For the more clear understanding of these sympathies we must consider a tribe or train of actions as divided into two parts, and call one of them the primary or original motions, and the other the secondary or sympathetic ones.

The primary and secondary parts of a train of irritative actions may reciprocally affect each other in four different manners. 1. They may both be exerted with greater energy than natural. 2. The former may act with greater, and the latter with less energy. 3. The former may act with less, and the latter with greater energy. 4. They may both act with less energy than natural. I shall now give an example of each kind of these modes of action, and endeavour to shew, that though the primary and secondary parts of these trains or tribes of motion are connected by irritative association, or their previous habits of acting together, as described in Sect. XX. on Vertigo. Yet that their acting with similar or dissimilar degrees of energy, depends  
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on the greater or less quantity of sensorial power, which the primary part of the train expends in its exertions.

The actions of the stomach constitute so important a part of the associations of both irritative and sensitive motions, that it is said to sympathize with almost every part of the body; the first example, which I shall adduce to shew that both the primary and secondary parts of a train of irritative associations of motion act with increased energy, is taken from the consent of the skin with this organ. When the action of the fibres of the stomach is increased, as by the stimulus of a full meal, the exertions of the cutaneous arteries of the face become increased by their irritative associations with those of the stomach, and a glow or flushing of the face succeeds. For the small vessels of the skin of the face having been more accustomed to the varieties of action, from their frequent exposure to various degrees of cold and heat, become more easily excited into increased action, than those of the covered parts of our bodies, and thus act with more energy from their irritative or sensitive associations with the stomach. On this account in small-pox the eruption in consequence of the previous affection of the stomach breaks out a day sooner on the face than on the hands, and two days sooner than on the trunk, and recedes in similar times after maturation.

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But secondly, in weaker constitutions, that is, in those who possess less sensorial power, so much of it is expended in the increased actions of the fibres of the stomach excited by the stimulus of a meal, that a sense of chillness succeeds instead of the universal glow above mentioned; and thus the secondary part of the associated train of motions is diminished in energy, in consequence of the increased activity of the primary part of it.

2. Another instance of a similar kind, where the secondary part of the train acts with less energy in consequence of the greater exertions of the primary part, is the vertigo attending intoxication; in this circumstance so much sensorial power is expended on the stomach, and on its nearest or more strongly associated motions, as those of the subcutaneous vessels, and probably of the membranes of some internal viscera, that the irritative motions of the retina become imperfectly exerted from deficiency of sensorial power, as explained in Sect. XX. and XXI. 3. on Vertigo and on Drunkenness, and hence the staggering inebriate cannot completely balance himself by such indistinct vision.

3. An instance of the third circumstance, where the primary part of a train of irritative motions acts with less, and the secondary part with greater energy, may be observed by making the following experiment.

experiment. If a person lies with his arms and shoulders out of bed, till they become cold, a temporary coryza or catarrh is produced; so that the passage of the nostrils becomes totally obstructed; at least this happens to many people; and then on covering the arms and shoulders, till they become warm, the passage of the nostrils ceases again to be obstructed, and a quantity of mucus is discharged from them. In this case the quiescence of the vessels of the skin of the arms and shoulders, occasioned by exposure to cold air, produces by irritative association an increased action of the vessels of the membrane of the nostrils; and the accumulation of sensorial power during the torpor of the arms and shoulders is thus expended in producing a temporary coryza or catarrh.

Another instance may be adduced from the sympathy or consent of the motions of the stomach with other more distant links of the very extensive tribes or trains of irritative motions associated with them, described in Sect. XX. on Vertigo. When the actions of the fibres of the stomach are diminished or inverted, the actions of the absorbent vessels, which take up the mucus from the lungs, pericardium, and other cells of the body, become increased, and absorb the fluids accumulated in them with greater avidity, as appears from the exhibition of foxglove, anti-  
mony,

mony, or other emetics, in cases of anasarca, attended with unequal pulse and difficult respiration.

That the act of nausea and vomiting is a decreased exertion of the fibres of the stomach may be thus deduced; when an emetic medicine is administered, it produces the pain of sickness, as a disagreeable taste in the mouth produces the pain of nausea; these pains, like that of hunger, or of cold, or like those, which are usually termed nervous, as the head-ach or hemicrania, do not excite the organ into greater action; but in this case I imagine the pains of sickness or of nausea counteract or destroy the pleasurable sensation, which seems necessary to digestion, as shewn in Sect. XXXIII. 1. 1. The peristaltic motions of the fibres of the stomach become enfeebled by the want of this stimulus of pleasurable sensation, and in consequence stop for a time, and then become inverted; for they cannot become inverted without being previously stopped. Now that this inversion of the trains of motion of the fibres of the stomach is owing to the deficiency of pleasurable sensation is evinced from this circumstance, that a nauseous idea excited by words will produce vomiting as effectually as a nauseous drug.

Hence it appears, that the act of nausea or vomiting expends less sensorial power than the usual peristaltic motions of the stomach in the digestion

digestion of our aliment; and that hence there is a greater quantity of sensorial power becomes accumulated in the fibres of the stomach, and more of it in consequence to spare for the action of those parts of the system, which are thus associated with the stomach, as of the whole absorbent series of vessels, and which are at the same time excited by their usual stimuli.

From this we can understand, how after the operation of an emetic the stomach becomes more irritable and sensible to the stimulus, and the pleasure of food; since as the sensorial power becomes accumulated during the nausea and vomiting, the digestive power is afterwards exerted more forcibly for a time. It should, however, be here remarked, that though vomiting is in general produced by the defect of this stimulus of pleasurable sensation, as when a nauseous drug is administered; yet in long-continued vomiting, as in sea-sickness, or from habitual dram-drinking, it arises from deficiency of sensorial power, which in the former case is exhausted by the increased exertion of the irritative ideas of vision, and in the latter by the frequent application of an unnatural stimulus.

4. An example of the fourth circumstance above mentioned, where both the primary and secondary parts of a train of motions proceed with energy less than natural, may be observed in the dyspnoea,



pnœa, which occurs in going into a very cold bath, and which has been described and explained in Sect. XXXII. 3. 2.

And by the increased debility of the pulsations of the heart and arteries during the operation of an emetic. Secondly, from the slowness and intermission of the pulsations of the heart from the incessant efforts to vomit occasioned by an overdose of digitalis. And thirdly, from the total stoppage of the motions of the heart, or death, in consequence of the torpor of the stomach, when affected with the commencement or cold paroxysm of the gout. See Sect. XXV. 17.

II. 1. The primary and secondary parts of the trains of sensitive association reciprocally affect each other in different manners. 1. The increased sensation of the primary part may cease, when that of the secondary part commences. 2. The increased action of the primary part may cease, when that of the secondary part commences. 3. The primary part may have increased sensation, and the secondary part increased action. 4. The primary part may have increased action, and the secondary part increased sensation.

Examples of the first mode, where the increased sensation of the primary part of a train of sensitive association ceases, when that of the secondary part commences, are not unfrequent; as this is the general origin of those pains, which continue some time without being attended with inflammation, such as the pain at the pit of the

stomach from a stone at the neck of the gall-bladder, and the pain of strangury in the glans penis from a stone at the neck of the urinary bladder. In both these cases the part, which is affected secondarily, is believed to be much more sensible than the part primarily affected, as described in the catalogue of diseases, Class II. 1. 1. 11. and IV. 2. 2. 2. and IV. 2. 2. 4.

The hemicrania, or nervous head-ach, as it is called, when it originates from a decaying tooth, is another disease of this kind; as the pain of the carious tooth always ceases, when the pain over one eye and temple commences. And it is probable, that the violent pains, which induce convulsions in painful epilepsies, are produced in the same manner, from a more sensible part sympathizing with a diseased one of less sensibility. See Catalogue of diseases, Class IV. 2. 2. 8. and III. 1. 1. 6.

The last tooth, or dens sapientiæ, of the upper jaw most frequently decays first, and is liable to produce pain over the eye and temple of that side. The last tooth of the under jaw is also liable to produce a similar hemicrania, when it begins to decay. When a tooth in the upper jaw is the cause of the headach, a slighter pain is sometimes perceived on the cheek-bone. And when a tooth in the lower jaw is the cause of headach, a pain sometimes affects the tendons of the muscles of the neck, which are attached near the jaws. But the *clavus hystericus*, or pain about  
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the middle of the parietal bone on one side of the head, I have seen produced by the second of the molares, or grinders, of the under jaw; of which I shall relate the following case. See Clafs IV. 2. 2. 8.

Mrs. —, about 30 years of age, was seized with great pain about the middle of the right parietal bone, which had continued a whole day before I saw her, and was so violent as to threaten to occasion convulsions. Not being able to detect a decaying tooth, or a tender one, by examination with my eye, or by striking them with a tea-spoon, and fearing bad consequences from her tendency to convulsion, I advised her to extract the last tooth of the under-jaw on the affected side; which was done without any good effect. She was then directed to lose blood, and to take a brisk cathartic; and after that had operated, about 60 drops of laudanum were given her, with large doses of bark; by which the pain was removed. In about a fortnight she took a cathartic medicine by ill advice, and the pain returned with greater violence in the same place; and, before I could arrive, as she lived 30 miles from me, she suffered a paralytic stroke; which affected her limbs and her face on one side, and relieved the pain of her head.

About a year afterwards I was again called to her on account of a pain, as violent as before, exactly on the same part of the other parietal

bone. On examining her mouth I found the second molaris of the under-jaw on the side before affected was now decayed, and concluded, that this tooth had occasioned the stroke of the palsy by the pain and consequent exertion it had caused. On this account I earnestly entreated her to allow the sound molaris of the same jaw opposite to the decayed one to be extracted; which was forthwith done, and the pain of her head immediately ceased, to the astonishment of her attendants.

In the cases above related of the pain existing in a part distant from the seat of the disease, the pain is owing to defect of the usual motions of the painful part. This appears from the coldness, paleness, and emptiness of the affected vessels, or of the extremities of the body in general, and from there being no tendency to inflammation. The increased action of the primary part of these associated motions, as of the hepatic termination of the bile-duct from the stimulus of a gallstone, or of the interior termination of the urethra from the stimulus of a stone in the bladder, or lastly, of a decaying tooth in hemierania, deprives the secondary part of these associated motions, namely, the exterior terminations of the bile-duct or urethra, or the pained membranes of the head in hemierania, of their natural share of sensorial power: and hence the secondary parts of these sensitive trains of association become pained

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from the deficiency of their usual motions, which is accompanied with deficiency of secretions and of heat. See Sect. IV. 5. XII. 5. 3. XXXIV. 1.

Why does the pain of the primary part of the association cease, when that of the secondary part commences? This is a question of intricacy, but perhaps not inexplicable. The pain of the primary part of these associated trains of motion was owing to too great stimulus, as of the stone at the neck of the bladder, and was consequently caused by too great action of the pained part. This greater action than natural of the primary part of these associated motions, by employing or expending the sensorial power of irritation belonging to the whole associated train of motions, occasioned torpor, and consequent pain in the secondary part of the associated train; which was possessed of greater sensibility than the primary part of it. Now the great pain of the secondary part of the train, as soon as it commences, employs or expends the sensorial power of sensation belonging to the whole associated train of motions; and in consequence the motions of the primary part, though increased by the stimulus of an extraneous body, cease to be accompanied with pain or sensation.

If this mode of reasoning be just it explains a curious fact, why when two parts of the body are strongly stimulated, the pain is felt only in one of them, though it is possible by voluntary

attention it may be alternately perceived in them both. In the same manner, when two new ideas are presented to us from the stimulus of external bodies, we attend to but one of them at a time. In other words, when one set of fibres, whether of the muscles or organs of sense, contract so strongly as to excite much sensation; another set of fibres contracting more weakly do not excite sensation at all, because the sensorial power of sensation is pre-occupied by the first set of fibres. So we cannot will more than one effect at once, though by associations previously formed we can move many fibres in combination.

Thus in the instances above related, the termination of the bile duct in the duodenum, and the exterior extremity of the urethra, are more sensible than their other terminations. When these parts are deprived of their usual motions by deficiency of sensorial power, as above explained, they become painful according to law the fifth in Section IV, and the less pain originally excited by the stimulus of concremented bile, or of a stone at their other extremities ceases to be perceived. Afterwards, however, when the concretions of bile, or the stone in the urinary bladder, become more numerous or larger, the pain from their increased stimulus becomes greater than the associated pain; and is then felt at the neck of the gall bladder or urinary bladder; and the pain of  
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the glans penis, or at the pit of the stomach, ceases to be perceived.

2. Examples of the second mode, where the increased action of the primary part of a train of sensitive association ceases, when that of the secondary part commences, are also not unfrequent; as this is the usual manner of the translation of inflammations from internal to external parts of the system, such as when an inflammation of the liver or stomach is translated to the membranes of the foot, and forms the gout; or to the skin of the face, and forms the rosy drop; or when an inflammation of the membranes of the kidneys is translated to the skin of the loins, and forms one kind of herpes, called shingles; in these cases by whatever cause the original inflammation may have been produced, as the secondary part of the train of sensitive association is more sensible, it becomes exerted with greater violence than the first part of it; and by both its increased pain, and the increased motion of its fibres, so far diminishes or exhausts the sensorial power of sensation; that the primary part of the train being less sensible ceases both to feel pain, and to act with unnatural energy.

3. Examples of the third mode, where the primary part of a train of sensitive association of motions may experience increased sensation, and the secondary part increased action, are likewise not unfrequent; as it is in this manner that most

inflammations commence. Thus, after standing some time in snow, the feet become affected with the pain of cold, and a common coryza, or inflammation of the membrane of the nostrils, succeeds. It is probable that the internal inflammations, as pleurifies, or hepatitis, which are produced after the cold paroxysm of fever, originate in the same manner from the sympathy of those parts with some others, which were previously pained from quiescence; as happens to various parts of the system during the cold fits of fevers. In these cases it would seem, that the sensorial power of sensation becomes accumulated during the pain of cold, as the torpor of the vessels occasioned by the defect of heat contributes to the increase or accumulation of the sensorial power of irritation, and that both these become exerted on some internal part, which was not rendered torpid by the cold which affected the external parts, nor by its association with them; or which sooner recovered its sensibility. This requires further consideration.

4. An example of the fourth mode, or where the primary part of a sensitive association of motions may have increased action, and the secondary part increased sensation, may be taken from the pain of the shoulder, which attends inflammation of the membranes of the liver, see Class IV. 2. 2. 9.; in this circumstance so much sensorial power seems to be expended in the violent actions



actions and sensations of the inflamed membranes of the liver, that the membranes associated with them become quiescent to their usual stimuli, and painful in consequence.

There may be other modes in which the primary and secondary parts of the trains of associated sensitive motions may reciprocally affect each other, as may be seen by looking over Class IV. in the catalogue of diseases; all which may probably be resolved into the plus and minus of sensorial power, but we have not yet had sufficient observations made upon them with a view to this doctrine.

III. The associated trains of our ideas may have sympathies, and their primary and secondary parts affect each other in some manner similar to those above described; and may thus occasion various curious phenomena not yet adverted to, besides those explained in the Sections on Dreams, Reveries, Vertigo, and Drunkenness; and may thus disturb the deductions of our reasonings, as well as the streams of our imaginations; present us with false degrees of fear, attach unfounded value to trivial circumstances; give occasion to our early prejudices and antipathies; and thus embarrass the happiness of our lives. A copious and curious harvest might be reaped from this province of science, in which, however, I shall not at present wield my sickle.

## SECT. XXXVI.

## OF THE PERIODS OF DISEASES.

- I. *Muscles excited by volition soon cease to contract, or by sensation, or by irritation, owing to the exhaustion of sensorial power. Muscles subjected to less stimulus have their sensorial power accumulated. Hence the periods of some fevers. Want of irritability after intoxication.* II. 1. *Natural actions catenated with daily habits of life.* 2. *With solar periods. Periods of sleep. Of evacuating the bowels.* 3. *Natural actions catenated with lunar periods. Menstruation. Venereal orgasm of animals. Barrenness.* III. *Periods of diseased animal actions from stated returns of nocturnal cold, from solar and lunar influence. Periods of diurnal fever, hectic fever, quotidian, tertian, quartan fever. Periods of gout, pleurisy, of fevers with arterial debility, and with arterial strength. Periods of rhabdomyolysis, of nervous cough, hemicrania, arterial hæmorrhages, hæmorrhoids, hæmoptoe, epilepsy, palsy, apoplexy, madness.* IV. *Critical days depend on lunar periods. Lunar periods in the small pox.*

I. IF any of our muscles be made to contract violently by the power of volition, as those of the fingers, when any one hangs by his hands on a swing, fatigue soon ensues; and the muscles cease to act owing to the temporary exhaustion of the

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the spirit of animation; as soon as this is again accumulated in the muscles, they are ready to contract again by the efforts of volition.

Those violent muscular actions induced by pain become in the same manner intermitted and recurrent; as in labour-pains, vomiting, tenesmus, strangury; owing likewise to the temporary exhaustion of the spirit of animation, as above mentioned.

When any stimulus continues long to act with unnatural violence, so as to produce too energetic action of any of our moving organs, those motions soon cease, though the stimulus continues to act; as in looking long on a bright object, as on an inch-square of red silk laid on white paper in the sunshine. See Plate I. in Sect. III. 1.

On the contrary, where less of the stimulus of volition, sensation, or irritation, has been applied to a muscle than usual; there appears to be an accumulation of the spirit of animation in the moving organ; by which it is liable to act with greater energy from less quantity of stimulus, than was previously necessary to excite it into so great action; as after having been immersed in snow the cutaneous vessels of our hands are excited into stronger action by the stimulus of a less degree of heat, than would previously have produced that effect.

From hence the periods of some fever-fits may take their origin, either simply, or by their accidental  
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dental coincidence with lunar and solar periods, or with the diurnal periods of heat and cold, to be treated of below; for during the cold fit at the commencement of a fever, from whatever cause that cold fit may have been induced, it follows, 1. That the spirit of animation must become accumulated in the parts, which exert during this cold fit less than their natural quantity of action. 2. If the cause producing the cold fit does not increase, or becomes diminished; the parts before benumbed or inactive become now excitable by smaller stimulus, and are thence thrown into more violent action than is natural; that is a hot fit succeeds the cold one. 3. By the energetic action of the system during the hot fit, if it continues long, an exhaustion of the spirit of animation takes place; and another cold fit is liable to succeed, from the moving system not being excitable into action from its usual stimulus. This inirritability of the system from a too great previous stimulus, and consequent exhaustion of sensorial power, is the cause of the general debility, and sickness, and head-ach, some hours after intoxication. And hence we see one of the causes of the periods of fever-fits; which however are frequently combined with the periods of our diurnal habits, or of heat and cold, or of solar or lunar periods.

When besides the tendency to quiescence occasioned by the expenditure of sensorial power during

during the hot fit of fever, some other cause of torpor, as the solar or lunar periods, is necessary to the introduction of a second cold fit; the fever becomes of the intermitten kind; that is, there is a space of time intervenes between the end of the hot fit, and the commencement of the next cold one. But where no exterior cause is necessary to the introduction of the second cold fit; no such interval of health intervenes; but the second cold fit commences, as soon as the sensorial power is sufficiently exhausted by the hot fit; and the fever becomes continual.

II. 1. The following are natural animal actions, which are frequently eatenated with our daily habits of life, as well as excited by their natural irritations. The periods of hunger and thirst become eatenated with certain portions of time, or degrees of exhaustion, or other diurnal habits of life. And if the pain of hunger be not relieved by taking food at the usual time, it is liable to cease till the next period of time or other habits recur; this is not only true in respect to our general desire of food, but the kinds of it also are governed by this periodical habit; insomuch that beer taken to breakfast will disturb the digestion of those, who have been accustomed to tea; and tea taken at dinner will disagree with those, who have been accustomed to beer. Whence it happens, that those, who have weak stomachs, will be able to digest more  
food,

food, if they take their meals at regular hours; because they have both the stimulus of the aliment they take, and the periodical habit, to assist their digestion.

The periods of emptying the bladder are not only dependent on the acrimony or distention of the water in it, but are frequently catenated with external cold applied to the skin, as in cold bathing, or washing the hands; or with other habits of life, as many are accustomed to empty the bladder before going to bed, or into the house after a journey, and this whether it be full or not.

Our times of respiration are not only governed by the stimulus of the blood in the lungs, or our desire of fresh air, but also by our attention to the hourly objects before us. Hence when a person is earnestly contemplating an idea of grief, he forgets to breathe, till the sensation in his lungs becomes very urgent; and then a sigh succeeds for the purpose of more forcibly pushing forwards the blood, which is accumulated in the lungs.

Our times of respiration are also frequently governed in part by our want of a steady support for the actions of our arms, and hands, as in threading a needle, or hewing wood, or in swimming; when we are intent upon these objects, we breathe at the intervals of the exertion of the pectoral muscles.

2. The

2. The following natural animal actions are influenced by solar periods. The periods of sleep and of waking depend much on the solar period, for we are inclined to sleep at a certain hour, and to awake at a certain hour, whether we have had more or less fatigue during the day, if within certain limits; and are liable to wake at a certain hour, whether we went to bed earlier or later, within certain limits. Hence it appears, that those who complain of want of sleep, will be liable to sleep better or longer, if they accustom themselves to go to rest, and to rise at certain hours.

The periods of evacuating the bowels are generally connected with some part of the solar day, as well as with the acrimony or distention occasioned by the feces. Hence one method of correcting costiveness is by endeavouring to establish a habit of evacuation at a certain hour of the day, as recommended by Mr. Locke, which may be accomplished by using daily voluntary efforts at those times, joined with the usual stimulus of the material to be evacuated.

3. The following natural animal actions are connected with lunar periods. 1. The periods of female menstruation are connected with lunar periods to great exactness, in some instances even to a few hours. These do not commence or terminate at the full or change, or at any other particular part of the lunation, but after they have commenced at any part of it, they continue to

recur at that part with great regularity, unless disturbed by some violent circumstance, as explained in Sect. XXXII. No. 6. their return is immediately caused by deficient venous absorption, which is owing to the want of the stimulus, designed by nature, of amatorial copulation, or of the growing fetus. When the catamenia returns sooner than the period of lunation, it shews a tendency of the constitution to irritability; that is to debility, or deficiency of sensorial power, and is to be relieved by small doses of steel and opium.

The venereal orgasm of birds and quadrupeds seems to commence, or return about the most powerful lunations at the vernal or autumnal equinoxes; but if it be disappointed of its object, it is said to recur at monthly periods; in this respect resembling the female catamenia. Whence it is believed, that women are more liable to become pregnant at or about the time of their catamenia, than at the intermediate times; and on this account they are seldom much mistaken in their reckoning of nine lunar periods from the last menstruation; the inattention to this may sometimes have been the cause of supposed barrenness, and is therefore worth the observation of those, who wish to have children.

III. We now come to the periods of diseased animal actions. The periods of fever-fits, which depend on the stated returns of nocturnal cold, are



are discussed in Sect. XXXII. 3. Those which originate or recur at solar or lunar periods, are also explained in Section XXXII. 6. These we shall here enumerate; observing, however, that it is not more surprising, that the influence of the varying attractions of the sun and moon, should raise the ocean into mountains, than that it should affect the nice sensibilities of animal bodies; though the manner of its operation on them is difficult to be understood. It is probable however, that as this influence gradually lessens during the course of the day, or of the luration, or of the year, some actions of our system become less and less; till at length a total quiescence of some part is induced; which is the commencement of the paroxysms of fever, of menstruation, of pain with decreased action of the affected organ, and of consequent convulsion.

1. A diurnal fever in some weak people is distinctly observed to come on towards evening, and to cease with a moist skin early in the morning, obeying the solar periods. Persons of weak constitutions are liable to get into better spirits at the access of the hot fit of this evening fever; and are thence inclined to sit up late; which by further enfeebling them increases the disease; whence they lose their strength and their colour.

Hence delicate ladies, who do not use rouge, are observed to become paler in the evening;

which is probably owing to the circulation through the whole system being less frequently performed in a given time, though the pulse is quicker; and hence the mass of blood becomes less frequently oxygenated in the lungs, and in consequence has a less florid colour. This pale colour therefore arises from debility, which occurs to delicate people in the evening from the exhaustion of sensorial power during the day, and is generally attended by quickness of pulse; by which circumstance the debility may in some degree be measured.

Another cause of the colour of the skin may occasionally depend on the increased action of the cutaneous capillaries, as in the hot fit of fever; or by the production of new blood vessels, as in topical inflammations. And paleness may arise from the contrary situations, as from inaction of the cutaneous capillaries in the cold paroxysm of fever, and from the concretion of the sides of the small cutaneous arteries, as in old age.

2. The periods of hectic fever, supposed to arise from absorption of matter, obey the diurnal periods like the above, having the exacerbation towards evening, and the remission early in the morning, with sweats, or diarrhoea, or urine with white sediment.

3. The periods of quotidian fever are either catenated with solar time, and return at the intervals

tervals of twenty-four hours; or with lunar time, recurring at the intervals of about twenty-five hours. There is great use in knowing with what circumstances the periodical return or new morbid motions are conjoined, as the most effectual times of exhibiting the proper medicines are thus determined. So if the torpor, which ushers in an ague fit, is catenated with the lunar day; it is known when the bark or opium, must be given, so as to exert its principal effect about the time of the expected return. Solid opium should be given about an hour before the expected cold fit; liquid opium and wine about half an hour; the bark repeatedly for six or eight hours previous to the expected return.

4. The periods of tertian fevers, reckoned from the commencement of one cold fit to the commencement of the next cold fit, recur with solar intervals of forty-eight hours, or with lunar ones of about fifty hours. When the recurrence of these begins one or two hours earlier than the solar period, it shews, that the torpor or cold fit is produced by less external influence; and therefore that it is more liable to degenerate into a fever with only remissions; so when menstruation recurs sooner than the period of lunation, it shews a tendency of the habit to torpor or inirritability.

5. The periods of quartan fevers return at solar intervals of seventy-two hours, or at lunar ones of about seventy-four hours and a half.

This kind of ague appears most in moist cold autumns, and in cold countries replete with marshes. It is attended with greater debility, and its cold access more difficult to prevent. For where there is previously a deficiency of sensorial power the constitution is liable to run into greater torpor from any further diminution of it; two ounces of bark and some steel should be given on the day before the return of the cold paroxysm, and a pint of wine by degrees a few hours before its return, and thirty drops of laudanum one hour before the expected cold fit.

6. The periods of the gout generally commence about an hour before sun-rise, which is usually the coldest part of the twenty-four hours. The greater periods of the gout seem also to observe the solar influence, returning about the same season of the year.

7. The periods of the pleurisy recur with exacerbation of the pain and fever about sun-set, at which time venesection is of most service. The same may be observed of the inflammatory rheumatism, and other fevers with arterial strength, which seem to obey solar periods; and those with debility seem to obey lunar ones.

8. The periods of fevers with arterial debility seem to obey the lunar day, having their access daily nearly an hour later; and have sometimes two accesses in a day, resembling the lunar effects upon the tides.

9. The

9. The periods of rhapsania, or convulsions of the limbs from rheumatic pain, seem to be connected with solar influence, returning at nearly the same hour for weeks together, unless disturbed by the exhibition of powerful doses of opium.

So the periods of tussis ferina, or violent cough with slow pulse, called nervous cough, recur by solar periods. Five grains of opium given at the time the cough commenced disturbed the period, from seven in the evening to eleven, at which time it regularly returned for some days, during which time the opium was gradually omitted. Then 120 drops of laudanum were given an hour before the access of the cough, and it totally ceased. The laudanum was continued a fortnight, and then gradually discontinued.

10. The periods of hemicrania, and of painful epilepsy, are liable to obey lunar periods, both in their diurnal returns, and in their greater periods of weeks, but are also induced by other exciting causes.

11. The periods of arterial hæmorrhages seem to return at solar periods about the same hour of the evening or morning. Perhaps the venous hæmorrhages obey the lunar periods, as the catamenia, and hæmorrhoids.

12. The periods of the hæmorrhoids, or piles, in some recur monthly, in others only at the greater lunar influence about the equinoxes.

13. The periods of hæmoptoe sometimes obey solar influence, recurring early in the morning for several days; and sometimes lunar periods, recurring monthly; and sometimes depend on our hours of sleep. See Clafs I. 2. 1. 9.

14. Many of the first periods of epileptic fits obey the monthly lunation with some degree of accuracy; others recur only at the most powerful lunations before the vernal equinox, and after the autumnal one; but when the constitution has gained a habit of relieving disagreeable sensations by this kind of exertion, the fit recurs from any slight cause.

15. The attack of palsy and apoplexy are known to recur with great frequency about the equinoxes.

16. There are numerous instances of the effect of the lunations upon the periods of insanity, whence the name of lunatic has been given to those afflicted with this disease.

IV. The critical days, in which fevers are supposed to terminate, have employed the attention of medical philosophers from the days of Hippocrates to the present time. In whatever part of a lunation a fever commences, which owes either its whole cause to solar and lunar influence, or to this in conjunction with other causes; it would seem, that the effect would be the greatest at the full and new moon, as the tides rise highest at those times, and would be the least at the quadratures; thus if a fever-fit  
should

should commence at the new or full moon, occasioned by the solar and lunar attraction diminishing some chemical affinity of the particles of blood, and thence decreasing their stimulus on our sanguiferous system, as mentioned in Sect. XXXII. 6. this effect will daily decrease for the first seven days, and will then increase till about the fourteenth day, and will again decrease till about the twenty-first day, and increase again till the end of the lunation. If a fever-fit from the above cause should commence on the seventh day after either lunation, the reverse of the above circumstances would happen. Now it is probable, that those fevers, whose crisis or terminations are influenced by lunations, may begin at one or other of the above times, namely at the changes or quadratures; though sufficient observations have not been made to ascertain this circumstance. Hence I conclude, that the small-pox and measles have their critical days, not governed by the times required for certain chemical changes in the blood, which affect or alter the stimulus of the contagious matter, but from the daily increasing or decreasing effect of this lunar link of catenation, as explained in Section XVII, 3. 3. And as other fevers terminate most frequently about the seventh, fourteenth, twenty-first, or about the end of four weeks, when no medical assistance has disturbed their periods, I conclude, that these crises, or terminations, are

governed by periods of the lunations, though we are still ignorant of their manner of operation.

In the distinct small-pox the vestiges of lunation are very apparent; after inoculation a quarter of a lunation precedes the commencement of the fever; another quarter terminates with the complete eruption, another quarter with the complete maturation, and another quarter terminates the complete absorption of a material now rendered inoffensive to the constitution.



## S E C T. XXXVII.

## OF DIGESTION, SECRETION, NUTRITION.

I. *Crystals increase by the greater attraction of their sides. Accretion by chemical precipitations, by welding, by pressure, by agglutination.* II. *Hunger, digestion, why it cannot be imitated out of the body. Lactals absorb by animal selection, or appetency.* III. *The glands and pores absorb nutritious particles by animal selection. Organic particles of Buffon. Nutrition applied at the time of elongation of fibres. Like inflammation.* IV. *It seems easier to have preserved animals than to reproduce them. Old age and death from inirritability. Three causes of this. Original fibres of the organs of sense and muscles unchanged.* V. *Art of producing long life.*

I. THE larger crystals of saline bodies may be conceived to arise from the combination of smaller crystals of the same form, owing to the greater attractions of their sides than of their angles. Thus if eight cubes were floating in a fluid, whose friction or resistance is nothing, it is certain the sides of these cubes would attract each other stronger than their angles; and hence that these eight smaller cubes would so arrange themselves as to produce one larger one.

There are other means of chemical accretion,  
such

such as the depositions of dissolved calcareous or siliceous particles, as are seen in the formation of the stalactites of limestone in Derbyshire, or of calcedone in Cornwall. Other means of adhesion are produced by heat and pressure, as in the welding of iron-bars; and other means by simple pressure, as in forcing two pieces of caoutchou, or elastic gum, to adhere; and lastly, by the agglutination of a third substance penetrating the pores of the other two, as in the agglutination of wood by means of animal gluten. Though the ultimate particles of animal bodies are held together during life, as well as after death, by their specific attraction of cohesion, like all other matter; yet it does not appear, that their original organization was produced by chemical laws, and their production and increase must therefore only be looked for from the laws of animation.

II. When the pain of hunger requires relief, certain parts of the material world, which surround us, when applied to our palates, excite into action the muscles of deglutition; and the material is swallowed into the stomach. Here the new aliment becomes mixed with certain animal fluids, and undergoes a chemical process, termed digestion; which, however, chemistry has not yet learnt to imitate out of the bodies of living animals or vegetables. This process seems very similar to the saccharine process in the lobes of farinaceous seeds, as of barley, when it begins

to germinate; except that, along with the sugar, oil and mucilage are also produced; which form the chyle of animals, which is very similar to their milk.

The reason, I imagine, why this chyle-making, or saccharine process, has not yet been imitated by chemical operations, is owing to the materials being in such a situation in respect to warmth, moisture, and motion; that they will immediately change into the vinous or acetous fermentation; except the new sugar be absorbed by the numerous lacteal or lymphatic vessels, as soon as it is produced; which is not easy to imitate in the laboratory.

These lacteal vessels have mouths, which are irritated into action by the stimulus of the fluid which surrounds them; and by animal selection, or appetency, they absorb such part of the fluid as is agreeable to their palate; those parts, for instance, which are already converted into chyle, before they have time to undergo another change by a vinous or acetous fermentation. This animal absorption of fluid is almost visible to the naked eye in the action of the puncta lacrymalia; which imbibe the tears from the eye, and discharge them again into the nostrils.

III. The arteries constitute another reservoir of a changeful fluid; from which, after its recent oxygenation in the lungs, a further animal selection

tion of various fluids is absorbed by the numerous glands; these select their respective fluids from the blood, which is perpetually undergoing a chemical change; but the selection by these glands, like that of the lacteals, which open their mouths into the digesting aliment in the stomach, is from animal appetency, not from chemical affinity; secretion cannot therefore be imitated in the laboratory, as it consists in a selection of part of a fluid during the chemical change of that fluid.

The mouths of the lacteals, and lymphatics, and the ultimate terminations of the glands, are finer than can easily be conceived; yet it is probable, that the pores, or interstices of the parts, or coats, which constitute these ultimate vessels, may still have greater tenuity; and that these pores from the above analogy must possess a similar power of irritability, and absorb by their living energy the particles of fluid adapted to their purposes, whether to replace the parts abraded or dissolved, or to elongate and enlarge themselves. Not only every kind of gland is thus endowed with its peculiar appetency, and selects the material agreeable to its taste from the blood, but every individual pore acquires by animal selection the material, which it wants; and thus nutrition seems to be performed in a manner so similar to secretion; that they only differ in the  
one

one retaining, and the other parting again with the particles, which they have selected from the blood.

They may, indeed, differ in another circumstance; that in nutrition certain particles of the circulating blood, which have not previously been used in the system, are embraced, and form a solid part of the animal. Whereas in some of the secretions, those particles appear to be imbibed by the glands, which have already been used in the system, and probably abraded or detached from it into the circulation: these are deposited in reservoirs for future use, as bile and mucus; or excluded for other purposes, as semen and tears; or evacuated simply as feces and urine. And it should be observed, that all these secretions are produced from their glands, in a very dilute state, mingled, I believe, with mucus dissolved in water; which is in part re-absorbed from the reservoirs of the glands, or from the cells or surfaces of the body, that no unnecessary waste of animal matter may occur; which accounts for the urinary bladders of fish, which would otherwise appear to be unnecessary, according to the observation of Munro.

This way of accounting for nutrition from stimulus, and the consequent animal selection of particles, is much more analogous to other phenomena of the animal microcosm, than by having recourse to the microscopic animalcula, or organic particles

particles of Buffon and Needham; which being already compounded must themselves require nutritive particles to continue their own existence. And must be liable to undergo a change by our digestive or secretory organs; otherwise mankind would soon resemble by their theory the animals, which they feed upon. He, who is nourished by beef or venison, would in time become horned; and he, who feeds on pork or bacon, would gain a nose proper for rooting into the earth, as well as for the perception of odours.

The whole animal system may be considered as consisting of the extremities of the nerves, or of having been produced from them; if we except perhaps the medullary part of the brain residing in the head and spine, and in the trunks of the nerves. These extremities of the nerves are either of those of locomotion, which are termed muscular fibres; or of those of sensation, which constitute the immediate organs of sense, and which have also their peculiar motions. Now as the fibres, which constitute the bones and membranes, possessed originally sensation and motion; and are liable again to possess them, when they become inflamed; it follows, that those were, when first formed, appendages to the nerves of sensation or locomotion, or were formed from them. And that hence all these solid parts of the body, as they have originally consisted of extremities of nerves, require an apposition of nutritive particles

cles of a similar kind, contrary to the opinion of Buffon and Needham above recited.

Lastly, as all these filaments have possessed, or do possess, the power of contraction, and of consequent inertion or elongation; it seems probable, that the nutritive particles are applied during their times of elongation; when their original constituent particles are removed to a greater distance from each other. For each muscular or sensual fibre may be considered as a row or string of beads; which approach, when in contraction, and recede during its rest or elongation; and our daily experience shews us, that great action emanates the system, and that it is repaired during rest.

Something like this is seen out of the body; for if a hair, or a single untwisted fibre of flax or silk, be soaked in water; it becomes longer and thicker by the water, which is absorbed into its pores. Now if a hair could be supposed to be thus immersed in a solution of particles similar to those, which compose it; one may imagine, that it might be thus increased in weight and magnitude; as the particles of oak-bark increase the substance of the hides of beasts in the process of making leather. I mention these not as philosophic analogies, but as similes to facilitate our ideas, how an accretion of parts may be effected by animal appetences, or selections,

in a manner somewhat fimilar to mechanical or chemical attractions.

If thofe new particles of matter, previously prepared by digestion and fanguification, only fupply the places of thofe, which have been abraded by the actions of the fyftem, it is properly termed nutrition. If they are applied to the extremities of the nervous fibrils, or in fuch quantity as to increafe the length or craffitude of them, the body becomes at the fame time enlarged, and its growth is increafed, as well as its deficiencies repaired.

In this laft cafe fomewhat more than a fimple appofition or felection of particles feems to be neceffary; as many parts of the fyftem during its growth are caufed to recede from thofe, with which they were before in contact; as the ends of the bones, or cartilages, recede from each other, as their growth advances: this procefs refembles inflammation, as appears in ophthalmy, or in the production of new flefh in ulcers, where old veffels are enlarged, and new ones produced; and like that is attended with fenfation. In this fituation the veffels become diftended with blood, and acquire greater fenfibility, and may thus be compared to the erection of the penis, or of the nipples of the breasts of women; while new particles become added at the fame time; as in the procefs of nutrition above defcribed.

When only the natural growth of the various  
parts



parts of the body is produced, a pleasurable sensation attends it, as in youth, and perhaps in those, who are in the progress of becoming fat. When an unnatural growth is the consequence, as in inflammatory diseases, a painful sensation attends the enlargement of the system.

IV. This apposition of new parts, as the old ones disappear, selected from the aliment we take, first enlarges and strengthens our bodies for twenty years; for another twenty years it keeps us in health and vigour, and adds strength and solidity to the system, and then gradually ceases to nourish us properly; and for another twenty years we gradually sink into decay, and finally cease to act, and to exist.

On considering this subject one should have imagined at first view, that it might have been easier for nature to have supported her progeny for ever in health and life, than to have perpetually reproduced them by the wonderful and mysterious process of generation. But it seems our bodies by long habit cease to obey the stimulus of the aliment, which should support us. After we have acquired our height and solidity we make no more new parts, and the system obeys the irritations, sensations, volitions, and associations, with less and less energy, till the whole sinks into inaction.

Three causes may conspire to render our nerves less excitable, which have been already men-

tioned. 1. If a stimulus be greater than natural, it produces too great an exertion of the stimulated organ, and in consequence exhausts the spirit of animation; and the moving organ ceases to act, even though the stimulus be continued. And though rest will recruit this exhaustion, yet some degree of permanent injury remains, as is evident after exposing the eyes long to too strong a light. 2. If excitations weaker than natural be applied, so as not to excite the organ into action, (as when small doses of aloes or rhubarb are exhibited,) they may be gradually increased, without exciting the organ into action; which will thus acquire a habit of disobedience to the stimulus; thus by increasing the dose by degrees, great quantities of opium or wine may be taken without intoxication. See Sect. XII. 3. 1.

3. Another mode, by which life is gradually undermined, is when irritative motions continue to be produced in consequence of stimulus, but are not succeeded by sensation; hence the stimulus of contagious matter is not capable of producing fever a second time, because it is not succeeded by sensation. See Sect. XII. 3. 6. And hence, owing to the want of the general pleasurable sensation, which ought to attend digestion and glandular secretion, an irksomeness of life ensues; and, where this is in greater excess, the melancholy of old age occurs, with torpor or debility.

From

From hence I conclude, that it is probable that the fibrilæ, or moving filaments at the extremities of the nerves of sense, and the fibres which constitute the muscles (which are perhaps the only parts of the system that are endued with contractile life) are not changed, as we advance in years, like the other parts of the body; but only enlarged or elongated with our growth; and in consequence they become less and less excitable into action. Whence, instead of gradually changing the old animal, the generation of a totally new one becomes necessary with undiminished excitability; which many years will continue to acquire new parts, or new solidity, and then losing its excitability in time, perish like its parent.

V. From this idea the art, of preserving long health and life may be deduced; which must consist in using no greater stimulus, whether of the quantity or kind of our food and drink, or of external circumstances, such as heat, and exercise, and wakefulness, than is sufficient to preserve us in vigour; and gradually, as we grow old to increase the stimulus of our aliment, as the inirritability of our system increases.

The debilitating effects ascribed by the poet MARTIAL to the excessive use of warm bathing in Italy, may with equal propriety be applied to the warm rooms of England; which, with the general excessive stimulus of spirituous or fer-

mented liquors, and in some instances of immoderate venery, contribute to shorten our lives.

*Balnea, vina, Venus, corrumpunt corpora nostra :*

*At faciunt vitam balnea, vina, Venus !*

Wine, women, warmth, against our lives combine ;  
But what is life, without warmth, women, wine !

## S E C T. XXXVIII.

OF THE OXYGENATION OF THE BLOOD IN  
THE LUNGS, AND IN THE PLACENTA.

I. *Blood absorbs oxygene from the air, whence phosphoric acid, changes its colour, gives out heat, and some phlogistic material, and acquires an ethereal spirit, which is dissipated in fibrous motion.* II. *The placenta is a pulmonary organ like the gills of fish. Oxygenation of the blood from air, from water, by lungs, by gills, by the placenta; necessity of this oxygenation to quadrupeds, to fish, to the fetus in utero. Placental vessels inserted into the arteries of the mother. Use of cotyledons in cows. Why quadrupeds have not sanguiferous lochia. Oxygenation of the chick in the egg, of seeds.* III. *The liquor amnii is not excrementitious. It is nutritious. It is found in the esophagus and stomach, and forms the meconium. Monstrous births without heads. Question of Dr. Harvey.*

I. FROM the recent discoveries of many ingenious philosophers it appears, that during respiration the blood imbibes the vital part of the air, called oxygene, through the membranes of the lungs; and that hence respiration may be aptly compared to a slow combustion. As in combustion the oxygene of the atmosphere unites

with some phlogistic or inflammable body, and forms an acid (as in the production of vitriolic acid from sulphur, or carbonic acid from charcoal,) giving out at the same time a quantity of the matter of heat; so in respiration the oxygen of the air unites with the phlogistic part of the blood, and probably produces phlogistic or animal acid, changing the colour of the blood from a dark to a bright red; and probably some of the matter of heat is at the same time given out according to the theory of Dr. Crawford. But as the evolution of heat attends almost all chemical combinations, it is probable, that it also attends the secretions of the various fluids from the blood; and that the constant combinations or productions of new fluids by means of the glands constitute the more general source of animal heat; this seems evinced by the universal evolution of the matter of heat in the blush of shame or of anger; in which at the same time an increased secretion of the perspirable matter occurs; and the partial evolution of it from topical inflammations, as in gout or rheumatism, in which there is a secretion of new blood-vessels.

Some medical philosophers have ascribed the heat of animal bodies to the friction of the particles of the blood against the sides of the vessels. But no perceptible heat has ever been produced by the agitation of water, or oil, or quicksilver, or other fluids; except those fluids have undergone  
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at the same time some chemical change, as in agitating milk or wine, till they become sour.

Besides the supposed production of phosphoric acid, and change of colour of the blood, and the production of carbonic acid, there would appear to be something of a more subtiler nature perpetually acquired from the atmosphere; which is too fine to be long contained in animal vessels, and therefore requires perpetual renovation; and without which perfect life cannot continue longer than a minute or two; this ethereal fluid is probably secreted from the blood by the brain, and perpetually dissipated in the actions of the muscles and organs of sense, but which nevertheless may remain for a longer time, where there is little or no exertion of the animal fibres, as in syncope, and in those insects and other animals, which remain during the winter in a torpid state, and may not entirely evaporate from defect of warmth, or moisture, or other circumstances, as snails are said to have revived after having been many years in a dry cabinet, and flies after having been many months drowned in wine, and other insects after having been frozen.

That the blood acquires something from the air, which is immediately necessary to life, appears from an experiment of Dr. Hare, (*Philos. Transact. abridged, Vol. III. p. 239.*) who found, "that birds, mice, &c. would live as long again in a vessel, where he had crowded in double the

quantity of air by a condensing engine, than they did when confined in air of the common density." Whereas if some kind of deleterious vapour only was exhaled from the blood in respiration; the air, when condensed into half its compass, could not be supposed to receive so much of it.

II. Sir Edward Hulse, a physician of reputation at the beginning of the present century, was of opinion, that the placenta was a respiratory organ, like the gills of fish; and not an organ to supply nutriment to the foetus; as mentioned in Derham's Physico-theology. Many other physicians seem to have espoused the same opinion, as noticed by Haller. *Elem. Physiologiæ*, T. 1. Dr. Gipson published a defence of this theory in the *Medical Essays of Edinburgh*, Vol. I. and II. which doctrine is there controverted at large by the late Alexander Monro; and since that time the general opinion has been, that the placenta is an organ of nutrition only, owing perhaps rather to the authority of so great a name, than to the validity of the arguments adduced in its support. The subject has lately been resumed by Dr. James Jeffray, and by Dr. Forester French, in their inaugural dissertations at Edinburgh and at Cambridge; who have defended the contrary opinion in an able and ingenious manner; and from whose Theses I have extracted many of the following remarks.

First, by the late discoveries of Dr. Priestley,  
M. La-



M. Lavoisier, and other philosophers, it appears, that the basis of atmospherical air, called oxygene, is received by the blood through the membranes of the lungs; and that by this addition the colour of the blood is changed from a dark to a light red. Secondly, that water possesses oxygene also as a part of its composition, and contains air likewise in its pores; whence the blood of fish receives oxygene from the water, or from the air it contains, by means of their gills, in the same manner as the blood is oxygenated in the lungs of air-breathing animals; it changes its colour at the same time from a dark to a light red in the vessels of their gills, which constitute a pulmonary organ adapted to the medium in which they live. Thirdly, that the placenta consists of arteries carrying the blood to its extremities, and a vein bringing it back, resembling exactly in structure the lungs and gills above mentioned; and that the blood changes its colour from a dark to a light red in passing through these vessels.

This analogy between the lungs and gills of animals, and the placenta of the fetus, extends through a great variety of other circumstances; thus air-breathing creatures and fish can live but a few minutes without air or water; or when they are confined in such air or water, as has been spoiled by their own respiration; the same happens to the fetus, which, as soon as the placenta

is separated from the uterus, must either expand its lungs, and receive air, or die. Hence from the structure, as well as the use of the placenta, it appears to be a respiratory organ, like the gills of fish, by which the blood in the fetus becomes oxygenated.

From the terminations of the placental vessels not being observed to bleed after being torn from the uterus, while those of the uterus effuse a great quantity of florid arterial blood, the terminations of the placental vessels would seem to be inserted into the arterial ones of the mother; and to receive oxygenation from the passing currents of her blood through their coats or membranes; which oxygenation is proved by the change of the colour of the blood from dark to light red in its passage from the placental arteries to the placental vein.

The curious structure of the cavities or lacunæ of the placenta, demonstrated by Mr. J. Hunter, explains this circumstance. That ingenious philosopher has shewn, that there are numerous cavities or lacunæ formed on that side of the placenta, which is in contact with the uterus; those cavities or cells are filled with blood from the maternal arteries, which open into them; which blood is again taken up by the maternal veins, and is thus perpetually changed. While the terminations of the placental arteries and veins are spread in fine reticulation on the sides of these cells,

cells. And thus, as the growing fetus requires greater oxygenation, an apparatus is produced resembling exactly the air-cells of the lungs.

In cows, and other ruminating animals, the internal surface of the uterus is unequal like hollow cups, which have been called cotyledons; and into these cavities the prominencies of the numerous placentas, with which the fetus of those animals is furnished, are inserted, and strictly adhere; though they may be extracted without effusion of blood. These inequalities of the uterus, and the numerous placentas in consequence, seem to be designed for the purpose of expanding a greater surface for the terminations of the placental vessels for the purpose of receiving oxygenation from the uterine ones; as the progeny of this class of animals are more completely formed before their nativity, than that of the carnivorous classes, and must thence in the latter weeks of pregnancy require greater oxygenation. Thus calves and lambs can walk about in a few minutes after their birth; while puppies and kittens remain many days without opening their eyes. And though on the separation of the cotyledons of ruminating animals no blood is effused, yet this is owing clearly to the greater power of contraction of their uterine lacunæ or alveoli. See Medical Essays, Vol. V. page 144. And from the same cause they are not liable to a sanguiferous menstruation.

The

The necessity of the oxygenation of the blood in the fetus is farther illustrated by the analogy of the chick in the egg; which appears to have its blood oxygenated at the extremities of the vessels surrounding the yolk; which are spread on the air-bag at the broad end of the egg, and may absorb oxygen through that moist membrane from the air confined behind it; and which is shewn by experiments in the exhausted receiver to be changeable though the shell. See *Phytologia*, Sect. III.

This analogy may even be extended to the growing seeds of vegetables; which were shewn by Mr. Scheele to require a renovation of the air over the water, in which they were confined. Many vegetable seeds are surrounded with air in their pods or receptacles, as peas, the fruit of *staphylea*, and *liehnis vesicaria*; but it is probable, that those seeds, after they are shed, as well as the spawn of fish, by the situation of the former on or near the moist and aerated surface of the earth, and of the latter in the ever-changing and ventilated water, may not be in need of an apparatus for the oxygenation of their first blood, before the leaves of one, and the gills of the other, are produced for this purpose. See *Phytologia*, Sect. III.

III. 1. There are many arguments, besides the strict analogy between the liquor amnii and the albumen ovi, which shew the former to be a nutritive

tritive fluid; and that the fetus in the latter months of pregnancy takes it into its stomach; and that in consequence the placenta is produced for some other important purpose.

First, that the liquor amnii is not an excrementitious fluid is evinced, because it is found in greater quantity, when the fetus is young, decreasing after a certain period till birth. ✓Haller asserts, "that in some animals but a small quantity of this fluid remains at the birth. In the eggs of hens it is consumed on the eighteenth day, so that at the exclusion of the chick scarcely any remains. In rabbits before birth there is none." Elem. Physiol. Had this been an excrementitious fluid, the contrary would probably have occurred. Secondly, the skin of the fetus is covered with a whitish crust or pellicle, which would seem to preclude any idea of the liquor amnii being produced by any exudation of perspirable matter. And it cannot consist of urine, because in brute animals the urachus passes from the bladder to the alantois for the express purpose of carrying off that fluid; which however in the human fetus seems to be retained in the distended bladder, as the feces are accumulated in the bowels of all animals.

2. The nutritious quality of the liquid, which surrounds the fetus, appears from the following considerations. 1. It is coagulable by heat, by  
nitrous

*May not this be from absorption*

nitrous acid, and by spirit of wine, like milk, serum of blood, and other fluids, which daily experience evinces to be nutritious. 2. It has a saltish taste according to the accurate Baron Haller, not unlike the whey of milk, which it even resembles in smell. 3. The white of the egg which constitutes the food of the chick, is shewn to be nutritious by our daily experience; besides the experiment of its nutritious effects mentioned by Dr. Fordyce in his late Treatise on Digestion, p. 178; who adds, that it much resembles the essential parts of the serum of blood.

3. A fluid similar to the fluid, with which the fetus is surrounded, except what little change may be produced by a beginning digestion, is found in the same manner in the stomach of the chick.

Numerous hairs, similar to those of its skin, are perpetually found among the contents of the stomach in new-born calves; which must therefore have licked themselves before their nativity. Blasii Anatom. See Sect. XVI. 2. on Instinct.

The chick in the egg is seen gently to move in its surrounding fluid, and to open and shut its mouth alternately. The same has been observed in puppies. Haller's El. Phys. I. 8. p. 201.

A column of ice has been seen to reach down the œsophagus from the mouth to the stomach

in a frozen fetus; and this ice was the liquor amnii frozen.

The meconium, or first feces, in the bowels of new-born infants evince, that something has been digested; and what could this be but the liquor amnii together with the recrements of the gastric juice and gall, which were necessary for its digestion?

Another argument to evince, that the fetus is nourished by aliment taken into the stomach and intestines by the mouth during the latter months of pregnancy, may be deduced from the liver of the fetus; which Haller observes to be very large; not like the lungs, as if designed for the future man after nativity. *Physiol.* Vol. VI. p.618. Whence a secretion of bile must already exist, which can serve no purpose but to be mixed with the digesting aliment.

There have been recorded some monstrous births of animals without heads, and consequently without mouths, which seem to have been delivered on doubtful authority, or from inaccurate observation. There are two of such monstrous productions however better attested; one of a human fetus, mentioned by Gipson in the *Scots Medical Essays*; which having the gula imperious was furnished with an aperture into the wind-pipe, which communicated below into the gullet; by means of which the liquor amnii might be taken into the stomach before nativity  
without

without danger of suffocation, while the fetus had no occasion to breathe. The other monstrous fetus is described by Vander Wiel, who asserts that he saw a monstrous lamb, which had no mouth; but instead of it was furnished with an opening in the lower part of the neck into the stomach. Both these instances evidently favour the doctrine of the fetus being nourished by the mouth; as otherwise there had been no necessity for new or unnatural apertures into the stomach, when the natural ones were deficient.

From these facts and observations we may safely infer, that the fetus in the womb is nourished by the fluid which surrounds it; which during the first period of gestation is absorbed by the naked lacteals; and is afterwards swallowed into the stomach and bowels, when these organs are perfected; and lastly that the placenta is an organ for the purpose of giving due oxygenation to the blood of the fetus; which is more necessary, or at least more frequently necessary, than even the supply of food.

The question of the great Harvey becomes thus easily answered. "Why is not the fetus in the womb suffocated for want of air, when it remains there even to the tenth month without respiration: yet if it be born in the seventh or eighth month, and has once respired, it becomes immediately suffocated for want of air, if its respiration be obstructed?"

For

*No such thing as an infant has  
ever been found in the womb, -  
it wholly consists of water & mucus*



For further information on this subject, the reader is referred to the Tentamen Medicum of Dr. Jeffray, printed at Edinburgh in 1786. And it is hoped that Dr. Forester will some time give his theses on this subject to the public.

## S E C T. XXXIX.

## OF GENERATION.

Felix, qui causas altâ caligine mersas  
Pandit, et evolvit tenuissima vincula rerum. ANON.

- I. *Habits of acting and feeling of individuals attend the soul into a future life, and attend the new embryo at the time of its production. The new speck of entity absorbs nutriment, and receives oxygen. Spreads the terminations of its vessels on cells, which communicate with the arteries of the uterus; sometimes with those of the peritoncum. Afterwards it swallows the liquor amnii, which it produces by its irritation from the uterus, or peritoncum. Like insects in the heads of calves and sheep. Why the white of egg is of two consistencies. Why nothing is found in quadrupeds similar to the yolk, nor in most vegetable seeds.* II. 1. *Eggs of frogs and fish impregnated out of their bodies. Eggs of fowls which are not fecundated, contain only the nutriment for the embryo. The embryo is produced by the male, and the nutriment by the female. Animalcula in femine. Profusion of nature's births.* 2. *Vegetables viviparous. Buds and bulbs have each a father but no mother. Vessels of the leaf and bud inscuate. The paternal offspring exactly resembles the parent.* 3. *Insects impregnated for six generations. Polypus branches like buds. Creeping roots. Viviparous flowers. Tania, volvox. Eve from Adam's rib. Semen not a stimulus to the egg.* III. 1. *Embryons not originally created within other embryos. Or-*  
ganized

ganized matter is not so minute. 2. All the parts of the embryo are not formed in the male parent. Crabs produce their legs, worms produce their heads and tails. In wens, cancers, and inflammations, new vessels are formed. Mules partake of the forms of both parents. Hair and nails grow by elongation, not by distention. 3. Organic particles of Buffon. IV. 1. Rudiment of the embryo a simple living filament, becomes a living ring, and then a living tube. 2. It acquires new irritabilities, and sensibilities with new organizations, as in wounded snails, polypi, moths, gnats, tadpoles. Hence new parts are acquired by addition not by distention. 3. All parts of the body grow if not confined. 4. Fetuses deficient at their extremities, or have a duplication of parts. Monstrous births. Double parts of vegetables. 5. Mules cannot be formed by distention of the seminal ens. 6. Families of animals from a mixture of their orders. Mules imperfect. 7. Animal appetency like chemical affinity. *Vis fabricatrix* and *medicatrix* of nature. 8. The changes of animals before and after nativity. Similarity of their structure. Changes in them from lust, hunger, and danger. All warm-blooded animals derived from one living filament. Cold-blooded animals, insects, worms, vegetables, derived also from one living filament. Male animals have teats. Mule pigeon gives milk. The world itself generated. The cause of causes. A state of probation and responsibility. V. 1. Efficient cause of the colours of birds eggs, and of hair and feathers, which become white in snowy countries. Imagination of the female colours the egg. Ideas or motions of the retina imitated by the extremities of the nerves of touch, or rete mucosum. 2. Nutrient supplied by the female of three kinds. Her imagination can only affect the first kind. Mules how produced, and mulattoes. Organs of reproduction why deficient in mules. Eggs with double yolks. VI. 1. Various secretions produced

duced by the extremities of the vessels, as in the glands. Contagious matter. Many glands affected by pleasurable ideas, as those which secrete the semen. 2. Snails and worms are hermaphroditic, yet cannot impregnate themselves. Final cause of this. 3. The imagination of the male forms the sex. Ideas, or motions of the nerves of vision or of touch, are imitated by the ultimate extremities of the glands of the testes, which mark the sex. This effect of the imagination belongs only to the male. The sex of the embryo is not owing to accident. 4. Causes of the changes in animals from imagination as in monsters. From the male. From the female. 5. Miscarriages from fear. 6. Power of the imagination of the male over the colour, form, and sex of the progeny. An instance of. 7. Act of generation accompanied with ideas of the male or female form. Art of begetting beautiful children of either sex. VII. Recapitulation. VIII. 1. Appendix. Buds are individuals. Consist of plumula caudex and radicle. Every part of the caudex can germinate. A triple tree by ingraftment. A lateral vegetable mule produced by three parents. *Conserva fontinalis*. 2. Lateral propagation of polypus, and hydra stentorea. The halves of two polypi made to unite. Ingraftment of vegetables. Lateral mule. 3. New bud of a doubly ingrafted tree has three kinds of caudex. Triple mule produced from various parts of the parent tree. 4. Earthworms cut asunder generate a new head, and a new tail. So the caudexes of the buds of trees. The whole embryo not formed at the same time. 5. Parts of the long caudex of the new bud are secreted from correspondent parts of the parent bud, and unite beneath the cuticle. Every part of the caudex can germinate. These new buds resemble the part of the stock, where they arise. Lateral mule from many parents. If a triple sexual mule? 6. Gravitation, chemical affinity, electricity, magnetism. Power to attract. Aptitude to be attracted.

attracted. A magnet possesses power to attract, iron an aptitude to be attracted. So of electrified bodies, and chemical affinities. Or two bodies may reciprocally attract each other.

7. Union of animal with inanimate matter. Union of two living particles. The animal sense possesses appetency to unite, the inanimate material possesses aptitude to be united. Vitality of the blood. Fibrils with appetencies, molecules with propensities. 8. Fibrils with formative appetencies. Molecules with formative propensities. Like single and double affinities. Passions of hunger and of love. Thirst. Suckling children. Mode of lateral propagation. 9. Superfluous vital particles produced in the blood. Secreted by sexual glands. Combine beneath the cuticle of trees. Acquire new appetencies, and form secondary parts of the embryo.

So the passion for generation, and desire for animal food, and the new attractions of bodies chemically combined. New molecules are formed by the sexual glands at puberty, and in the pectoral ones. 10. Different fibrils and molecules are detached from different parts of the parent caudex to form the filial one: so in the sexual propagation of vegetables: and by their combination produce an embryo, and acquire new appetencies and form secondary parts, as in dioecious flowers. 11. Threefold lateral mules. So sexual mules resemble parts of their parents according to the combinations of the fibrils and molecules, and produce secondary parts, otherwise they would resemble the father only.

Epigram from Martial. IX. 1. Various parts of the new embryo produced at the same time: Organized bodies too large to be secreted. Primary and secondary formation of parts of the fetus. M. Buffon's theory differs from this. Moles and monstrous births. An embryo is not an individual, till the nerves unite in the brain. 2. The brain and heart generated at the same time. 3. Organic particles

too large to pass the glands and capillaries. Not so the

formative particles. Hence the latter cannot combine in the blood. 4. Formative particles do not combine in the receptacles of the sexual glands, as those of the male differ from those of the female. Not so in Buffon's theory. 5. The whole embryo not produced at the same time. Primary and secondary parts. Secondary formation of the caudex of buds, of discovered earth worms, of the legs of crabs, of human teeth, and of a thumb. X. 1. Solitary lateral generation, and solitary internal generation. Animalized particles of primary combination, are secreted, combine, and form primary organizations. The caudex gemmæ produces secondary parts, and commences its formation in several places at the same time. Resembles the parent more than a sexual progeny. The polypus and hydra. 2. Solitary internal generation of aphid, tenia, actinia, volvox, produces a viviparous offspring, not an oviparous one. Difference of lateral and internal generation. 3. Hermaphrodite sexual generation in most flowers, and some insects. Summit-bulbs of some vegetables are a sexual progeny. Sexual organs in hermaphrodites are separate, but secrete the masculine and feminine formative particles from the same mass of blood. Why seedling apple-trees sometimes resemble the parent, sometimes not. Number of species increased by reciprocal generation. 4. In simple sexual generation the masculine and feminine secretions are from different masses of blood. These animals were originally hermaphrodites. The mode of the production of the new embryo. Secretion differs from nutrition. New embryo begins in more parts than one. Acquires new appetencies, and fabricates secondary parts. Sexual organs are secondary parts, not primary ones. So is the difference of the male and female forms. Vegetable and animal secondary productions. 5. Seeds. Eggs. Spawn differs from eggs, as it enlarges along with the embryo like  
the

*the membranes of the fetus in utero.* XI. 1. *Inanimate crystals. Animated organization. Microscopic animalcula from stagnation of vegetable and animal fluids. Do not generate.* 2. *Second kind of animal production commences in more points than one: not like microscopic animals; as truffles, fungi, polypi, hydra.* 3. *Other vegetables are hermaphrodite, but both their sexual glands secrete from the same mass of blood.* 4. *Other vegetables have acquired separate sexes, and secrete the prolific fluids from different masses of blood. The embryo begins in more points in the more complicated animals. The primary parts fabricate secondary ones, as in the class dioecia of vegetables, and in sexual animals. Nature is yet in her infancy.* 5. *Spontaneous production of microscopic animalcules. Is similar to actual generation. The first animacules generate others, and improve. Seedling tulip-root. Aphis. Immutable laws impressed on matter.* XII. *Conclusion. Of cause and effect. The atomic philosophy leads to a first cause.*

I. THE ingenious Dr. Hartley in his work on man, and some other philosophers, have been of opinion, that our immortal part acquires during this life certain habits of action or of sentiment, which become for ever indissoluble, continuing after death in a future state of existence; and add, that if these habits are of the malevolent kind, they must render the possessor miserable even in Heaven. I would apply this ingenious idea to the generation or production of the embryo, or new animal, which partakes to much of the form and propensities of the parent.

Owing to the imperfection of language the

offspring is termed a *new* animal, but is in truth a branch or elongation of the parent; since a part of the embryon-animal is, or was, a part of the parent; and therefore in strict language it cannot be said to be entirely *new* at the time of its production; and therefore it may retain some of the habits of the parent-system.

At the earliest period of its existence the embryo, as secreted from the blood of the male, would seem to consist of a living filament with certain capabilities of irritation, sensation, volition, and association; and also with some acquired habits or propensities peculiar to the parent: the former of these are in common with other animals; the latter seem to distinguish or produce the kind of animal, whether man or quadruped, with the similarity of feature or form to the parent. It is difficult to be conceived, that a living entity can be separated or produced from the blood by the action of a gland; and which shall afterwards become an animal similar to that in whose vessels it is formed; even though we should suppose with some modern theorists, that the blood is alive; yet every other hypothesis concerning generation rests on principles still more difficult to our comprehension.

At the time of procreation this speck of entity is received into an appropriated nidus, in which it must acquire two circumstances necessary to its life and growth; one of these is food or sustenance,



nance, which is to be received by the absorbent mouths of its vessels; and the other is that part of atmospherical air, or of water, which by the new chemistry is termed oxygene, and which affects the blood by passing through the coats of the vessels which contain it. The fluid surrounding the embryo in its new habitation, which is called liquor amnii, supplies it with nourishment; and as some air cannot but be introduced into the uterus along with a new embryo, it would seem that this same fluid would for a short time, suppose for a few hours, supply likewise a sufficient quantity of the oxygene for its immediate existence.

On this account the vegetable impregnation of aquatic plants is performed in the air; and it is probable that the honey-cup or nectary of vegetables requires to be open to the air, that the anthers and stigmas of the flower may have food of a more oxygenated kind than the common vegetable sap-juice.

On the introduction of this primordium of entity into the uterus the irritation of the liquor amnii, which surrounds it, excites the absorbent mouths of the new vessels into action; they drink up a part of it, and a pleasurable sensation accompanies this new action; at the same time the chemical affinity of the oxygene acts through the vessels of the rubescent blood; and a previous

want,

*It has been found that a blood-  
 cell with oxygen does not become  
 acid from exposure to the air, of course  
 follows that it cannot pass through  
 coats of the vessels.*

want, or disagreeable sensation, is relieved by this process.

As the want of this oxygenation of the blood is perpetual, (as appears from the incessant necessity of breathing by lungs or gills,) the vessels become extended by the efforts of pain or desire to seek this necessary object of oxygenation, and to remove the disagreeable sensation, which that want occasions. At the same time new particles of matter are absorbed, or applied to these extended vessels, and they become permanently elongated, as the fluid in contact with them soon loses the oxygenous part, which it at first possessed, which was owing to the introduction of air along with the embryo. These new blood-vessels approach the sides of the uterus, and penetrate with their fine terminations into the vessels of the mother; or adhere to them, acquiring oxygen through their coats from the passing currents of the arterial blood of the mother. See Sect. XXXVIII. 2.

This attachment of the placental vessels to the internal side of the uterus by their own proper efforts appears further illustrated by the many instances of extra-uterine fetuses, which have thus attached or inserted their vessels into the peritoneum; or on the viscera, exactly in the same manner as they naturally insert or attach them to the uterus.

The

The absorbent vessels of the embryo continue to drink up nourishment from the fluid in which they swim, or liquor amnii; and which at first needs no previous digestive preparation; but which, when the whole apparatus of digestion becomes complete, is swallowed by the mouth into the stomach, and being mixed with saliva, gastric juice, bile, pancreatic juice, and mucus of the intestines, becomes digested, and leaves acrement, which produces the first feces of the infant, called meconium.

The liquor amnii is secreted into the uterus, as the fetus requires it, and may probably be produced by the irritation of the fetus as an extraneous body; since a similar fluid is acquired from the peritoneum in cases of extra-uterine gestation. The young caterpillars of the gadfly placed in the skins of cows, and the young of the ichneumon-fly placed in the backs of the caterpillars on cabbages, seem to produce their nourishment by their irritating the sides of their nidus. A vegetable secretion and concretion are thus produced on oak-leaves by the gall-insect, and by the cynips in the bedeguar of the rose; and by the young grasshopper on many plants, by which the animal surrounds itself with froth. But in no circumstance is extra-uterine gestation so exactly resembled as by the eggs of a fly, which are deposited in the frontal sinus of sheep and calves. These eggs float in some ounces of fluid collected

in a thin pellicle or hydatid. This bag of fluid compresses the optic nerve on one side, by which the vision being less distinct in that eye, the animal turns in perpetual circles towards the side affected, in order to get a more accurate view of objects; for the same reason as in squinting the affected eye is turned away from the object contemplated. Sheep in the warm months keep their noses close to the ground to prevent this fly from so readily getting into their nostrils.

The liquor amnii is secreted into the womb as it is required, not only in respect to quantity, but, as the digestive powers of the fetus become formed, this fluid becomes of a different consistence and quality, till it is exchanged for milk after nativity. Haller. Physiol. V. 1. In the egg the white part, which is analogous to the liquor amnii of quadrupeds, consists of two distinct parts; one of which is more viscid, and probably more difficult of digestion, and more nutritive than the other; and this latter is used in the last week of incubation. The yolk of the egg is a still stronger or more nutritive fluid, which is drawn up into the bowels of the chick just at its exclusion from the shell, and serves it for nourishment for a day or two, till it is able to digest, and has learnt to choose the harder feeds or grains, which are to afford it sustenance. Nothing analogous to this yolk is found in the fetus of lactiferous animals, as the milk is another nutritive fluid

ready

*The only use of the liquor  
amnii seems to be, for to prevent the  
effects of compression, & which*

ready prepared for the young progeny; it is also a curious circumstance, that the first milk of female animals after parturition is much thicker, like the yolk of egg, and much more coagulable, than that which is secreted after a few days, when the digestive powers of the offspring are become stronger.

The yolk therefore is not necessary to the spawn of fish, the eggs of insects, or for the seeds of vegetables; as their embryos have probably their food presented to them as soon as they are excluded from their shells, or have extended their roots. Whence it happens that some insects produce a living progeny in the spring and summer, and eggs in the autumn; and some vegetables have living roots or buds produced in the place of seeds, as the *polygonum viviparum*, and magical onions. See Botanic Garden, p. ii. art. *Anthoxanthum*.

There seems however to be a reservoir of nutriment prepared for some seeds besides their cotyledons or seed-leaves, which may be supposed in some measure analogous to the yolk of the egg. Such are the saccharine juices of apples, grapes, and other fruits, which supply nutrition to the seeds after they fall on the ground. And such is the milky juice in the centre of the cocoa-nut, and part of the kernel of it; the same I suppose of all other monocotyledon seeds, as of the palms, grasses, and lilies. The milky juice in the centre  
of

of the cocoa-nut seems curiously to resemble the chyle of animals, as it contains oil diffused with muelage and fugar, whence arifes its white colour; whereas the chyle or fap-juice of vegetables, which exfudes from wounds of birch or maple-trees in the vernal months, is transparent, and confifts only of fugar and mucilage, and in this circumftance differs from the chyle of animals.

II. 1. The procefs of generation is ftill involved in impenetrable obfcurity, conjectures may nevertheless be formed concerning fome of its circumftances. Firft, the eggs of fish and frogs are impregnated, after they leave the body of the female; becaufe they are deposited in a fluid, and are not therefore covered with a hard fhell. It is however remarkable, that neither frogs nor fish will part with their fpawn without the prefence of the male; on which account female carp and gold-fish in fmall ponds, where there are no males, frequently die from the diftention of their growing fpawn. 2. The eggs of fowls, which are laid without being impregnated, are feen to contain only the yolk and white, which are evidently the food or fufenance for the future chick. 3. As the cicatricula of thefe eggs is given by the cock, and is evidently the rudiment of the new animal; we may conclude, that the embryo is produced by the male, and the proper food and nidus by the female. For if the female be fuppofed to form an equal part of the em-  
1
bryon,

bryon, why should she form the whole of the apparatus for nutriment and for oxygenation? The male in many animals is larger, stronger, and digests more food than the female, and therefore should contribute as much or more towards the reproduction of the species; but if he contributes only half the embryo and none of the apparatus for sustenance and oxygenation, the division is unequal; the strength of the male, and his consumption of food are too great for the effect, compared with that of the female, which is contrary to the usual course of nature.

It has been supposed by some inquirers into the process of generation, that the male semen in many animals could not come into contact with the ovum of the female; and they have hence supposed, that an aerial or ethereal emanation from the semen virile might serve the purpose of stimulating into life the ovum muliebres, because in the vegetable stigma of some flowers no vessels have been seen to receive and transmit the bursting anther-dust; and because it is not possible, that the ejaculatio feminis in quadrupeds could send it through the fallopian tubes to the vesicles of the ovaria.

In respect to the analogies from other animals, 1st, It may be observed, that in the generation of frogs, it is well known, that the male sperm is effused in contact with the female spawn, as it leaves her body, and that in fish the male sperm is

is likewise effused on the female spawn after its production. 2d. In respect to vegetables, it must be recollected, that their vessels are so minute in diameter, that they have not in general been of sufficient size to be injected by coloured fluids; and are not thence so visible by microscopes as those of animals, and that it is probable, those of the stigma or pistillum of flowers, which are designed to absorb the solution of the anther-dust, which adheres to the moist stigma, may be always empty, or have their mouths closed, except when they are stimulated into action by the anther-dust, and may thence more easily escape observation. Nor do I know, that any one has endeavoured to detect these vessels by experiments with coloured liquids applied along with the male farina on the stigma for its absorption, or by dissecting the pistillum as in its recent or dry state, or by observing it in a state of charcoal.

In regard to quadrupeds, Dr. Haighton has shewn by a number of curious experiments on rabbits, published in the *Philosoph. Transact.* for the year 1797, that the male semen does not permeate the fallopian tubes, and consequently never arrives at the female ova, either in a liquid or aerial state; but that it is by the stimulus of the semen in the neck of the uterus; that the vesicles of the ovaria swell, and discharge the material, which has been called an ovum, though it does not possess a distinguishable form; and that  
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this is acquired and carried into the uterus by the peristaltic motions of the fallopian tubes, some hours after copulation. Here I suppose it finds the male semen, and that thus the new animal produced by the secretion of the male finds corresponding nutriment and situation in the female in all sexual progeny. But that no female apparatus is required in the production of the buds of trees, or in the adherent fetus of the polypus, or of the coral-insects.

In objection to this theory of generation it may be said, if the animalcula in femine, as seen by the microscope, be all of them rudiments of homunculi, when but one of them can find a nidus, what a waste nature has made of her productions? I do not assert that these moving particles, visible by the microscope, are homunciones; perhaps they may be the creatures of stagnation or putridity, or perhaps no creatures at all; but if they are supposed to be rudiments of homunculi, or embryos, such a profusion of them corresponds with the general efforts of nature to provide for the continuance of her species of animals. Every individual tree produces innumerable seeds, and every individual fish innumerable spawn, in such inconceivable abundance as would in a short space of time crowd the earth and ocean with inhabitants; and these are much more perfect animals than the animalcula in femine can be supposed to be, and perish in un-

counted millions. This argument only shews, that the productions of nature are governed by general laws; and that by a wise superfluity of provision she has ensured their continuance.

2. That the embryo is secreted or produced by the male, and not by the conjunction of fluids from both male and female, appears from the analogy of vegetable seeds. In the large flowers, as the tulip, there is no similitude of apparatus between the anthers and the stigma: the seed is produced according to the observations of Spallanzani long before the flowers open, and in consequence long before it can be impregnated, like the egg in the pullet. And after the prolific dust is shed on the stigma, the seed becomes coagulated in one point first, like the cicatrice of the impregnated egg. See Botanic Garden, Part I. additional note 38. Now in these simple products of nature, if the female contributed to produce the new embryo equally with the male, there would probably have been some visible similitude of parts for this purpose, besides those necessary for the nidus and sustenance of the new progeny. Besides in many flowers the males are more numerous than the females, or than the separate uterine cells in their germs, which would shew, that the office of the male was at least as important as that of the female; whereas if the male, besides producing the egg or seed, was to produce an equal part of the embryo,

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the office of reproduction would be unequally divided between them.

Add to this, that in the most simple kind of vegetable reproduction, I mean the buds of trees, which are the viviparous offspring, the leaf is evidently the parent of the bud, which rises in its bosom, according to the observation of Linnæus. This leaf consists of absorbent vessels, and pulmonary ones, to obtain its nutriment, and to impregnate it with oxygen. This simple piece of living organization is also furnished with a power of reproduction; and as the new offspring is thus supported adhering to its father, it needs no mother to supply it with a nidus, and nutriment, and oxygenation; and hence no female leaf has existence.

I did conceive that the vessels between the bud and the leaf communicated or inosculated; and that the bud was thus served with vegetable blood, that is, with both nutriment and oxygenation, till the death of the parent-leaf in autumn. And that in this respect it differed from the fetus of viviparous animals. But, since the former editions of this work were published, I have been induced to change that opinion; as on dissecting the bud of the horse-chestnut, *æsculus hippocastanum*, as mentioned below, no communication of vessels between the leaf and the bud generated in its bosom could be perceived, so that it is more probably nourished by absorbing the fluid, with

which it is furrounded, like the fetus of animals, as shewn in my work on vegetation, termed Phytologia. Sect. VII. 1. 2. Secondly, I conceive that then the bark-veffels belonging to the dead leaf, and in which I suppose a kind of manna to have been deposited, become now the placental veffels, if they may be so called, of the new bud. From the vernal sap thus produced of one sugar-maple-tree in New-York and in Pennsylvania, five or six pounds of good sugar may be made annually without destroying the tree. Account of maple-sugar by B. Rush. London, Phillips. (See Botanic Garden, Part I. additional note on vegetable placentation.)

These veffels, when the warmth of the vernal sun hatches the young bud, serve it with a saccharine nutriment, till it acquires leaves of its own, and shoots a new system of absorbents down the bark and root of the tree, just as the farinaceous or oily matter in seeds, and the saccharine matter in fruits, serve their embryos with nutriment, till they acquire leaves and roots. This analogy is as forceable in so obscure a subject, as it is curious, and may in large buds, as of the horse-chefnut, be almost seen by the naked eye; if with a penknife the remaining rudiment of the last year's leaf, and of the new bud in its bosom, be cut away slice by slice. The seven ribs of the last year's leaf will be seen to have arisen from the pith in seven distinct points making a curve; and

and the new bud to have been produced in their centre, and to have pierced the alburnum and cortex, and grown without the assistance of a mother. A similar process may be seen on dissecting a tulip-root in winter; the leaves, which enclosed the last year's flower-stalk, were not necessary for the flower; but each of these was the father of a new bud, which may be now found at its base; and which, as it adheres to the parent, required no mother.

This paternal offspring of vegetables, I mean their buds and bulbs, is attended with a very curious circumstance; and that is, that they exactly resemble their parents, as is observable in grafting fruit-trees, and in propagating flower-roots; whereas the feminal offspring of plants, being supplied with nutriment by the mother, is liable to perpetual variation. Thus also in the vegetable class dioccia, where the male flowers are produced on one tree, and the female ones on another; the buds of the male trees uniformly produce either male flowers, or other buds similar to themselves; and the buds of the female trees produce either female flowers, or other buds similar to themselves; whereas the seeds of these trees produce either male or female plants. From this analogy of the production of vegetable buds without a mother, I contend that the mother does not contribute to the formation of the living ens

in animal generation, but is necessary only for supplying its nutriment and oxygenation.

There is another vegetable fact published by M. Koelreuter, which he calls "a complete metamorphosis of one natural species of plants into another," which shews, that in seeds as well as in buds, the embryo proceeds from the male parent, though the form of the subsequent mature plant is in part dependant on the female. M. Koelreuter impregnated a stigma of the *nicotiana rustica* with the farina of the *nicotiana paniculata*, and obtained prolific seeds from it. With the plants which sprung from these seeds, he repeated the experiment, impregnating them with the farina of the *nicotiana paniculata*. As the mule plants which he thus produced were prolific, he continued to impregnate them for many generations with the farina of the *nicotiana paniculata*, and they became more and more like the male parent, till he at length obtained six plants in every respect perfectly similar to the *nicotiana paniculata*; and in no respect resembling their female parent the *nicotiana rustica*, *Blumenbach* on Generation.

3. It is probable that the insects, which are said to require but one impregnation for six generations, as the aphis (see *Amenit. Academ.*) produce their progeny in the manner above described, that is, without a mother, and not without

out a father; and thus experience a lucina sine concubitu. Those who have attended to the habits of the polypus, which is found in the stagnant water of our ditches in July, affirm, that the young ones branch out from the side of the parent like the buds of trees, and after a time separate themselves from them. This is so analogous to the manner in which the buds of trees appear to be produced, that these polypi may be considered as all male animals, producing embryos, which require no mother to supply them with a nidus, or with nutriment, and oxygenation.

This lateral or lineal generation of plants, not only obtains in the buds of trees, which continue to adhere to them, but is beautifully seen in the wires of knot-grass, *polygonum aviculare*, and in those of strawberries, *fragaria vesca*. In these an elongated creeping bud is protruded, and, where it touches the ground, takes root, and produces a new plant derived from its father, from which it acquires both nutriment and oxygenation; and in consequence needs no maternal apparatus for these purposes. In viviparous flowers, as those of *allium magicum*, and *polygonum viviparum*, the anthers and the stigmas become effete and perish; and the lateral or paternal offspring succeed instead of seeds, which adhere till they are sufficiently mature, and then fall upon the ground, and take root like other bulbs.

The lateral production of plants by wires, while each new plant is thus chained to its parent, and continues to put forth another and another, as the wire creeps onward on the ground, is exactly resembled by the tape-worm, or *tænia*, so often found in the bowels, stretching itself in a chain quite from the stomach to the rectum. Linnæus asserts, "that it grows old at one extremity, while it continues to generate young ones at the other, proceeding ad infinitum, like a root of grass. The separate joints are called gourd-worms, and propagate new joints like the parent without end, each joint being furnished with its proper mouth, and organs of digestion." *Systema naturæ. Vermes tenia.* In this animal there evidently appears a power of reproduction without any maternal apparatus for the purpose of supplying nutriment and oxygenation to the embryo, as it remains attached to its father till its maturity. The *volvox globator*, which is a transparent animal, is said by Linnæus to bear within it sons and grand-sons to the fifth generation. These are probably living fetuses, produced by the father, of different degrees of maturity, to be detruded at different periods of time, like the unimpregnated eggs of various sizes, which are found in poultry; and as they are produced without any known copulation, contribute to evince, that the living embryo in other orders of animals is formed by the male parent,

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and not by the mother, as one parent has the power to produce it.

This idea of the reproduction of animals from a single living filament of their fathers, appears to have been shadowed or allegorized in the curious account in sacred writ of the formation of Eve from a rib of Adam.

From all these analogies I conclude, that the embryo is produced solely by the male, and that the female supplies it with a proper nidus, with sustenance, and with oxygenation; and that the idea of the semen of the male constituting only a stimulus to the egg of the female, exciting it into life, (as held by some philosophers) has no support from experiment or analogy.

III. 1. Many ingenious philosophers have found so great difficulty, in conceiving the manner of the reproduction of animals, that they have supposed all the numerous progeny to have existed in miniature in the animal originally created; and that these infinitely minute forms are only evolved or distended, as the embryo increases in the womb. This idea, besides its being unsupported by any analogy we are acquainted with, ascribes a greater tenuity to organized matter, than we can readily admit; as these included embryos are supposed each of them to consist of the various and complicate parts of animal bodies: they must possess a much greater degree of minuteness, than that which was ascribed

cribed to the devils that tempted St. Anthony; of whom 20,000 were said to have been able to dance a faraband on the point of the finest needle without incommoding each other.

2. Others have supposed, that all the parts of the embryo are formed in the male, previous to its being deposited in the egg or uterus; and that it is then only to have its parts evolved or distended as mentioned above; but this is only to get rid of one difficulty by proposing another equally incomprehensible: they found it difficult to conceive, how the embryo could be formed in the uterus or egg, and therefore wished it to be formed before it came thither. In answer to both these doctrines it may be observed, 1st, that some animals, as the crab-fish, can reproduce a whole limb, as a leg which has been broken off; others, as worms and snails, can reproduce a head, or a tail, when either of them has been cut away; and that hence in these animals at least a part can be formed anew, which cannot be supposed to have existed previously in miniature.

Secondly, there are new parts or new vessels produced in many diseases, as on the cornea of the eye in ophthalmia, in wens and cancers, which cannot be supposed to have had a prototype or original miniature in the embryo.

Thirdly, how could mule-animals be produced, which partake of the forms of both the parents, if the original embryo was a miniature existing  
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in the semen of the male parent? if an embryo of the male ass was only expanded, no resemblance to the mare could exist in the mule.

This mistaken idea of the extension of parts seems to have had its rise from the mature man resembling the general form of the fetus; and from thence it was believed, that the parts of the fetus were distended into the man; whereas they have increased 100 times in weight, as well as 100 times in size; now no one will call the additional ninety-nine parts a distention of the original one part in respect to weight. Thus the uterus during pregnancy is greatly enlarged in thickness and solidity as well as in capacity, and hence must have acquired this additional size by accretion of new parts, not by an extension of the old ones; the familiar act of blowing up the bladder of an animal recently slaughtered has led our imaginations to apply this idea of distention to the increase of size from natural growth; which however must be owing to the apposition of new parts; as it is evinced from the increase of weight along with the increase of dimension; and is even visible to our eyes in the elongation of our hair from the colour of its ends; or when it has been dyed on the head; and in the growth of our nails from the specks sometimes observable on them; and in the increase of the white crescent at their roots, and in the growth of

of new flesh in wounds, which consists of new nerves as well as of new blood-veffels.

3. Lastly, Mr. Buffon has with great ingenuity imagined the existence of certain organic particles, which are supposed to be partly alive, and partly mechanic springs. The latter of these were discovered by Mr. Needham in the milt or male organ of a species of cuttle fish, called ealmar; the former, or living animalcula, are found in both male and female secretions, in the infusions of seeds, as of pepper, in the jelly of roasted veal, and in all other animal and vegetable substances. These organic particles he supposes to exist in the spermatie fluids of both sexes, and that they are derived thither from every part of the body, and must therefore resemble, as he supposes, the parts from whence they are derived. These organic particles he believes to be in constant activity, till they become mixed in the womb, and then they instantly join and produce an embryo or fetus similar to the two parents.

Many objections might be adduced to this ingenious theory; I shall only mention two. First, that it is analogous to no known animal laws. And secondly, that as these fluids, replete with organic particles derived both from the male and female organs, are supposed to be similar; there is no reason why the mother should not produce a female embryo without the assistance of the  
male,

male, and realize the *lucina sine concubitu*. See No. 8 and 9 of this section, and Sect. XXXVII. 3.

IV. 1. I conceive the primordium, or rudiment of the embryo, as secreted from the blood of the parent, to consist of a simple living filament as a muscular fibre; which I suppose to be an extremity of a nerve of loco-motion, as a fibre of the retina is an extremity of a nerve of sensation; as for instance one of the fibrils, which compose the mouth of an absorbent vessel; I suppose this living filament, of whatever form it may be, whether sphere, cube, or cylinder, to be endued with the capability of being excited into action by certain kinds of stimulus. By the stimulus of the surrounding fluid, in which it is received from the male, it may bend into a ring: and thus form the beginning of a tube. Such moving filaments, and such rings, are described by those, who have attended to microscopic animalcula. This living ring may now embrace or absorb a nutritive particle of the fluid, in which it swims; and by drawing it into its pores; or joining it by compression to its extremities, may increase its own length or crassitude; and by degrees the living ring may become a living tube.

2. With this new organization, or accretion of parts, new kinds of irritability may commence; for so long as there was but one living organ, it could only be supposed to possess irritability; since sensibility may be conceived to be an extension

tion of the effect of irritability over the rest of the system. These new kinds of irritability and of sensibility in consequence of new organization, appear from variety of facts in the more mature animal; thus the formation of the testes, and consequent secretion of the semen, occasion the passion of lust; the lungs must be previously formed before their exertions to obtain fresh air can exist; the throat or œsophagus must be formed previous to the sensation or appetites of hunger and thirst; one of which seems to reside at the upper end, and the other at the lower end of that canal.

Thus also the glans penis, when it is distended with blood, acquires a new sensibility, and a new appetency. The same occurs to the nipples of the breasts of female animals; when they are distended with blood, they acquire the new appetency of giving milk. So inflamed tendons and membranes, and even bones, acquire new sensations; and the parts of mutilated animals, as of wounded snails, and polypi, and crabs, are reproduced; and at the same time acquire sensations adapted to their situations. Thus when the head of a snail is reproduced after decollation with a sharp razor, those curious telescopic eyes are also reproduced, and acquire their sensibility to light, as well as their adapted muscles for retraction on the approach of injury.

With every new change, therefore, of organic  
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form, or addition of organic parts, I suppose a new kind of irritability or of sensibility to be produced; such varieties of irritability or of sensibility exist in our adult state in the glands; every one of which is furnished with an irritability, or a taste, or appetency, and a consequent mode of action peculiar to itself.

In this manner I conceive the vessels of the jaws to produce the teeth, those of the fingers to produce the nails, those of the skin to produce the hair; in the same manner as afterwards about the age of puberty the beard and other great changes in the form of the body, and disposition of the mind, are produced in consequence of the new secretion of semen; for if the animal is deprived of this secretion those changes do not take place. These changes I conceive to be formed not by elongation or distention of primeval stamina, but by apposition of parts; as the mature crab-fish, when deprived of a limb, in a certain space of time has power to regenerate it; and the tadpole puts forth its feet long after its exclusion from the spawn; and the caterpillar in changing into a butterfly acquires a new form, with new powers, new sensations, and new desires.

The natural history of butterflies, and moths, and beetles, and gnats, is full of curiosity; some of them pass many months, and others even years, in their caterpillar or grub state; they then

then rest many weeks without food, suspended in the air, buried in the earth, or submersed in water: and change themselves during this time into an animal apparently of a different nature; the stomachs of some of them, which before digested vegetable leaves or roots, now only digest honey; they have acquired wings for the purpose of seeking this new food, and a long proboscis to collect it from flowers, and I suppose a sense of smell to detect the secret places in flowers, where it is formed. The moths, which fly by night, have a much longer proboscis rolled up under their chins like a watch spring; which they extend to collect the honey from flowers in their sleeping state; when they are closed, and the nectaries in consequence more difficult to be plundered. The beetle kind are furnished with an external covering of a hard material to their wings, that they may occasionally again make holes in the earth, in which they passed the former state of their existence.

But what most of all distinguishes these new animals is, that they are now furnished with the powers of reproduction; and that they now differ from each other in sex, which does not appear in their caterpillar or grub state. In some of them the change from a caterpillar into a butterfly or moth seems to be accomplished for the sole purpose of their propagation; since they immediately die after this is finished, and take no  
food



food in the interim, as the silk-worm in this climate; though it is possible it might take honey as food, if it was presented to it. For in general it would seem, that food of a more stimulating kind, the honey of vegetables instead of their leaves, was necessary for the purpose of the feminal reproduction of these animals, exactly similar to what happens in vegetables; in these the juices of the earth are sufficient for their purpose of reproduction by buds or bulbs; in which the new plant seems to be formed by irritative motions, like the growth of their other parts, as their leaves or roots; but for the purpose of feminal or amatorial reproduction, where sensation is required, a more stimulating food becomes necessary for the anther and stigma; and this food is honey; as explained in Sect. XIII. on Vegetable Animation.

The gnat and the tadpole resemble each other in their change from natant animals with gills into aerial animals with lungs; and in their change of the element in which they live; and probably of the food, with which they are supported; and lastly, with their acquiring in their new state the difference of sex, and the organs of feminal or amatorial reproduction. While the polypus, who is their companion in their former state of life, not being allowed to change his form and element, can only propagate like vegetable buds by the same kind of irritative motions,

which produces the growth of his own body, without the seminal or amatorial propagation, which requires sensation; and which in gnats and tadpoles seems to require a change both of food and of respiration.

From hence I conclude, that with the acquisition of new parts, new sensations, and new desires, as well as new powers, are produced; and this by accretion to the old ones, and not by detention of them. And finally, that the most essential parts of the system, as the brain for the purpose of distributing the power of life, and the placenta for the purpose of oxygenating the blood, and the additional absorbent vessels for the purpose of acquiring aliment, are first formed by the irritations above mentioned, and by the pleasurable sensations attending those irritations, and by the exertions in consequence of painful sensations, similar to those of hunger and suffocation. After these an apparatus of limbs for future uses, or for the purpose of moving the body in its present natant state, and of lungs for future respiration, and of testes for future reproduction, are formed by the irritations and sensations, and consequent exertions of the parts previously existing, and to which the new parts are to be attached.

3. In confirmation of these ideas it may be observed, that all the parts of the body endeavour to grow, or to make additional parts to themselves  
throughout

throughout our lives ; but are restrained by the parts immediately containing them ; thus, if the skin be taken away, the fleshy parts beneath soon shoot out new granulations, called by the vulgar proud flesh. If the periosteum be removed, a similar growth commences from the bone. Now in the case of the imperfect embryo, the containing or confining parts are not yet supposed to be formed, and hence there is nothing to restrain its growth.

4. By the parts of the embryo being thus produced by new appositions, many phenomena both of animal and vegetable productions receive an easier explanation ; such as that many fetuses are deficient at the extremities, as in a finger or a toe, or in the end of the tongue, or in what is called a hare-lip with deficiency of the palate. For if there should be a deficiency in the quantity of the first nutritive particles laid up in the egg for the reception of the first living filament, the extreme parts, as being last formed, must shew this deficiency by their being imperfect.

This idea of the growth of the embryo accords also with the production of some monstrous births, which consist of a duplicature of the limbs, as chickens with four legs ; which could not occur, if the fetus was formed by the distention of an original flamen, or miniature. For if there should be a superfluity of the first nutritive particles laid up in the egg for the first living

filament; it is easy to conceive, that a duplication of some parts may be formed. And that such superfluous nourishment sometimes exists, is evinced by the double yolks in some eggs, which I suppose were thus formed previous to their impregnation by the exuberant nutriment of the hen.

This idea is confirmed by the analogy of the monsters in the vegetable world also; in which a duplicate or triplicate production of various parts of the flower is observable, as a triple nectary in some columbines, and a triple petal in some primroses; and which are supposed to be produced by abundant nourishment.

5. If the embryo be received into a fluid, the stimulus of which is different in some degree from the natural, as in the production of mule-animals, the new irritabilities or sensibilities acquired by the increasing or growing organized parts may differ, and thence produce parts not similar to the father, but of a kind belonging in part to the mother; and thus, though the original stamen or living ens was derived totally from the father, yet new irritabilities or sensibilities being excited, a change of form corresponding with them will be produced. Nor could the production of mules exist, if the stamen or miniature of all the parts of the embryo is previously formed in the male semen, and is only distended by nourishment in the female uterus. Whereas this difficulty ceases, if the embryo be supposed to consist

first of a living filament, which acquires or makes new parts with new irritabilities, as it advances its growth.

The form, solidity, and colour, of the particles of nutriment laid up for the reception of the first living filament, as well as their peculiar kind of stimulus, may contribute to produce a difference in the form, solidity, and colour of the fetus, so as to resemble the mother, as it advances in life. This also may especially happen during the first state of the existence of the embryo, before it has acquired organs, which can change these first nutritive particles, as explained in No. 5. 2. of this Section. And as these nutritive particles are supposed to be similar to those, which are formed for her own nutrition, it follows that the fetus should so far resemble the mother.

This explains, why hereditary diseases may be derived either from the male or female parent, as well as the peculiar form of either of their bodies. Some of these hereditary diseases are simply owing to a deficient activity of a part of the system, as of the absorbent vessels, which open into the cells or cavities of the body, and thus occasion dropsics. Others are at the same time owing to an increase of sensation, as in scrofula and consumption; in these the obstruction of the fluids is first caused by the inirritability of the vessels, and the inflammation and ulcers which succeed,

are caused by the consequent increase of sensation in the obstructed part. Other hereditary diseases, as the epilepsy, and other convulsions, consist in too great voluntary exertions in consequence of disagreeable sensation in some particular diseased part. Now as the pains, which occasion these convulsions, are owing to defect of the action of the diseased part, as shewn in Sect. XXXIV. it is plain, that all these hereditary diseases may have their origin either from defective irritability derived from the father, or from deficiency of the stimulus of the nutriment derived from the mother. In either case the effect would be similar; as a scrofulous race is frequently produced among the poor from the deficient stimulus of bad diet, or of hunger; and among the rich, by a deficient irritability from their having been long accustomed to too great stimulus, as of vinous spirit.

6. From this account of reproduction it appears, that all animals have a similar origin, viz. from a single living filament; and that the difference of their forms and qualities has arisen only from the different irritabilities and sensibilities, or voluntarities, or associabilities, of this original living filament; and perhaps in some degree from the different forms of the particles of the fluids, by which it has been at first stimulated into activity. And that from hence, as Linnæus has conjectured in respect to the vegetable world,

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it is not impossible, but the great variety of species of animals, which now tenant the earth, may have had their origin from the mixture of a few natural orders. And that those animal and vegetable mules, which could continue their species, have done so, and constitute the numerous families of animals and vegetables which now exist; and that those mules, which were produced with imperfect organs of generation, perished without reproduction, according to the observation of Aristotle; and are the animals, which we now call mules. See Botanic Garden, Part II. Note on Dianthus.

Such a promiscuous intercourse of animals is said to exist at this day in New South Wales by Captain Hunter. And that not only amongst the quadrupeds and birds of different kinds, but even amongst the fish; and, as he believes, amongst the vegetables. He speaks of an animal between the opossum and the kangaroo, from the size of a sheep to that of a rat. Many fish seemed to partake of the shark; some with a skait's head and shoulders, and the hind part of a shark; others with a shark's head and the body of a mullet; and some with a shark's head and the flat body of a sting-ray. Many birds partake of the parrot; some have the head, neck, and bill of a parrot, with long straight feet and legs; others with legs and feet of a parrot, with head and neck of

a sea-gull. Voyage to South Wales by Captain John Hunter, p. 68.

7. All animals therefore, I contend, have a similar cause of their organization, originating from a single living filament, endued indeed with different kinds of irritabilities and sensibilities, or of animal appetencies; which exist in every gland, and in every moving organ of the body, and are as essential to living organization as chemical affinities are to certain combinations of inanimate matter.

If I might be indulged to make a simile in a philosophical work, I should say, that the animal appetencies, are not only perhaps less numerous originally than the chemical affinities; but that like these latter, they change with every new combination; thus vital air and azote, when combined, produce nitrous acid; which now acquires the property of dissolving silver; so with every new additional part to the embryo, as of the throat or lungs, I suppose a new animal appetency to be produced.

In this early formation of the embryo from the irritabilities, sensibilities, and associabilities, and consequent appetencies, the faculty of volition can scarcely be supposed to have had its birth. For about what can the fetus deliberate when it has no choice of objects? But in the more advanced state of the fetus, it evidently possesses volition; as it frequently changes its attitude,



tude, though it seems to sleep the greatest part of its time; and afterwards the power of volition contributes to change or alter many parts of the body during its growth to manhood, by our early modes of exertion in the various departments of life. All these faculties then constitute the *vis fabricatrix*, and the *vis conservatrix*, as well as the *vis medicatrix* of nature, so much spoken of, but so little understood by philosophers.

8. When we revolve in our minds, first, the great changes, which we see naturally produced in animals after their nativity, as in the production of the butterfly with painted wings from the crawling caterpillar; or of the respiring frog from the subnatant tadpole; from the feminine boy to the bearded man, and from the infant girl to the lactescent woman; both which changes may be prevented by certain mutilations of the glands necessary to reproduction.

Secondly, when we think over the great changes introduced into various animals by artificial or accidental cultivation, as in horses, which we have exercised for the different purposes of strength or swiftness, in carrying burthens or in running races; or in dogs, which have been cultivated for strength and courage, as the bull-dog; or for acuteness of his sense of smell, as the hound and spaniel; or for the swiftness of his foot, as the greyhound; or for his swimming in the water, or for drawing snow-sledges,

as the rough-haired dogs of the north; or lastly, as a play-dog for children, as the lap-dog; with the changes of the forms of the cattle, which have been domesticated from the greatest antiquity, as camels, and sheep; which have undergone so total a transformation, that we are now ignorant from what species of wild animals they had their origin. Add to these the great changes of shape and colour, which we daily see produced in smaller animals from our domestication of them, as rabbits, or pigeons; or from the difference of climates and even of seasons; thus the sheep of warm climates are covered with hair instead of wool; and the hares and partridges of the latitudes, which are long buried in snow, become white during the winter months; add to these the various changes produced in the forms of mankind, by their early modes of exertion; or by the diseases occasioned by their habits of life; both of which became hereditary, and that through many generations. Those who labour at the anvil, the oar, or the loom, as well as those who carry sedan-chairs, or who have been educated to dance upon the rope, are distinguishable by the shape of their limbs; and the diseases occasioned by intoxication deform the countenance with leprous eruptions, or the body with tumid viscera, or the joints with knots and distortions.

Thirdly, when we enumerate the great changes produced in the species of animals before their  
 3 nativity;

nativity; these are such as resemble the form or colour of their parents, which have been altered by the cultivation or accidents above related, and are thus continued to their posterity. Or they are changes produced by the mixture of species as in mules; or changes produced probably by the exuberance of nourishment supplied to the fetus, as in monstrous births with additional limbs; many of these enormities of shape are propagated, and continued as a variety at least, if not as a new species of animal. I have seen a breed of cats with an additional claw on every foot; of poultry also with an additional claw, and with wings to their feet; and of others without rumps. Mr. Buffon mentions a breed of dogs without tails, which are common at Rome and at Naples, which he supposes to have been produced by a custom long established of cutting their tails close off. There are many kinds of pigeons, admired for their peculiarities, which are monsters thus produced and propagated. And to these must be added, the changes produced by the imagination of the male parent, as will be treated of more at large in No. VI. of this Section.

When we consider all these changes of animal form, and innumerable others, which may be collected from the books of natural history; we cannot but be convinced, that the fetus or embryo is formed by apposition of new parts, and not by the distention of a primordial nest of  
germes,

germes, included one within another, like the cups of a conjurer.

Fourthly, when we revolve in our minds the great similarity of structure which obtains in all the warm blooded animals, as well quadrupeds, birds, and amphibious animals, as in mankind; from the mouse and bat to the elephant and whale; one is led to conclude, that they have alike been produced from a similar living filament. In some this filament in its advance to maturity has acquired hands and fingers, with a fine sense of touch, as in mankind. In others it has acquired claws or talons, as in tygers and eagles. In others, toes with an intervening web, or membrane, as in seals and geese. In others it has acquired cloven hoofs, as in cows and swine; and whole hoofs in others, as in the horse. While in the bird kind this original living filament has put forth wings instead of arms or legs; and feathers instead of hair. In some it has protruded horns on the forehead instead of teeth in the fore part of the upper jaw; in others tusks instead of horns; and in others beaks instead of either. And all this exactly as is daily seen in the transmutations of the tadpole, which acquires legs and lungs, when he wants them; and loses his tail, when it is no longer of service to him.

Fifthly, from their first rudiment, or primordium, to the termination of their lives, all animals undergo perpetual transformations; which  
are

are in part produced by their own exertions in consequence of their desires and aversions, of their pleasures and their pains, or of irritations, or of associations; and many of these acquired forms or propensities are transmitted to their posterity. See Sect. XXXI. 1.

As air and water are supplied to animals in sufficient profusion, the three great objects of desire, which have changed the forms of many animals by their exertions to gratify them, are those of lust, hunger, and security. A great want of one part of the animal world has consisted in the desire of the exclusive possession of the females; and these have acquired weapons to combat each other for this purpose, as the very thick, shield-like, horny skin on the shoulder of the boar is a defence only against animals of his own species, who strike obliquely upwards, nor are his tusks for other purposes, except to defend himself, as he is not naturally a carnivorous animal. So the horns of the stag are sharp to offend his adversary, but are branched for the purpose of parrying or receiving the thrusts of horns similar to his own, and have therefore been formed for the purpose of combating other stags for the exclusive possession of the females; who are observed, like the ladies in the times of chivalry, to attend the car of the victor.

The birds, which do not carry food to their young, and do not therefore marry, are armed  
with

with spurs for the purpose of fighting for the exclusive possession of the females, as cocks and quails. It is certain that these weapons are not provided for their defence against other adversaries, because the females of these species are without this armour. The final cause of this contest amongst the males seems to be, that the strongest and most active animal should propagate the species, which should thence become improved.

Another great want consists in the means of procuring food, which has diversified the forms of all species of animals. Thus the nose of the swine has become hard for the purpose of turning up the soil in search of insects and of roots. The trunk of the elephant is an elongation of the nose for the purpose of pulling down the branches of trees for his food, and for taking up water without bending his knees. Beasts of prey have acquired strong jaws or talons. Cattle have acquired a rough tongue and a rough palate to pull off the blades of grass, as cows and sheep. Some birds have acquired harder beaks to crack nuts, as the parrot. Others have acquired beaks adapted to break the harder seeds, as sparrows. Others for the softer seeds of flowers, or the buds of trees, as the finches. Other birds have acquired long beaks to penetrate the moister soils in search of insects or roots, as woodcocks; and others broad ones to filtrate the water of lakes, and to retain aquatic

aquatic insects, as ducks. All which seem to have been gradually produced during many generations by the perpetual endeavour of the creatures to supply the want of food, and to have been delivered to their posterity with constant improvement of them for the purposes required.

The third great want amongst animals is that of security, which seems much to have diversified the forms of their bodies and the colour of them; these consist in the means of escaping other animals more powerful than themselves. Hence some animals have acquired wings instead of legs, as the smaller birds, for the purpose of escape. Others great length of fin, or of membrane, as the flying fish, and the bat. Others great swiftness of foot, as the hare. Others have acquired hard or armed shells, as the tortoise and the *echinus marinus*.

Mr. Osbeck, a pupil of Linnæus, mentions the American frog-fish, *lophius histrio*, which inhabits the large floating islands of sea-weed about the Cape of Good Hope, and has fulcra resembling leaves, that the fishes of prey may mistake it for the sea-weed, which it inhabits. Voyage to China, p. 113.

The contrivances for the purposes of security extend even to vegetables, as is seen in the wonderful and various means of their concealing or defending their honey from insects, and their seeds from birds. On the other hand swiftness  
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of wing has been acquired by hawks and swallows to pursue their prey; and a proboscis of admirable structure has been acquired by the bee, the moth, and the humming bird, for the purpose of plundering the nectaries of flowers. All which seem to have been formed by the original living filament, excited into action by the necessities of the creatures, which possess them, and on which their existence depends.

From thus meditating on the great similarity of the structure of the warm-blooded animals, and at the same time of the great changes they undergo both before and after their nativity; and by considering in how minute a portion of time many of the changes of animals above described have been produced; would it be too bold to imagine, that in the great length of time, since the earth began to exist, perhaps millions of ages before the commencement of the history of mankind, would it be too bold to imagine, that all warm-blooded animals have arisen from one living filament, which THE GREAT FIRST CAUSE endued with animality, with the power of acquiring new parts, attended with new propensities, directed by irritations, sensations, volitions, and associations; and thus possessing the faculty of continuing to improve by its own inherent activity, and of delivering down those improvements by generation to its posterity, world without end?

Sixthly,



Sixthly, The cold-blooded animals, as the fish-tribes, which are furnished with but one ventricle of the heart, and with gills instead of lungs, and with fins instead of feet or wings, bear a great similarity to each other; but they differ, nevertheless, so much in their general structure from the warm-blooded animals, that it may not seem probable at first view, that the same living filament could have given origin to this kingdom of animals, as to the former. Yet are there some creatures, which unite or partake of both these orders of animation, as the whales and seals; and more particularly the frog, who changes from an aquatic animal furnished with gills to an aerial one furnished with lungs.

The numerous tribes of insects without wings, from the spider to the scorpion, from the flea to the lobster; or with wings, from the gnat and the ant to the wasp and the dragon-fly, differ so totally from each other, and from the red-blooded classes above described, both in the forms of their bodies, and their modes of life; besides the organ of sense, which they seem to possess in their antennæ or horns, to which it has been thought by some naturalists, that other creatures have nothing similar; that it can scarcely be supposed that this nation of animals could have been produced by the same kind of living filament, as the red-blooded classes above mentioned. And yet the changes which many of them undergo in their

early state to that of their maturity, are as different, as one animal can be from another. As those of the gnat, which passes his early state in water, and then stretching out his new wings, and expanding his new lungs, rises in the air; as of the caterpillar, and bee-nymph, which feed on vegetable leaves or farina, and at length bursting from their self-formed graves, become beautiful winged inhabitants of the skies, journeying from flower to flower, and nourished by the ambrosial food of honey.

There is still another class of animals, which are termed vermes by Linnæus, which are without feet, or brain, and are hermaphrodites, as worms, leeches, snails, shell-fish, coralline insects, and sponges; which possess the simplest structure of all animals, and appear totally different from those already described. The simplicity of their structure, however, can afford no argument against their having been produced from a living filament as above contended.

Last of all the various tribes of vegetables are to be enumerated amongst the inferior orders of animals. Of these the anthers and stigmas have already been shewn to possess some organs of sense, to be nourished by honey, and to have the power of generation like insects, and have thence been announced amongst the animal kingdom in Sect. XIII. and to these must be added the buds and bulbs which constitute the viviparous offspring

spring of vegetation. The former I suppose to be beholden to a single living filament for their feminal or amatorial procreation; and the latter to the same cause for their lateral or branching generation, which they possess in common with the polypus, tænia, and volvox; and the simplicity of which is an argument in favour of the similarity of its cause.

Linnæus supposes, in the Introduction to his Natural Orders, that very few vegetables were at first created, and that their numbers were increased by their intermarriages, and adds, *suadent hæc Creatoris leges a simplicibus ad composita*. Many other changes seem to have arisen in them by their perpetual contest for light and air above ground, and for food or moisture beneath the soil. As noted in Botanic Garden, Part II. Note on *Cuscuta*. Other changes of vegetables from climate, or other causes, are remarked in the Note on *Curcuma* in the same work. From these one might be led to imagine, that each plant at first consisted of a single bulb or flower to each root, as the gentianella and daisy; and that in the contest for air and light new buds grew on the old decaying flower stem, shooting down their elongated roots to the ground, and that in process of ages tall trees were thus formed, and an individual bulb became a swarm of vegetables. Other plants, which in this contest for light and air were too slender to rise by their own strength, learned by

degrees to adhere to their neighbours, either by putting forth roots like the ivy, or by tendrils like the vine, or by spiral contortions like the honey-suckle; or by growing upon them like the mistleto, and taking nourishment from their barks; or by only lodging or adhering on them, and deriving nourishment from the air, as tilandsia.

Shall we then say that the vegetable living filament was originally different from that of each tribe of animals above described? And that the productive living filament of each of those tribes was different originally from the other? Or, as the earth and ocean were probably peopled with vegetable productions long before the existence of animals; and many families of these animals long before other families of them, shall we conjecture that one and the same kind of living filaments is and has been the cause of all organic life?

If this gradual production of the species and genera of animals be assented to, a contrary circumstance may be supposed to have occurred, namely, that some kinds by the great changes of the elements may have been destroyed. This idea is shewn to our senses by contemplating the petrifications of shells, and of vegetables, which may be said, like busts and medals, to record the history of remote times. Of the myriads of belemnites, cornua ammonis, and numerous  
 3. other

other petrified shells, which are found in the masses of limestone, which have been produced by them, none now are ever found in our seas, or in the seas of other parts of the world, according to the observations of many naturalists. Some of whom have imagined, that most of the inhabitants of the sea and earth of very remote times are now extinct; as they scarcely admit, that a single fossil shell bears a strict similitude to any recent ones, and that the vegetable impressions or petrifications found in iron-ores, clay, or sandstone, of which there are many of the fern kind, are not similar to any plants of this country, nor accurately correspond with those of other climates, which is an argument countenancing the changes in the forms, both of animals and vegetables, during the progressive structure of the globe, which we inhabit. See Townson's *Philos. of Mineralogy*, p. 110.

This idea of the gradual formation and improvement of the animal world accords with the observations of some modern philosophers, who have supposed that the continent of America has been raised out of the ocean at a later period of time than the other three quarters of the globe, which they deduce from the greater comparative heights of its mountains, and the consequent greater coldness of its respective climates, and from the less size and strength of its animals, as the tygers and allegators compared with those of

Asia or Africa. And lastly, from the less progress in the improvements of the mind of its inhabitants in respect to voluntary exertions.

This idea of the gradual formation and improvement of the animal world seems not to have been unknown to the ancient philosophers. Plato having probably observed the reciprocal generation of inferior animals, as snails and worms, was of opinion, that mankind with all other animals were originally hermaphrodites during the infancy of the world, and were in process of time separated into male and female. The breasts and teats of all male quadrupeds, to which no use can be now assigned, adds perhaps some shadow of probability to this opinion. Linnæus excepts the horse from the male quadrupeds, who have teats; which might have shewn the earlier origin of his existence; but Mr. J. Hunter asserts, that he has discovered the vestiges of them on his sheath, and has at the same time enriched natural history with a very curious fact concerning the male pigeon; at the time of hatching the eggs both the male and female pigeon undergo a great change in their crops; which thicken and become corrugated, and secrete a kind of milky fluid, which coagulates, and with which alone they for a few days feed their young, and afterwards feed them with this coagulated fluid mixed with other food. How this resembles the breasts of female quadrupeds after the production of  
their

their young! and how extraordinary, that the male should at this time give milk as well as the female! See Botanic Garden, Part II. Note on Curcuma.

The late Mr. David Hume, in his posthumous works, places the powers of generation much above those of our boasted reason; and adds, that reason can only make a machine, as a clock or a ship, but the power of generation makes the maker of the machine; and probably from having observed, that the greatest part of the earth has been formed out of organic recrements; as the immense beds of limestone, chalk, marble, from the shells of fish; and the extensive provinces of clay, sandstone, ironstone, coals, from decomposed vegetables; all which have been first produced by generation, or by the secretions of organic life; he concludes that the world itself might have been generated, rather than created; that is, it might have been gradually produced from very small beginnings, increasing by the activity of its inherent principles, rather than by a sudden evolution of the whole by the Almighty fiat.—What a magnificent idea of the infinite power of the THE GREAT ARCHITECT! THE CAUSE OF CAUSES! PARENT OF PARENTS! ENTENTIUM!

For if we may compare infinities, it would seem to require a greater infinity of power to cause the causes of effects, than to cause the effects themselves. This idea is analogous to the improving

excellence observable in every part of the creation; such as in the progressive increase of the solid or habitable parts of the earth from water; and in the progressive increase of the wisdom and happiness of its inhabitants; and is consonant to the idea of our present situation being a state of probation, which by our exertions we may improve, and are consequently responsible for our actions.

V. 1. The efficient cause of the various colours of the eggs of birds, and of the hair and feathers of animals, is a subject so curious, that I shall beg to introduce it in this place. The colours of many animals seem adapted to their purposes of concealing themselves either to avoid danger, or to spring upon their prey. Thus the snake and wild cat, and leopard, are so coloured as to resemble dark leaves and their lighter interstices; birds resemble the colour of the brown ground, or the green hedges, which they frequent; and moths and butterflies are coloured like the flowers which they rob of their honey. Many instances are mentioned of this kind in Botanic Garden, Part II. Note on Rubia.

These colours have, however, in some instances another use, as the black diverging area from the eyes of the swan; which, as his eyes are placed less prominent than those of other birds, for the convenience of putting down his head under water, prevents the rays of light from being reflected into his eye, and thus dazzling his sight,  
both



both in air and beneath the water; which must have happened, if that surface had been white like the rest of his feathers.

There is a still more wonderful thing concerning these colours adapted to the purpose of concealment; which is, that the eggs of birds are so coloured as to resemble the colour of the adjacent objects and their interstices. The eggs of hedge-birds are greenish with dark spots; those of crows and magpies, which are seen from beneath through wicker nets, are white with dark spots; and those of larks and partridges are russet or brown, like their nests or situations.

A thing still more astonishing is, that many animals in countries covered with snow become white in winter, and are said to change their colour again in the warmer months, as bears, hares, and partridges. Our domesticated animals lose their natural colours, and break into great variety, as horses, dogs, pigeons. The final cause of these colours is easily understood, as they serve some purposes of the animal, but the efficient cause would seem almost beyond conjecture.

First, the choroid coat of the eye, on which the semitransparent retina is expanded, is of different colour in different animals; in those which feed on grass it is green; from hence there would appear some connexion between the colour of the choroid coat and of that constantly painted on the retina by the green grass. Now, when  
the

the ground becomes covered with snow, it would seem, that that action of the retina, which is called whiteness, being constantly excited in the eye, may be gradually imitated by the extremities of the nerves of touch, or rete mucosum of the skin. And if it be supposed, that the action of the retina in producing the perception of any colour consists in so disposing its own fibres or surface, as to reflect those coloured rays only, and transmit the others like soap-bubbles; then that part of the retina, which gives us the perception of snow, must at that time be white; and that which gives us the perception of grass, must be green.

Then if by the laws of imitation, as explained in Section XII. 33. and XXXIX. 6. the extremities of the nerves of touch in the rete mucosum be induced into similar action, the skin or feathers, or hair, may in like manner so dispose their extreme fibres, as to reflect white; for it is evident, that all these parts were originally obedient to irritative motions during their growth, and probably continue to be so; that those irritative motions are not liable in a healthy state to be succeeded by sensation; which however is no uncommon thing in their diseased state, or in their infant state, as in plica polonica, and in very young pen-feathers, which are still full of blood.

It was shewn in Section XV. on the Production  
of

of Ideas, that the moving organ of sense in some circumstances resembled the object which produced that motion. Hence it may be conceived, that the rete mucosum, which is the extremity of the nerves of touch, may by imitating the motions of the retina become coloured. And thus, like the fable of the chameleon, all animals may possess a tendency to be coloured somewhat like the colours they most frequently inspect, and finally, that colours may be thus given to the egg-shell by the imagination of the female parent; which shell is previously a mucous membrane, indued with irritability, without which it could not circulate its fluids, and increase in its bulk. Nor is this more wonderful than that a single idea of imagination should in an instant colour the whole surface of the body of a bright scarlet, as in the blush of shame, though by a very different process. In this intricate subject nothing but loose analogical conjectures can be had, which may however lead to future discoveries; but certain it is that both the change of the colour of animals to white in the winters of snowy countries, and the spots on birds eggs, must have some efficient cause; since the uniformity of their production shews it cannot arise from a fortuitous concurrence of circumstances; and how is this efficient cause to be detected, or explained, but from its analogy to other animal facts?

2. The nutriment supplied by the female parent in viviparous animals to their young progeny may be divided into three kinds, corresponding with the age of the new creature. 1. The nutriment contained in the ovum as previously prepared for the embryo in the ovary. 2. The liquor amnii prepared for the fetus in the uterus, and in which it swims; and lastly, the milk prepared in the pectoral glands for the new-born child. There is reason to conclude that variety of changes may be produced in the new animal from all these sources of nutriment, but particularly from the first of them.

The organs of digestion and of sanguification in adults, and afterwards those of secretion, prepare or separate the particles proper for nourishment from other combinations of matter, or recombine them into new kinds of matter, proper to excite into action the filaments, which absorb or attract them by animal appetency. In this process we must attend not only to the action of the living filament which receives a nutritive particle to its bosom, but also to the kind of particle, in respect to form, or size, or colour, or hardness, which is thus previously prepared for it by digestion, sanguification, and secretion. Now as the first filament of entity cannot be furnished with the preparative organs above mentioned, the nutritive particles, which are at first to be received by it, are prepared by the mother; and deposited in

in the ovum ready for its reception. These nutritive particles must be supposed to differ in some respects, when thus prepared by different animals. They may differ in size, solidity, colour, and form; and yet may be sufficiently congenial to the living filament, to which they are applied; as to excite its activity by their stimulus, and its animal appetency to receive them, and to combine them with itself into organization.

By this first nutriment thus prepared for the embryo is not meant the liquor amnii, which is produced afterwards, nor the larger exterior parts of the white of the egg; but the fluid prepared, I suppose, in the ovary of viviparous animals, and that which immediately surrounds the cicatrix of an impregnated egg, and is visible to the eye in a boiled one.

Now these ultimate particles of animal matter prepared by the glands of the mother may be supposed to resemble the similar ultimate particles, which were prepared for her own nourishment; that is, to the ultimate particles of which her own organization consists. And that hence when these become combined with a new embryo, which in its early state is not furnished with stomach, or glands, to alter them; that new embryo will bear some resemblance to the mother.

This seems to be the origin of the compound forms of mules, which evidently partake of both  
parents,

parents, but principally of the male parent. In this production of chimeras the ancients seem to have indulged their fancies, whence the sphinxes, griffins, dragons, centaurs, and minotaurs, which are vanished from modern credulity.

It would seem, that in these unnatural conjunctions, when the nutriment deposited by the female was so ill adapted to stimulate the living filament derived from the male into action, and to be received, or embraced by it, and combined with it into organization, as not to produce the organs necessary to life, as the brain, or heart, or stomach, that no mule was produced. Where all the parts necessary to life in these compound animals were formed sufficiently perfect, except the parts of generation, those animals were produced which are now called mules.

The formation of the organs of sexual generation, in contradistinction to that by lateral buds, in vegetables, and in some animals, as the polypus, the tænia, and the volvox, seems the chef d'œuvre, the master-piece of nature; as appears from many flying insects, as in moths and butterflies, who seem to undergo a general change of their forms solely for the purpose of sexual reproduction, and in all other animals this organ is not complete till the maturity of the creature. Whence it happens that, in the copulation of animals of different species, the parts necessary to life are frequently completely formed; but those  
for

for the purpose of generation are defective, as requiring a nicer organization; or more exact coincidence of the particles of nutriment to the irritabilities or appetencies of the original living filament. Whereas those mules, where all the parts could be perfectly formed, may have been produced in early periods of time, and may have added to the numbers of our various species of animals, as before observed.

As this production of mules is a constant effect from the conjunction of different species of animals, those between the horse and the female ass always resembling the horse more than the ass; and those, on the contrary, between the male ass and the mare, always resembling the ass more than the mare; it cannot be ascribed to the imagination of the male animal which cannot be supposed to operate so uniformly; but to the form of the first nutritive particles, and to their peculiar stimulus exciting the living filament to select and combine them with itself. There is a similar uniformity of effect in respect to the colour of the progeny produced between a white man, and a black woman, which, if I am well informed, is always of the mulatto kind, or a mixture of the two; which may perhaps be imputed to the peculiar form of the particles of nutriment supplied to the embryo by the mother at the early period of its existence, and their peculiar stimulus; as this effect, like that of the mule progeny above treated

treated of, is uniform and consistent, and cannot therefore be ascribed to the imagination of either of the parents.

Dr. Thunberg observes, in his Journey to the Cape of Good Hope, that there are some families, which have descended from blacks in the female line for three generations. The first generation proceeding from an European, who married a tawny slave, remains tawny, but approaches to a white complexion; but the children of the third generation, mixed with Europeans, become quite white, and are often remarkably beautiful. Vol. i. p. 112.

When the embryo has produced a placenta, and furnished itself with vessels for selection of nutritious particles, and for oxygenation of them, no great change in its form or colour is likely to be produced by the particles of sustenance it now takes from the fluid, in which it is immersed; because it has now acquired organs to alter or new combine them. Hence it continues to grow whether this fluid, in which it swims, be formed by the uterus or by any other cavity of the body, as in extra-uterine gestation; and which would seem to be produced by the stimulus of the fetus on the sides of the cavity, where it is found, as mentioned before. And thirdly, there is still less reason to expect any unnatural change to happen to the child after its birth from the difference of the milk it now takes; because it has acquired  
a stomach,



a stomach, and lungs, and glands, of sufficient power to decompose and recombine the milk; and thus to prepare from it the various kinds of nutritious particles, which the appetencies of the various fibrils or nerves may require.

From all this reasoning I would conclude, that though the imagination of the female may be supposed to affect the embryo by producing a difference in its early nutriment; yet that no such power can affect it after it has obtained a placenta, and other organs; which may select or change the food, which is presented to it either in the liquor amnii, or in the milk. Now as the eggs in pullets, like the seeds in vegetables, are produced gradually, long before they are impregnated, it does not appear how any sudden effect of imagination of the mother at the time of impregnation can produce any considerable change in the nutriment already thus laid up for the expected or desired embryo. And that hence any changes of the embryo, except those uniform ones in the production of mules and mulattoes, more probably depend on the imagination of the male parent. At the same time it seems manifest, that those monstrous births, which consist in some deficiencies only, or some redundancies of parts, originate from the deficiency or redundancy of the first nutriment prepared in the ovary, or in the part of the egg immediately surrounding the cicatricula, as described above;

and which continues some time to excite the first living filament into action, after the simple animal is completed; or ceases to excite it, before the complete form is accomplished. The former of these circumstances is evinced by the eggs with double yolks, which frequently happen to our domesticated poultry, and which, I believe, are so formed before impregnation, but which would be well worth attending to, both before and after impregnation; as it is probable, something valuable on this subject might be learnt from them. The latter circumstance, or that of deficiency of original nutriment, may be deduced from reverse analogy.

There are, however, other kinds of monstrous births, which neither depend on deficiency of parts, or supernumerary ones; nor are owing to the conjunction of animals of different species; but which appear to be new conformations, or new dispositions of parts in respect to each other, and which, like the variation of colours and forms of our domesticated animals, and probably the sexual parts of all animals, may depend on the imagination of the male parent, which we now come to consider.

VI. 1. The nice actions of the extremities of our various glands are exhibited in their various productions, which are believed to be made by the gland; and not previously to exist as such in the blood. Thus the glands, which constitute the liver, make bile; those of the stomach make  
gastric

gastric acid; those beneath the jaw, saliva; those of the ears, ear-wax; and the like. Every kind of gland must possess a peculiar irritability, and probably a sensibility, at the early state of its existence; and must be furnished with a nerve of sense, or of motion, to perceive, and to select, and to combine the particles, which compose the fluid it secretes. And this nerve of sense which perceives the different articles which compose the blood, must at least be conceived to be as fine and subtle an organ, as the optic or auditory nerve, which perceives light or sound. See Sect. XIV. 9.

But in nothing is this nice action of the extremities of the blood-vessels so wonderful, as in the production of contagious matter. A small drop of variolous contagion diffused in the blood, or perhaps only by being inserted beneath the cuticle, after a time, (as about a quarter of a lunation,) excites the extreme vessels of the skin into certain motions, which produce a similar contagious material, filling with it a thousand pustules. So that by irritation, or by sensation in consequence of irritation, or by association of motions, a material is formed by the extremities of certain cutaneous vessels, exactly similar to the stimulating material, which caused the irritation, or consequent sensation, or association.

Many glands of the body have their motions, and in consequence their secreted fluids, affected

by pleasurable or painful ideas, since they are in many instances influenced by sensitive associations, as well as by the irritations of the particles of the passing blood. Thus the idea of meat, excited in the minds of hungry dogs, by their sense of vision, or of smell, increases the discharge of saliva, both in quantity and viscidness; as is seen in its hanging down in threads from their mouths, as they stand round a dinner-table. The sensations of pleasure, or of pain, of peculiar kinds, excite in the same manner a great discharge of tears; which appear also to be more saline at the time of their secretion, from their inflaming the eyes and eye-lids. The paleness from fear, and the blush of shame, and of joy, are other instances of the effects of painful or pleasurable sensations, on the extremities of the arterial system.

It is probable, that the pleasurable sensation excited in the stomach by food, as well as its irritation, contributes to excite into action the gastric glands, and to produce a greater secretion of their fluids. The same probably occurs in the secretion of bile; that is, that the pleasurable sensation excited in the stomach, affects this secretion by sensitive association, as well as by irritative association.

And lastly it would seem, that all the glands in the body have their secreted fluids affected, in quantity and quality, by the pleasurable or painful sensations, which produce or accompany those

those secretions. And that the pleasurable sensations arising from these secretions may constitute the unnamed pleasure of existence, which is contrary to what is meant by *tædium vitæ*, or ennui; and by which we sometimes feel ourselves happy, without being able to ascribe it to any mental cause, as after an agreeable meal, or in the beginning of intoxication.

Now it would appear, that no secretion or excretion of fluid is attended with so much agreeable sensation, as that of the semen; and it would thence follow, that the glands, which perform this secretion, are more likely to be much affected by their catenations with pleasurable sensations. This circumstance is certain, that much more of this fluid is produced in a given time, when the object of its exclusion is agreeable to the mind.

2. A forcible argument, which shews the necessity of pleasurable sensation to copulation, is, that the act cannot be performed without it; it is easily interrupted by the pain of fear or bashfulness; and no efforts of volition or of irritation can effect this process, except such as induce pleasurable ideas or sensations. See Sect. XXXIII. 1. 1.

A curious analogical circumstance attending hermaphrodite insects, as snails and worms, still further illustrates this theory; if the snail or worm could have impregnated itself, there might

have been a saving of a large male apparatus; but as this is not so ordered by nature, but each snail and worm reciprocally receives and gives impregnation, it appears, that a pleasurable excitation seems also to have been required.

This wonderful circumstance of many insects being hermaphrodites, and at the same time not having power to impregnate themselves, is attended to by Dr. Lister, in his *Exercitationes Anatom. de Limacibus*, p. 145; who, amongst many other final causes, which he adduces to account for it, adds, *ut tam trifibus et frigidis animalibus majori cum voluptate perficiatur venus*.

There is, however, another final cause, to which this circumstance may be imputed: it was observed above, that vegetable buds and bulbs, which are produced without a mother, are always exact resemblances of their parent; as appears in grafting fruit-trees, and in the flower-buds of the dioiceous plants, which are always of the same sex on the same tree; hence those hermaphrodite insects, if they could have produced young without a mother, would not have been capable of that change or improvement, which is seen in all other animals, and in those vegetables, which are procreated by the male embryo received and nourished by the female. And it is hence probable, that if vegetables could only have been produced by buds and bulbs, and not by sexual generation, that there would not at this time have

have existed one thousandth part of their present number of species; which have probably been originally mule-productions; nor could any kind of improvement or change have happened to them, except by the difference of soil or climate.

3. I conclude, that the imagination of the male at the time of copulation, or at the time of the secretion of the semen, may so affect this secretion by irritative or sensitive association, as described in No. V. 1. of this section, as to cause the production of similarity of form and of features, with the distinction of sex; as the motions of the chisel of the turner imitate or correspond with those of the ideas of the artist. It is not here to be understood, that the first living fibre, which is to form an animal, is produced with any similarity of form to the future animal; but with propensities, or appetences, which shall produce by accretion of parts the similarity of form, feature, or sex, corresponding to the imagination of the father.

Our ideas are movements of the nerves of sense, as of the optic nerve in recollecting visible ideas, suppose of a triangular piece of ivory. The fine moving fibres of the retina act in a manner to which I give the name of white; and this action is confined to a defined part of it; to which figure I give the name of triangle. And it is a preceding pleasurable sensation existing in my mind, which occasions me to produce this particular

ticular motion of the retina, when no triangle is present. Now it is probable, that the acting fibres of the ultimate terminations of the secreting apertures of the vessels of the testes, are as fine as those of the retina; and that they are liable to be thrown into that peculiar action, which marks the sex of the secreted embryo, by sympathy with the pleasurable motions of the nerves of vision or of touch; that is, with certain ideas of imagination. From hence it would appear, that the world has long been mistaken in ascribing great power to the imagination of the female, whereas from this account of it, the real power of imagination, in the act of generation, belongs solely to the male. See Sect. XII. 3. 3.

It may be objected to this theory, that a man may be supposed to have in his mind, the idea of the form and features of the female, rather than his own, and therefore there should be a greater number of female births. On the contrary, the general idea of our own form occurs to every one almost perpetually; and is termed consciousness of our existence, and thus may effect, that the number of males surpasses that of females. See Sect. XV. 3. 4. and XVIII. 13. And what further confirms this idea is, that the male children most frequently resemble the father in form, or feature, as well as in sex; and the female most frequently resemble the mother, in feature, and form, as well as in sex.



It may again be objected, if a female child sometimes resembles the father, and a male child the mother, the ideas of the father, at the time of procreation, must suddenly change from himself to the mother, at the very instant, when the embryo is secreted or formed. This difficulty ceases when we consider, that it is as easy to form an idea of feminine features with male organs of reproduction, or of male features with female ones, as the contrary; as we conceive the idea of a sphinx or mermaid as easily and as distinctly as of a woman. Add to this, that at the time of procreation the idea of the male organs, and of the female features, are often both excited at the same time, by contact, or by vision.

I ask, in my turn, is the sex of the embryo produced by accident? Certainly whatever is produced has a cause; but when this cause is too minute for our comprehension, the effect is said in common language to happen by chance, as in throwing a certain number on dice. Now what cause can occasionally produce the male or female character of the embryo, but the peculiar actions of those glands, which form the embryo? And what can influence or govern these actions of the gland, but its associations or catenations with other sensitive motions? Nor is this more extraordinary, than that the catenations of irritative motions with the apparent vibrations of objects at sea should produce sickness of the stomach;

stomach; or that a nauseous stroy should occasion vomiting.

4. An argument, which evinces the effect of imagination on the first rudiment of the embryo, may be deduced from the production of some peculiar monsters. Such, for instance, as those which have two heads joined to one body, and those which have two bodies joined to one head; of which frequent examples occur amongst our domesticated quadrupeds, and poultry. It is absurd to suppose, that such forms could exist in primordial germes, as explained in No. IV. 4. of this section. Nor is it possible, that such deformities could be produced by the growth of two embryos, or living filaments; which should afterwards adhere together; as the head and tail part of different polypi are said to do (Blumenbach on Generation. Cadell, London); since in that case one embryo, or living filament, must have begun to form one part first, and the other another part first. But such monstrous conformations become less difficult to comprehend, when they are considered as an effect of the imagination, as before explained, on the living filament at the time of its secretion; and that such duplicature of limbs was produced by accretion of new parts, in consequence of propensities, or animal appetencies, thus acquired from the male parent.

For instance, I can conceive, if a turkey-cock should behold a rabbit, or a frog, at the time of procreation,

procreation, that it might happen, that a forcible or even a pleasurable idea of the form of a quadruped might so occupy his imagination, as to cause a tendency in the nascent filament to resemble such a form, by the apposition of a duplicature of limbs. Experiments on the production of mules and monsters would be worthy the attention of a Spallanzani, and might throw much light upon the subject, which at present must be explained by conjectural analogies.

The wonderful effect of imagination, both in the male and female parent, is shewn in the production of a kind of milk in the crops both of the male and female pigeons after the birth of their young, as observed by Mr. Hunter, and mentioned before. To this should be added, that there are some instances of men having had milk secreted in their breasts, and who have given suck to children, as recorded by Mr. Buffon. This effect of imagination, of both the male and female parent, seems to have been attended to in very early times; Jacob is said not only to have placed rods of trees, in part stripped of their bark, so as to appear spotted, but also to have placed spotted lambs before the flocks, at the time of their copulation. Genesis, chap. xxx. verse 40.

5. In respect to the imagination of the mother, it is difficult to comprehend, how this can produce any alteration in the fetus, except by affecting

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ing the nutriment laid up for its first reception, as described in No. V. 2. of this section, or by affecting the nourishment or oxygenation with which she supplies it afterwards. Perpetual anxiety may probably affect the secretion of the liquor amnii into the uterus, as it enfeebles the whole system; and sudden fear is a frequent cause of miscarriage; for fear, contrary to joy, decreases for a time the action of the extremities of the arterial system; hence sudden paleness succeeds, and a shrinking or contraction of the vessels of the skin, and other membranes. By this circumstance, I imagine, the terminations of the placental vessels are detached from their adhesions, or insertions, into the membrane of the uterus; and the death of the child succeeds, and consequent miscarriage.

Of this I recollect a remarkable instance, which could be ascribed to no other cause, and which I shall therefore relate in few words. A healthy young woman, about twenty years of age, had been about five months pregnant, and going down into her cellar to draw some beer, was frightened by a servant boy starting up from behind the barrel, where he had concealed himself with design to alarm the maid-servant, for whom he mistook his mistress. She came with difficulty up stairs, began to flood immediately, and miscarried in a few hours. She has since  
borne

borne several children, nor ever had any tendency to miscarry of any of them.

In respect to the power of the imagination of the male over the form, colour, and sex of the progeny, the following instances have fallen under my observation, and may perhaps be found not very unfrequent, if they were more attended to. I am acquainted with a gentleman, who has one child with dark hair and eyes, though his lady and himself have light hair and eyes; and their other four children are like their parents. On observing this dissimilarity of one child to the others he assured me, that he believed it was his own imagination, that produced the difference; and related to me the following story. He said, that when his lady lay in of her third child, he became attached to a daughter of one of his inferior tenants, and offered her a bribe for her favours in vain; and afterwards a greater bribe, and was equally unsuccessful; that the form of this girl dwelt much in his mind for some weeks, and that the next child, which was the dark-eyed young lady above mentioned, was exceedingly like, in both features and colour, to the young woman who refused his addresses.

To this instance I must add, that I have known two families, in which, on account of an intailed estate in expectation, a male heir was most eagerly desired by the father; and on the contrary, girls were produced to the seventh in one,  
and

and to the ninth in another; and then they had each of them a son. I conclude, that the great desire of a male heir by the father produced rather a disagreeable than an agreeable sensation; and that his ideas dwelt more on the fear of generating a female, than on the pleasurable sensations or ideas of his own male form or organs at the time of copulation, or of the secretion of the semen; and that hence the idea of the female character was more present to his mind than that of the male one; till at length in despair of generating a male these ideas ceased, and those of the male character presided at the genial hour.

6. Hence I conclude, that the act of generation cannot exist without being accompanied with ideas, and that a man must have at that time either a general idea of his own male form, or of the form of his male organs; or an idea of the female form, or of her organs; and that this marks the sex, and the peculiar resemblances of the child to either parent. From whence it would appear, that the phalli, which were hung round the necks of the Roman ladies, or worn in their hair, might have effect in producing a greater proportion of male children; and that the calipædia, or art of begetting beautiful children, and of procreating either males or females, may be taught by affecting the imagination of the male-parent; that is, by the fine extremities of the seminal glands imitating the actions of  
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the organs of sense either of sight or touch. But the manner of accomplishing this cannot be unfolded with sufficient delicacy for the public eye; but may be worth the attention of those, who are seriously interested in the procreation of a male or female child.

*Recapitulation.*

VII. 1. A certain quantity of nutritive particles are produced by the female parent before impregnation, which require no further digestion, secretion, or oxygenation. Such are seen in the unimpregnated eggs of birds, and in the unimpregnated seed-vessels of vegetables.

2. A living filament is produced by the male, which being inserted amidst these first nutritive particles, is stimulated into action by them; and in consequence of this action, some of the nutritive particles are embraced, and added to the original living filament; in the same manner as common nutrition is performed in the adult animal.

3. Then this new organization, or additional part, becomes stimulated by the nutritive particles in its vicinity, and sensation is now superadded to irritation; and other particles are in consequence embraced, and added to the living filament; as is seen in the new granulations of flesh in ulcers.

By the power of association, or by irritation,  
the

the parts already produced continue their motions; and new ones are added by sensation, as above mentioned; and lastly by volition, which last sensorial power is proved to exist in the fetus in its maturer age, because it has evidently periods of activity and of sleeping; which last is another word for a temporary suspension of volition.

The original living filament may be conceived to possess a power of repulsing the particles applied to certain parts of it, as well as of embracing others, which stimulate other parts of it; as these powers exist in different parts of the mature animal; thus the mouth of every gland embraces the particles or fluid, which suit its appetency; and its excretory duct repulses those particles, which are disagreeable to it.

4. Thus the outline or miniature of the new animal is produced gradually, but in no great length of time; because the original nutritive particles require no previous preparation by digestion, secretion, and oxygenation: but require simply the selection and apposition, which is performed by the living filament. Mr. Blumenbach says, that he possesses a human fetus of only five weeks old, which is the size of a common bee, and has all the features of the face, every finger, and every toe complete; and in which the organs of generation are distinctly seen. P. 76. In another fetus, whose head was not larger than a  
pea,



pea, the whole of the basis of the skull with all its depressions, apertures, and processes, were marked in the most sharp and distinct manner, though without any ossification. Ib.

5. In some cases by the nutriment originally deposited by the mother the filament acquires parts not exactly similar to those of the father, as in the production of mules and mulattoes. In other cases, the deficiency of this original nutriment causes deficiencies of the extreme parts of the fetus, which are last formed, as the fingers, toes, lips. In other cases, a duplicature of limbs, is caused by the superabundance of this original nutritive fluid, as in the double yolks of eggs, and the chickens from them with four legs and four wings. But the production of other monsters, as those with two heads, or with parts placed in wrong situations, seems to arise from the imagination of the father being in some manner imitated by the extreme vessels of the seminal glands; as the colours of the spots on eggs, and the change of the colour of the hair and feathers of animals by domestication, may be caused in the same manner by the imagination of the mother.

6. The living filament is a part of the father, and has therefore certain propensities, or appetencies, which belong to him; which may have been gradually acquired during a million of generations, even from the infancy of the habi-

table earth; and which now possesses such properties, as would render, by the apposition of nutritious particles, the new fetus exactly similar to the father; as occurs in the buds and bulbs of vegetables, and in the polypus, and tænia or tape-worm. But as the first nutriment is supplied by the mother, and therefore resembles such nutritive particles, as have been used for her own nutriment or growth, the progeny takes in part the likeness of the mother.

Other similarities of the excitability, or of the form of the male parent, such as the broad or narrow shoulders, or such as constitute certain hereditary diseases, as scrofula, epilepsy, insanity, have their origin produced in one or perhaps two generations; as in the progeny of those who drink much vinous spirits; and those hereditary propensities cease again, as I have observed, if one or two sober generations succeed; otherwise the family becomes extinct.

This living filament from the father is also liable to have its propensities, or appetencies, altered at the time of its production by the imagination of the male parent; the extremities of the feminal glands imitating the motions of the organs of sense; and thus the sex of the embryo is produced; which may be thus made a male or a female by affecting the imagination of the father at the time of impregnation. See Sect. XXXIX. 6. 3. and 7.

7. After the fetus is thus completely formed together with its umbilical vessels and placenta, it is now supplied with a different kind of food, as appears by the difference of consistency of the different parts of the white of the egg, and of the liquor amnii, for it has now acquired organs for digestion or secretion, and for oxygenation, though they are as yet feeble; which can in some degree change, as well as select, the nutritive particles, which are now presented to it. But may yet be affected by the deficiency of the quantity of nutrition supplied by the mother, or by the degree of oxygenation supplied to its placenta by the maternal blood.

The augmentation of the complete fetus by additional particles of nutriment is not accomplished by distention only, but by apposition to every part both external and internal; each of which acquires by animal appetencies the new addition of the particles which it wants. And hence the enlarged parts are kept similar to their prototypes, and may be said to be extended; but their extension must be conceived only as a necessary consequence of the enlargement of all their parts by apposition of new particles.

Hence the new apposition of parts is not produced by capillary attraction, because the whole is extended; whereas capillary attraction would rather tend to bring the sides of flexible tubes together, and not to distend them. Nor is it

produced by chemical affinities, for then a solution of continuity would succeed, as when sugar is dissolved in water; but it is produced by an animal process, which is the consequence of irritation, or sensation; and which may be termed animal appetency.

This is further evinced from experiments, which have been instituted to shew, that a living muscle of an animal body requires greater force to break it, than a similar muscle of a dead body. Which evinces, that besides the attraction of cohesion, which all matter possesses, and besides the chemical attractions of affinities, which hold many bodies together, there is an animal adhesion, which adds vigour to these common laws of the inanimate world.

8. At the nativity of the child it deposits the placenta or gills, and by expanding its lungs acquires more plentiful oxygenation from the currents of air, which it must now continue perpetually to respire to the end of its life; as it now quits the liquid element, in which it was produced, and like the tadpole, when it changes into a frog, becomes an aerial animal.

9. As the habitable parts of the earth have been, and continue to be, perpetually increasing by the production of sea-shells and corallines, and by the recrements of other animals, and vegetables; so from the beginning of the existence of this terraqueous globe, the animals,  
which

which inhabit it, have constantly improved, and are still in a state of progressive improvement.

This idea of the gradual generation of all things seems to have been as familiar to the ancient philosophers as to the modern ones; and to have given rise to the beautiful hieroglyphic figure of the *πρωτον ωον*, or first great egg, produced by NIGHT, that is, whose origin is involved in obscurity, and animated by *ερος*, that is, by DIVINE LOVE; from whence proceeded all things which exist.

*Appendix.*

VIII. 1. Since the former publication of the preceding Section on Generation, I have been induced in my treatise on Phytologia, to give more attention to the lateral or solitary generation of vegetables in the production of their buds, hoping from thence to throw some light on their sexual generation in the production of seeds; and in consequence on the propagation of more perfect animals, which I shall here relate, believing that it may interest the philosophical reader, observing only, that by the vegetable facts here attended to, I am now induced to believe, that the embryos of complicate animal and vegetable bodies are not formed from a single filament as above delivered; but that their structure commences in many parts at the same time, though it

is probable, that the most simple or first exordium of animation was begun by a single filament, and continues to do so in the spontaneous production of the smallest microscopic animals, which do not appear to have been generated by other animalcula similar to themselves, as further spoken of in No. 11. 5. of this Section.

1. It is shewn at large in the work above mentioned, that every bud of a tree is an individual vegetable, and consists of the plumula or leaf at its summit, of a long caudex extending from this summit downwards to the earth, forming a filament of the bark, and lastly of radicles beneath the soil: it is also shewn, that every bud possesses the power of germination or reproduction, not only in the axilla of the leaf, which is most common, but from any part of the long caudex gemmæ above mentioned, as appears from new buds springing out from any part of the bark, when the top of a branch is cut off.

Now if a scion of a nonpareil apple be ingrafted on a crab stock, and a golden-pippin be ingrafted on the nonpareil, what happens?—The caudex of the bud of the golden-pippin consists of its proper absorbent vessels, arteries, and veins, till it reaches down to the nonpareil stock; and then the continuation of its caudex downwards consists of vessels similar to those of the nonpareil; and when its caudex descends still  
lower,

lower, it consists of vessels similar to those of the crab-stock.

The truth of this is shewn by two circumstances; first, because the lower parts of this compound tree will occasionally put forth buds similar to the original stock. And secondly, because in some ingrafted trees, where a quick-growing scion has been inserted into a stock of slower growth, as is often seen in old cherry-trees, the upper part of the trunk of the tree has become of almost double the diameter of the lower part. Both which occurrences shew, that the lower part of the trunk of the tree continues to be of the same kind, though it must have been so repeatedly covered over with new circles of wood, bark, and cuticle.

Now as the caudex of each bud, which passes the whole length of the trunk of the tree, and forms a communication from the upper part or plumula, to the lower part or radicle, must consist in these doubly ingrafted trees of three different kinds of caudexes, resembling those of the different stocks or scions; we acquire a knowledge of what may be termed a lateral or paternal mule, in contradistinction to a sexual mule. For as in these trees thus combined by ingraftment every bud has the upper part of its caudex that of a golden-pippin, the middle part of it that of a nonparcil, and the lower part of it that of a crab; if these caudexes, which constitute the

filaments of the bark could be separated intire from the tree with their plumules and radicles, they would exhibit so many lateral or paternal mules, consisting of the connected parts of their three parents; the plumula belonging to the upper parent, and the radicle to the lower one, and the triple caudex to them all.

A separation of these buds from the parent plant is said to have been observed by Mr. Blumenbach, in the *conferva fontinalis*, a vegetable which consists of small short slender threads, which grow in our fountains, and fix their roots in the mud. He observed by magnifying glasses, that the extremities of the threads swell, and form small tubera or heads; which gradually separate from the parent threads, attach themselves to the ground, and become perfect vegetables; the whole progress of their formation can be observed in forty-eight hours. Observations on plants by Von Uslar. Creech, Edinb.

2. The lateral propagation of the polypus found in our ditches in July, but more particularly that of the *hydra stentorea*, is wonderfully analogous to the above idea of the lateral generation of vegetables. The *hydra stentorea*, according to the account of Mons. Trembley, multiplies itself by splitting lengthwise; and in twenty-four hours these divisions, which adhere to a common pedicle, resplit, and form four distinct animals, These four in an equal time split  
again,



again, and thus double their number daily; till they acquire a figure somewhat resembling a nose-gay. The young animals afterwards separate from the parent, attach themselves to aquatic plants, and give rise to new colonies.

Another curious animal fact is related by Blumenbach in his Treatise on Generation concerning the fresh water polypus. He cut two of them in halves, which were of different colours, and applying the upper part of one to the lower part of the other by means of a glass tube, and retaining them thus for some time in contact with each other, the two divided extremities united, and became one animal. The facile union of the divided halves of different polypi is also asserted by Mr. Adams. Treatise on Microscopes.

The intelligent reader has already anticipated me in applying these wonderful modes of lateral animal reproduction and conjunction, to the lateral propagation and ingraftment of vegetables. The junction of the head part of one polypus to the tail-part of another is exactly represented by the ingraftment of a scion on the stock of another tree, the plumula or apex of each bud with the upper part of its caudex joins to the long caudex of the stock, which passing down the trunk terminates in the radicles of it. And if this compound vegetable could be separated longitudinally from the other long filaments of the bark in its vicinity, like the fibres of the bark of  
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the mulberry tree prepared at Otaheite, or as the bark of hemp and flax are prepared in this country, as the young ones of the hydra stentorea separate from their parents, it might claim the name of a lateral or paternal mule, as above mentioned.

3. It hence appears, that every new bud of a tree, where two scions have been inserted over each other on a stock, if it could be separated from the plume to the radicle, must consist of three different kinds of caudex; and might therefore be called a triple lateral mule. And that hence it follows, that every part of this new triple caudex must have been separated or secreted laterally from the adjoining part of the trunk of the tree; and that it could not be formed, as I formerly believed, from the roots of the plume of the bud descending from the upper part of the caudex of it to the earth. A circumstance of great importance in the investigation of the curious subject of the lateral generation of vegetables, and of insects.

One might hence suspect, that if Blumenbach had attended to the propagation of the polypus, which he had composed of two half polypi, that the young progeny might have possessed two colours resembling the compound parent, like the different caudexes of ingrafted trees; an experiment well worthy repeated observation.

4. Another animal fact ought also to be here mentioned,

mentioned, that many insects, as common earth worms as well as the polypus, are said to possess so much life throughout a great part of their system; that they may be cut into two or more pieces without destroying them; as each piece will acquire a new head, or a new tail, or both, and the insect will thus become multiplied! How exactly this is resembled by the long caudex of the buds of trees; which possess such vegetable life from one extremity to the other, that when the head or plume is lopped off, it can produce a new plume, and when the lower part is cut off, it can produce new radicles; and may be thus wonderfully multiplied!

This curious vegetable phenomenon is worthy our attention and remembrance; for as each filament of the new bark of a tree constitutes a caudex of an embryo bud; when the summit of a twig is lopped off, which contained the plumules or embryo leaves of many of them; each embryo caudex can generate new plumules or embryo leaves; and new radicles, when the lower part of a twig is cut off, and the upper part planted; which demonstrates, that the primary parts of a vegetable embryo may produce secondary parts; and that hence it is not necessary, that the whole of an animal fetus should be formed at the same time.

5. Hence we acquire some new and important ideas concerning the lateral generation of vegetables,

tables, and which may probably contribute to elucidate their sexual generation. These are, first, that the parts of the long caudex of each new bud of an ingrafted tree, and consequently of all trees, are separated or secreted from the correspondent or adjoining parts of the long caudex of the last year's bud, which was its parent. And not that it consists of the roots of each new bud shot down from the plumula or apex of it; as I formerly supposed. And that these various molecules or fibrils secreted from the caudex of the last year's buds adjoin and grow together beneath the cuticle of the trunk of the tree; the upper ones forming the plumula of the new bud, which is its leaf or lungs to acquire oxygen from the atmosphere; and the lower ones forming the radicles of it, which are absorbent vessels to acquire nutriment from the earth.

Secondly, that every part of the caudex of an ingrafted tree, and consequently of all trees, can generate or produce a new plumula, when the upper part of it is strangulated with a wire or cut off; or otherwise when it is supplied more abundantly with nutriment, ventilation, and light. And that each of these new buds thus produced resembles that part of the stock in compound trees, where it arises. Thus in the triple tree above mentioned a bud from the upper part of the long caudexes, which form the filaments of the bark, would become a golden-pippin branch, a bud

from the middle part of them would become a nonpareil branch, and a bud from the lower part a crab branch.

Thirdly, another wonderful property of this lateral mule progeny of trees compounded by ingraftment consists in this, that the new mule may consist of parts from three or four or many parents; when so many different scions are ingrafted on each other, whence a question may arise, whether a mixture of two kinds of anther-dust previous to its application to the stigma of flowers might not produce a threefold mule partaking of the likeness of both the males?

6. On this nice subject of reproduction, so far removed from common apprehension, the patient reader will excuse a more prolix investigation. The attraction of all matter to the centres of the planets, or of the sun, is termed gravitation, that of particular bodies to each other is generally called chemical affinity; to which the attractions belonging to electricity and magnetism appear to be allied.

In these latter kinds of attraction two circumstances seem to be required, first, the power to attract possessed by one of the bodies, and secondly, the aptitude to be attracted possessed by the other. Thus when a magnet attracts iron, it may be said to possess a specific tendency to unite with iron; and the iron may be said to possess a specific aptitude to be united with the magnet.

net. The former appears to reside in the magnet, because it can be deprived of its attractive power, which can also be restored to it. And the iron appears to possess a specific aptitude to be united with the magnet, because no other metal will approach it. In the same manner a rubbed glass tube or a rubbed stick of sealing wax may be said to possess a specific tendency to unite with a light straw, or hair, and the straw or hair to possess a specific aptitude to unite with the rubbed glass or sealing wax; because the specific attraction to the rubbed glass or sealing wax can be withdrawn or restored; to which may be added, that some chemical combinations may arise from the single attraction of one body, and the aptitude to be attracted of another. Or they may be owing to reciprocal attractions of the two bodies, as in what is termed by the chemists double affinity, which is known to be so powerful as to separate those bodies, which are held together by the simple attraction probably of one of them to the other; which other possesses only an aptitude to be attracted by the former.

It is probable, that in some of the most simple combinations of the particles of inanimate matter, two of them may be strongly united by reciprocal attractions to each other; that in other simple combinations two particles may be held together, though less firmly, by the attraction of one and the aptitude to be attracted of the other. Thus I

ſuſpect that carbon and oxygen ruſh together by their reciprocal attractions producing exploſion, and being afterwards not eaſily ſeparable; while azote or nitrogen is leſs firmly united with oxygen by the attraction of one of them, and only the aptitude to be attracted of the other. If this circumſtance could be nicely aſcertained, the theory of chemical affinities might poſſibly advance a ſtep further in the explanation of ſome difficult phenomena, as of the heat generated in the exploſion of various materials, with which oxygen is more looſely united, when applied to ignited carbon; as of the acid of nitre, and ſeveral metallic oxydes; as well as of the general circumſtances of combuſtion and inflammation, as of phoſphorus in the atmosphere, and of oil of cloves with nitrous acid.

7. The above account of the tendencies to union of unorganized or inanimate matter is not given as a philoſophical analogy, but to facilitate our conception of the adjunctions or concretions obſervable in organized or animated bodies; which conſtitute their formation, their nutrition, and their growth. Theſe may be divided into two kinds; firſt the junction or union of animated bodies with inanimate matter, as when fruit or fleſh is ſwallowed into the ſtomach, and becomes abſorbed by the lacteals; and the ſecond, where living particles coaleſce or concrete together; as  
in

in the formation, nutrition, or conjunction of the parts of living animals.

In respect to the former the animal parts; as the nostrils and palate, possess an appetency, when stimulated by the scent and flavour of agreeable food, to unite themselves with it; and the inanimate material possesses an aptitude to be thus united with the animal organ. The same occurs, when the food is swallowed into the stomach; the mouths of the lacteal vessels being agreeably stimulated, possess an appetency to absorb the particles of the digesting mass; which is in a situation of undergoing chemical changes, and possesses at some period of them an aptitude to stimulate, and to be united with the mouths of the absorbent lacteals.

But when these absorbed particles of inanimate matter have been circulated in the blood, they seem gradually to obtain a kind of vitality; whence Mr. John Hunter, and I believe some ancient philosophers, and the divine Moses, asserted, that the blood is alive; that is, that it possesses some degree of organization, or other properties, different from those of inanimate matter; which are not producible by any chemical process, and which cease to exist along with the life of the animal. Hence for the purpose of nutrition there is reason to suspect, that two circumstances are necessary, both dependant upon  
life,



life, and consequent activity; these are first an appetency of the fibrils of the fixed organization, which wants nutrition; and secondly a propensity of the fluid molecules existing in the blood, or secreted from it, to unite with the organ now stimulated into action. So that nutrition may be said to be effected by the embrace or coalescence of the fibrils, which possess nutritive appetencies, with the molecules, which possess nutritive propensities, or in other words of particles, which possess reciprocal appetencies to embrace each other.

8. If the philosopher, who thinks on this subject, should not be inclined to believe, that the whole of the blood is alive, he cannot easily deny life to that part of it, which is secreted by the organs of generation, and conveys vitality to the new embryo, which it produces. Hence though in the process of nutrition the activity of two kinds of fibrils or molecules may be suspected, yet in the process of the generation of a new vegetable or animal, there seems great reason to believe, that both the combining and combined particles are endued with vitality; that is, with some degree of organization or other properties not existing in inanimate matter, which we beg leave to denominate fibrils with formative appetencies, and molecules with formative propensities; as the former may seem to possess a greater degree of organization than the latter.

And thus it appears, that though nutrition may be conceived to be produced by the animated

fibrils of an organized part being stimulated into action by inanimate molecules, which they then embrace; and may thus be popularly compared to the simple attractions of chemistry; yet that in the production of a new embryo, whether vegetable or animal, both the fibrils with formative appetencies and the molecules with formative propensities reciprocally stimulate and embrace each other, and instantly coalesce; and may thus popularly be compared to the reciprocal attractions of some of the atoms of inanimate matter, or to the double affinities of chemistry. But there are animal facts, which may be compared to both these, and are thence more philosophically analogous to them; and these are the two great supports of animated nature, the passions of hunger and of love. In the former the appetency resides only in the stomach, or perhaps in the *cardia ventriculi*, but the object consists of inanimate matter; in the latter there exist reciprocal appetencies and propensities in the male and female, which mutually excite them to embrace each other. Two other animal facts are equally analogous; the thirst, which resides at the upper end of the *esophagus*, and though it possesses appetency itself, its object is inanimate matters; but in lactescent females, when they give suck to their young, there exists a reciprocal appetency in the mother to part with her milk, and in the young offspring to receive it.

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This then finally I conceive to be the manner of the production of the lateral progeny of vegetables. The long caudex of an existing bud of a tree, which constitutes a single filament of the present bark, is furnished with glands numerous as the perspirative or mucous glands of animal bodies; and that these are of two kinds, the one secreting from the vegetable blood the fibrils with formative appetencies, correspondent to the masculine secretion of animals; and the other secreting from the vegetable blood the molecules with formative propensities, correspondent to the feminine secretion of animals, and then that both these kinds of formative particles are deposited beneath the cuticle of the bark along the whole course of it, and instantly embrace and coalesce, forming a new caudex along the side of its parent, with vegetable life, and with the additional powers of nutrition, and of growth.

9. This then is the great secret of nature. More living particles, some with appetencies, and some with propensities, are produced by the powers of vitality in the fabrication of the vegetable blood, than are necessary for nutrition, or for the restoration of decomposing organs. These are secreted by different glands, and detrued externally, and produce by their combination a new vital organization beneath the cuticles of trees over the old one. These new combinations of vital fibrils and molecules acquire new appeten-

cies, and fabricate molecules with new propensities; and thus possess the power of forming the leaf or lungs at one extremity of the new caudex; and the radicles or absorbent vessels at the other end; and some of them, as in the central buds, which terminate the branches, finally form the sexual organs of reproduction, which constitute the flower; all which are secondary parts of the new embryo or fetus, as shewn in number 9. 4. of this section.

That new organizations of the growing system acquire new appetencies appears from the production of the passion for generation, as soon as the adapted organs are complete, and also from the variation of the palate, or desire for particular kinds of food, as we advance in life, as from milk to flesh; thus as a popular allusion, not as a philosophical analogy, we may again be allowed to apply to the combinations of chemistry. Where two different kinds of particles unite, as acids and alcalies, a third something is produced, which possesses attractions dissimilar to those of either of them.

And that new organizations form new molecules, appears from the secretions of the seminal and uterine glands, when they have acquired their maturity; and from the pectoral ones of lactescent females.

10. In the lateral propagation of vegetable buds, as the superfluous fibrils or molecules,  
which

which were fabricated in the blood, or detached from living organs, and possess nutritive or formative appetencies and propensities; and which were more abundant, than were required for the nutrition of the parent vegetable bud, when it had obtained its full growth, were secreted by innumerable glands on the various parts of its surface beneath the general cuticle of the tree, and there embracing and coalescing form a new embryo caudex, which gradually produces a new plumula and radicles. And as the different parts of the new caudex of a compound tree resemble the parts of the parent caudex, to which it adheres, this important circumstance is shewn beyond all doubt, that different fibrils or molecules were detached from different parts of the parent caudex to form the filial one.

So in the sexual propagation of vegetables the superfluous living fibrils or molecules detached from various parts of the system, and floating in the blood, appear to be secreted from it by two kinds of glands only, those which constitute the anthers, and those which constitute the pericarp of flowers. By the former I suppose the fibrils with formative appetencies and with nutritive appetencies to be secreted; and by the latter the molecules with formative and with nutritive propensities. Afterwards, that these fibrils with formative and nutritive appetencies become mixed in the pericarp of the flower with the cor-

respondent molecules with formative and nutritive propensities, and that a new embryo is instantly produced by their reciprocal embrace and coalescence.

And that parts of this new organization afterwards acquire new appetencies, and form new molecules, and thus gradually produce other parts of the growing feed, which do not at first appear, as the plumula, radicles, cuticle, and the glands of reproduction in the pericarp and anthers, which correspond in the animal fetus to the lungs, intestines, cuticle, and the organs, which distinguish the sexes, and are their parts of secondary formation.

If secondary parts of a vegetable embryo were not fabricated from the primary parts, or first rudiments of it, the flowers of the class diœcia of Linneus could not produce both male and female feeds, as the male and female organs of reproduction reside on different plants. For as the male plants produce buds similar to themselves, which may be termed male buds; and the female plants produce buds similar to themselves, which may be termed female buds, it would seem impossible for the flowers to generate female feeds according to the theory of reproduction above delivered. As the male, not being an hermaphrodite, cannot be supposed to secrete any fibrils with appetencies proper to produce female organs, as no such can exist in his blood, which must  
therefore

therefore be fabricated afterwards by the new appetencies acquired by the new organizations of the growing embryo.

11. From this new doctrine of a three-fold vegetable mule by lateral propagation, as the new bud of a tree, which has had two scions ingrafted on it one above another; in which it is incontestably shewn, that different fibrils or molecules are detached from different parts of the parent caudex to form the filial one, which adheres to it; we may safely conclude, as it is deducible from the strongest analogy, that in the production of sexual mules, some parts of the new embryo were produced by, or detached from, similar parts of the parent, which they resemble. And that as these fibrils or molecules floated in the circulating blood of the parents, they were collected separately by appropriated glands of the male or female; and that finally on their mixture in the matrix the new embryo was generated, resembling in some parts the form of the father, and in other parts the form of the mother, according to the quantity or activity of the fibrils or molecules at the time of their conjunction.

And lastly, that various parts of the new organizations afterwards acquired new appetencies, and formed molecules with new propensities, and thus gradually produced other secondary parts of the growing fetus, as the skin, nails, hair, and the organs, which distinguish the sexes.

If the molecules secreted by the female organ into the pericarp of flowers, or into the ovary of animals, were supposed to consist of only unorganized or inanimate particles; and the fibrils secreted by the male organ only to possess formative appetencies to select and combine with them; the new embryo must probably have always resembled the father, and no mules could have had existence.

But by the theory above delivered it appears, that the new offspring, both in vegetable and animal reproduction, whether it be a mule or not, must sometimes more resemble the male parent, and sometimes the female one, and sometimes to be a combination of them both, as in the Epigram of Martial.

Dum dubitat natura gravis puerum faceretne puellam,  
Factus es, O pulcher, pene puella, puer.

IX. 1. The foregoing remarks on vegetable generation are chiefly transcribed from my work on Phytologia, Sect. VII. and may be applied to animal reproduction; since from this analogy to the lateral propagation of vegetable buds, if we suppose, that redundant fibrils with formative appetencies are produced by, or detached from, various parts of the male animal, and circulating in his blood, are secreted by adapted glands, and constitute the seminal fluid; and that redundant molecules with formative aptitudes or propensities



propensities are produced by, or detached from, various parts of the female, and circulating in her blood, are secreted by adapted glands, and form a reservoir in the ovary; and finally that when these formative fibrils, and formative molecules, become mixed together in the uterus, that they coalesce or embrace each other, and form different parts of the new embryo, as in the cicatrícula of the impregnated egg; we may more readily comprehend some circumstances, which are difficult to understand on any other system of generation.

It must be observed, that this theory differs from that of M. Buffon; as he conceives the same organized particles to exist in the generative secretions both of the male and female parent; whereas in this theory it is supposed, that particles completely organized are too large to pass the glands of either sex, and that those, which are seen in the semen by microscopes, are the consequence of the stagnation of the fluid, as in the pustules of the itch, and in the liquid feces of dysenteric patients. Hence the fibrils with formative appetencies and the molecules with formative aptitudes or propensities must coalesce to produce the first organization.

Secondly, in M. Buffon's theory the fetus is supposed to be instantaneously produced all at once; whereas in our theory there is believed to exist a primary, and secondary formation; that is,

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is, that many essential parts, as the brain and the heart, are primarily produced from the congress of the fibrils with formative appetencies, and the molecules with formative aptitudes or propensities; and that these combinations acquire new appetencies, and produce or unite with molecules with new aptitudes, and thus generate other parts of secondary formation, as ribs, fingers, intestines, with the external form, and the glands, which constitute the difference of the sexes.

One great objection to the theory delivered in the former part of this section on generation is removed by this idea of the existence of formative fibrils, and formative molecules, which by their coalescence generate various parts of the embryo at the same time; which is, that in some monstrous or imperfect fetuses different parts only are produced, instead of the whole; and such parts as would not appear to be primary ones. Such are the teeth and hair, which have been found in moles or false conceptions, as they exist naturally at a distance from the brain and heart, which are esteemed to be the centre of vitality, and are first visible in the embryo chick. Many other parts in monstrous births are said to have been completely formed, where no brain or heart has existed; the production of which on other ideas of generation cannot be explained; unless it be supposed, that an intire  
embryon

embryon had been at first generated, all of which had perished, and had been absorbed, except the parts which constitute the monstrous or imperfect fetus at its birth, which would be difficult to explain.

Many instances of very imperfect fetuses are recorded by Monf. J. J. Sue in his *Recherches sur la Vitalité*; and in the *Comment. of Leipfic. I. 17. p. 528.* M. Sue dissected a fetus of five months old, which had no head, nor chest, nor stomach, nor large intestines, and yet the inferior half of the lower belly was complete, with the umbilical cord, male organs of generation, and one complete inferior limb, of which a print is given in *Magazin. Encycloped. 1797.* This monstrous fetus, which was only half of it formed, shews, that the embryon is not always produced from one beginning, but probably from many: as there was no brain or heart, the connection of nerves in the lower part of the spine must have served the purpose of the former; and a junction of the large arteries and veins must have served the purpose of a heart, producing a circulation like that in the liver, or in the aorta and vena cava of fish. For a previous production and reabsorption of the other more essential parts of the fetus, as the brain and heart, with all the upper parts of the body, and intestines, would seem to be attended with still greater difficulties.

This mistake of conceiving the embryon to begin

gin its formation in one point only might more readily be fallen into from our habitually considering an animal as an individual entity; which it seems not to be, till an union of the nerves from every part is formed in the common sensorium, and produces a general sensibility, which is thus distinguished from irritability, which may reside in parts even when detached from the system, as is seen in the contractions of the heart of a viper taken out of the body, or of limbs recently cut off.

2. Another thing difficult to conceive from those theories, which supposed the first rudiment to consist of a single entity, was to answer the curious question, whether the brain, or heart and arteries, were first formed; as the motions of the arterial system previously exerted seem to have been necessary for the secretion of sensorial power in the brain, and conversely those motions of the arterial system seem previously to require the sensorial power derived from the brain.

This difficulty vanishes, when we believe, that many parts of the young embryo can be begun at the same time, as various formative fibrils and formative molecules coalesce, as they come into contact with each other; and thus the rudiments of the brain and of the heart may be fabricated at the same instant of time.

3. If fibrils with formative appetencies, and molecules with formative aptitudes or propensities

ties exist in the circulation both of males and females, why do they not coalesce there? This seems an unanswerable objection to M. Buffon's theory, who holds, that organic particles exist in the circulation; but in the system above delivered, no organic particles exist in the blood in their combined state; and hence no microscopic animalcula are seen in blood recently drawn, though they may appear after some hours stagnation; but the formative fibrils only and formative molecules are believed to exist in the circulation; and that they do not produce combinations there, as they cannot rest; and as such combinations would be too large to pass the capillary vessels of the aorta, and of the pulmonary artery, and of all the glands, and must there be perpetually dissolved, if they could be previously formed in the larger vessels.

4. If similar organized particles were secreted by the sexual glands of the male and also of the female, why do they not produce parts, or rudiments, of an embryo in the male or female reservoirs without a reciprocal commixture. This is another unanswerable objection to Mr. Buffon's theory, but not to that above delivered; which latter supposes, that no organized particles are secreted either by the glands of the male or female; but that the fibrils with formative appetencies are secreted by the glands of the male, and

and the molecules with formative aptitudes or propensities are secreted by those of the female; and that, when these combine, the organization commences.

5. If the whole of the embryo is supposed to be synchronously produced, which is said almost to be visible in the cicatricula of the egg even before incubation, how can this happen from a commixture of any kind of particles deduced from both the male and female parents, if those particles are previously detached from the various parts of their respective bodies; since no parts similar to the female organs can previously exist in the male, nor any of those of the male organs previously exist in the female? This synchronous production of all the parts of the embryo is supposed by M. Buffon, and militates against his theory; and if it was true, would equally militate against that above delivered; but from all the histories of the beginning and growing fetus given by anatomists there are parts of secondary formation, as well as parts of primary formation; thus the head and spine of the back are first seen both in the oviparous and viviparous embryo, and afterwards the lungs, ribs, limbs, nails, hairs, and feathers, and last of all perhaps the glands which distinguish the sexes; as these are the last, which afterwards arrive at their maturity.

This secondary formation of parts is evinced in the long caudexes of the buds of trees, which

form a filament of the bark ; as from any part of this a new plumula or leaf, which is the lungs of the embryo bud, can be produced, when the upper part of a branch is lopped off, as shewn in No. 9. 4. of this section ; and is further evinced in some animals, as when a common earth-worm is cut in halves, the tail part can produce a head-part, and the head-part can produce a tail-part ; and lastly, it is evinced from the power, which crabs possess of generating a new leg, when one of them is accidentally broken off. This power is likewise possessed by the human body, as in the production of new teeth, and then of a second set, and there are some instances on record, that a third set of teeth have been fabricated in the jaw-bones of age.

The power of formation of secondary parts in the human system is wonderfully shewn by the following case, which is related by Mr. White in the Manchester Memoirs, Vol. I. p. 338. " Some years ago I delivered a lady of rank of a fine boy, who had two thumbs on one hand, or rather one thumb double from the first joint, the outer one being rather less than the inner, and each of them having a perfect nail. When he was about three years old, I was desired to take off the lesser one ; which I did, but to my great astonishment it grew again, and along with it the nail. The family afterwards went to reside in London, when the father shewed it to  
Mr.

Mr. Bromfield; who said, that he supposed Mr. White, from fear of damaging the joint had not taken it wholly out, but that he would dissect it out entirely, and that then it would not return. He accordingly executed his plan, and turned the ball out of the socket. Notwithstanding this it grew again, a fresh nail was formed, and the thumb remains in this state."

### *Recapitulation.*

X. On considering the reproduction of vegetable buds and seeds, of some insects, and of more perfect animals, the modes of generation may be divided into solitary and sexual.

1. The first consists either in solitary lateral generation, as in the reproduction of the buds or bulbs of vegetables, and of the young of the polypus, and of the hydra stentorea, or of the solitary internal generation, as of the aphis, vine-fretter, actinia, sea-anemone, tenia, tape-worm, and the volvox; all which are properly a viviparous progeny, as they are not preceded by seeds, or spawn, or eggs.

In these modes of reproduction I suppose, that fibrils with formative appetencies, and molecules with formative aptitudes or propensities, produced by, or detached from, various essential parts of their respective systems, float in the vegetable or insect blood. These may be termed animalized particles



particles of primary combination, consisting of a solid particle adjoined to a peculiar appetency or propensivity; which latter may be esteemed its ethereal part, as magnetism or electricity may be added to iron or to other inanimate bodies.

These fibrils with formative appetencies, and molecules with formative aptitudes or propensivities, cannot unite, or continue united, in the circulating blood, as they are not at rest; and would be too large to pass the capillaries of the aorta, pulmonary artery, and glands, if they could be united in the larger vessels: they are therefore selected or secreted separately by adapted glands, and when mixed together combine, and form the primary parts of the new organization of an embryo.

Those secreted from the long caudex of vegetable buds are deposited beneath the cuticle of the bark of trees, and there uniting form a new caudex gemmæ along the side of the parent one; which has the property of producing secondary organizations from the new powers it has acquired, so as to form a leaf or lungs either at its summit in the axilla of the parent leaf, or in any other part of its length; and also to form radicles below, or from any amputated part.

This new caudex gemmæ is proved to commence its formation in several places at the same time from the triple caudex of the bud of a tree, which has been twice successively ingrafted, which

we have called a triple mule; but as the new vegetable consists in general of a combination of parts derived from one parent, it much more accurately resembles that parent in its form, growth, and diseases, than the progeny from sexual or seminal generation. The same circumstances occur to the vegetables, which possess short and flat caudexes, which exist between the radicles and the root-leaves, as in the bulbs of tulips and onions; which might possibly be ingrafted on each other like the buds of different trees, and form curious mule bulbs.

This lateral or solitary mode of propagation belongs likewise to the polypus of our ditches, and to the hydra stentorea, and probably to many other insects.

2. There is also a solitary internal mode of generation, which occurs in the viviparous productions of the aphis, which are known to proceed for eight or nine successive generations without the congress of sexes; but what is extraordinary, a congress of sexes appears to be necessary in their production of an oviparous progeny in the autumn for the preservation of the species during winter; whence it would seem, that solitary generation always produces a viviparous offspring. For the more particular history of this wonderful and important insect see Phytologia, Sect. IX. and XIV. To which may be added, that a similar internal solitary mode of reproduction

duction probably obtains in the tenia, or tapeworm, of the intestines, which afflicts variety of animals, and of the actinea, or sea-anemone, and of the volvox, as described in the *Systema Naturæ* of Linneus.

The essential difference between the solitary lateral generation and the solitary internal generation seems to consist in this; that in the former there are many glands, which secrete or produce the fibrils with formative appetencies; and many other glands, which secrete or produce the molecules with formative aptitudes or propensities; and that these numerous secretions are mixed together and combine in one large receptacle beneath the cuticle of trees, and of some insects, and there combining generate the organized particles, which constitute the rudiment of the new embryo, producing many of the essential parts of it at the same time; whereas in the latter, there probably exists but one set of glands, which secrete the fibrils with formative appetencies; and another set of glands which secrete the molecules with formative propensities; and that these primary particles are received and mingled together in a less extensive reservoir; as an universal existence of procreative glands, as in the long caudexes of vegetable buds, might have been inconvenient to locomotive animals. These therefore seem to constitute a link of the chain of nature between the lateral production of buds, and

the sexual hermaphrodites, which are next to be considered.

3. The sexual mode of propagation may be divided first into hermaphrodite or reciprocal sexual generation, as in the flowers of most vegetables, and in some large insects, as in dew-worms and shell-snails, and probably in many smaller ones. Secondly into the simpler sexual generation, which occurs in the larger animals.

The sexual modes of generation may also be divided into the feminal or oviparous modes, as the seeds of plants, the spawn of fish, and of insects, and the eggs of birds; and secondly into the viviparous modes, as the summit-bulbs of some vegetables, as of *polygonum viviparum*, magical onions, and the cloves of garlic; as these summit bulbs succeed the sexual congress of the male and female organs of flowers; and are not buds, as their roots or caudexes do not pass down the stem of the plant into the ground; and are therefore a sexual viviparous progeny of vegetables: but the principal viviparous sexual productions are those of quadrupeds and of mankind.

Next to the internal solitary mode, of propagation nature seems to have produced the hermaphrodite system of reproduction, as in most flowers, and in snails and dew-worms; in these the masculine and feminine organs are generally external and totally separated from each other,  
and

and consist of glands, which secrete the fibrils with formative appetencies, and the molecules with formative propensities from the same mass of blood.

Hence in vegetable productions the trees from seed, as apple trees, sometimes exactly resemble the parent tree, like the buds and bulbs, which are produced without sexual intercourse; at other times they do not exactly resemble the parent tree, which seems to be owing to the anther-dust sometimes of the same flower; or sometimes of other flowers in its vicinity, causing the impregnation of the stigma. But in hermaphrodite insects, as the shell-snail, and dew-worm, I have frequently observed, that they impregnate each other reciprocally, though it is attended with much danger and inconvenience to them; and I thence conclude, that they have not the power to impregnate themselves by the conjunction of their own organs of reproduction, since if that had happened, the progeny would probably, like the buds of trees, more exactly have resembled the parent; and no improvement of the species, or no new species from the same genus, could have been procreated; which latter circumstance has probably much increased the number both of animal and vegetable productions.

4. Lastly, the simple mode of sexual generation differs from the reciprocal or hermaphrodite

mode of generation ; as the glands, which constitute the masculine and feminine organs, secrete the fibrils with formative appetencies and the molecules with formative propensities from different masses of blood ; as a double system of organs might have been cumbersome, if they had existed together in larger and more active animals : though it is not improbable, that all animals were originally hermaphrodite, according to the opinion of Plato in respect to human kind, as would appear from the teats or nipples, as well as the pectoral glands, which are still to be seen in men and in all male quadrupeds.

In this mode of propagation the fibrils with formative appetencies detached from some or many essential parts of the male parent, or which were formed from the blood accordant to those essential parts, are secreted by the male organ into an adapted reservoir ; and the molecules with formative propensities detached from some or many essential parts of the female parent, or which are formed from the blood accordant to those essential parts, are secreted by the female organ into an adapted reservoir : and in this circumstance secretion differs from nutrition ; in the latter certain particles of the blood, which were not previously used in the system, are embraced and become a solid part of the animal ; in the former certain particles, which had previously been used in the system, and detached from it,  
are

are imbibed by adapted glands, and deposited in reservoirs, or detruded. See Sect. XXXVII. 3.

Finally when these are mixed together in the act of copulation, they embrace and coalesce, and form the essential parts of the new embryo; the production of which commences in more places than one; as the brain and heart, with some nerves, arteries, veins, and absorbent vessels, are probably formed at the same time, and almost instantaneously.

These new fibrous combinations acquire new appetencies, and produce molecules by their vital activity with new aptitudes or propensities; and thus gradually fabricate other secondary parts either synchronous or successive ones, as the ribs, lungs, limbs, and finally the organs, which distinguish the sexes, with the general difference of the male and female form throughout the whole system, according to the prevailing or preponderant activity or quantity of the fibrils with appetencies derived from the male, or the molecules with propensities derived from the female. This idea differs from the theory of M. Buffon, which supposes the whole embryo to be formed at the same time, or that the sexual organs are first produced, as a centre of animalization; but the secondary production of these organs is agreeable to all observations on the growing chick or fetus, and is strongly countenanced by the slow progress

gress of these parts after birth, which are not complete till the maturity of the animal, which is termed its puberty.

The power, which the primary or essential parts of the embryo possess, of producing secondary or less essential parts, is analogous to the production of a new plumula or new radicles by the vegetable embryo, or caudex gemmæ mentioned in No. 8. 4. of this section; and to the power with which crabs are furnished to produce a new limb, when one is broken off; and to that of earth-worms, which when cut in halves, can acquire a new head or a new tail; and to the power in a human infant of regenerating a supernumerary thumb, to the production of a new set of teeth, and the development of the sexual glands at puberty. See No. 9. 5. of this section.

5. Some of these sexual reproductions consist of seeds, or eggs, in which the essential parts of the vegetable or of the chick are already formed, as may be seen in the corculum of many seeds, and in the cicatricula of an egg, as soon as it leaves the body of the hen before incubation. In this state the embryo does not continue to grow, if exposed only to the usual degree of the warmth and moisture of the atmosphere, but may be long kept in its state of insensible life; though it will soon ferment or putrefy, if it be deprived of life.

Otherwise



Otherwise these sexual productions consist of spawn, which differs from eggs by the embryo not being included in a hard unyielding shell; so that the receptacle distends, as the fetus increases in size; which is seen in the spawn of fish and frogs, and in the eggs of spiders, snails, and many other insects. From this distensibility of the bag, which contains the embryos of fish and insects, it seems more to resemble the uterus of quadrupeds than the eggs of birds; as in the former the receptacle increases in size along with the fetus, and supplies the liquor of the amnios, as it is wanted; but differs by its not continuing in the matrix of the mother, till the exclusion of the young animal into the cold and dry atmosphere.

XI. 1. Finally we conclude, that as the inanimate particles or atoms of matter unite into crystals of various forms by the various powers of attraction, which some kinds of them possess; and the various aptitudes to be attracted, which other kinds possess; which may be termed the ethereal properties of inanimate matter; so the animated fibrils or molecules, which possess appetencies to embrace, and propensities to be embraced, which may be called their ethereal properties, coalesce, when they approach each other, and form organized bodies.

When this organization begins only in a single point, and only enlarges, as it acquires new kinds of appetencies, as explained in the former part of

this

this section on Generation, I suppose an animated being commences; such as the animalcula, which are seen by the solar microscope in variety of fluids, which have for a time stagnated; as in infusions of the seeds of plants, in the semen of animals, and of all other vegetable and animal recrements diffused in water. These microscopic animals I suppose are produced by the stagnation of the semen in the vesiculæ feminales, and by the matter of the itch by stagnation in its pustules, and by the feces by their stagnation in the intestines; but I believe, that they do not exist in the blood, nor in fluids recently secreted. These microscopic animals constitute the primordium vitæ, or first order of animal life, and probably are not originally propagated, but simply arise from the dissolution of all vegetable or animal matter.

This spontaneous production of microscopic animals appears from their being discovered in a few days in all solutions of decomposing vegetable and animal matters, as well after having been subjected to the heat of boiling water as before. Thus Mr. Reaumur put some boiling veal broth, and Mr. Baker put some boiling hot mashed potatoes into hot phials, which were closed with glass-stopples; and both of them in three days became as full of animalcula, as the same materials put into other phials without being previously boiled. Baker on the Microscope.

It is probable that there exist microscopic vegetable productions, as well as microscopic animals, which may not have been attended to owing to the quick evaporation of a drop of water in a microscope; and that these are first formed spontaneously from the decomposing recrements of vegetable or animal bodies; and that they afterwards generate others rather more perfect than themselves by lateral reproduction. From this kind of spontaneous microscopic vegetation, I suppose the green matter observed by Dr. Priestley, which gives up so much vital air in the sunshine, originates; and that it afterwards generates a succeeding progeny. As it is at first slowly produced in water in any situation, and afterwards is propagated with great rapidity; and according to the observations of Senebier it is most quickly produced in water in which vegetable or animal substances are in a state of dissolution. Whence some philosophers have lately supposed this green matter to be of animal origin, as it changes from a globular form to that of a thread; which has occasioned much investigation by Fontana, Ingenhouz, and Senebier. *Journal de Physique par Delametherie, T. 5.*

In the same manner the mucor, or mould, which grows on all decomposing vegetable and animal substances, which are at rest in a proper degree of moisture and warmth, and which thence appears to have no parent, is probably first produced

duced by the spontaneous appetencies and aptitudes or propensities of the decomposed particles of organic bodies; and probably these new combinations are at first microscopic objects, which produce others by lateral or solitary generation, more and more perfect and of greater magnitude than themselves, but which never acquire the organization necessary for sexual reproduction. The fungi, which grow only on decaying parts of trees or other vegetables, as well as the mushrooms from horse dung, which commence with small hair-like roots, and probably never produce seeds, seem to arise in a similar manner from spontaneous microscopic organization, improved and magnified by successive solitary generations.

2. The second kind of animal production, which is properly generation, commences in more points than one; as in the production of the long caudexes of the buds of trees; and the animated fibrils and molecules first combine, and form organized bodies; and these unite again, where they are in contact; and thus the new embryo commences in many points at once; and the solitary mode of generation is secondary to the production of the smallest microscopic animals, which I suppose commence their existence in one point only, that is, by the production first of a single living filament, which I formerly believed to be the general mode of propagation. This solitary mode of generation occurs in the  
production

production of the buds of all vegetables; and perhaps the most imperfect vegetables, as truffles, and other fungi, are only propagated by buds to this day, not having yet acquired sexual organs; as seems also to occur in some imperfect animals, as the polypi, hydra, and tenia.

3. Other vegetables have acquired an hermaphrodite state, and possess external sexual organs, as in most flowers; but both the male and female organs acquire or produce their adapted fluids from the same mass of blood, and thus resemble hermaphrodite insects, as snails and worms.

4. Other vegetables have acquired a separation of the sexes, either on the same plant, as in the class of vegetables termed by Linnæus, monoecia, or on different plants, as in the class dioecia; the buds of which may properly be called male or female vegetables, and differ in some degree in their form and colour, like male and female animals; and in this they resemble the larger animals, as their sexual glands acquire or produce their prolific fluids from different masses of blood; which is probably less cumbersome to the individual, than where both the sexual glands exist in one organized system.

In all these vegetable and animal modes of reproduction, I suppose the new embryo to begin in many points, and in complicated animals in many more points probably than in the more simple ones; and finally, that as these new organized

ized parts, or rudiments of the embryo, acquire new appetencies, and produce or find molecules with new propensities, many secondary parts are afterwards fabricated.

Thus it would appear, that all nature exists in a state of perpetual improvement by laws impressed on the atoms of matter by the great CAUSE OF CAUSES; and that the world may still be in its infancy, and continue to improve FOR EVER AND EVER.

5. Concerning the spontaneous production of microscopic animalcules, I beg leave to repeat, first, that I suppose the smallest ones to be formed by the coalescence or embrace of the animal fibrils, which possess appetencies, with the animal molecules, which possess correspondent propensities; and that the animal fibrils and molecules are found in all vegetable and animal matter, as its organization becomes decomposed; if there exists along with it sufficient moisture and proper warmth.

Secondly, that this kind of spontaneous reproduction resembles actual generation in its consisting of the coalescence of animal fibrils with appetencies and animal molecules with correspondent propensities, that in the former they meet each other in the solution of animal matter, as it decomposes by stagnation; whereas in the latter these formative fibrils and molecules are secreted by different glands from the blood of the parent.

Thirdly,

Thirdly, that the first animalcules produce other ones by actual generation, but without sexes, like the buds of trees, and that as many generations may occur in a day, perhaps in an hour, I conceive, that they may gradually acquire new organizations, and improve by addition of new parts, as of fins, mouth, intestines, and finally, perhaps, sexual organs of reproduction. Thus the seed of a tulip produces a small root the size of a pea the first summer, with a summit like a blade of grass; this dies in autumn, having previously produced a successor larger than itself, and with a stronger leaf or summit; in the autumn this likewise perishes, and a third generation is produced, which is still larger and more perfect; till the fifth generation from the seed becomes so much more perfect as to produce sexual organs of reproduction, as the flower with its anthers and stigma.

This curious analogy is not only supported by the feeding buds of trees, which succeed each other for ten or twelve generations, the parent buds dying in the autumn, before they become sufficiently perfect to form the sexual organs of reproduction in their flowers, as occurs in apple-trees; but is also observable in a complete insect, as in the aphis, which continues to propagate for nine generations from the egg without sex; and then becomes so perfect as to form sexual organs, and to produce an oviparous progeny.

Other

Other insects, as the moths and butterflies, undergo a great change of form, before they acquire the property of sexual reproduction; and probably innumerable other kinds of insects are subject to the same law.

This idea of the production and changes of form of microscopic animalcules is countenanced by the smaller kinds never, I believe, having been seen in their egg or infant state; and by some of them being capable of being revived in a few hours by warmth and moisture after having been dry and motionless for months, as the insect named vorticella. And lastly, from the changeful forms, which some of them assume, as that which is called proteus. See Baker and Adams on the Microscope.

Thus as by the attractions, and aptitudes to be attracted, which exist in inanimate matter, various new bodies are produced from the decomposition of those, which previously existed; so by the appetencies to embrace, and the propensities to be embraced, in animalized matter, various new animalcules are formed from the decomposition of those, which previously existed; owing in both cases to the immutable laws impressed both on inanimate and on organized matter by the great FIRST CAUSE.

XII. 1. CAUSE AND EFFECT may be considered as the progression, or successive motions, of the parts of the great system of Nature. The  
state



state of things at this moment is the effect of the state of things, which existed in the preceding moment; and the cause of the state of things, which shall exist in the next moment.

These causes and effects may be more easily comprehended, if motion be considered as a change of the figure of a group of bodies, as proposed in Sect. XIV. 2. 2. inasmuch as our ideas of visible or tangible objects are more distinct, than our abstracted ideas of their motions. Now the change of the configuration of the system of nature at this moment must be an effect of the preceding configuration, for a change of configuration cannot exist without a previous configuration; and the proximate cause of every effect must immediately precede that effect. For example, a moving ivory ball could not proceed onwards, unless it had previously begun to proceed; or unless an impulse had been previously given it; which previous motion or impulse constitutes a part of the last situation of things.

As the effects produced in this moment of time become causes in the next, we may consider the progressive motions of objects as a chain of causes only; whose first link proceeded from the great Creator, and which have existed from the beginning of the created universe, and are perpetually proceeding.

2. These causes may be conveniently divided into two kinds, efficient and inert causes, accord-

ing with the two kinds of entity supposed to exist in the natural world, which may be termed matter and spirit, as proposed in Sect. I. and further treated of in Sect. XIV. The efficient causes of motion, or new configuration, consist either of the principle of general gravitation, which actuates the sun and planets; or of the principle of particular gravitation, as in electricity, magnetism, heat; or of the principle of chemical affinity, as in combustion, fermentation, combination; or of the principle of organic life, as in the contraction of vegetable and animal fibres. The inert causes of motion, or new configuration, consist of the parts of matter, which are introduced within the spheres of activity of the principles above described. Thus, when an apple falls on the ground, the principle of gravitation is the efficient cause, and the matter of the apple-tree the inert cause. If a bar of iron be approximated to a magnet, it may be termed the inert cause of the motion, which brings these two bodies into contact; while the magnetic principle may be termed the efficient cause. In the same manner the fibres, which constitute the retina, may be called the inert cause of the motions of that organ in vision, while the sensorial power may be termed the efficient cause.

3. Another more common distribution of the perpetual chain of causes and effects, which constitute the motions, or changing configurations,

of the natural world, is into active and passive. Thus, if a ball in motion impinges against another ball at rest, and communicates its motion to it, the former ball is said to act, and the latter to be acted upon. In this sense of the words a magnet is said to attract iron; and the prick of a spur to stimulate a horse into exertion; so that in this view of the works of nature all things may be said either simply to exist, or to exist as causes, or to exist as effects; that is, to exist either in an active or passive state.

This distribution of objects, and their motions, or changes of position, has been found so convenient for the purposes of common life, that on this foundation rests the whole construction or theory of language. The names of the things themselves are termed by grammarians Nouns, and their modes of existence are termed Verbs. The nouns are divided into substantives, which denote the principal things spoken of; and into adjectives, which denote some circumstances, or less kinds of things, belonging to the former. The verbs are divided into three kinds, such as denote the existence of things simply, as, to be; or their existence in an active state, as, to eat; or their existence in a passive state, as, to be eaten. Whence it appears, that all languages consist only of nouns and verbs, with their abbreviations for the greater expedition of communicating our thoughts; as explained in the ingenious work of Mr. Horne Tooke, who has unfolded by a single

flash of light the whole theory of language, which had so long lain buried beneath the learned lumber of the schools. Diversions of Purley. Johnson. London.

4. A third division of causes has been into proximate and remote; these have been much spoken of by the writers on medical subjects, but without sufficient precision. If to proximate and remote causes we add proximate and remote effects, we shall include four links of the perpetual chain of causation; which will be more convenient for the discussion of many philosophical subjects.

Thus if a particle of chyle be applied to the mouth of a lacteal vessel, it may be termed the remote cause of the motions of the fibres, which compose the mouth of that lacteal vessel; the sensorial power is the proximate cause; the contraction of the fibres of the mouth of the vessel is the proximate effect; and their embracing the particle of chyle is the remote effect; and these four links of causation constitute absorption.

Thus when we attend to the rising sun, first the yellow rays of light stimulate the sensorial power residing in the extremities of the optic nerve, this is the remote cause. 2. The sensorial power is excited into a state of activity, this is the proximate cause. 3. The fibrous extremities of the optic nerve are contracted, this is the proximate effect. 4. A pleasurable or painful sensation

tion is produced in consequence of the contraction of these fibres of the optic nerve, this is the remote effect; and these four links of the chain of causation constitute the sensitive idea, or what is commonly termed the sensation of the rising sun.

5. Other causes have been announced by medical writers under the names of *causa procatartica*, and *causa proegumina*, and *causa sine quâ non*. All which are links more or less distant of the chain of remote causes.

To these must be added the final cause, so called by many authors, which means the motive, for the accomplishment of which the preceding chain of causes was put into action. The idea of a final cause, therefore, includes that of a rational mind, which employs means to effect its purposes; thus the desire of preserving himself from the pain of cold, which he has frequently experienced, induces the savage to construct his hut; the fixing stakes into the ground for walls, branches of trees for rafters, and turf for a cover, are a series of successive voluntary exertions; which are so many means to produce a certain effect. This effect of preserving himself from cold, is termed the final cause; the construction of the hut is the remote effect; the action of the muscular fibres of the man, is the proximate effect; the volition, or activity of desire to preserve himself from cold, is the proximate cause; and the pain of cold, which excited that desire, is the remote cause.

6. This perpetual chain of causes and effects, the first link of which is rivetted to the throne of GOD, divides itself into innumerable diverging branches, which, like the nerves arising from the brain, permeate the most minute and most remote extremities of the system, diffusing motion and sensation to the whole. As every cause is superior in power to the effect, which it has produced, so our idea of the power of the Almighty Creator becomes more elevated and sublime, as we trace the operations of nature from cause to cause, climbing up the links of these chains of being, till we ascend to the Great Source of all things.

Hence the modern discoveries in chemistry and in geology, by having traced the causes of the combinations of bodies to remoter origins, as well as those in astronomy, which dignify the present age, contribute to enlarge and amplify our ideas of the power of the Great First Cause. And had those ancient philosophers, who contended that the world was formed from atoms, ascribed their combinations to certain immutable properties received from the hand of the Creator, such as general gravitation, chemical affinity, or animal appetency, instead of ascribing them to a blind chance; the doctrine of atoms, as constituting or composing the material world by the variety of their combinations, so far from leading the mind to atheism, would strengthen the demonstration of the existence of a Deity, as the first cause of all things;

things; because the analogy resulting from our perpetual experience of cause and effect would have thus been exemplified through universal nature.

*The heavens declare the Glory of GOD, and the firmament sheweth his handywork! One day telleth another, and one night certifieth another; they have neither speech nor language, yet their voice is gone forth into all lands, and their words into the ends of the world. Manifold are thy works, O LORD! in wisdom hast thou made them all. Psal. xix. civ.*

## S E C T. XL.

On the OCULAR SPECTRA of Light and Colours,  
by Dr. R. W. Darwin, of Shrewsbury. Re-  
printed, by permission, from the Philosophical  
Transactions, Vol. LXXVI. p. 313.

*Spectra of four kinds. 1. Activity of the retina in vision. 2. Spectra from defect of sensibility. 3. Spectra from excess of sensibility. 4. Of direct ocular spectra. 5. Greater stimulus excites the retina into spasmodic action. 6. Of reverse ocular spectra. 7. Greater stimulus excites the retina into various successive spasmodic actions. 8. Into fixed spasmodic action. 9. Into temporary paralysis. 10. Miscellaneous remarks; 1. Direct and reverse spectra at the same time. A spectral halo. Rule to predetermine the colours of spectra. 2. Variation of spectra from extraneous light. 3. Variation of spectra in number, figure, and remission. 4. Circulation of the blood in the eye is visible. 5. A new way of magnifying objects. Conclusion.*

WHEN any one has long and attentively looked at a bright object, as at the setting sun, on closing his eyes, or removing them, an image, which resembles in form the object he was attending to, continues some time to be visible; this appearance in the eye we shall call the ocular spectrum of that object.

These



These ocular spectra are of four kinds: 1st, Such as are owing to a less sensibility of a defined part of the retina; or *spectra from defect of sensibility*. 2d, Such as are owing to a greater sensibility of a defined part of the retina; or *spectra from excess of sensibility*. 3d, Such as resemble their object in its colour as well as form; which may be termed *direct ocular spectra*. 4th, Such as are of a colour contrary to that of their object; which may be termed *reverse ocular spectra*.

The laws of light have been most successfully explained by the great Newton, and the perception of visible objects has been ably investigated by the ingenious Dr. Berkeley and M. Malebranche; but these minute phenomena of vision have yet been thought reducible to no theory, though many philosophers have employed a considerable degree of attention upon them: among these are Dr. Jurin, at the end of Dr. Smith's Optics; M. Æpinus, in the Nov. Com. Petropol. V. 10.; M. Beguelin, in the Berlin Mémoires, V. II. 1771; M. d'Arcy, in the Histoire de l'Acad. des Scienc. 1765; M. de la Hire; and, lastly, the celebrated M. de Buffon, in the Mémoires de l'Acad. des Scien. who has termed them accidental colours, as if subjected to no established laws, Ac. Par. 1743. M. p. 215.

I must here apprize the reader, that it is very difficult for different people to give the same  
names

names to various shades of colours; whence, in the following pages, something must be allowed, if on repeating the experiments the colours here mentioned should not accurately correspond with his own names of them.

### I. *Activity of the Retina in Vision.*

From the subsequent experiments it appears, that the retina is in an active not in a passive state during the existence of these ocular spectra; and it is thence to be concluded, that all vision is owing to the activity of this organ.

1. Place a piece of red silk, about an inch in diameter, as in plate 1, at Sect. III. 1, on a sheet of white paper, in a strong light; look steadily upon it from about the distance of half a yard for a minute; then closing your eyelids cover them with your hands, and a green spectrum will be seen in your eyes, resembling in form the piece of red silk: after some time, this spectrum will disappear and shortly reappear; and this alternately three or four times, if the experiment is well made, till at length it vanishes entirely.

2. Place on a sheet of white paper a circular piece of blue silk, about four inches in diameter, in the sunshine; cover the centre of this with a circular piece of yellow silk, about three inches in diameter; and the centre of the yellow silk with a circle of pink silk, about two inches in diameter;

diameter; and the centre of the pink filk with a circle of green filk, about one inch in diameter; and the centre of this with a circle of indigo, about half an inch in diameter; make a small speck with ink in the very centre of the whole, as in plate 3, at Sect. III. 3. 6.; look steadily for a minute on this central spot, and then closing your eyes, and applying your hand at about an inch distance before them, so as to prevent too much or too little light from passing through the eyelids, you will see the most beautiful circles of colours that imagination can conceive, which are most resembled by the colours occasioned by pouring a drop or two of oil on a still lake in a bright day; but these circular irises of colours are not only different from the colours of the filks above mentioned, but are at the same time perpetually changing as long as they exist.

3. When any one in the dark presses either corner of his eye with his finger, and turns his eye away from his finger, he will see a circle of colours like those in a peacock's tail: and a sudden flash of light is excited in the eye by a stroke on it. (Newton's Opt. Q. 16.)

4. When any one turns round rapidly on one foot, till he becomes dizzy, and falls upon the ground, the spectra of the ambient objects continue to present themselves in rotation, or appear to librate, and he seems to behold them for some time still in motion.

From

From all these experiments it appears, that the spectra in the eye are not owing to the mechanical impulse of light impressed on the retina, nor to its chemical combination with that organ, nor to the absorption and emission of light, as is observed in many bodies; for in all these cases the spectra must either remain uniformly, or gradually diminish; and neither their alternate presence and evanescence as in the first experiment, nor the perpetual changes of their colours as in the second, nor the flash of light or colours in the pressed eye as in the third, nor the rotation or libration of the spectra as in the fourth, could exist.

It is not absurd to conceive, that the retina may be stimulated into motion, as well as the red and white muscles which form our limbs and vessels; since it consists of fibres, like those, intermixed with its medullary substance. To evince this structure, the retina of an ox's eye was suspended in a glass of warm water, and forcibly torn in a few places; the edges of these parts appeared jagged and hairy, and did not contract, and become smooth like simple mucus, when it is distended till it breaks; which shews that it consists of fibres: and its fibrous construction became still more distinct to the sight, by adding some caustic alkali to the water, as the adhering mucus was first eroded, and the hair-like fibres remained floating in the vessel. Nor does the  
degree

degree of transparency of the retina invalidate the evidence of its fibrous structure, since Leeuwenhoek has shewn that the crySTALLINE humour itself consists of fibres. (Arcana Naturæ, Vol. I. p. 70.)

Hence it appears, that as the muscles have larger fibres intermixed with a smaller quantity of nervous medulla, the organ of vision has a greater quantity of nervous medulla intermixed with smaller fibres; and it is probable that the locomotive muscles, as well as the vascular ones, of microscopic animals have much greater tenuity than these of the retina.

And besides the similar laws, which will be shewn in this paper to govern alike the actions of the retina and of the muscles, there are many other analogies which exist between them. They are both originally excited into action by irritations, both act nearly in the same quantity of time, are alike strengthened or fatigued by exertion, are alike painful if excited into action when they are in an inflamed state, are alike liable to paralysis, and to the torpor of old age.

## II. OF SPECTRA FROM DEFECT OF SENSIBILITY.

*The retina is not so easily excited into action by less irritation after having been lately subjected to greater.*

1. WHEN any one passes from the bright daylight

light into a darkened room, the irises of his eyes expand themselves to their utmost extent in a few seconds of time; but it is very long before the optic nerve, after having been stimulated by the greater light of the day, becomes sensible of the less degree of it in the room; and, if the room is not too obscure, the irises will again contract themselves in some degree, as the sensibility of the retina returns.

2. Place about half an inch square of white paper on a black hat, and looking steadily on the centre of it for a minute, remove your eyes to a sheet of white paper; and after a second or two a dark square will be seen on the white paper, which will continue some time. A similar dark square will be seen in the closed eye, if light be admitted through the eyelids.

So after looking at any luminous object of a small size, as at the sun, for a short time, so as not much to fatigue the eyes; this part of the retina becomes less sensible to smaller quantities of light; hence, when the eyes are turned on other less luminous parts of the sky, a dark spot is seen resembling the shape of the sun, or other luminous object which we last beheld. This is the source of one kind of the dark-coloured *muscæ volitantes*. If this dark spot lies above the centre of the eye, we turn our eyes that way, expecting to bring it into the centre of the eye, that we may view it more distinctly; and in this case the  
dark

dark spectrum seems to move upwards. If the dark spectrum is found beneath the centre of the eye, we pursue it from the same motive, and it seems to move downwards. This has given rise to various conjectures of something floating in the aqueous humours of the eyes; but whoever, in attending to these spots, keeps his eyes unmoved by looking steadily at the corner of a cloud, at the same time that he observes the dark spectra, will be thoroughly convinced, that they have no motion but what is given to them by the movement of our eyes in pursuit of them. Sometimes the form of the spectrum, when it has been received from a circular luminous body, will become oblong; and sometimes it will be divided into two circular spectra, which is not owing to our changing the angle made by the two optic axes, according to the distance of the clouds or other bodies to which the spectrum is supposed to be contiguous, but to other causes mentioned in No. X. 3. of this section. The apparent size of it will also be variable according to its supposed distance.

As these spectra are more easily observable when our eyes are a little weakened by fatigue, it has frequently happened, that people of delicate constitutions have been much alarmed at them, fearing a beginning decay of their sight, and have thence fallen into the hands of ignorant oculists; but I believe they never are a prelude

to

to any other disease of the eye, and that it is from habit alone, and our want of attention to them, that we do not see them on all objects every hour of our lives. But as the nerves of very weak people lose their sensibility, in the same manner as their muscles lose their activity, by a small time of exertion, it frequently happens, that sick people in the extreme debility of fevers are perpetually employed in picking something from the bed-clothes, occasioned by their mistaking the appearance of these *muscæ volitantes* in their eyes. Benvenuto Celini, an Italian artist, a man of strong abilities, relates, that having passed the whole night on a distant mountain with some companions and a conjurer, and performed many ceremonies to raise the devil, on their return in the morning to Rome, and looking up when the sun began to rise, they saw numerous devils run on the tops of the houses, as they passed along; so much were the spectra of their weakened eyes magnified by fear, and made subservient to the purposes of fraud or superstition. (Life of Ben. Celini.)

3. Place a square inch of white paper on a large piece of straw-coloured silk; look steadily some time on the white paper, and then move the centre of your eyes on the silk, and a spectrum of the form of the paper will appear on the silk, of a deeper yellow than the other part of it: for the central part of the retina, having been some time exposed to the stimulus of a greater quantity of white light,



light, is become less sensible to a smaller quantity of it, and therefore sees only the yellow rays in that part of the straw-coloured silk.

Facts similar to these are observable in other parts of our system: thus, if one hand be made warm, and the other exposed to the cold, and then both of them immersed in subtepid water, the water is perceived warm to one hand, and cold to the other; and we are not able to hear weak sounds for some time after we have been exposed to loud ones; and we feel a chilliness on coming into an atmosphere of temperate warmth, after having been some time confined in a very warm room: and hence the stomach, and other organs of digestion, of those who have been habituated to the greater stimulus of spirituous liquor, are not excited into their due action by the less stimulus of common food alone; of which the immediate consequence is indigestion and hypochondriacism.

### III. OF SPECTRA FROM EXCESS OF SENSIBILITY.

*The retina is more easily excited into action by greater irritation after having been lately subjected to less.*

1. IF the eyes are closed, and covered perfectly with a hat, for a minute or two, in a bright day;

on removing the hat a red or crimson light is seen through the eyelids. In this experiment the retina, after being some time kept in the dark, becomes so sensible to a small quantity of light, as to perceive distinctly the greater quantity of red rays than of others which pass through the eyelids. A similar coloured light is seen to pass through the edges of the fingers, when the open hand is opposed to the flame of a candle.

2. If you look for some minutes steadily on a window in the beginning of the evening twilight, or in a dark day, and then move your eyes a little, so that those parts of the retina, on which the dark frame-work of the window was delineated, may now fall on the glass part of it, many luminous lines, representing the frame-work, will appear to lie across the glass panes: for those parts of the retina, which were before least stimulated by the dark frame-work, are now more sensible to light than the other parts of the retina which were exposed to the more luminous parts of the window.

3. Make with ink on white paper a very black spot, about half an inch in diameter, with a tail about an inch in length, so as to represent a tadpole, as in plate 2, at Sect. III. 8. 3.; look steadily for a minute on this spot, and, on moving the eye a little, the figure of the tadpole will be seen on the white part of the paper, which figure of the tadpole will appear whiter or more  
luminous

luminous than the other parts of the white paper; for the part of the retina on which the tadpole was delineated, is now more sensible to light than the other parts of it, which were exposed to the white paper. This experiment is mentioned by Dr. Irwin, but is not by him ascribed to the true cause, namely, the greater sensibility of that part of the retina which has been exposed to the black spot, than of the other parts which had received the white field of paper, which is put beyond a doubt by the next experiment.

4. On closing the eyes after viewing the black spot on the white paper, as in the foregoing experiment, a red spot is seen of the form of the black spot: for that part of the retina, on which the black spot was delineated, being now more sensible to light than the other parts of it, which were exposed to the white paper, is capable of perceiving the red rays which penetrate the eyelids. If this experiment be made by the light of a tallow candle, the spot will be yellow instead of red; for tallow candles abound much with yellow light, which passes in greater quantity and force through the eyelids than blue light; hence the difficulty of distinguishing blue and green by this kind of candle light. The colour of the spectrum may possibly vary in the daylight, according to the different colour of the meridian or the morning or evening light.

M. Beguelin, in the Berlin Mémoires, V. II.

1771, observes, that, when he held a book so that the sun shone upon his half-closed eyelids, the black letters, which he had long inspected, became red, which must have been thus occasioned. Those parts of the retina which had received for some time the black letters, were so much more sensible than those parts which had been opposed to the white paper, that to the former the red light, which passed through the eyelids, was perceptible. There is a similar story told, I think, in M. de Voltaire's Historical Works, of a Duke of Tuscany, who was playing at dice with the general of a foreign army, and, believing he saw bloody spots upon the dice, portended dreadful events, and retired in confusion. The observer, after looking for a minute on the black spots of a die, and carelessly closing his eyes, on a bright day, would see the image of a die with red spots upon it, as above explained.

5. On emerging from a dark cavern, where we have long continued, the light of a bright day becomes intolerable to the eye for a considerable time, owing to the excess of sensibility existing in the eye, after having been long exposed to little or no stimulus. This occasions us immediately to contract the iris to its smallest aperture, which becomes again gradually dilated, as the retina becomes accustomed to the greater stimulus of the daylight.

The twinkling of a bright star, or of a distant candle

candle in the night, is perhaps owing to the same cause. While we continue to look upon these luminous objects, their central parts gradually appear paler, owing to the decreasing sensibility of the part of the retina exposed to their light; whilst, at the same time, by the unsteadiness of the eye, the edges of them are perpetually falling on parts of the retina that were just before exposed to the darkness of the night, and therefore tenfold more sensible to light than the part on which the star or candle had been for some time delineated. This pains the eye in a similar manner as when we come suddenly from a dark room into bright day-light, and gives the appearance of bright scintillations. Hence the stars twinkle most when the night is darkest, and do not twinkle through telescopes, as observed by Muschenbroeck; and it will afterwards be seen why this twinkling is sometimes of different colours when the object is very bright, as Mr. Melvill observed in looking at Sirius. For the opinions of others on this subject, see Dr. Priestley's valuable History of Light and Colours, p. 494.

Many facts observable in the animal system are similar to these; as the hot glow occasioned by the usual warmth of the air, or our clothes, on coming out of a cold bath; the pain of the fingers on approaching the fire after having handled snow; and the inflamed heels from walking in snow. Hence those who have been

exposed to much cold have died on being brought to a fire, or their limbs have become so much inflamed as to mortify. Hence much food or wine given suddenly to those who have almost perished by hunger has destroyed them; for all the organs of the famished body are now become so much more irritable to the stimulus of food and wine, which they have long been deprived of, that inflammation is excited, which terminates in gangrene or fever.

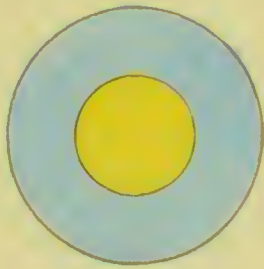
#### IV. OF DIRECT OCULAR SPECTRA.

*A quantity of stimulus somewhat greater than natural excites the retina into spasmodic action, which ceases in a few seconds.*

A CERTAIN duration and energy of the stimulus of light and colours excites the perfect action of the retina in vision; for very quick motions are imperceptible to us, as well as very slow ones, as the whirling of a top, or the shadow on a sundial. So perfect darkness does not affect the eye at all; and excess of light produces pain, not vision.

1. When a fire-coal is whirled round in the dark, a lucid circle remains a considerable time in the eye; and that with so much vivacity of light, that it is mistaken for a continuance of the irritation of the object. In the same manner, when a fiery meteor







teor shoots across the night, it appears to leave a long lucid train behind it, part of which, and perhaps sometimes the whole, is owing to the continuance of the action of the retina after having been thus vividly excited. This is beautifully illustrated by the following experiment: fix a paper sail, three or four inches in diameter, and made like that of a smoke jack, in a tube of pasteboard; on looking through the tube at a distant prospect, some disjointed parts of it will be seen through the narrow intervals between the sails; but as the fly begins to revolve, these intervals appear larger; and when it revolves quicker, the whole prospect is seen quite as distinct as if nothing intervened, though less luminous.

2. Look through a dark tube, about half a yard long, at the area of a yellow circle of half an inch diameter, lying upon a blue area of double that diameter, for half a minute; and on closing your eyes the colours of the spectrum will appear similar to the two areas, as in fig. 3.; but if the eye is kept too long upon them, the colours of the spectrum will be the reverse of those upon the paper, that is, the internal circle will become blue, and the external area yellow; hence some attention is required in making this experiment.

3. Place the bright flame of a spermaceti candle before a black object in the night; look stea-

dily at it for a short time, till it is observed to become somewhat paler; and on closing the eyes, and covering them carefully, but not so as to compress them, the image of the blazing candle will continue distinctly to be visible.

Look steadily, for a short time, at a window in a dark day, as in Exp. 2. Sect. III. and then closing your eyes, and covering them with your hands, an exact delineation of the window remains for some time visible in the eye. This experiment requires a little practice to make it succeed well; since, if the eyes are fatigued by looking too long on the window, or the day be too bright, the luminous parts of the window will appear dark in the spectrum, and the dark parts of the frame-work will appear luminous, as in Exp. 2. Sect. III. And it is even difficult for many, who first try this experiment, to perceive the spectrum at all; for any hurry of mind, or even too great attention to the spectrum itself, will disappoint them, till they have had a little experience in attending to such small sensations.

The spectra described in this section, termed direct ocular spectra, are produced without much fatigue of the eye; the irritation of the luminous object being soon withdrawn, or its quantity of light being not so great as to produce any degree of uneasiness in the organ of vision; which distinguishes them from the next class of ocular spectra, which are the consequence of fatigue.

These

These direct spectra are best observed in such circumstances that no light, but what comes from the object, can fall upon the eye; as in looking through a tube, of half a yard long, and an inch wide, at a yellow paper on the side of a room, the direct spectrum was easily produced on closing the eye without taking it from the tube; but if the lateral light is admitted through the eyelids, or by throwing the spectrum on white paper, it becomes a reverse spectrum, as will be explained below.

The other senses also retain for a time the impressions that have been made upon them, or the actions they have been excited into. So if a hard body is pressed upon the palm of the hand, as is practised in tricks of legerdemain, it is not easy to distinguish for a few seconds whether it remains or is removed; and tastes continue long to exist vividly in the mouth, as the smoke of tobacco, or the taste of gentian, after the sapid material is withdrawn.

V. *A quantity of stimulus somewhat greater than the last mentioned excites the retina into spasmodic action, which ceases and recurs alternately.*

1. ON looking for a time on the setting sun, so as not greatly to fatigue the sight, a yellow spectrum is seen when the eyes are closed and covered, which continues for a time, and then disappears

disappears and recurs repeatedly before it entirely vanishes. This yellow spectrum of the sun when the eyelids are opened becomes blue; and if it is made to fall on the green grass, or on other coloured objects, it varies its own colour by an intermixture of theirs, as will be explained in another place.

2. Place a lighted spermaceti candle in the night about one foot from your eye, and look steadily on the centre of the flame, till your eye becomes much more fatigued than in Sect. IV. Exp. 3.; and on closing your eyes a reddish spectrum will be perceived, which will cease and return alternately.

The action of vomiting in like manner ceases, and is renewed by intervals, although the emetic drug is thrown up with the first effort: so after-pains continue some time after parturition; and the alternate pulsations of the heart of a viper are renewed for some time after it is cleared from its blood.

## VI. OF REVERSE OCULAR SPECTRA.

*The retina, after having been excited into action by a stimulus somewhat greater than the last mentioned, falls into opposite spasmodic action.*

THE actions of every part of animal bodies may be advantageously compared with each other.

This

This strict analogy contributes much to the investigation of truth ; while those looser analogies, which compare the phenomena of animal life with those of chemistry or mechanics, only serve to mislead our inquiries.

When any of our larger muscles have been in long or in violent action, and their antagonists have been at the same time extended, as soon as the action of the former ceases, the limb is stretched the contrary way for our ease, and a pandiculation or yawning takes place.

By the following observations it appears, that a similar circumstance obtains in the organ of vision ; after it has been fatigued by one kind of action, it spontaneously falls into the opposite kind.

1. Place a piece of coloured silk, about an inch in diameter, on a sheet of white paper, about half a yard from your eyes ; look steadily upon it for a minute ; then remove your eyes upon another part of the white paper, and a spectrum will be seen of the form of the silk thus inspected, but of a colour opposite to it. A spectrum nearly similar will appear if the eyes are closed, and the eyelids shaded by approaching the hand near them, so as to permit some, but to prevent too much light falling on them.

Red silk produced a green spectrum.

Green produced a red one.

Orange

Orange produced blue.

Blue produced orange.

Yellow produced violet.

Violet produced yellow.

That in these experiments the colours of the spectra are the reverse of the colours which occasioned them, may be seen by examining the third figure in Sir Isaac Newton's *Optics*, L. II. p. 1. where those thin laminæ of air, which reflected yellow, transmitted violet; those which reflected red, transmitted a blue green; and so of the rest, agreeing with the experiments above related.

2. These reverse spectra are similar to a colour, formed by a combination of all the primary colours except that with which the eye has been fatigued in making the experiment: thus the reverse spectrum of red must be such a green as would be produced by a combination of all the other prismatic colours. To evince this fact the following satisfactory experiment was made. The prismatic colours were laid on a circular paste-board wheel, about four inches in diameter, in the proportions described in Dr. Priestley's *History of Light and Colours*, pl. 12. fig. 83. except that the red compartment was entirely left out, and the others proportionably extended so as to complete the circle. Then, as the orange is a mixture of red and yellow, and as the violet is a mixture of red and indigo, it became necessary to  
 I put

put yellow on the wheel instead of orange, and indigo instead of violet, that the experiment might more exactly quadrate with the theory it was designed to establish or confute; because in gaining a green spectrum from a red object, the eye is supposed to have become insensible to red light. This wheel, by means of an axis, was made to whirl like a top; and on its being put in motion, a green colour was produced, corresponding with great exactness to the reverse spectrum of red.

3. In contemplating any one of these reverse spectra in the closed and covered eye, it disappears and re-appears several times successively, till at length it entirely vanishes, like the direct spectra in Sect. V.; but with this additional circumstance, that when the spectrum becomes faint or evanescent, it is instantly revived by removing the hand from before the eyelids, so as to admit more light: because then not only the fatigued part of the retina is inclined spontaneously to fall into motions of a contrary direction, but being still sensible to all other rays of light, except that with which it was lately fatigued, is by these rays at the same time stimulated into those motions which form the reverse spectrum.

From these experiments there is reason to conclude, that the fatigued part of the retina throws itself into a contrary mode of action, like oscitation or pandiculation, as soon as the stimulus which

which has fatigued it is withdrawn; and that it still remains sensible, that is, liable to be excited into action by any other colours at the same time; except the colour with which it has been fatigued.

VII. *The retina after having been excited into action by a stimulus somewhat greater than the last mentioned falls into various successive spasmodic actions.*

1. ON looking at the meridian sun as long as the eyes can well bear its brightness, the disk first becomes pale, with a luminous crescent, which seems to librate from one edge of it to the other, owing to the unsteadiness of the eye; then the whole phasis of the sun becomes blue, surrounded with a white halo; and on closing the eyes, and covering them with the hands, a yellow spectrum is seen, which in a little time changes into a blue one.

M. de la Hire observed, after looking at the bright sun, that the impression in his eye first assumed a yellow appearance, and then green, and then blue; and wishes to ascribe these appearances to some affection of the nerves. (Porterfield on the Eye, Vol. I. p. 343.)

2. After looking steadily on about an inch square of pink silk, placed on white paper, in a  
bright



bright sunshine, at the distance of a foot from my eyes, and closing and covering my eye-lids, the spectrum of the silk was at first a dark green, and the spectrum of the white paper became of a pink. The spectra then both disappeared; and then the internal spectrum was blue; and then, after a second disappearance, became yellow, and lastly pink, whilst the spectrum of the field varied into red and green.

These successions of different coloured spectra were not exactly the same in the different experiments, though observed, as near as could be, with the same quantity of light, and other similar circumstances; owing, I suppose, to trying too many experiments at a time; so that the eye was not quite free from the spectra of the colours which were previously attended to.

The alternate exertions of the retina in the preceding section resembled the oscitation or pandiculation of the muscles, as they were performed in directions contrary to each other, and were the consequence of fatigue rather than of pain. And in this they differ from the successive dissimilar exertions of the retina, mentioned in this section, which resemble in miniature the more violent agitations of the limbs in convulsive diseases, as epilepsy, chorea S. Viti, and opisthotonos; all which diseases are perhaps, at first, the consequence of pain, and have their periods afterwards established by habit.

VIII. *The retina, after having been excited into action by a stimulus somewhat greater than the last mentioned, falls into a fixed spasmodic action, which continues for some days.*

1. AFTER having looked long at the meridian sun, in making some of the preceding experiments, till the disk faded into a pale blue, I frequently observed a bright blue spectrum of the sun on other objects all the next and the succeeding day, which constantly occurred when I attended to it, and frequently when I did not previously attend to it. When I closed and covered my eyes, this appeared of a dull yellow; and at other times mixed with the colours of other objects on which it was thrown. It may be imagined, that this part of the retina was become insensible to white light, and thence a bluish spectrum became visible on all luminous objects; but as a yellowish spectrum was also seen in the closed and covered eye, there can remain no doubt of this being the spectrum of the sun. A similar appearance was observed by M. Æpinus, which he acknowledges he could give no account of. (Nov. Com. Petrop. V. 10. p. 2. and 6.)

The locked jaw, and some cataleptic spasms, are resembled by this phenomenon; and from  
hence

hence we may learn the danger to the eye by inspecting very luminous objects too long a time.

*IX. A quantity of stimulus greater than the preceding induces a temporary paralysis of the organ of vision.*

1. PLACE a circular piece of bright red silk, about half an inch in diameter, on the middle of a sheet of white paper; lay them on the floor in a bright sunshine, and fixing your eyes steadily on the centre of the red circle, for three or four minutes, at the distance of four or six feet from the object, the red silk will gradually become paler, and finally cease to appear red at all.

2. Similar to these are many other animal facts; as purges, opiates, and even poisons, and contagious matter, cease to stimulate our system, after we have been habituated to their use. So some people sleep undisturbed by a clock, or even by a forge hammer in their neighbourhood: and not only continued irritations, but violent exertions of any kind, are succeeded by temporary paralysis. The arm drops down after violent action, and continues for a time useless; and it is probable, that those who have perished suddenly in swimming, or in skating on the ice, have owed their deaths to the paralysis, or extreme fatigue, which succeeds every violent and continued exertion.

## X. MISCELLANEOUS REMARKS.

THERE were some circumstances occurred in making these experiments, which were liable to alter the results of them, and which I shall here mention for the assistance of others, who may wish to repeat them.

1. *Of direct and inverse spectra existing at the same time; of reciprocal direct spectra; of a combination of direct and inverse spectra; of a spectral halo; rules to pre-determine the colours of spectra.*

*a.* When an area, about six inches square, of bright pink Indian paper, had been viewed on an area, about a foot square, of white writing paper, the internal spectrum in the closed eye was green, being the reverse spectrum of the pink paper; and the external spectrum was pink, being the direct spectrum of the pink paper. The same circumstance happened when the internal area was white, and external one pink; that is, the internal spectrum was pink, and the external one green. All the same appearances occurred when the pink paper was laid on a black hat.

*b.* When six inches square of deep violet polished paper were viewed on a foot square of  
white

white writing paper, the internal spectrum were yellow, being the reverse spectrum of the violet paper, and the external one was violet, being the direct spectrum of the violet paper.

*c.* When six inches square of pink paper were viewed on a foot square of blue paper, the internal spectrum was blue, and the external spectrum was pink; that is, the internal one was the direct spectrum of the external object, and the external one was the direct spectrum of the internal object, instead of their being each the reverse spectrum of the objects they belonged to.

*d.* When six inches square of blue paper were viewed on a foot square of yellow paper, the interior spectrum became a brilliant yellow, and the exterior one a brilliant blue. The vivacity of the spectra was owing to their being excited both by the stimulus of the interior and exterior objects; so that the interior yellow spectrum was both the reverse spectrum of the blue paper, and the direct one of the yellow paper; and the exterior blue spectrum was both the reverse spectrum of the yellow paper, and the direct one of the blue paper.

*e.* When the internal area was only a square half-inch of red paper, laid on a square foot of dark violet paper, the internal spectrum was green, with a reddish-blue halo. When the red internal paper was two inches square, the internal spectrum was a deeper green, and the

external one redder. When the internal paper was six inches square, the spectrum of it became blue, and the spectrum of the external paper was red.

*f.* When a square half-inch of blue paper was laid on a six-inch square of yellow paper, the spectrum of the central paper in the closed eye was yellow, incircled with a blue halo. On looking long on the meridian sun, the disk fades into a pale blue surrounded with a whitish halo.

These circumstances, though they very much perplexed the experiments till they were investigated, admit of a satisfactory explanation; for while the rays from the bright internal object in exp. *a.* fall with their full force on the centre of the retina, and, by fatiguing that part of it, induce the reverse spectrum, many scattered rays, from the same internal pink paper, fall on the more external parts of the retina, but not in such quantity as to occasion much fatigue, and hence induce the direct spectrum of the pink colour in those parts of the eye. The same reverse and direct spectra occur from the violet paper in exp. *b.*: and in exp. *c.* the scattered rays from the central pink paper produce a direct spectrum of this colour on the external parts of the eye, while the scattered rays from the external blue paper produce a direct spectrum of that colour on the central part of the eye, instead of these parts of the retina falling reciprocally into their reverse

reverse spectra. In exp. *d.* the colours being the reverse of each other, the scattered rays from the exterior object falling on the central parts of the eye, and there exciting their direct spectrum, at the same time that the retina was excited into a reverse spectrum by the central object, and this direct and reverse spectrum being of similar colour, the superior brilliancy of this spectrum was produced. In exp. *e.* the effect of various quantities of stimulus on the retina, from the different respective sizes of the internal and external areas, induced a spectrum of the internal area in the centre of the eye, combined of the reverse spectrum of that internal area and the direct one of the external area, in various shades of colour, from a pale green to a deep blue, with similar changes in the spectrum of the external area. For the same reasons, when an internal bright object was small, as in exp. *f.* instead of the whole of the spectrum of the external object being reverse to the colour of the internal object, only a kind of halo, or radiation of colour, similar to that of the internal object, was spread a little way on the external spectrum. For this internal blue area being so small, the scattered rays from it extended but a little way on the image of the external area of yellow paper, and could therefore produce only a blue halo round the yellow spectrum in the centre.

If any one should suspect that the scattered rays

from the exterior coloured object do not intermix with the rays from the interior coloured object, and thus affect the central part of the eye, let him look through an opaque tube, about two feet in length, and an inch in diameter, at a coloured wall of a room with one eye, and with the other eye naked; and he will find, that by shutting out the lateral light, the area of the wall seen through a tube appears as if illuminated by the sunshine, compared with the other parts of it; from whence arises the advantage of looking through a dark tube at distant paintings.

Hence we may safely deduce the following rules to determine before-hand the colours of all spectra. 1. The direct spectrum without any lateral light is an evanescent representation of its object in the unfatigued eye. 2. With some lateral light it becomes of a colour combined of the direct spectrum of the central object, and of the circumjacent objects, in proportion to their respective quantity and brilliancy. 3. The reverse spectrum without lateral light is a representation in the fatigued eye of the form of its objects, with such a colour as would be produced by all the primary colours, except that of the object. 4. With lateral light the colour is compounded of the reverse spectrum of the central object, and the direct spectrum of the circumjacent objects, in proportion to their respective quantity and brilliancy.

2. *Variation*



2. *Variation and vivacity of the spectra occasioned by extraneous light.*

The reverse spectrum, as has been before explained, is similar to a colour, formed by a combination of all the primary colours, except that with which the eye has been fatigued in making the experiment: so the reverse spectrum of red is such a green as would be produced by a combination of all the other prismatic colours. Now it must be observed, that this reverse spectrum of red is therefore the direct spectrum of a combination of all the other prismatic colours, except the red; whence, on removing the eye from a piece of red silk to a sheet of white paper, the green spectrum, which is perceived, may either be called the reverse spectrum of the red silk, or the direct spectrum of all the rays from the white paper, except the red; for in truth it is both. Hence we see the reason why it is not easy to gain a direct spectrum of any coloured object in the day-time, where there is much lateral light, except of very bright objects, as of the setting sun, or by looking through an opaque tube; because the lateral external light falling also on the central part of the retina, contributes to induce the reverse spectrum, which is at the same time the direct spectrum of that lateral light, deducting only the colour of the central object which

we have been viewing. And for the same reason, it is difficult to gain the reverse spectrum, where there is no lateral light to contribute to its formation. Thus, in looking through an opaque tube on a yellow wall, and closing my eye, without admitting any lateral light, the spectra were all at first yellow; but at length changed into blue. And on looking in the same manner on red paper, I did at length get a green spectrum; but they were all at first red ones: and the same after looking at a candle in the night.

The reverse spectrum was formed with greater facility when the eye was thrown from the object on a sheet of white paper, or when light was admitted through the closed eyelids; because not only the fatigued part of the retina was inclined spontaneously to fall into motions of a contrary direction; but being still sensible to all other rays of light except that with which it was lately fatigued, was by these rays stimulated at the same time into those motions which form the reverse spectrum. Hence, when the reverse spectrum of any colour became faint, it was wonderfully revived by admitting more light through the eyelids, by removing the hand from before them: and hence, on covering the closed eyelids, the spectrum would often cease for a time, till the retina became sensible to the stimulus of the smaller quantity of light, and then it recurred. Nor was the spectrum only changed in vivacity, or in degree,

degree, by this admiffion of light through the eyelids; but it frequently happened, after having viewed bright objects, that the fpectrum in the clofed and covered eye was changed into a third fpectrum, when light was admitted through the eyelids: which third fpectrum was compofed of fuch colours as could pafs through the eyelids, except thofe of the object. Thus, when an area of half an inch diameter of pink paper was viewed on a fheet of white paper in the funfhine, the fpectrum with clofed and covered eyes was green; but on removing the hands from before the clofed eyelids, the fpectrum became yellow, and returned infantly again to green, as often as the hands were applied to cover the eyelids, or removed from them: for the retina being now infenfible to red light, the yellow rays paffing through the eyelids in greater quantity than the other colours, induced a yellow fpectrum; whereas if the fpectrum was thrown on white paper, with the eyes open, it became only a lighter green.

Though a certain quantity of light facilitates the formation of the reverfe fpectrum, a greater quantity prevents its formation, as the more powerful ftimulus excites even the fatigued parts of the eye into action; otherwife we fhould fee the fpectrum of the laft viewed object as often as we turn our eyes. Hence the reverfe fpectra are beft feen by gradually approaching the hand near  
the

the elosed eyelids to a certain distance only, which must be varied with the brightness of the day, or the energy of the spectrum. Add to this, that all dark spectra, as black, blue, or green, if light be admitted through the eyelids, after they have been some time covered, give reddish spectra, for the reasons given in Sect. III. Exp. 1.

From these circumstances of the extraneous light coinciding with the spontaneous efforts of the fatigued retina to produce a reverse spectrum, as was observed before, it is not easy to gain a direct spectrum, except of objects brighter than the ambient light; such as a candle in the night, the setting sun, or viewing a bright object through an opaque tube; and then the reverse spectrum is instantaneously produced by the admission of some external light; and is as instantly converted again to the direct spectrum by the exclusion of it. Thus, on looking at the setting sun, on closing the eyes, and covering them, a yellow spectrum is seen, which is the direct spectrum of the setting sun; but on opening the eyes on the sky, the yellow spectrum is immediately changed into a blue one, which is the reverse spectrum of the yellow sun, or the direct spectrum of the blue sky, or a combination of both. And this is again transformed into a yellow one on closing the eyes, and so reciprocally, as quick as the motions of the opening and closing eyelids. Hence, when Mr. Melvill observed

served the scintillations of the star Sirius to be sometimes coloured, these were probably the direct spectrum of the blue sky, on the parts of the retina fatigued by the white light of the star. (Essays Physical and Literary, p. 81. V. 2.)

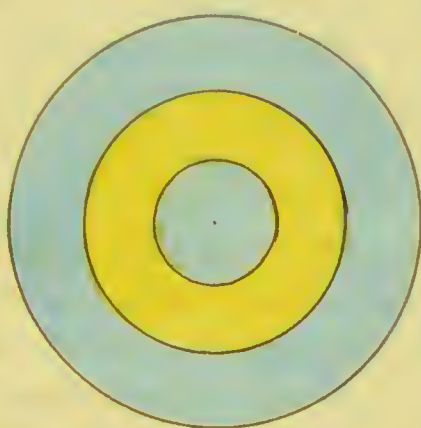
When a direct spectrum is thrown on colours darker than itself, it mixes with them; as the yellow spectrum of the setting sun, thrown on the green grass, becomes a greener yellow. But when a direct spectrum is thrown on colours brighter than itself, it becomes instantly changed into the reverse spectrum, which mixes with those brighter colours. So the yellow spectrum of the setting sun thrown on the luminous sky becomes blue, and changes with the colour or brightness of the clouds on which it appears. But the reverse spectrum mixes with every kind of colour on which it is thrown, whether brighter than itself or not: thus the reverse spectrum, obtained by viewing a piece of yellow silk, when thrown on white paper, was a lucid blue green; when thrown on black Turkey leather, becomes a deep violet. And the spectrum of blue silk, thrown on white paper, was a light yellow; on black silk was an obscure orange; and the blue spectrum, obtained from orange-coloured silk, thrown on yellow, became a green.

In these cases the retina is thrown into activity or sensation by the stimulus of external colours, at the same time that it continues the activity or  
sensation

fenfation which forms the fpectra; in the fame manner as the prismatic colours, painted on a whirling top, are feen to mix together. When thefe colours of external objects are brighter than the direct fpectrum which is thrown upon them, they change it into the reverfe fpectrum, like the admiffion of external light on a direct fpectrum, as explained above. When they are darker than the direct fpectrum, they mix it, their weaker ftimulus being infufficient to induce the reverfe fpectrum.

3. *Variation of fpectra in refpect to number, and figure, and remiffion.*

When we look long and attentively at any object, the eye cannot always be kept entirely motionlefs; hence, on infpecting a circular area of red filk placed on white paper, a lucid crefcent or edge is feen to librate on one fide or other of the red circle: for the exterior parts of the retina fometimes falling on the edge of the central filk, and fometimes on the white paper, are lefs fatigued with red light than the central part of the retina, which is constantly expofed to it; and therefore, when they fall on the edge of the red filk, they perceive it more vividly. Afterwards, when the eye becomes fatigued, a green fpectrum in the form of a crefcent is feen to librate on one fide or other of the central circle,







as by the unsteadiness of the eye a part of the fatigued retina falls on the white paper; and as by the increasing fatigue of the eye the central part of the silk appears paler, the edge on which the unfatigued part of the retina occasionally falls will appear of a deeper red than the original silk, because it is compared with the pale internal part of it. M. de Buffon in making this experiment observed, that the red edge of the silk was not only deeper coloured than the original silk; but, on his retreating a little from it, it became oblong, and at length divided into two, which must have been owing to his observing it either before or behind the point of intersection of the two optic axes. Thus, if a pen is held up before a distant candle, when we look intently at the pen two candles are seen behind it; when we look intently at the candle two pens are seen. If the sight be unsteady at the time of beholding the sun, even though one eye only be used, many images of the sun will appear, or luminous lines, when the eye is closed. And as some parts of these will be more vivid than others, and some parts of them will be produced nearer the centre of the eye than others, these will disappear sooner than the others; and hence the number and shape of these spectra of the sun will continually vary, as long as they exist. The cause of some being more vivid than others, is the unsteadiness of the eye of the beholder, so that some parts of  
the

the retina have been longer exposed to the sunbeams. That some parts of a complicated spectrum fade and return before other parts of it, the following experiment evinces. Draw three concentric circles; the external one an inch and a half in diameter, the middle one an inch, and the internal one half an inch; colour the external and internal areas blue, and the remaining one yellow, as in Fig. 4.; after having looked about a minute on the centre of these circles, in a bright light, the spectrum of the external area appears first in the closed eye, then the middle area, and lastly the central one; and then the central one disappears, and the others in inverted order. If concentric circles of more colours are added, it produces the beautiful ever changing spectrum in Sect. I. Exp. 2.

From hence it would seem, that the centre of the eye produces quicker remissions of spectra, owing perhaps to its greater sensibility; that is to its more energetic exertions. These remissions of spectra bear some analogy to the tremors of the hands, and palpitations of the heart, of weak people: and perhaps a criterion of the strength of any muscle or nerve may be taken from the time it can be continued in exertion.

4. *Variation of spectra in respect to brilliancy; the visibility of the circulation of the blood in the eye.*

1. The meridian or evening light makes a difference in the colours of some spectra; for as the sun descends, the red rays, which are less refrangible by the convex atmosphere, abound in great quantity. Whence the spectrum of the light parts of a window at this time, or early in the morning, is red; and becomes blue either a little later or earlier; and white in the meridian day; and is also variable from the colour of the clouds or sky which are opposed to the window.

2. All these experiments are liable to be confounded, if they are made too soon after each other, as the remaining spectrum will mix with the new ones. This is a very troublesome circumstance to painters, who are obliged to look long upon the same colour; and in particular to those whose eyes, from natural debility, cannot long continue the same kind of exertion. For the same reason, in making these experiments, the result becomes much varied if the eyes, after viewing any object, are removed on other objects for but an instant of time, before we close them to view the spectrum; for the light from the object, of which we had only a transient view, in the very time of closing our eyes acts as a stimulus on the fatigued retina; and for a time prevents

prevents the desired spectrum from appearing, or mixes its own spectrum with it. Whence, after the eyelids are closed, either a dark field, or some unexpected colours, are beheld for a few seconds, before the desired spectrum becomes distinctly visible.

3. The length of time taken up in viewing an object, of which we are to observe the spectrum, makes a great difference in the appearance of the spectrum, not only in its vivacity, but in its colour; as the direct spectrum of the central object, or of the circumjacent ones, and also the reverse spectra of both, with their various combinations, as well as the time of their duration in the eye, and of their remissions or alterations, depend upon the degree of fatigue the retina is subjected to. The Chevalier d'Arcy constructed a machine by which a coal of fire was whirled round in the dark, and found, that when a luminous body made revolution in eight thirds of time, is presented to the eye a complete circle of fire; from whence he concludes, that the impression continues on the organ about the seventh part of a second. (Mém. de l'Acad. des Sc. 1765.) This, however, is only to be considered as the shortest time of the duration of these direct spectra; since in the fatigued eye both the direct and reverse spectra, with their intermissions, appear to take up many seconds of  
time,

time, and seem very variable in proportion to the circumstances of fatigue or energy.

4. It sometimes happens, if the eyeballs have been rubbed hard with the fingers, that lucid sparks are seen in quick motion amidst the spectrum we are attending to. This is similar to the flashes of fire from a stroke on the eye in fighting, and is resembled by the warmth and glow, which appears upon the skin after friction, and is probably owing to an acceleration of the arterial blood into the vessels emptied by the previous pressure. By being accustomed to observe such small sensations in the eye, it is easy to see the circulation of the blood in this organ. I have attended to this frequently, when I have observed my eyes more than commonly sensible to other spectra. The circulation may be seen either in both eyes at a time, or only in one of them; for as a certain quantity of light is necessary to produce this curious phenomenon, if one hand be brought nearer the closed eyelids than the other, the circulation in that eye will for a time disappear. For the easier viewing the circulation, it is sometimes necessary to rub the eyes with a certain degree of force after they are closed, and to hold the breath rather longer than is agreeable, which, by accumulating more blood in the eye, facilitates the experiment; but in general it may be seen distinctly after having examined other spectra with your back to the

light till the eyes become weary; then having covered your closed eyelids for half a minute, till the spectrum is faded away which you were examining, turn your face to the light, and removing your hands from the eyelids, by and by again shade them a little, and the circulation becomes curiously distinct. The streams of blood are however generally seen to unite, which shews it to be the venous circulation, owing, I suppose, to the greater opacity of the colour of the blood in these vessels; for this venous circulation is also much more easily seen by the microscope in the tail of a tadpole.

5. *Variation of spectra in respect to distinctness and size; with a new way of magnifying objects.*

1. It was before observed, that when the two colours viewed together were opposite to each other, as yellow and blue, red and green, &c. according to the table of reflections and transmissions of light in Sir Isaac Newton's Optics, B. II. Fig. 3. the spectra of those colours were of all others the most brilliant, and best defined; because they were combined of the reverse spectrum of one colour, and of the direct spectrum of the other. Hence, in books printed with small types, or in the minute graduation of thermome-



BANKS.

PLATE 2

1845



ters, or of clock-faces, which are to be seen at a distance, if the letters or figures are coloured with orange, and the ground with indigo; or the letters with red, and the ground with green; or any other lucid colour is used for the letters, the spectrum of which is similar to the colour of the ground; such letters will be seen much more distinctly, and with less confusion, than in black or white: for as the spectrum of the letter is the same colour with the ground on which they are seen, the unsteadiness of the eye in long attending to them will not produce coloured lines by the edges of the letters, which is the principal cause of their confusion. The beauty of colours lying in vicinity to each other, whose spectra are thus reciprocally similar to each colour, is owing to this greater ease that the eye experiences in beholding them distinctly; and it is probable, in the organ of hearing, a similar circumstance may constitute the pleasure of melody. Sir Isaac Newton observes, that gold and indigo were agreeable when viewed together; and thinks there may be some analogy between the sensations of light and sound. (Optics, Qu. 14.)

In viewing the spectra of bright objects, as of an area of red silk of half an inch diameter on white paper, it is easy to magnify it to tenfold its size: for if, when the spectrum is formed, you still keep your eye fixed on the silk area, and remove it a few inches further from you, a green

circle is seen round the red silk; for the angle now subtended by the silk is less than it was when the spectrum was formed, but that of the spectrum continues the same, and our imagination places them at the same distance. Thus when you view a spectrum on a sheet of white paper, if you approach the paper to the eye, you may diminish it to a point; and if the paper is made to recede from the eye, the spectrum will appear magnified in proportion to the distance.

I was surpris'd, and agreeably amus'd, with the following experiment. I covered a paper about four inches square with yellow, and with a pen filled with a blue colour wrote upon the middle of it the word BANKS in capitals, as in fig. 5, and sitting with my back to the sun, fixed my eyes for a minute exactly on the centre of the letter N in the middle of the word; after closing my eyes, and shading them somewhat with my hand, the word was distinctly seen in the spectrum in yellow letters on a blue field; and then, on opening my eyes on a yellowish wall at twenty feet distance, the magnified name of BANKS appeared written on the wall in golden characters.

6. *Conclusion.*

IT was observed by the learned M. Sauvages (Nofol. Method. Cl. VIII. Ord. 1.) that the pulsations of the optic artery might be perceived by looking attentively on a white wall well illuminated. A kind of net-work, darker than the other parts of the wall, appears and vanishes alternately with every pulsation. This change of the colour of the wall he well ascribes to the compression of the retina by the diastole of the artery. The various colours produced in the eye by the pressure of the finger, or by a stroke on it, as mentioned by Sir Isaac Newton, seem likewise to originate from the unequal pressure on various parts of the retina. Now as Sir Isaac Newton has shewn, that all the different colours are reflected or transmitted by the laminæ of soap bubbles, or of air, according to their different thickness or thinness, is it not probable, that the effect of the activity of the retina may be to alter its thickness or thinness, so as better to adapt it to reflect or transmit the colours which stimulate it into action? May not muscular fibres exist in the retina for this purpose, which may be less minute than the locomotive muscles of microscopic animals? May not these muscular actions of the retina constitute the sensation of light and colours; and the voluntary re-

petitions of them, when the object is withdrawn, constitute our memory of them? And lastly, may not the laws of the sensations of light, here investigated, be applicable to all our other senses, and much contribute to elucidate many phenomena of animal bodies both in their healthy and diseased state; and thus render this investigation well worthy the attention of the physician, the metaphysician, and the natural philosopher?

November 1, 1785.

Dum, Liber! astra petis volitans trepidantibus alis,  
Irruis immemori, parvula gutta, mari.  
Me quoque, me currente rotâ revolubilis ætas  
Volverit in tenebras,—i, Liber, ipse sequor.

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END OF THE FIRST PART.





Z O O N O M I A;

OR,

THE LAWS OF ORGANIC LIFE.

P A R T III.

CONTAINING

THE ARTICLES OF THE MATERIA MEDICA,

WITH AN ACCOUNT OF THE

OPERATION OF MEDICINES.

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IN VIVUM CORPUS  
AGUNT MEDICAMENTA.

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## P R E F A C E.

THE MATERIA MEDICA includes all those substances, which may contribute to the restoration of health. These may be conveniently distributed under seven articles, according to the diversity of their operations.

1. NUTRIENTIA, or those things which preserve in their natural state the due exertions of all the irritative motions.

2. INCITANTIA, or those things which increase the exertions of all the irritative motions.

3. SECERNENTIA, or those things which increase the irritative motions, which constitute secretion.

4. SORBENTIA, or those things which increase the irritative motions, which constitute absorption.

5. INVERTENTIA, or those things which invert the natural order of the successive irritative motions.

6. REVER-

6. REVERTENTIA, or those things which restore the natural order of the inverted irritative motions.

7. TORPENTIA, those things which diminish the exertions of all the irritative motions.

It is necessary to apprize the reader, that in the following account of the virtues of Medicines their usual doses are always supposed to be exhibited; and the patient to be exposed to the degree of exterior heat, which he has been accustomed to, (where the contrary is not mentioned), as any variation of either of these circumstances varies their effects.

ARTICLES  
OF THE  
MATERIA MEDICA.

---

ART. I.  
NUTRIENTIA.

I. 1. THOSE THINGS, which preserve in their natural state the due exertions of all the irritative motions, are termed nutrientia; they produce the growth, and restore the waste, of the system. These consist of a variety of mild vegetable and animal substances, water, and air.

2. Where stronger stimuli have been long used, they become necessary for this purpose, as mustard, spice, salt, beer, wine, vinegar, alcohol, opium. Which however, as they are unnatural stimuli, and difficult to manage in respect to quantity, are liable to shorten the span of human life, sooner rendering the system incapable of being stimulated into action by the nutrientia. See Sect. XXXVII. 4. On the same account life is shorter in warmer climates than in more temperate ones.

## II. OBSERVATIONS ON THE NUTRIENTIA.

I. 1. The flesh of animals contains more nourishment, and stimulates our absorbent and secreting vessels more powerfully, than the vegetable productions, which we use as food; for the carnivorous animals can fast longer without injury than the graminivorous; and we feel ourselves warmer and stronger after a meal of flesh than of grain. Hence in diseases attended with cold extremities and general debility this kind of diet is preferred; as in rickets, dropsy, scrofula, and in hysteric and hypochondriac cases, and to prevent the returns of agues. Might not flesh in small quantities bruised to a pulp be more advantageously used in fevers attended with debility than vegetable diet?

That flesh, which is of the darkest colour, generally contains more nourishment, and stimulates our vessels more powerfully, than the white kinds. The flesh of the carnivorous and piscivorous animals is so stimulating, that it seldom enters into the food of European nations, except the swine, the Soland goose (*Pelicanus Bassanus*), and formerly the swan. Of these the swine and the swan are fed previously upon vegetable aliment; and the Soland goose is taken in very small quantity, only as a whet to the appetite. Next to these are the birds, that feed upon insects,

sects, which are perhaps the most stimulating and the most nutritive of our usual food.

It is said that a greater quantity of volatile alkali can be obtained from this kind of flesh, to which has been ascribed its stimulating quality. But it is more probable, that fresh flesh contains only the elements of volatile alkali.

2. Next to the dark coloured flesh of animals, the various tribes of shell-fish seem to claim their place, and the wholesome kinds of mushrooms, which must be esteemed animal food, both for their alcalescent tendency, their stimulating quality, and the quantity of nourishment, which they afford; as oysters, lobsters, crabfish, shrimps; mushrooms; to which perhaps might be added some of the fish without scales; as the eel, bar-bolt, tench, smelt, turbot, turtle.

The flesh of many kinds of fish, when it is supposed to have undergone a beginning putrefaction, becomes luminous in the dark. This seems to shew a tendency in the phosphorus to escape, and combine with the oxygen of the atmosphere; and would hence shew, that this kind of flesh is not so perfectly animalized as those before mentioned. This light, as it is frequently seen on rotten wood, and sometimes on veal, which has been kept too long, as I have been told, is commonly supposed to have its cause from putrefaction; but is nevertheless most probably of phosphoric origin, like that seen in the dark on

oyster-shells, which have previously been ignited and afterwards exposed to the sunshine, and on the Bolognian stone. See Botan. Gard. Vol. I. Cant. I. line 182, the note, and additional note X.

3. The flesh of young animals, as of lamb, veal, and sucking-pigs, supplies us with a still less stimulating food. The broth of these is said to become sour, and continues so a considerable time before it changes into putridity; so much does their flesh partake of the chemical properties of the milk, with which these animals are nourished.

4. The white meats, as of turkey, partridge, pheasant, fowl, with their eggs, seem to be the next in mildness; and hence are generally first allowed to convalescents from inflammatory diseases.

5. Next to those should be ranked the white river-fish, which have scales, as pike, perch, gudgeon.

II. 1. Milk unites the animal with the vegetable source of our nourishment, partaking of the properties of both. As it contains sugar, and will therefore ferment and produce a kind of wine or spirit, which is a common liquor in Siberia; or will run into an acid by simple agitation,



tion, as in the churning of cream ; and lastly, as it contains coagulable lymph, which will undergo the process of putrefaction like other animal substances, as in old cheese.

2. Milk may be separated by rest or by agitation into cream, butter, butter-milk, whey, curd. The cream is easier of digestion to adults, because it contains less of the coagulum or cheesy part, and is also more nutritive. Butter consisting of oil between an animal and vegetable kind contains still more nutriment, and in its recent state is not difficult of digestion if taken in moderate quantity. See Art. I. 2. 3. 2. Butter-milk if it be not bitter is an agreeable and nutritive fluid ; if it be bitter it has some putrid parts of the cream in it, which had been kept too long ; but is perhaps not less wholesome for being sour to a certain degree : as the inferior people in Scotland choose sour milk in preference to skimmed milk before it is become sour. Whey is the least nutritive and easiest of digestion. And in the spring of the year, when the cows feed on young grass, it contains so much of vegetable properties, as to become a salutary potion, when drunk to about a pint every morning, to those who during the winter have taken too little vegetable nourishment, and who are thence liable to bilious concretions.

3. Cheese is of various kinds, according to the greater or less quantity of cream, which it contains, and according to its age. Those cheeses, which are easiest broken to pieces in the mouth, are generally easiest of digestion, and contain most nutriment. Some kinds of cheese, though slow of digestion, are also slow in changing by chemical processes in the stomach, and therefore will frequently agree well with those, who have a weak digestion; as I have seen toasted cheese vomited up a whole day after it was eaten without having undergone any apparent change, or given any uneasiness to the patient. It is probable a portion of sugar, or of animal fat, or of the gravy of boiled or roasted meat, mixed with cheese at the time of making it, might add to its pleasant and nutritious quality.

4. The reason, why autumnal milk is so much thicker or coagulable than vernal milk, is not easy to understand; but as new milk is in many respects similar to chyle, it may be considered as food-already in part digested by the animal it is taken from, and thence supplies a nutriment of easy digestion. But as it requires to be curdled by the gastric acid, before it can enter the lacteals, as is seen in the stomachs of calves, it seems more suitable to children, whose stomachs abound more with acidity, than to adults; but nevertheless

less supplies good nourishment to many of the latter, and particularly to those, who use vegetable food, and whose stomachs have not been much accustomed to the unnatural stimulus of spice, salt, and spirit. See Class I. 1. 2. 5.

III. 1. The seeds, roots, leaves, and fruits of plants, constitute the greatest part of the food of mankind; the respective quantities of nourishment, which these contain, may perhaps be estimated from the quantity of starch, or of sugar, they can be made to produce: in farinaceous seeds, the mucilage seems gradually to be converted into starch, while they remain in our granaries; and the starch by the germination of the young plant, as in making malt from barley, or by animal digestion, is converted into sugar. Hence old wheat and beans contain more starch than new; and in our stomachs other vegetable and animal materials are converted into sugar; which constitutes in all creatures a part of their chyle.

Hence it is probable, that sugar is the most nutritive part of vegetables; and that they are more nutritive, as they are convertible in greater quantity into sugar by the power of digestion; as appears from sugar being found in the chyle of all animals, and from its existing in great quantity in the urine of patients in the diabetes, of which a curious case is related in Sect. XXIX. 4.

where a man labouring under this malady ate and drank an enormous quantity, and sometimes voided sixteen pints of water in a day, with an ounce of sugar in each pint.

The nutritive quality of sugar is not only shewn by the slaves in Jamaica, and other animals, becoming fatter in the sugar harvest, though they are forced to labour more, but also from the many instances of its nourishing for some years very old people, who could take little of any other food. Many of which cases are recorded in Dr. Mosely's Treatise on Sugar, and three I have myself witnessed.

Nor is this to be wondered at, as it constitutes a part of the chyle both of vegetables and animals; which only seem to differ from each other in this circumstance, that the chyle of vegetables consists principally of sugar and mucilage dissolved in water; as the juice extracted from birch and maple-trees in the vernal months, and is therefore transparent and colourless; but the chyle of animals also contains oil, mixed with the sugar and mucilage and water, which gives it its milky appearance, owing to its imperfect solution.

2. Oil, when mixed with mucilage or coagulable lymph, as in cream or new milk, is easy of digestion, and constitutes probably the most nutritive part of animal diet; as oil is another part of the chyle of all animals. As these two materials;

rials, sugar and butter, contain much nutriment under a small volume, and readily undergo some chemical change so as to become acid or rancid; they are liable to disturb weak stomachs, when taken in large quantity, more than aliment, which contains less nourishment, and is at the same time less liable to chemical changes; because the chyle is produced quicker than the torpid lacteals can absorb it, and thence undergoes a further chemical process. Sugar and butter therefore are not so easily digested, when taken in large quantity, as those things, which contain less nutriment; hence, where the stomach is weak, they must be used in less quantity. But the custom of some people in restraining children entirely from them, is depriving them of a very wholesome, agreeable, and substantial part of their diet. Honey, manna, sap-juice, are different kinds of less pure sugar.

3. All the esculent vegetables contain a bland oil, or mucilage, or starch, or sugar, or acid; and, as their stimulus is moderate, are properly given alone as food in inflammatory diseases; and mixed with milk constitute the food of thousands. Other vegetables possess various degrees and various kinds of stimulus; and to these we are beholden for the greater part of our *Materia Medica*, which produce nausea, sickness,  
D d 4 vomiting,

vomiting, catharsis, intoxication, inflammation, and even death, if unskilfully administered.

The acrid or intoxicating, and other kinds of vegetable juices, such as produce sickness, or evacuate the bowels, or such even as are only disagreeable to the palate, appear to be a part of the defence of those vegetables, which possess them, from the assaults of larger animals or of insects. As mentioned in the Botanic Garden, Part II. Cant. I. line 161, note. This appears in a forcible manner from the perusal of some travels, which have been published of those unfortunate people, who have suffered shipwreck on uncultivated countries, and have with difficulty found food to subsist, in otherwise not inhospitable climates.

4. As these acrid and intoxicating juices generally reside in the mucilage, and not in the starch of many roots, and seeds, according to the observation of M. Parmentier, the wholesome or nutritive parts of some vegetables may be thus separated from the medicinal parts of them. Thus if the root of white briony be rasped into cold water, by means of a bread-grater made of a tinned iron plate, and agitated in it, the acrid juice of the root along with the mucilage will be dissolved, or swim, in the water; while a starch perfectly wholesome and nutritious will  
subside,

subside, and may be used as food in times of scarcity.

M. Parmentier further observes, that potatoes contain too much mucilage in proportion to their starch, which prevents them from being converted into good bread. But that if the starch be collected from ten pounds of raw potatoes by grating them into cold water, and agitating them, as above mentioned; and if the starch thus procured be mixed with other ten pounds of boiled potatoes, and properly subjected to fermentation like wheat flour, that it will make as good bread as the finest wheat.

Good bread may also be made by mixing wheat-flour with boiled potatoes. Eighteen pounds of wheat-flour are said to make twenty-two pounds and a half of bread. Eighteen pounds of wheat-flour mixed with nine pounds of boiled potatoes, are said to make twenty-nine pounds and a half of bread. This difference of weight must arise from the difference of the previous dryness of the two materials. The potatoes might probably make better flour, if they were boiled in steam, in a close vessel, made some degrees hotter than common boiling water.

Other vegetable matters may be deprived of their too great aerimony by boiling in water, as the great variety of the cabbage, the young tops of white briony, water-creffes, asparagus, with innumerable roots, and some fruits. Other plants  
have

have their acrid juices or bitter particles diminished by covering them from the light by what is termed blanching them, as the stems and leaves of cellery, endive, sea-kale. The former method either extracts or decomposes the acrid particles, and the latter prevents them from being formed. See Botanic Garden, Vol. I. additional note XXXIV. on the Etiolation of vegetables.

5. The art of cookery, by exposing vegetable and animal substances to heat, has contributed to increase the quantity of the food of mankind by other means besides that of destroying their acrimony. One of these is by converting the acerb juices of some fruits into sugar, as in the baking of unripe pears, and the bruising of unripe apples; in both which situations the life of the vegetable is destroyed, and the conversion of the harsh juice into a sweet one must be performed by a chemical process; and not by a vegetable one only, as the germination of barley in making malt has generally been supposed.

Some circumstances, which seem to injure the life of several fruits, seem to forward the saccharine process of their juices. Thus if some kinds of pears are gathered a week before they would ripen on the tree, and are laid on a heap and covered, their juice becomes sweet many days sooner. The taking off a circular piece of the bark from a branch of a pear-tree causes the fruit of that



that branch to ripen sooner by a fortnight, as I have more than once observed. The wounds made in apples by insects occasion those apples to ripen sooner; caprification, or the piercing of figs, in the island of Malta, is said to ripen them sooner; and I am well informed, that, when bunches of grapes in this country have acquired their expected size, if the stalk of each bunch be cut half through, they will sooner ripen.

The germinating barley in the malt-house I believe acquires little sweetness, till the life of the seed is destroyed, and the saccharine process then continued or advanced by the heat in drying it. Thus in animal digestion, the sugar produced in the stomach is absorbed by the lacteals as fast as it is made, otherwise it ferments, and produces flatulency; so in the germination of barley in the malt-house, so long as the new plant lives, the sugar, I suppose, is absorbed as fast as it is made; but that, which we use in making beer, is the sugar produced by a chemical process after the death of the young plant, or which is made more expeditiously, than the plant can absorb it.

It is probably this saccharine process, which obtains in new haystacks too hastily, and which by immediately running into fermentation produces so much heat as to set them on fire. The greatest part of the grain, or seeds, or roots, used  
in

in the distilleries, as wheat, canary seed, potatoes, are not I believe previously subjected to germination, but are in part by a chemical process converted into sugar, and immediately subjected to vinous fermentation; and it is probable a process may sometime be discovered of producing sugar from starch or meal; and of separating it from them for domestic purposes by alcohol, which dissolves sugar but not mucilage; or by other means.

Another method of increasing the nutriment of mankind by cookery, is by dissolving cartilages and bones, and tendons, and probably some vegetables, in steam or water at a much higher degree of heat than that of boiling. This is to be done in a close vessel, which is called Papin's digester; in which, it is said, that water may be made red-hot, and will then dissolve all animal substances; and might thus add to our quantity of food in times of scarcity. This vessel should be made of iron, and should have an oval opening at top, with an oval lid of iron larger than the aperture; this lid should be slipped in endways, when the vessel is filled, and then turned, and raised by a screw above it into contact with the under edges of the aperture. There should also be a small tube or hole covered with a weighted valve to prevent the danger of bursting the digester.

Where the powers of digestion are weakened, broths made by boiling animal and vegetable substances

substances in water afford a nutriment; though I suppose not so great as the flesh and vegetables would afford, if taken in their solid form, and mixed with saliva in the act of mastication. The aliment thus prepared should be boiled but a short time, nor should be suffered to continue in our common kitchen-utensils afterwards, as they are lined with a mixture of half lead and half tin, and are therefore unwholesome, though the copper is completely covered. And those soups, which have any acid or wine boiled in them, unless they be made in silver, or in china, or in those pot-vessels, which are not glazed by the addition of lead, are truly poisonous; as the acid, as lemon-juice or vinegar, when made hot, erodes or dissolves the lead and tin lining of the copper-vessels, and the leaden glaze of the porcelain ones. Hence, where silver cannot be had, iron vessels are preferable to tinned copper ones; or those made of tinned iron-plates in the common tin-shops, which are said to be covered with pure or block tin.

6. Another circumstance, which facilitates the nourishment of mankind, is the mechanic art of grinding farinaceous seeds into powder between mill-stones; which may be called the artificial teeth of society. It is probable, that some soft kinds of wood, especially when they have undergone a kind of fermentation, and become of

looser texture, might be thus used as food in times of famine.

Nor is it improbable, that hay, which has been kept in stacks, so as to undergo the saccharine process, may be so managed by grinding and by fermentation with yeast like bread, as to serve in part for the sustenance of mankind in times of great scarcity. Dr. Priestley gave to a cow for some time a strong infusion of hay in large quantity for her drink, and found that she produced during this treatment above double the quantity of milk. Hence if bread cannot be made from ground hay, there is great reason to suspect, that a nutritive beverage may be thus prepared either in its saccharine state, or fermented into a kind of beer.

In times of great scarcity there are other vegetables, which though not in common use, would most probably afford wholesome nourishment, either by boiling them, or drying and grinding them, or by both those processes in succession. Of these are perhaps the tops and the bark of all those vegetables, which are armed with thorns or prickles, as gooseberry trees, holly, gorse, and perhaps hawthorn. The inner bark of the elm tree makes a kind of gruel. And the roots of fern, and probably of very many other roots, as of grass and of clover taken up in winter, might yield nourishment either by boiling or baking, and separating the fibres from the pulp by beating

ing them; or by getting only the starch from those, which possess an acrid mucilage, as the white briony. And the alburnum of perhaps all trees, and especially of those which bleed in spring, might produce a saccharine and mucilaginous liquor by boiling it in the winter or spring.

7. However the arts of cookery and of grinding may increase or facilitate the nourishment of mankind, the great source of it is from agriculture. In the savage state, where men live solely by hunting, I was informed by Dr. Franklin, that there was seldom more than one family existed in a circle of five miles diameter; which in a state of pasturage would support some hundred people, and in a state of agriculture many thousands. The art of feeding mankind on so small a grain as wheat, which seems to have been discovered in Egypt by the immortal name of Ceres, shewed greater ingenuity than feeding them with the large roots of potatoes, which seem to have been a discovery of ill-fated Mexico.

This greater production of food by agriculture than by pasturage, shews that a nation nourished by animal food will be less numerous than if nourished by vegetable; and the former will therefore be liable, if they are engaged in war, to be conquered by the latter, as Abel was slain by Cain. This is perhaps the only valid argu-

ment against inclosing open arable fields. The great production of human nourishment by agriculture and pasturage evinces the advantage of society over the savage state; as the number of mankind becomes increased a thousand fold by the arts of agriculture and pasturage; and their happiness is probably under good governments improved in as great a proportion, as they become liberated from the hourly fear of beasts of prey, from the daily fear of famine, and of the occasional incursions of their cannibal neighbours.

But pasturage cannot exist without property both in the soil, and the herds which it nurtures; and for the invention of arts, and production of tools necessary to agriculture, some must think, and others labour; and as the efforts of some will be crowned with greater success than that of others, an inequality of the ranks of society must succeed; but this inequality of mankind in the present state of the world is too great for the purposes of producing the greatest quantity of human nourishment, and the greatest sum of human happiness; there should be no slavery at one end of the chain of society, and no despotism at the other.—By the future improvements of human reason such governments may possibly hereafter be established, as may a hundred-fold increase the numbers of mankind, and a thousand-fold their happiness.

IV. 1. Water must be considered as a part of our nutriment, because so much of it enters the composition of our solids as well as of our fluids; and because vegetables are now believed to draw almost the whole of their nourishment from this source. As in them the water is decomposed, as it is perspired by them in the sunshine, the oxygen gas increases the quantity and the purity of the atmosphere in their vicinity, and the hydrogen seems to be retained; and to form the nutritive juices, and consequent secretions of resin, gum, wax, honey, oil, and other vegetable productions. See Botanic Garden, Part I. Cant. IV. line 25, note. It has however other uses in the system, besides that of a nourishing material, as it dilutes our fluids, and lubricates our solids; and on all these accounts a daily supply of it is required.

2. River-water is in general purer than spring-water; as the neutral salts washed down from the earth decompose each other, except perhaps the marine salt; and the earths, with which spring-water frequently abounds, is precipitated; yet it is not improbable, that the calcareous earth dissolved in the water of many springs may contribute to our nourishment, as the water from springs, which contain earth, is said to conduce to enrich those lands, which are flooded with it, more than river water.

The Chinese are said, by Sir G. Staunton, to purify the water of some muddy rivers or canals, by stirring them with a hollow cane full of small holes, in the tube of which are enclosed some pieces of alum. And the bakers in London assert, that one use of alum is to clear the New River water, and thus to render their bread whiter. Where any volatile alkali is mixed with water, as often happens from the stable dung and other ordure of populous towns, it will be converted to vitriolic ammoniac by a solution of alum; and calcareous earth may be converted into gypsum, and subside along with the earth of the alum. See Class II. 1. 6. 16.

3. Many arguments seem to shew, that calcareous earth contributes to the nourishment of animals and vegetables. First because calcareous earth constitutes a considerable part of them, and must therefore either be received from without, or formed by them, or both, as milk, when taken as food by a lactescent woman, is decomposed in the stomach by the process of digestion; and again in part converted into milk by the pectoral glands. Secondly, because from the analogy of all organic life, whatever has composed a part of a vegetable or animal may again after its chemical solution become a part of another vegetable or animal, such is the general transmigration of matter. And thirdly, because the great  
use



use of lime in agriculture on almost all kinds of soil and situation cannot be satisfactorily explained from its chemical properties alone. Though these may also in certain soils and situations have considerable effect.

The chemical uses of lime in agriculture may be, 1. from its destroying in a short time the cohesion of dead vegetable fibres, and thus reducing them to earth, which otherwise is effected by a slow process either by the consumption of insects or by a gradual putrefaction. Thus I am informed that a mixture of lime with oak bark, after the tanner has extracted from it whatever is soluble in water, will in two or three months reduce it to a fine black earth, which, if only laid in heaps, it would require as many years to effect by its own spontaneous fermentation or putrefaction. This effect of lime must be particularly advantageous to newly enclosed commons when first broken up.

Secondly, lime for many months continues to attract moisture from the air or earth, which it deprives I suppose of carbonic acid, and then suffers it to exhale again, as is seen on the plastered walls of new houses. On this account it must be advantageous when mixed with dry or sandy soils, as it attracts moisture from the air above or the earth beneath, and this moisture is then absorbed by the lymphatics of the roots of vegetables. Thirdly, by mixing lime with clays

it is believed to make them less cohesive, and thus to admit of their being more easily penetrated by vegetable fibres. A mixture of lime with clays destroys their superabundance of acid, if such exists, and by uniting with it converts it into gypsum or alabaster. And lastly, fresh lime destroys worms, snails, and other insects, with which it happens to come in contact.

Yet do not all these chemical properties seem to account for the great uses of lime in almost all soils and situations, as it contributes so much to the melioration of the crops, as well as to their increase in quantity. Wheat from land well limed is believed by farmers, millers, and bakers, to be, as they suppose, thinner skinned; that is, it turns out more and better flour; which I suppose is owing to its containing more starch and less mucilage. In respect to grass-ground I am informed, that if a spadeful of lime be thrown on a tussock, which horses or cattle have refused to touch for years, they will for many succeeding seasons eat it quite close to the ground.

One property of lime is not perhaps yet well understood, I mean its producing so much heat, when it is mixed with water; which may be owing to the elementary fluid of heat consolidated in the lime. It is the steam occasioned by this heat, when water is sprinkled upon lime, if the water be not in too great quantity or too cold, which breaks the lime into such fine powder as  
almost

almost to become fluid, which cannot be effected perhaps by any other means, and which I suppose must give great preference to lime in agriculture, and to the solutions of calcareous earth in water, over chalk or powdered lime-stone, when spread upon the land.

4. It was formerly believed that waters replete with calcareous earth, such as incrust the inside of tea-kettles, or are said to petrify moss, were liable to produce or to increase the stone in the bladder. This mistaken idea has lately been exploded by the improved chemistry, as no calcareous earth, or a very minute quantity, was found in the calculi analysed by Scheele and Bergman. The waters of Matlock and of Carlsbad, both which cover the moss, which they pass through, with a calcareous crust, are so far from increasing the stone of the bladder or kidneys, that those of Carlsbad are celebrated for giving relief to those labouring under these diseases. *Philos. Trans.* Those of Matlock are drunk in great quantities without any suspicion of injury; and I well know a person who for above ten years has drunk about two pints a day of cold water from a spring, which very much incrusts the vessels, it is boiled in, with calcareous earth, and affords a copious calcareous sediment with a solution of salt of tartar, and who enjoys a state of uninterrupted health.

V. 1. As animal bodies consist much both of oxygen and azote, which make up the composition of atmospheric air, these should be counted amongst nutritious substances. Besides that by the experiments of Dr. Priestley it appears, that the oxygen gains admittance into the blood through the moist membranes of the lungs; and seems to be of much more immediate consequence to the preservation of our lives than the other kinds of nutriment above specified.

As the basis of fixed air, or carbonic acid gas, is carbone, which also constitutes a great part both of vegetable and animal bodies; this air should likewise be reckoned amongst nutritive substances. Add to this, that when this carbonic acid air is swallowed, as it escapes from beer or cyder, or when water is charged with it as detrued from limestone by vitriolic acid, it affords an agreeable sensation both to the palate and stomach, and is therefore probably nutritive.

The immense quantity of carbone and of oxygen which constitute so great a part of the limestone countries is almost beyond conception, and, as it has been formed by animals, may again become a part of them, as well as the calcareous matter with which they are united. Whence it may be conceived, that the waters, which abound with limestone in solution, may supply nutriment both to animals and to vegetables, as mentioned above.

VI. 1. The

VI. 1. The manner, in which nutritious particles are substituted in the place of those, which are mechanically abraded, or chemically decomposed, or which vanish by animal absorption, must be owing to animal appetency, as described in Sect. XXXVII. 3. and is probably similar to the process of inflammation, which produces new vessels and new fluids; or to that which constitutes the growth of the body to maturity. Thus the granulations of new flesh to repair the injuries of wounds are visible to the eye; as well as the callous matter, which cements broken bones; the calcareous matter, which repairs injured snail-shells; and the threads, which are formed by silk-worms and spiders; which are all secreted in a softer state, and harden by exsiccation, or by the contact of the air, or by absorption of their more fluid parts.

Whether the materials, which thus supply the waste of the system, can be given any other way than by the stomach, so as to preserve the body for a length of time, is worth our inquiry; as cases sometimes occur, in which food cannot be introduced into the stomach, as in obstructions of the œsophagus, inflammations of the throat, or in hydrophobia; and other cases are not unfrequent in which the power of digestion is nearly or totally destroyed, as in anorexia epileptica, and in many fevers.

In the former of these circumstances liquid

nutriment may sometimes be gotten into the stomach through a flexible catheter; as described in Class III. 1. 1. 15. In the latter many kinds of mild aliment, as milk or broth, have frequently been injected as clysters, together with a small quantity of opium, as ten drops of the tincture, three or four times a day; to which also might be added very small quantities of vinous spirit. But these, as far as I have observed, will not long sustain a person, who cannot take any sustenance by the stomach.

2. Another mode of applying nutritive fluids might be by extensive fomentations, or by immersing the whole body in a bath of broth, or of warm milk, which might at the same time be coagulated by rennet, or the acid of the calf's stomach; broth or whey might thus probably be introduced, in part at least, into the circulation, as a solution of nitre is said to have been absorbed in a pediluvium, which was afterwards discovered by the manner in which paper dipped frequently in the urine of the patient and dried, burnt and sparkled like touch-paper. Great quantity of water is also known to be absorbed by those, who have bathed in the warm bath after exercise and abstinence from liquids. Cleopatra was said to travel with 4000 milch-asses in her train, and to bathe every morning in their milk, which she probably might use as a cosmetic rather than a nutritive.

3. The transfusion of blood from another animal into the vein of one, who could take no sustenance by the throat, or digest none by the stomach, might long continue to support him; and perhaps other nutriment, as milk or mucilage, might be this way introduced into the system, but we have not yet sufficient experiments on this subject. See Sect. XXXII. 4. and Class I. 2. 3. 25. and Sup. I, 14. 2.

VII. Various kinds of condiments, or sauces, have been taken along with vegetable or animal food, and have been thought by some to strengthen the process of digestion and consequent process of nutrition. Of these wine, or other fermented liquors, vinegar, salt, spices, and mustard, have been in most common use, and I believe to the injury of thousands. As the stomach by their violent stimulus at length loses its natural degree of irritability, and indigestion is the consequence; which is attended with flatulency and emaciation. Where any of these have been taken so long as to induce a habit, they must either be continued, but not increased; or the use of them should be gradually and cautiously diminished or discontinued, as directed in Sect. XII. 7. 8.

## III. CATALOGUE OF THE NUTRIENTIA.

- I. 1. Venifon, beef, mutton, hare, goofe, duck, woodcock, fnipe, moor-game.
2. Oysters, lobfters, crabs, fhrimps, mufh-rooms, eel, tench, barbolt, fmelt, turbot, fole, turtle.
3. Lamb, veal, fucking-pig.
4. Turkey, partridge, pheafant, fowl, eggs.
5. Pike, perch, gudgeon, trout, grayling.
- II. Milk, cream, butter, buttermilk, whey, cheefe.
- III. Wheat, barley, oats, peafe, potatoes, turnips, carrots, cabbage, afparagus, artichoke, fpinach, beet, apple, pear, plum, apricot, nectarine, peach, ftrawberry, grape, orange, melon, cucumber, dried figs, raifins, fugar, honey. With a great variety of other roots, feeds, leaves, and fruits.
- IV. Water, river-water, fpring-water, calcareous earth.
- V. Air, oxygene, azote, carbonic acid gas.
- VI. Nutritive baths and clyfters, transfufion of blood.
- VII. Condiments.



## ART. II.

## INCITANTIA.

I. 1. THOSE THINGS, which increase the exertions of all the irritative motions, are termed incitantia. As alcohol, or the spirituous part of fermented liquors, opium, and many drugs, which are still esteemed poisons, their proper doses not being ascertained. To these should be added the exhilarating passions of the mind, as joy, love: and externally the application of heat, electricity, ether, essential oils, friction, and exercise.

2. These promote both the secretions and absorptions, increase the natural heat, and remove those pains, which originate from the defect of irritative motions, termed nervous pains; and prevent the convulsions consequent to them. When given internally they induce costiveness, and deep coloured urine; and by a greater dose intoxication, and its consequences.

## II. OBSERVATIONS ON THE INCITANTIA.

I. 1. Opium and alcohol increase all the secretions and absorptions, The increase of the secretion of sensorial power appears from the violent exertions of drunken people; the secretion of sweat is more certainly excited by opium or wine than  
 3 by

by any other medicine; and the increase of general heat, which these drugs produce, is an evidence of their effect in promoting all the secretions; since an increase of secretion is always attended with increase of heat in the part, as in hepatic and other inflammations.

2. But as they at the same time promote absorption; those fluids, which are secreted into receptacles, as the urine, bile, intestinal and pulmonary mucus, have again their thinner parts absorbed; and hence, though the quantity of secreted fluid was increased, yet as the absorption was also increased, the excretion from these receptacles is lessened; at the same time that it is deeper coloured or of thicker consistence, as the urine, alvine feces, and pulmonary mucus. Whereas the perspiration being secreted on the surface of the body is visible in its increased quantity, before it can be reabsorbed; whence arises that erroneous opinion, that opium increases the cutaneous secretion, and lessens all the others.

3. It must however be noted, that after evacuations opium seems to promote the absorptions more than the secretions; if you except that of the sensorial power in the brain, which probably suffers no absorption. Hence its efficacy in restraining hæmorrhages, after the vessels are emptied, by promoting venous absorption.

4. In

4. In ulcers the matter is thickened by the exhibition of opium from the increased absorption of the thinner parts of it; but it is probable, that the whole secretion, including the part which is absorbed, is increased; and hence new fibres are secreted along with the matter, and the ulcer fills with new granulations of flesh. But as no ulcer can heal, till it ceases to discharge; that is, till the absorption becomes as great as the excretion; those medicines, which promote absorption only, are more advantageous for the healing an ulcer after it is filled with new flesh; as the Peruvian bark internally, with bandages and solutions of lead externally.

5. There are many pains which originate from a want of due motion in the part, as those occasioned by cold; and all those pains which are attended with cold extremities, and are generally termed nervous. These are relieved by whatever excites the part into its proper actions, and hence by opium and alcohol; which are the most universal stimulants we are acquainted with. In these cases the effect of opium is produced, as soon as the body becomes generally warm; and a degree of intoxication or sleep follows the cessation of the pain.

These nervous pains (as they are called) frequently return at certain periods of time, and are also frequently succeeded by convulsions;  
in

in these cases if opium removes the pain, the convulsions do not come on. For this purpose it is best to exhibit it gradually, as a grain every hour, or half hour, till it intoxicates. Here it must be noted, that a much less quantity will prevent the periods of these cold pains, than is necessary to relieve them after their access. As a grain and half of opium given an hour before the expected paroxysm will prevent the cold fit of an intermitting fever, but will not soon remove it, when it is already formed. For in the former case the usual or healthy associations or catenations of motion favour the effect of the medicine; in the latter case these associations or catenations are disordered, or interrupted, and new ones are formed, which so far counteract the effect of the medicine.

When opium has been required in large doses to ease or prevent convulsions, some have advised the patient to omit the use of wine, as a greater quantity of opium might then be exhibited; and as opium seems to increase absorption more, and secretion less, than vinous spirit; it may in some cases be useful to exchange one for the other; as in diseases attended with too great evacuation, as diarrhoea, and dysentery, opium may be preferable; on the contrary in tetanus, or locked-jaw, where inflammation of the system might be of service, wine may be preferable to opium; see Class III. 1. 1. 12. I have generally  
observed,

observed, that a mixture of spirit of wine and warm water, given alternately with the doses of opium, has soonest and most certainly produced that degree of intoxication, which was necessary to relieve the patient in the epilepsia dolorifica.

The external application of opium may also be used with advantage, and especially when the stomach rejects its internal use; for this purpose I have directed the whole spine of the back to be moistened with tincture of opium with success in epileptic convulsions. And an extensive friction with a liniment consisting of six grains of opium, well triturated with an ounce of hog's fat, has lately been said to induce sleep in maniacal cases, by Dr. L. Frank of Florence.

Injections of a solution or tincture of opium into the rectum act on the general constitution, but require about double the quantity for that purpose as when taken into the stomach. Injections of a solution of opium into the urethra may be of service to relieve pain, or to produce the absorption of the new vessels produced by inflammation, after sufficient evacuations, as is seen when it is applied to an inflamed eye. Or lastly, to alleviate the pain from acrid discharges by increasing their absorption, or the pain from torpor of the part, as in some tooth-achs, by its external application.

6. There is likewise some relief given by opium

um to inflammatory pains, or those from excess of motion in the affected part ; but with this difference, that this relief from the pains, and the sleep, which it occasions, do not occur till some hours after the exhibition of the opium. This requires to be explained ; after the stimulus of opium or of alcohol ceases, as after common drunkenness, a consequent torpor comes on ; and the whole habit becomes less irritable by the natural stimuli. Hence the head-achs, sickness, and languor, on the next day after intoxication, with cold skin, and general debility. Now in pains from excess of motion, called inflammatory pains, when opium is given, the pain is not relieved, till the debility comes on after the stimulus ceases to act ; for then after the greater stimulus of the opium has exhausted much of the sensorial power, the less stimulus, which before caused the pain, does not now excite the part into unnatural action.

In these cases the stimulus of the opium first increases the pain ; and it sometimes happens, that so great a torpor follows, as to produce the death or mortification of the affected part ; whence the danger of giving opium in inflammatory diseases, especially in inflammation of the bowels ; but in general the pain returns with its former violence, when the torpor above mentioned ceases. Hence these pains attended with inflammation are best relieved by copious venesection,

fection, other evacuations, and the class of medicines called torpentia.

7. These pains from excess of motion are attended with increased heat of the whole, or of the affected part, and a strong quick pulse; the pains from defect of motion are attended with cold extremities, and a weak pulse; which is also generally more frequent than natural, but not always so.

8. Opium and alcohol are the only two drugs, we are much acquainted with, which intoxicate; and by this circumstance are easily distinguished from the secernentia and sorbentia. Camphor, and cicuta, and nicotiana, are thought to induce a kind of intoxication; and there are many other drugs of this class, whose effects are less known, or their doses not ascertained; as atropa belladonna, hyoscyamus, stramonium, prunus laurocerasus, menispermum, cynoglossum, some fungi, and the water distilled from black cherry-stones; the last of which was once much in use for the convulsions of children, and was said to have good effect; but is now improvidently left out of our pharmacopœias. I have known one leaf of the laurocerasus, shred and made into tea, given every morning for a week with no ill consequence to a weak hysterical lady, but rather perhaps with advantage.

It is probable, that other bitter kernels, as those of horse-chefnuts, and of acorns, *æsculus hippocastanum*, and *quercus robur*, may possess somewhat of an intoxicating quality; and by this kind of stimulus, as well as by their bitter part, may be used to prevent the paroxysm of an ague, if administered an hour before the expected access of it, as is lately affirmed by Dr. Fuchs of Jena; who says, an extract prepared from the ripe kernels of the horse-chefnut acts like an extract of Peruvian bark; and adds that the bark also of this tree is used with success instead of the Peruvian bark.

. 9. The pernicious effects of a continued use of much vinous spirit is daily seen and lamented by physicians; not only early debility, like premature age, but a dreadful catalogue of diseases is induced by this kind of intemperance; as dropsy, gout, leprosy, epilepsy, insanity, as described in Botanic Garden, Part II. Canto III. line 357. The stronger or less diluted the spirit is taken, the sooner it seems to destroy, as in dram-drinkers; but still sooner, when kernels of apricots, or bitter almonds, or laurel-leaf, are infused in the spirit, which is termed ratafia; as then two poisons are swallowed at the same time. And vinegar, as it contains much vinous spirit, is probably a noxious part of our diet. And the distilled vinegar, which is commonly sold in the shops,



shops, is truly poisonous, as it is generally distilled by means of a pewter or leaden alembic-head or worm-tube, and abounds with lead; which any one may detect by mixing with it a solution of liver of sulphur. Opium, when taken as a luxury, not as a medicine, is as pernicious as alcohol; as Baron de Tott relates in his account of the opium-eaters in Turkey.

10. It must be observed, that a frequent repetition of the use of this class of medicines so habituates the body to their stimulus, that their dose may gradually be increased to an astonishing quantity, such as otherwise would instantly destroy life; as is frequently seen in those, who accustom themselves to the daily use of alcohol and opium; and it would seem, that these unfortunate people become diseased as soon as they omit their usual potations; and that the consequent gout, dropsy, palsy, or pimped face, occur from the debility occasioned from the want of accustomed stimulus, or to some change in the contractile fibres, which requires the continuance or increase of it. Whence the cautions necessary to be observed are mentioned in Sect. XII. 7. 8.

11. It is probable, that some of the articles in the subsequent catalogue do not induce intoxication, though they have been esteemed to do

fo; as tobacco, hemlock, nux vomica, flavifagria; and on this account should rather belong to other arrangements, as to the fecernentia, or forbentia, or invertentia.

II. 1. Externally the application of heat, as the warm bath, by its stimulus on the skin excites the excretory ducts of the perspirative glands, and the mouths of the lymphatics, which open on its surface, into greater action; and in consequence many other irritative motions, which are associated with them. To this increased action is added pleasurable sensation, which adds further activity to the system; and thus many kinds of pain receive relief from this additional atmosphere of heat.

The use of a warm bath of about 96 or 98 degrees of heat, for half an hour once a day for three or four months, I have known of great service to weak people, and is perhaps the least noxious of all unnatural stimuli; which however, like all other great excitement, may be carried to excess, as complained of by the ancients. The unmeaning application of the words relaxation and bracing to warm and cold baths has much prevented the use of this grateful stimulus; and the misuse of the term warm-bath, when applied to baths colder than the body, as to those of Buxton and Matlock, and to artificial baths of less than 90 degrees of heat, which ought to be termed

termed cold ones, has contributed to mislead the unwary in their application.

The stimulus of wine, or spice, or salt, increases the heat of the system by increasing all or some of the secretions; and hence the strength is diminished afterwards by the loss of fluids, as well as by the increased action of the fibres. But the stimulus of the warm-bath supplies heat rather than produces it; and rather fills the system by increased absorption, than empties it by increased secretion; and may hence be employed with advantage in almost all cases of debility with cold extremities, perhaps even in anasarca, and at the approach of death in fevers. In these cases a bath much beneath 98 degrees, as of 80 or 85, might do injury, as being a cold-bath compared with the heat of the body, though such a bath is generally called a warm one.

The activity of the system thus produced by a bath of 98 degrees of heat, or upwards, does not seem to render the patients liable to take cold, when they come out of it; for the system is less inclined to become torpid than before, as the warmth thus acquired by communication, rather than by increased action, continues long without any consequent chillness. Which accords with the observation of Dr. Fordyce, mentioned in Sup. I. 5. 1. who says, that those who are confined some time in an atmosphere of 120 or 130

degrees of heat, do not feel cold or look pale on coming into a temperature of 30 or 40 degrees; which would produce great paleness and sensation of coldness in those, who had been some time confined in an atmosphere of only 86 or 90 degrees of heat. *Treatise on Simple Fever*, p. 168.

Hence heat, where it can be confined on a torpid part along with moisture, as on a serofulous tumour, will contribute to produce suppuration or resolution. This is done by applying a warm poultice, which should be frequently repeated; or a plaster of resin, wax, or fat; or by covering the part with oiled silk; both which last prevent the perspirable matter from escaping as well as the heat of the part, as these substances repel moisture, and are bad conductors of heat. Another great use of the stimulus of heat is by applying it to torpid ulcers, which are generally termed serofulous or scorbutic, and are much easier inclined to heal, when covered with several folds of flannel.

Mr. — had for many months been afflicted with an ulcer in perinæo, which communicated with the urethra, through which a part of his urine was daily evacuated with considerable pain; and was reduced to a great degree of debility. He used a hot-bath of 96 or 98 degrees of heat every day for half an hour during about six months. By this agreeable stimulus repeated thus at uniform.

form times not only the ulcer healed, contrary to the expectation of his friends, but he acquired greater health and strength, than he had for some years previously experienced.

Mrs. — was affected with transient pains, which were called nervous spasms, and with great fear of diseases which she did not labour under, with cold extremities, and general debility. She used a hot-bath every other day of 96 degrees of heat for about four months, and recovered a good state of health, with greater strength and courage, than she had possessed for many months before.

Mr. Z. a gentleman about 65 years of age, had lived rather intemperately in respect to vinous potation, and had for many years had annual visits of the gout, which now became irregular, and he appeared to be losing his strength, and beginning to feel the effects of age. He used a bath, as hot as was agreeable to his sensations, twice a week for about a year and half, and greatly recovered his health and strength with less frequent and less violent returns of regular gout, and is now near 80 years of age.

When Dr. Franklin, the American philosopher, was in England many years ago, I recommended to him the use of a warm-bath twice a week to prevent the too speedy access of old age, which he then thought that he felt the approach of, and I have been informed, that he continued

the use of it till near his death, which was at an advanced age.

All these patients were advised not to keep themselves warmer than their usual habits, after they came out of the bath, whether they went into bed or not; as the design was not to promote perspiration, which weakens all constitutions, and seldom is of service to any. Thus a flannel shirt, particularly if it be worn in warm weather, occasions weakness by stimulating the skin by its points into too great action, and producing heat in consequence; and occasions emaciation by increasing the discharge of perspirable matter; and in both these respects differs from the effect of warm bathing, which communicates heat to the system at the same time that it stimulates it, and causes absorption more than exhalation.

Those who have remained half an hour in a warm-bath, when they have previously been exhausted by exercise, or abstinence from food or fluids, have absorbed so much as to increase their weight considerably. Dr. Jurin found an increase of weight to 18 ounces by sleeping in a cool room after a day's exercise and abstinence, so much in that situation was absorbed from the atmosphere. But it has lately been observed by Dr. Rollo and by Dr. Currie, that some patients did not weigh heavier after coming out of the warm-bath, and being wiped dry. From whence we may conclude, that these patients were not  
previously

previously in a state of inanition; or that they had remained so long in the bath as to lose somewhat by the perpetual waste of the system by digestion, circulation, and secretion. And certainly as no waste occurs by the use of the warm-bath, this must be the most harmless, consequently the most salutary of all increased stimuli. See Class I. 1. 2. 3.

2. The effect of the passage of an electric shock through a paralytic limb in causing it to contract, besides the late experiments of Galvani and Volta on frogs, entitle it to be classed amongst universal stimulants. Electric shocks frequently repeated daily for a week or two remove chronic pains, as the pleurodyne chronica, Class I. 2. 4. 14. and other chronic pains, which are termed rheumatic, probably by promoting the absorption of some extravasated material. Scrofulous tumours are sometimes absorbed, and sometimes brought to suppurate by passing electric shocks through them daily for two or three weeks.

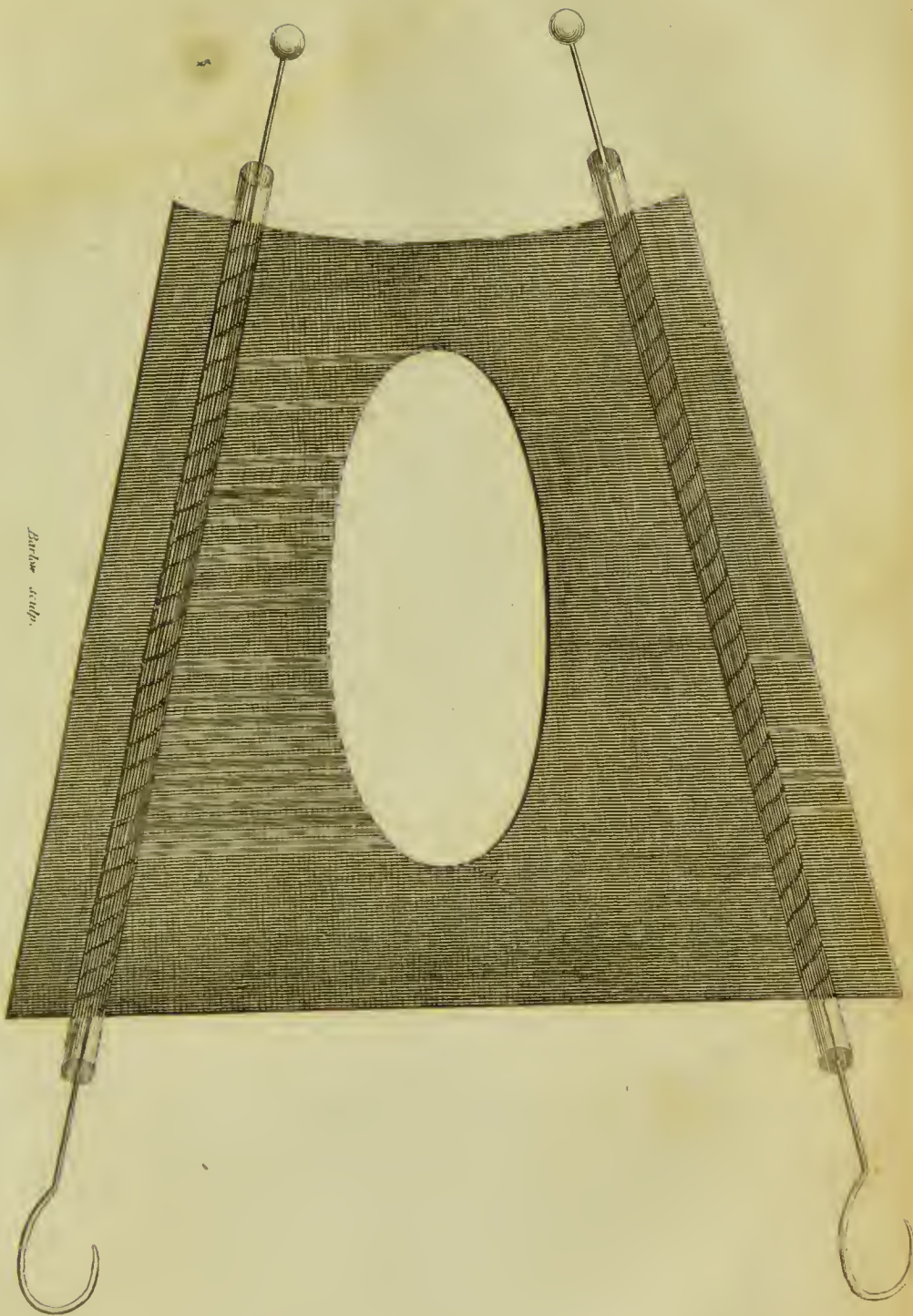
Miss —, a young lady about eight years of age, had a swelling about the size of a pigeon's egg on her neck a little below her ear, which long continued in an indolent state. Thirty or forty small electric shocks were passed through it once or twice a day for two or three weeks, and it then suppurated and healed without difficulty.

For

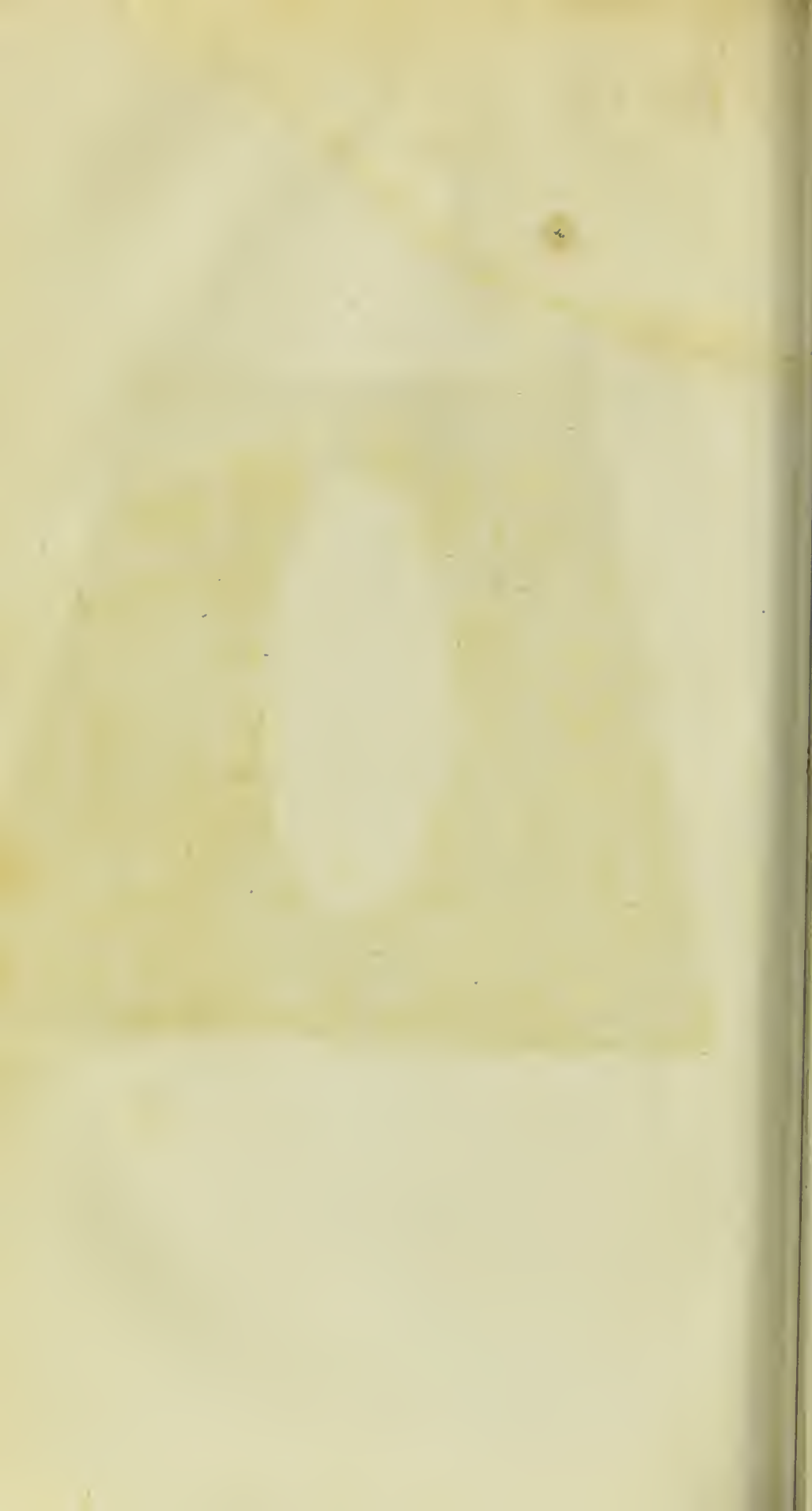
For this operation the coated jar of the electric machine had on its top an electrometer, which measured the shocks by the approach of a brass knob, which communicated with the external coating to another, which communicated with the internal one, and their distance was adjusted by a screw. So that the shocks were so small as not to alarm the child, and the accumulated electricity was frequently discharged as the wheel continued turning. The tumour was enclosed between two other brass knobs, which were fixed on wires, which passed through glass tubes; the tubes were cemented in two grooves on a board, so that at one end they were nearer each other than at the other, and the knobs were pushed out so far as exactly to include the tumour, as described in the annexed plate, which is about half the size of the original apparatus.

Inflammations of the eyes without fever are frequently cured by taking a stream of very small electric sparks from them, or giving the electric sparks to them, once or twice a day for a week or two; that is, the new vessels, which constitute inflammation in these irritable constitutions, are absorbed by the activity of the absorbents induced by the stimulus of the electric aura. For this operation the easiest method is to fix a pointed wire to a stick of sealing wax, or to an insulating handle of glass; one end of this wire communicates





*Barbe sculp.*



communicates with the prime conductor, and the point is approached near the inflamed eye in every direction.

III. Externally the application of ether, and of essential oils, as of cloves or cinnamon, seems to possess a general stimulating effect. As they instantly relieve tooth-ach, and hiccough, when these pains are not in violent degree; and camphor in large doses is said to produce intoxication; this effect however I have not been witness to, and have reason to doubt.

Ether dropped into the ears of some deafish people, seems to possess a two-fold effect, one of dissolving the indurated ear-wax, and the other of stimulating the torpid organ, but it is liable to give some degree of pain, unless it be freed from the sulphurous acid, some of which arises along with it in distillation; to purify it from this material it should be rectified from manganese. See Class I. 2. 5. 6. Lime added to impure ether may also unite with the sulphuric acid, if such exists in it, and form selenite, and subside.

The manner in which ether and the essential oil operate on the system when applied externally, is a curious question, as pain is so immediately relieved by them, that they must seem to penetrate by the great fluidity or expansive property of a part of them, as of their odoriferous exhalation or vapour, and thus stimulate

late

late the torpid part, and not by their being taken up by the absorbent vessels, and carried thither by the long course of circulation; nor is it probable, that these pains are relieved by the sympathy of the torpid membrane with the external skin, which is thus stimulated into action; as it does not succeed, unless it is applied over the pained part. Thus there appears to be three different modes by which extraneous bodies may be introduced into the system, besides that of absorption. 1st. By ethereal transition, as heat and electricity; 2d. by chemical attraction, as oxygen; and 3d. by expansive vapour, as ether and essential oils.

IV. The perpetual necessity of the mixture of oxygen gas with the blood in the lungs evinces, that it must act as a stimulus to the sanguiferous system, as the motions of the heart and arteries presently cease, when animals are immersed in airs which possess no oxygen. It may also subsequently answer another important purpose, as it is probable that the affords it material for the production of the sensorial power; which is supposed to be secreted in the brain or medullary part of the nerves; and that the perpetual demand of this fluid in respiration is occasioned by the sensorial power, which is supposed to be produced from it, being too subtle to be long confined in any part of the system.

Another

Another proof of the stimulant quality of oxygen appears from the increased acrimony, which the matter of a common abscess possesses, after it has been exposed to the air of the atmosphere, but not before; and probably all other contagious matters owe their fever-producing property to having been converted into acids by their union with oxygen. See Class II. 1. 8.

As oxygen penetrates the fine moist membranes of the air-vessels of the lungs, and unites with the blood by a chemical attraction, as is seen to happen, when blood is drawn into a basin, the lower surface of the crassamentum is of a very dark red so long as it is covered from the air by the upper surface, but becomes florid in a short time on its being exposed to the atmosphere; the manner of its introduction into the system is not probably by animal absorption but by chemical attraction, in which circumstance it differs from the fluids before mentioned both of heat and electricity, and of ether and essential oils.

As oxygen has the property of passing through moist animal membranes, as first discovered by the great Dr. Priestley, it is probable it might be of use in vibices, and petechiæ in fevers, and in other bruises; if the skin over those parts was kept moist by warm water, and covered with oxygen gas by means of an inverted glass, or even by exposing the parts thus moistened to the atmosphere, as the dark coloured extravasated blood  
might

might thus become florid, and by its increase of stimulus facilitate its reabsorption.

Two weak patients, to whom I gave oxygen gas in as pure a state as it can easily be procured from Exeter manganese, and in the quantity of about four gallons a day, seemed to feel refreshed, and stronger, and to look better immediately after respiring it, and gained strength in a short time. Two others, one of whom laboured under confirmed hydrothorax, and the other under a permanent and uniform difficulty of respiration, were not refreshed, or in any way served by the use of oxygen in the above quantity of four gallons a day for a fortnight, which I ascribed to the inirritability of the diseased lungs. For other cases the reader is referred to the publications of Dr. Beddoes; *Considerations on the Use of Facitious Airs*, sold by Johnson, London.

Its effects would probably have been greater in respect to the quantity breathed, if it had been given in a dilute state, mixed with 10 or 20 times its quantity of atmospheric air, as otherwise much of it returns by expiration without being deprived of its quality, as may be seen by the person breathing on the flame of a candle, which it enlarges. See the *Treatise* of Dr. Beddoes above mentioned.

Mr. Scot in his letters in the *Bombay Courier* gave the black calciform ore of manganese in the quantity, he says, of several drachms a day without

out any inconvenience to a venereal patient, hoping to serve him by the oxygen contained in that calx. I have formerly given lapis calaminaris to the quantity of 20 grains twice a day in consumption, without inconvenience, and I suppose this calciform ore of zinc, as well as the rust of iron, may be an union of those metals with oxygen, and may probably be given internally with more safety than calces of lead, which were once famous in consumptions. See Class II. 1. 5. 2. and Article IV. 2. 7. 1.

V. Those passions, which are attended with pleasurable sensation, excite the system into increased action in consequence of that sensation, as joy, and love, as is seen by the flush of the skin. Those passions, which are attended with disagreeable sensation, produce torpor in general by the expense of sensorial power occasioned by inactive pain; unless volition be excited in consequence of the painful sensation; and in that case an increased activity of the system occurs; thus paleness and coldness are the consequence of fear, but warmth and redness are the consequence of anger.

VI. Besides the exertions of the system occasioned by increased stimuli, and consequent irritation, and by the passions of the mind above described, the increased actions occasioned by exercise

cise belong to this article. These may be divided into the actions of the body in consequence of volition, which is generally termed labour; or secondly, in consequence of agreeable sensation, which is termed play or sport; thirdly, the exercise occasioned by agitation, as in a carriage or on horseback; fourthly, that of friction, as with a brush or hand, so much used in the baths of Turkey; and lastly, the exercise of swinging.

The first of these modes of exercise is frequently carried to great excess even amongst our own labourers, and more so under the lash of slavery; so that the body becomes emaciated and sinks under either the present hardships, or by a premature old age. The second mode of exercise is seen in the play of all young animals, as kittens, and puppies, and children; and is so necessary to their health as well as to their pleasure, that those children, which are too much confined from it, not only become pale-faced and bloated, with tumid bellies, and consequent worms, but are liable to get habits of unnatural actions, as twitching of their limbs, or some parts of their countenance; together with an ill-humoured or discontented mind.

Agitation in a carriage or on horseback, as it requires some little voluntary exertion to preserve the body perpendicular, but much less voluntary exertion than in walking, seems the best adapted to invalides; who by these means obtain exercise principally



principally by the strength of the horse, and do not therefore too much exhaust their own sensorial power. The use of friction with a brush or hand, for half an hour or longer morning and evening, is still better adapted to those, who are reduced to extreme debility; and none of their own sensorial power is thus expended, and affords somewhat like the warm-bath activity without self-exertion, and is used as a luxury after warm bathing in many parts of Asia.

Another kind of exercise is that of swinging, which requires some exertion to keep the body perpendicular, or pointing towards the centre of the swing, but is at the same time attended with a degree of vertigo; and is described in Class II. 1. 6. 7. IV. 2. 1. 10. Sup. I. 3. and 15.

The necessity of much exercise has perhaps been more insisted upon by physicians, than nature seems to demand. Few animals exercise themselves so as to induce visible sweat, unless urged to it by mankind, or by fear, or hunger. And numbers of people in our market towns, of ladies particularly, with small fortunes, live to old age in health, without any kind of exercise of body, or much activity of mind.

In summer weak people cannot continue too long in the air, if it can be done without fatigue; and in winter they should go out several times in a day for a few minutes, using the cold air like a

cold-bath, to invigorate and render them more hardy.

### III. CATALOGUE OF THE INCITANTIA.

I. *Papaver somniferum*; poppy, opium.

Alcohol, wine, beer, cyder.

*Prunus lauro-cerasus*; laurel, distilled water from the leaves.

*Prunus cerasus*; black cherry, distilled water from the kernels.

*Nicotiana tabacum*; tobacco; the essential oil, decoction of the leaf.

*Atropa belladonna*; deadly nightshade, the berries.

*Datura stramonium*; thorn-apple, the fruit boiled in milk.

*Hyoscyamus reticulatus*; henbane, the seeds and leaves.

*Cynoglossum*; hounds tongue.

*Menispermum, cocculus*; Indian berry.

*Amygdalus amarus*; bitter almond.

*Cicuta*; hemlock. *Conium maculatum*?

*Strychnos nux vomica*?

*Delphinium flavifragria*?

II. Externally, heat, electricity.

III. Ether, essential oils.

IV. Oxygen gas.

V. Passions of love, joy, anger.

VI. Labour, play, agitation, friction.

## ART. III.

## SECERNENTIA:

I. THOSE THINGS which increase the irritative motions, which constitute secretion, are termed *secernentia*; which are as various as the glands; which they stimulate into action:

1. Diaphoretics, as aromatic vegetables, essential oils, ether, volatile alkali, neutral salts, antimonial preparations, external heat, exercise, friction, cold water for a time with subsequent warmth, blisters, electric fluid.

2. Sialagogues, as mercury internally, and pyrethrum externally.

3. Expectorants; as squill, onions, gum ammoniac, feneká root, mucilage: some of these increase the pulmonary perspiration; and perhaps the pulmonary mucus.

4. Diuretics, as neutral salts, fixed alkali, balsams, resins; asparagus, cantharides.

5. Cathartics of the mild kind; as senna, jalap; neutral salts, manna. They increase the secretions of bile, pancreatic juice, and intestinal mucus.

6. The mucus of the bladder is increased by cantharides, and perhaps by oil of turpentine.

7. The mucus of the rectum by aloe internally, by clysters and suppositories externally.

8. The mucus of the cellular membrane is increased by blisters and sinapisms.

9. The mucus of the nostrils is increased by errhines of the milder kind, as marum, common snuff.

10. The secretion of tears is increased by volatile salts, the vapour of onions, by grief, and joy.

11. All those medicines increase the heat of the body, and remove those pains, which originate from a defect of motion in the vessels, which perform secretion; as pepper produces a glow on the skin, and balsam of Peru is said to relieve the flatulent colic. But these medicines differ from the preceding class, as they neither induce costiveness nor deep coloured urine in their usual dose, nor intoxication in any dose.

12. Yet if any of these are used unnecessarily, it is obvious, like the incitantia, that they must contribute to shorten our lives by sooner rendering peculiar parts of the system disobedient to their natural stimuli. Of those in daily use the  
great

great excess of common salt is probably the most pernicious, as it enters all our cookery, and is probably one cause of ferofula, and of sea-scurvy, when joined with other causes of debility. See Botanic Garden, Part II. Canto IV. line 221. Spices taken to excess by stimulating the stomach, and the vessels of the skin by association, into unnecessary action, contribute to weaken these parts of the system, but are probably less noxious than the general use of so much salt.

## II. OBSERVATIONS ON THE SECERNENTIA.

I. 1. Some of the medicines of this class produce absorption in some degree, though their principal effect is exerted on the secerning part of our system. We shall have occasion to observe a similar circumstance in the next class of medicines termed Sorbentia; as of these some exert their effects in a smaller degree on the secerning system. Nor will this surprize any one, who has observed, that all natural objects are presented to us in a state of combination; and that hence the materials, which produce these different effects, are frequently found mingled in the same vegetable. Thus the pure aromatics increase the action of the vessels, which secrete the perspirable matter; and the pure astringents increase the action of the vessels, which absorb the mucus from the lungs, and other cavities of

the body; hence it must happen, that nutmeg, which possesses both these qualities, should have the double effect above mentioned.

Other drugs have this double effect, and belong either to the class of Secernentia or Sorbentia, according to the dose in which they are exhibited. Thus a small dose of alum increases absorption, and induces costiveness; and a large one increases the secretions into the intestinal canal, and becomes cathartic. And this accounts for the constipation of the belly left after the purgative quality of rhubarb ceases, for it increases absorption in a smaller dose, and secretion in a greater. Hence when a part of the larger dose is carried out of the habit by stools, the small quantity which remains induces costiveness. Hence rhubarb exhibited in small doses, as two or three grains twice a day, strengthens the system by increasing the action of the absorbent vessels, and of the intestinal canal.

2. Diaphoretics. The perspiration is a secretion from the blood in its passage through the capillary vessels, as other secretions are produced in the termination of the arteries in the various glands. After this secretion the blood loses its florid colour, which it regains in its passage through the lungs; which evinces that something besides water is secreted on the skins of animals.

No statical experiments can ascertain the quantity

tity of our perspiration; as a continued absorption of the moisture of the atmosphere exists at the same time both by the cutaneous and pulmonary lymphatics.

3. Every gland is capable of being excited into greater exertions by an appropriated stimulus applied either by its mixture with the blood immediately to the secreting vessel, or applied externally to its excretory duct. Thus mercury internally promotes an increased salivation, and pyrethrum externally applied to the excretory ducts of the salival glands. Aloes stimulate the rectum internally mixed with the circulating blood; and sea-salt by injection externally. Now as the capillaries, which secrete the perspirable matter, lie near the surface of the body, the application of external heat acts immediately on their excretory ducts, and promotes perspiration; internally those drugs which possess a fragrant essential oil, or spiritus rector, produce this effect, as the aromatic vegetables, of which the number is very great.

4. It must be remembered, that a due quantity of some aqueous vehicle must be given to support this evacuation; otherwise a burning heat without much visible sweat must be the consequence. When the skin acquires a degree of heat much above 108, as appears by Dr. Alex-

ander's experiments, no visible sweat is produced; which is owing to the great heat of the skin evaporating it as hastily, as it is secreted; and, where the sweat is secreted in abundance, its evaporation cannot carry off the exuberant heat, like the vapour of boiling water; because a great part of it is wiped off, or absorbed by the bed-clothes; or the air about the patient is not changed sufficiently often, as it becomes saturated with the perspirable matter. And hence it is probable, that the waste of perspirable matter is as great, or greater, when the skin is hot and dry, as when it stands in drops on the skin; as appears from the inextinguishable thirst.

Hence Dr. Alexander found, that when the heat of the body was greater than 108, nothing produced sweats but repeated draughts of cold water; and of warm fluids, when the heat was much below that degree. And that cold water which procured sweats instantaneously when the heat was above 108, stopped them as certainly when it was below that heat; and that flannels, wrung out of warm water and wrapped round the legs and thighs, were then most certainly productive of sweats.

5. The diaphoretics are all said to succeed much better, if given early in the morning, about an hour before sun-rise, than at any other time; which is owing to the great excitability of every



every part of the system after the sensorial power has been accumulated during sleep. In those, who have hectic fever, or the febricula, or nocturnal fever of debility, the morning sweats are owing to the decline of the fever-fit, as explained in Sect. XXXII. 9. In some of these patients the sweat does not occur till they awake; because then the system is still more excitable than during sleep, because the assistance of the voluntary power in respiration facilitates the general circulation. See Class I. 2. 1. 3.

6. It must be observed, that the skin is very dry and hard to the touch, where the absorbents, which open on its surface, do not act; as in some dropfics, and other diseases attended with great thirst. This dryness, and shrivelled appearance, and roughness, are owing to the mouths of the absorbents being empty of their accustomed fluid, and is distinguishable from the dryness of the skin above mentioned in the hot fits of fever, by its not being attended with heat.

As the heat of the skin in the usual temperature of the air always evinces an increased perspiration, whether visible or not, the heat being produced along with the increase of secretion; it follows, that a defect of perspiration can only exist, when the skin is cold.

7. Volatile alkali is a very powerful diaphoretic, and particularly if exhibited in wine-whey; twenty drops of spirit of hartshorn every half hour in half a pint of wine-whey, if the patient be kept in a moderately warm bed, will in a few hours elicit most profuse sweats.

Neutral salts promote invifible perfpiration, when the skin is not warmed much externally, as is evinced from the great thirst, which fucceeds a meal of falt provifions, as of red herrings. When thefe are fufficiently diluted with water, and the skin kept warm, copious sweats without inflaming the habit, are the confequence. Half an ounce of vinegar faturated with volatile alkali, taken every hour or two hours, well answers this purpofe; and is preferable perhaps in general to all others, where fwearing is advantageous. Boerhaave mentions one cured of a fever by eating red-herrings or anchovies, which, with repeated draughts of warm water or tea, would I fuppofe produce copious perfpiration.

Antimonial preparations have alfo been of late much ufed with great advantage as diaphoretics. For the hiftory and ufe of thefe preparations I fhall refer the reader to the late writers on the Materia Medica, only obferving that the ftomach becomes fo foon habituated to its ftimulus, that the fecond dofe may be confiderably increafed, if the firft had no operation.

Where it is advifable to procure copious sweats,  
the

the emetics, as ipecacuanha, joined with opiates, as in Dover's powder, produce this effect with greater certainty than the above.

8. We must not dismiss this subject without observing, that perspiration is designed to keep the skin flexile, as the tears are intended to clean and lubricate the eye; and that neither of these fluids can be considered as excretions in their natural state, but as secretions. See Class I. 1. 2. 3. And that therefore the principal use of diaphoretic medicines is to warm the skin, and thence in consequence to produce the natural degree of insensible perspiration in languid habits.

9. When the skin of the extremities is cold, which is always a sign of present debility, the digestion becomes frequently impaired by association, and cardialgia or heartburn is induced from the vinous or acetous fermentation of the aliment. In this disease diaphoretics, which have been called cordials, by their action on the stomach restore its exertion, and that of the cutaneous capillaries by their association with it, and the skin becomes warm, and the digestion more vigorous.

10. But a blister acts with more permanent and certain effect by stimulating a part of the skin, and thence affecting the whole of it, and of  
the

the stomach by affociation, and thence removes the most obstinate heartburns and vomitings. From this the principal use of blisters is understood, which is to invigorate the exertions of the arterial and lymphatic vessels of the skin, producing an increase of insensible perspiration, and of cutaneous absorption; and to increase the action of the stomach, and the consequent power of digestion; and thence by sympathy to excite all the other irritative motions: hence they relieve pains of the cold kind, which originate from defect of motion; not from their introducing a greater pain, as some have imagined, but by stimulating the torpid vessels into their usual action; and thence increasing the action and consequent warmth of the whole skin, and of all the parts which are affociated with it.

II. 1. *Sialagogues.* The preparations of mercury consist of a solution or corrosion of that metal by some acid; and, when the dose is known, it is probable that they are all equally efficacious. As their principal use is in the cure of the venereal disease, they will be mentioned in the catalogue amongst the forbentia. Where salivation is intended, it is much forwarded by a warm room and warm clothes; and prevented by exposing the patient to his usual habits of cool air and dress, as the mercury is then more liable to go off by the bowels.

2. Any

2. Any acrid drug, as pyrethrum, held in the mouth acts as a sialagogue externally by stimulating the excretory ducts of the salivary glands; and the filiqua hirsuta applied externally to the parotid gland, and even hard substances in the ear, are said to have the same effect. Mastich chewed in the mouth emulges the salivary glands.

3. The unwise custom of chewing and smoaking tobacco for many hours in a day not only injures the salivary glands, producing dryness in the mouth when this drug is not used, but I suspect that it also produces scirrhus of the pancreas. The use of tobacco in this immoderate degree injures the power of digestion, by occasioning the patient to spit out that saliva, which he ought to swallow; and hence produces that flatulency, which the vulgar unfortunately take it to prevent. The mucus, which is brought from the fauces by hawking, should be spit out, as well as that coughed up from the lungs; but that which comes spontaneously into the mouth from the salivary glands, should be swallowed mixed with our food or alone for the purposes of digestion. See Class I. 2. 2. 7.

III. 1. Expectorants are supposed to increase the secretion of mucus in the branches of the windpipe, or to increase the perspiration of the lungs

lungs secreted at the terminations of the bronchial artery.

2. If any thing promotes expectoration toward the end of peripneumonics, when the inflammation is reduced by bleeding and gentle cathartics, small repeated blisters about the chest, with tepid aqueous and mucilaginous or oily liquids, are more advantageous than the medicines generally enumerated under this head; the blisters by stimulating into action the vessels of the skin produce by association a greater activity of those of the mucous membrane, which lines the branches of the windpipe, and air-cells of the lungs; and thus after evacuation they promote the absorption of the mucus and consequent healing of the inflamed membrane, while the diluting liquids prevent this mucus from becoming too viscid for this purpose, or facilitate its ex-puition.

Blisters, one at a time, on the sides or back, or on the sternum, are also useful towards the end of peripneumonics, by preventing the evening access of cold fit, and thence preventing the hot fit by their stimulus on the skin; in the same manner as five drops of laudanum by its stimulus on the stomach. For the increased actions of the vessels of the skin or stomach excite a greater quantity of the sensorial power of association, and thus prevent the torpor of the other parts of the

the system; which, when patients are debilitated, is so liable to return in the evening.

3. Warm bathing is of great service towards the end of peripneumony to promote expectoration, especially in those children who drink too little aqueous fluids, as it gently increases the action of the pulmonary capillaries by their consent with the cutaneous ones, and supplies the system with aqueous fluid, and thus dilutes the secreted mucus.

Some have recommended oil externally around the chest, as well as internally, to promote expectoration; and upon the nose, when its mucous membrane is inflamed, as in common catarrh.

IV. 1. Diuretics. If the skin be kept warm, most of these medicines promote sweat instead of urine; and if their dose is enlarged, most of them become cathartic. Hence the neutral salts are used in general for all these purposes. Those indeed, which are composed of the vegetable acid, are most generally used as sudorifics; those with the nitrous acid as diuretics; and those with the vitriolic acid as cathartics: while those united with the marine acid enter our common nutriment, as a more general stimulus. All these increase the acrimony of the urine, hence it is retained a less time in the bladder; and in consequence less of it is reabsorbed into the system,  
and

and the apparent quantity is greater, as more is evacuated from the bladder; but it is not certain from thence, that a greater quantity is secreted by the kidneys. Hence nitre, and other neutral salts, are erroneously given in the gonorrhœa; as they augment the pain of making water by their stimulus on the excoiated or inflamed urethra. They are also erroneously given in catarrhs or coughs, where the discharge is too thin and saline, as they increase the frequency of coughing.

2. Balsam of Copaiva is thought to promote urine more than the other native balsams; and common resin is said to act as a powerful diuretic in horses. These are also much recommended in gleans, and in fluor albus, perhaps more than they deserve; they give a violet smell to the urine, and hence probably increase the secretion of it.

Calcined egg-shells are said to promote urine, perhaps from the phosphoric acid they contain.

3. Cold air and cold water will increase the quantity of urine by decreasing the absorption from the bladder; and neutral and alkalious salts and cantharides by stimulating the neck of the bladder to discharge the urine as soon as secreted; and alcohol, as gin and rum, at the beginning of intoxication, if the body be kept cool, occasion  
much



much urine by inverting the urinary lymphatics, and thence pouring a fluid into the bladder, which never passed the kidneys. But it is probable, that those medicines, which give a scent to the urine, as the balsams and resins, but particularly asparagus and garlic, are the only drugs, which truly increase the secretion of the kidneys. Alcohol however, used as above mentioned, and perhaps great doses of tincture of cantharides, may be considered as drastic diuretics, as they pour a fluid into the bladder by the retrograde action of the lymphatics, which are in great abundance spread about the neck of it. See Sect. XXIX. 3.

V. Mild cathartics. The ancients believed that some purges evacuated the bile, and hence were termed Cholagogues; others the lymph, and were termed Hydragogues; and that in short each cathartic selected a peculiar humour, which it discharged. The moderns have too hastily rejected this system; the subject well deserves further observation.

Calomel given in the dose from ten to twenty grains, so as to induce purging without the assistance of other drugs, appears to me to particularly increase the secretion of bile, and to evacuate it; aloe seems to increase the secretion of the intestinal mucus; and it is probable that the pancreas and spleen may be peculiarly stimu-

lated into action by some other of this tribe of medicines; whilst others of them may simply stimulate the intestinal canal to evacuate its contents, as the bile of animals. It must be remarked, that all these cathartic medicines are supposed to be exhibited in their usual doses, otherwise they become drastic purges, and are treated of in the Class of Invertentia.

VI. The mucus of the bladder is seen in the urine, when cantharides have been used, either internally or externally, in such doses as to induce the strangury. Spirit of turpentine is said to have the same effect. I have given above a dram of it twice a day floating on a glass of water in chronic lumbago without this effect, and the patient gradually recovered. Phosphorus may possibly affect the mucous glands of the urethra like cantharides. See Impotentia, Class II. 2. 2. 3.

VII. Aloe given internally seems to act chiefly on the rectum and sphincter ani, producing tenesmus and piles. Externally in clysters or suppositories, common salt seems to act on that bowel with greater certainty. But where the thread worms or ascarides exist, 60 or 100 grains of aloes reduced to powder and boiled in a pint of gruel, and used as a clyster twice a week for three months, has frequently destroyed them.

Might

Might not the hairs of *filiqua hirsuta* be used in an injection for this purpose? See Class I. 1. 4. 14.

VIII. The external application of cantharides by stimulating the excretory ducts of the capillary glands produces a great secretion of subcutaneous mucus with pain and inflammation; which mucaginous fluid, not being able to permeate the cuticle, raises it up; a similar secretion and elevation of the cuticle is produced by actual fire; and by caustic materials, as by the application of the juice of the root of white briony, or bruised mustard-seed. Experiments are wanting to introduce some acrid application into practice instead of cantharides, which might not induce the strangury.

Mustard-seed alone is too acrid, and if it be suffered to lie on the skin many minutes is liable to produce a slough and consequent ulcer, and should therefore be mixed with flour when applied to cold extremities. Volatile alkali properly diluted might stimulate the skin without inducing strangury.

IX. The mild errhines are such as moderately stimulate the membrane of the nostrils, so as to increase the secretion of nasal mucus; as is seen in those, who are habituated to take snuff. The stronger errhines are mentioned in Art. V. 2. 3.

X. The secretion of tears is increased either by applying acrid substances to the eye; or acrid vapours, which stimulate the excretory duct of the lacrymal gland; or by applying them to the nostrils, and stimulating the excretory duct of the lacrymal sack, as treated of in the Section on Instinct.

Or the secretion of tears is increased by the association of the motions of the excretory duct of the lacrymal sack with ideas of tender pleasure, or of hopeless distress, as explained in Sect. XVI. 8. 2. and 3.

XI. The secretion of sensorial power in the brain is probably increased by opium or wine, because when taken in certain quantity an immediate increase of strength and activity succeeds for a time, with consequent debility if the quantity taken be so great as to intoxicate in the least degree. The necessity of perpetual respiration shews, that the oxygen of the atmosphere supplies the source of the spirit of animation; which is constantly expended, and is probably too fine to be long contained in the nerves after its production in the brain. Whence it is probable, that the respiration of oxygen gas mixed with common air may increase the secretion of sensorial power; as indeed would appear from its exhilarating effect on most patients.

## III. CATALOGUE OF THE SECERNENTIA.

## I. Diaphoretics.

1. Amomum zinziber, ginger. Caryophyllus aromaticus, cloves. Piper indicum, pepper. Capficum. Cardamomum. Pimento, myrtus pimenta. Canella alba. Serpentaria virginiana, aristolochia serpentaria, guaiacum. Saffafras, laurus saffrafras. Opium. Wine.
2. Effential oils of cinnamon, laurus cinnamomum. Nutmeg, myristica moschata. Cloves, caryophyllus aromaticus. Mint, mentha. Camphor, laurus camphora. Ether.
3. Volatile salts, as of ammoniac and of hartshorn. Sal cornu cervi.
4. Neutral salts, as those with vegetable acid; or with marine acid, as common salt. Halcx, red-herring, anchovy.
5. Preparations of antimony, as emctic tartar, antimonium tartarizatum, wine of antimony. James's powder.
6. External applications. Blisters. Warm bath. Warm air. Exercise. Friction.
7. Cold water with subsequent warmth.

- II. Sialagogues. Preparations of mercury, hydrargyrus. Pyrethrum, anthemis pyrethrum, tobacco, cloves, pepper, cowhage,
- H h 3                      stizolobium

stizolobium filiqua hirsuta. Mastich, pistacia lentiscus.

### III. Expectoꝛants.

1. Squill, scilla maritima, garlic, leck, onion, allium, asafœtida, serula asafœtida, gum ammoniac, benzoin, tar, pix liquida, balsam of Tolu.
2. Root of feneka, polygala feneka, of elecampane, inula helenium.
3. Marsh-mallow, althæa, coltsfoot, tuffilago farfara, gum arabic, mimosa nilotica, gum tragacanth, astragalus tragacantha. Decoction of barley, hordeum distichon. Expressed oils. Spermaceti, soap. Extract of liquorice, glycyrrhiza glabra. Sugar. Honey.
4. Externally blisters. Oil. Warm bath.

### IV. Mild diuretics.

1. Nitre, kali acetatum, other neutral salts.
2. Fixed alkali, soap, calcined egg-shells.
3. Turpentine. Balsam of Copaiva. Resin. Olibanum.
4. Asparagus, garlic, wild daucus. Parsley, apium. Fennel, sæniculum, parçira brava, cissampelos ?
5. Externally cold air, cold water.
6. Alcohol. Tincture of cantharides. Opium,

### V. Mild cathartics.

1. Sweet

1. Sweet subacid fruits. Prunes, *prunus domestica*. Cassia fistula. Tamarinds, crystals of tartar, unrefined sugar. Manna, Honey.
  2. Whey of milk, bile of animals.
  3. Neutral salts, as Glauber's salt, vitriolated tartar, sea-water, *magnesia alba*, soap.
  4. Gum guaiacum. Balsam of Peru. *Oleum ricini*, castor-oil, oil of almonds, oil of olives, sulphur.
  5. Senna, cassia fenna, jalap, aloe, rhubarb, *rheum palmatum*.
  6. Calomel. Emetic tartar, antimonium tartarizatum.
- VI. Secretion of mucus of the bladder is increased by cantharides, by spirit of turpentine? Phosphorus?
- VII. Secretion of mucus of the rectum is increased by aloe internally, by various clysters and suppositories externally.
- VIII. Secretion of subcutaneous mucus is increased by blisters of cantharides, by application of a thin slice of the fresh root of white briony, by sinapisms, by root of horse-radish, *cochlearia armoracia*. Volatile alkali.
- IX. Mild erlines. Marjoram. Origanum. Marum, tobacco.

- X. Secretion of tears is increased by vapour of sliced onion, of volatile alkali. By pity, or ideas of hopeless distress.
- XI. Secretion of sensorial power in the brain is probably increased by opium, by wine, and perhaps by oxygen gas added to the common air in respiration.

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ART. IV.

SORBENTIA.

I. THOSE THINGS which increase the irritative motions, which constitute absorption, are termed sorbentia; and are as various as the absorbent vessels which they stimulate into action.

1. Cutaneous absorption is increased by austere acids, as of vitriol; hence they are believed to check colligative sweats, and to check the eruption of small-pox, and contribute to the cure of the itch, and tinea; hence they thicken the saliva in the mouth, as lemon-juice, crab-juice, sloes.

2. Absorption from the mucous membrane is increased by opium, and Peruvian bark, internally;



nally; and by blue vitriol externally. Hence the expectoration in coughs, and the mucous discharge from the urethra, are thickened and lessened.

3. Absorption from the cellular membrane is promoted by bitter vegetables, and by emetics, and cathartics. Hence matter is thickened and lessened in ulcers by opium and Peruvian bark; and serum is absorbed in anasarca by the operation of emetics and cathartics.

4. Venous absorption is increased by acrid vegetables; as water-cress, cellery, horse-radish, mustard. Hence their use in sea-scurvy, the viticcs of which are owing to a defect of venous absorption; and by external stimulants, as vinegar, and by electricity, and perhaps by oxygen.

5. Intestinal absorption is increased by astringent vegetables, as rhubarb, galls; and by carthy salts, as alum; and by argillaceous and calcareous earth.

6. Hepatic absorption is increased by metallic salts, hence calomel and sal martis are so efficacious in jaundice, worms, chlorosis, dropfy.

7. Venereal virus in ulcers is absorbed by the  
stimulus

stimulus of mercury ; hence they heal by the use of this medicine.

8. Venesection, hunger, thirst, and violent evacuations, increase all absorptions ; hence sweating produces costiveness.

9. Externally bitter astringent vegetables, earthy and metallic salts, and bandages, promote the absorption of the parts on which they are applied.

10. All these in their usual doses do not increase the natural heat ; but they induce costiveness, and deep-coloured urine with earthy sediment.

In greater doses they invert the motions of the stomach and lacteals ; and hence vomit or purge, as carduus benedictus, rhubarb. They promote perspiration, if the skin be kept warm ; as camomile tea, and testaceous powders, have been used as sudorifics.

The preparations of antimony vomit, purge, or sweat, either according to the quantity exhibited, or as a part of what is given is evacuated. Thus a quarter of a grain of emetic tartar (if well prepared) will promote a diaphoresis, if the skin be kept warm ; half a grain will procure a stool or two first, and sweating afterward ; and a grain

will generally vomit, and then purge, and lastly sweat the patient. In less quantity it is probable, that this medicine acts like other metallic salts, as steel, zinc, or copper in small doses; that is, that it strengthens the system by its stimulus. As camomile and rhubarb in different doses vomit, or purge, or act as stimulants so as to strengthen the system.

Some of the medicines of this class of sorbentia have been termed tonics by some authors, as giving due tone to the animal fibre. But it should be observed, that tone is a mechanical term, applicable only to musical strings, and like bracing and relaxation, cannot be applied to animal life except metaphorically. The same may be observed of the word reaction, used by some modern authors, which in its proper signification is a mechanical term inapplicable to the laws of life except metaphorically.

## II. OBSERVATIONS ON THE SORBENTIA.

I. 1. As there is great difference in the apparent structure of the various glands, and of the fluids which they select from the blood, these glands must possess different kinds of irritability, and are therefore stimulated into stronger or unnatural actions by different articles of the materia medica, as shewn in the fecernentia. Now

as

as the absorbent vessels are likewise glands, and drink up or select different fluids, as chyle, water, mucus, with a part of every different secretion, as a part of the bile, a part of the saliva, a part of the urine, &c. it appears, that these absorbent vessels must likewise possess different kinds of irritability, and in consequence must require different articles of the materia medica to excite them into unusual action. This part of the subject has been so little attended to, that the candid reader will find in this article a great deal to excuse.

It was observed, that some of the fecernentia did in a less degree increase absorption, from the combination of different properties in the same vegetable body; for the same reason some of the class of sorbentia produce secretion in a less degree, as those bitters which have also an aroma in their composition; these are known from their increasing the heat of the system above its usual degree.

It must also be noted, that the actions of every part of the absorbent system are so associated with each other, that the drugs which stimulate one branch increase the action of the whole; and the torpor or quiescence of one branch weakens the exertions of the whole; or when one branch is excited into stronger action, some other branch has its actions weakened or inverted. Yet though peculiar branches of the absorbent system

tem are stimulated into action by peculiar substances, there are other substances which seem to stimulate the whole system, and that without immediately increasing any of the secretions; as those bitters which possess no aromatic scent, at the head of which stands the famed Peruvian bark, or cinchona.

2, Cutaneous absorption. I have heard of some experiments, in which the body was kept cold, and was thought to absorb more moisture from the atmosphere than at any other time. This however cannot be determined by statical experiments; as the capillary vessels, which secrete the perspirable matter, must at the same time have been benumbed by the cold; and from their inaction there could not have been the usual waste of the weight of the body; and as all other muscular exertions are best performed, when the body possesses its usual degree of warmth, it is conclusive, that the absorbent system should likewise do its office best, when it is not benumbed by external cold.

The austere acids, as of vitriol, lemon-juice, juice of crabs and flocs, strengthen digestion, and prevent that propensity to sweat so usual to weak convalescents, and diminish the colliquative sweats in hectic fevers; all which are owing to their increasing the action of the external and internal cutaneous absorption. Hence vitriolic acid is  
given

given in the small-pox to prevent the too hasty or too copious eruption, which it effects, by increasing the cutaneous absorption. Vinegar, from the quantity of alcohol which it contains, exerts a contrary effect to that here described, and belongs to the incitantia; as an ounce of it promotes sweat, and a flushing of the skin; at the same externally it acts as a venous absorbent, as the lips become pale by moistening them with it. And it is said, when taken internally in great and continued quantity, to induce paleness of the skin, and softness of the bones.

The sweet vegetable acids, as of several ripe fruits, are among the torpentia; as they are less stimulating than the general food of this climate, and are hence used in inflammatory diseases.

Where the quantity of fluids in the system is much lessened, as in hectic fever, which has been of some continuance, or in spurious peripneumony, a grain of opium given at night will sometimes prevent the appearance of sweats; which is owing to the stimulus of opium increasing the actions of the cutaneous absorbents, more than those of the secreting vessels of the skin. Whence the secretion of perspirable matter is not decreased, but its appearance on the skin is prevented by its more facile absorption.

3. There is one kind of itch, which seldom appears between the fingers, is the least infectious,  
and

and most difficult to eradicate, and which has its cure much facilitated by the internal use of acid of vitriol. This disease consists of small ulcers in the skin, which are healed by whatever increases the cutaneous absorption. The external application of sulphur, mercury, and acrid vegetables, acts on the same principle; for the animalcula, which are seen in these pustules, are the effect, not the cause, of them; as all other stagnating animal fluids, as the semen itself, abounds with similar microscopic animals. See Dyfentery, Class II. 1. 3. 18.

4. Young children have sometimes an eruption upon the head called tinea, which discharges an acrimonious ichor inflaming the parts, on which it falls. This eruption I have seen submit to the internal use of vitriolic acid, when only wheat-flour was applied externally. This kind of eruption is likewise frequently cured by testaceous powders; two materials so widely different in their chemical properties, but agreeing in their power of promoting cutaneous absorption.

II. Absorption from the mucous membrane is increased by applying to its surface the austere acids, as of vitriol, lemon-juice, crab-juice, flocs. When these are taken into the mouth, they immediately thicken, and at the same time lessen the  
quantity

quantity of the saliva; which last circumstance cannot be owing to their coagulating the saliva, but to their increasing the absorption of the thinner parts of it. So alum applied to the tip of the tongue does not stop in its action there, but independent of its diffusion it induces cohesion and corrugation over the whole mouth. (Cullen's Mat. Med. Art. Astringentia.) Which is owing to the association of the motions of the parts or branches of the absorbent system with each other.

Absorption from the mucous membrane is increased by opium taken internally in small doses more than by any other medicine, as is seen in its thickening the expectoration in coughs, and the discharge from the nostrils in catarrh, and perhaps the discharge from the urethra in gonorrhœa. The bark seems next in power for all these purposes.

Externally slight solutions of blue vitriol, as two or three grains to an ounce of water, applied to ulcers of the mouth, or to chancres on the glans penis, more powerfully induce them to heal than any other material.

Where the lungs or urethra are inflamed to a considerable degree, and the absorption is so great, that the mucus is already too thick, and adheres to the membrane from its viscidness, opiates and bitter vegetable and austere acids are improper; and mucilaginous diluents should be used in their stead with venesection and torpentina.



III. 1. Absorption from the cellular membrane, and from all the other cavities of the body, is too slowly performed in some constitutions; hence the bloated pale complexion; and when this occurs in its greatest degree, it becomes an universal dropsy. These habits are liable to intermittent fevers; hysteric paroxysms, cold extremities, indigestion, and all the symptoms of debility.

The absorbent system is more subject to torpor or quiescence than the secreting system, both from the coldness of the fluids which are applied to it, as the moisture of the atmosphere, and from the coldness of the fluids which we drink; and also from its being stimulated only by intervals, as when we take our food; whereas the secreting system is perpetually excited into action by the warm circulating blood; as explained in Sect. XXXII.

2. The Peruvian bark, camomile flowers, and other bitter drugs, by stimulating this cellular branch of the absorbent system prevents it from becoming quiescent; hence the cold paroxysms of those agues, which arise from the torpor of the cellular lymphatics, are prevented, and the hot fits in consequence. The patient thence preserves his natural heat, regains his healthy colour, and his accustomed strength.

Where the cold paroxysm of an ague originates

in the absorbents of the liver, spleen, or other internal viscous, the addition of steel to vegetable bitters, and especially after the use of one dose of calomel, much advances the cure.

And where it originates in any part of the fermenting system, as is probably the case in some kinds of agues, the addition of opium in the dose of a grain and half, given about an hour before the access of the paroxysm, or mixed with chalybeate and bitter medicines, ensures the cure. Or the same may be effected by wine given instead of opium before the paroxysm, so as nearly to intoxicate.

These three kinds of agues are thus distinguished; the first is not attended with any tumid or indurated viscus, which the people call an ague cake, and which is evident to the touch. The second is accompanied with a tumid viscus; and the last has generally, I believe, the quartan type, and is attended with some degree of arterial debility.

The bark of the broad-leaved willow or *salix caprea* of Linneus, is much recommended as equal to the Peruvian bark given in the same or in greater quantity by Mr. White of Bath. Observ. and Exper. on broad-leaved willow. Vernor and Hood, London. A Dr. Gunz in Germany recommends also as a substitute for Peruvian bark, the bark of six species of willow, the *salix alba*, *pentandra*, *fragilis*, *caprea*, *vitellina*, and *amygdalina*.

lina. Dr. Gunz believes some of these barks to be more efficacious than the Peruvian. And as some of these willow-barks may be procured in great quantity, as they are stripped off from the willow twigs used by the basket-makers in many parts of the country in the vernal months, it would seem to be an article worth attending to.

The root of *geum urbanum*, avens, is recommended as a substitute for Peruvian bark by Dr. Vogel, and said to cure the quartan ague given in the dose of half a dram every hour through the day. The *datisca cannabina* of Linneus is also said to equal the Peruvian bark in its febrifuge virtues. *Medical and Physical Journal*, Vol. I. p. 191.

3. This class of absorbent medicines are said to decrease irritability. After any part of our system has been torpid or quiescent, by whatever cause that was produced, it becomes afterwards capable of being excited into greater motion by small stimuli; hence the hot fit of fever succeeds the cold one. As these medicines prevent torpor or quiescence of parts of the system, as cold hands or feet, which perpetually happen to weak constitutions, the subsequent increase of irritability of these parts is likewise prevented.

4. These absorbent medicines, including both the bitters, and metallic salts, and opiates, are

of great use in the dropsy by their promoting universal absorption; but here evacuations are likewise to be produced, as will be treated of in the *Invertentia*.

5. The matter in ulcers is thickened, and thence rendered less corrosive, the saline part of it being reabsorbed by the use of bitter medicines; hence the bark is used with advantage in the cure of ulcers.

6. Bitter medicines strengthen digestion by promoting the absorption of chyle; hence the introduction of hop into the potation used at our meals, which as a medicine may be taken advantageously, but, like other unnecessary stimuli, must be injurious as an article of our daily diet.

The hop may perhaps in some degree contribute to the production of gravel in the kidneys, as our intemperate wine-drinkers are more subject to the gout, and ale-drinkers to the gravel; in the formation of both which diseases, there can be no doubt, but that the alcohol is the principal, if not the only agent.

7. Vomits greatly increase the absorption from the cellular membrane, as squill, and foxglove. The squill should be given in the dose of a grain of the dried root every hour, till it operates up-  
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wards and downwards. Four ounces of the fresh leaves of the foxglove should be boiled from two pounds of water to one, and half an ounce of the decoction taken every two hours for four or more doses. This medicine by stimulating into inverted action the absorbents of the stomach, increases the direct action of the cellular lymphatics.

Another more convenient way of ascertaining the dose of foxglove is by making a saturated tincture of it in proof spirit; which has the two-fold advantage of being invariable in its original strength, and of keeping a long time as a shop-medicine without losing any of its virtue. Put two ounces of the leaves of purple foxglove, *digitalis purpurea*, nicely dried, and coarsely powdered, into a mixture of four ounces of rectified spirit of wine and four ounces of water; let the mixture stand by the fire-side twenty-four hours frequently shaking the bottle, and thus making a saturated tincture of *digitalis*; which must be poured from the sediment or passed through filtering paper.

Some person has lately objected to the quantity of the dried leaves of *digitalis* used in this tincture as an unnecessary expense; not knowing that the plant grows spontaneously by cart-loads in all sandy situations, and not recollecting that the certainty of procuring this medicine at all times of the year, and from all shops of the same

degree of strength, is a circumstance of great importance.

As the size of a drop is greater or less according to the size of the rim of the phial from which it is dropped, a part of this saturated tincture is then directed to be put into a two-ounce phial, for the purpose of ascertaining the size of the drop. Thirty drops of this tincture are directed to be put into an ounce of mint-water for a draught to be taken twice or thrice a day, till it reduces the anasarca of the limbs, or removes the difficulty of breathing in hydrothorax, or till it induces sickness. And if these do not occur in two or three days, the dose must be gradually increased to forty or sixty drops, or further.

A lady, who was 92 years of age, was seized suddenly, early in the morning, with great difficulty of respiration, which continued in greater or less degree in spite of many medicines for two or three weeks. Her legs were then become oedematous, and she could not lie down horizontally. On taking thirty drops of the saturated tincture of digitalis from a two-ounce phial twice a day, she became free from the difficult respiration, and her legs became less swelled, in two or three days. She has repeated this medicine about once a month for more than a year, with tincture of bark at intervals, and half a grain of opium at night, and retains a tolerable state of health.

From

From the great stimulus of this medicine the stomach is rendered torpid with consequent sickness, which continues many hours and even days, owing to the great exhaustion of its sensorial power of irritation; and the action of the heart and arteries becomes feeble from the deficient excitement of the sensorial power of association; and lastly, the absorbents of the cellular membrane act more violently in consequence of the accumulation of the sensorial power of association in the torpid heart and arteries, as explained in Suppl. I. 12.

A circumstance curiously similar to this occurs to some people on smoking tobacco for a short time, who have not been accustomed to it. A degree of sickness is presently induced, and the pulsations of the heart and arteries become feeble for a short time, as in the approach to fainting, owing to the direct sympathy between these and the stomach, that is from defect of the excitement of the power of association. Then there succeed a tingling, and heat, and sometimes sweat, owing to the increased action of the capillaries, or perspirative and mucous glands; which are occasioned by the accumulation of the sensorial power of association by the weaker action of the heart and arteries, which now increases the action of the capillaries.

8. Another method of increasing absorption

from the cellular membrane is by warm air, or by warm steam. If the swelled legs of a dropical patient are enclosed in a box, the air of which is made warm by a lamp or two, copious sweats are soon produced by the increased action of the capillary glands, which are seen to stand on the skin, as it cannot readily exhale in so small a quantity of air, which is only changed so fast as may be necessary to permit the lamps to burn. At the same time the lymphatics of the cellular membrane are stimulated by the heat into greater action, as appears by the speedy reduction of the tumid legs.

It would be well worth trying an experiment upon a person labouring under a general anasarca by putting him into a room filled with air heated to 120 or 130 degrees, which would probably excite a great general diaphoresis, and a general cellular absorption both from the lungs and every other part. And that air of so great heat may be borne for many minutes without great inconvenience was shewn by the experiments made in heated rooms by Dr. Fordyce and others. *Philos. Transf.*

Another experiment of using warmth in anasarca, or in other diseases, might be by immersing the patient in warm air, or in warm steam, received into an oil-skin bag, or bathing-tub of tin, so managed, that the current of warm air or steam should pass round and cover the whole  
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of the body except the head; which might not be exposed to it; and thus the absorbents of the lungs might be induced to act more powerfully by sympathy with the skin, and not by the stimulus of heat. See Uses of Warm Bath, Art. II. 2. 2. 1.

A warm saline pediluvium has often been used with success to remove swellings of the legs from deficient action of the absorbents of the lower extremities; the quantity of sea-salt should be about one thirtieth part of the water, which with about one eightieth part of sulphuric magnesian salt, called *magnesia vitriolata*, or bitter cathartic salt, constitutes the medium strength of the sea-water round this island, according to the experiments of Mr. Brownrig. In such a pediluvium the swelled legs should be immersed for half an hour every night for a fortnight, at the heat of about 96 or 98 degrees.

Dr. Reid, in a Treatise on Sea-bathing; Cadell and Davis, London; recommends an universal warm-bath of sea-water, in œdematous swellings, apparently with great success, and well advises friction to be diligently used in the bath on the tumid limbs, always rubbing them from their extremities towards the trunk of the body, and not the contrary way; as this must most facilitate the progress of the fluids in the absorbent system; though these vessels are furnished with valves to prevent its return. In these baths the stimulus of  
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the salt is added to that of the heat. See Art. II. 2. 2. 1.

9. Another method of increasing absorption from the cellular membrane, which has been used in dropfies, has been by the great or total abstinence from fluids. This may in some degree be used advantageously in subjects of too great corpulency, but if carried to excess may induce fevers, and greater evils than it is designed to counteract, besides the perpetual existence of a painful thirst. In most dropfies the thirst already existing shews, that too little diluent fluid, and not too much, is present in the circulation.

IV. 1. Venous absorption. Cellery, water-creffes, cabbages, and many other vegetables of the class tetradynamia, do not increase the heat of the body (except those, the acrimony of which approaches to corrosion), and hence they seem alone, or principally, to act on the venous system; the extremities of which we have shewn are absorbents of the red blood, after it has passed the capillaries and glands.

2. In the sea-scurvy and petechial fever the veins do not perfectly perform this office of absorption; and hence the vibices are occasioned by blood stagnating at their extremities, or extravasated into the cellular membrane. And this class  
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of vegetables, stimulating the veins to perform their natural absorption, without increasing the energy of the arterial action, prevents future petechiæ, and may assist the absorption of the blood already stagnated, as soon as its chemical change renders it proper for that operation.

3. The fluids, which are extravasated, and received into the cells of the cellular membrane, seem to continue there for many days, so as to undergo some chemical change, and are then taken up again by the mouths of the cellular absorbents. But the new vessels produced in inflamed parts, as they communicate with the veins, are probably absorbed again by the veins along with the blood which they contain in their cavities. Hence the blood, which is extravasated in bruises of vibices, is gradually many days in disappearing; but after due evacuations the inflamed vessels on the white of the eye, if any stimulant lotion is applied, totally disappear in a few hours.

Amongst absorbents affecting the veins we should therefore add the external application of stimulant materials; as of vinegar, which makes the lips pale on touching them. Friction, and electricity,

4. Hemorrhages are of two kinds, either arterial,  
-rial,

rial, which are attended with inflammation; or venous, from a deficiency in the absorbent power of this set of vessels. In the former case the torpentia are efficacious; in the latter steel, opium, alum, and all the tribe of sorbentia, are used with success.

5. Sydenham recommends vegetables of the class tetradynamia in rheumatic pains left after the cure of intermittents. These pains are perhaps similar to those of the sea-scurvy, and seem to arise from want of absorption in the affected part, and hence are relieved by the same medicines.

V. 1. Intestinal absorption. Some astringent vegetables, as rhubarb, may be given in such doses as to prove cathartic; and, after a part of it is evacuated from the body, the remaining part augments the absorption of the intestines; and acts, as if a similar dose had been exhibited after the operation of any other purgative. Hence 4 grains of rhubarb strengthen the bowels, 30 grains first empty them.

2. The earthy salts, as alum, increase the intestinal absorption, and hence induce constipation in their usual dose; alum is said sometimes to cure intermittents, perhaps when their seat is in the intestines, when other remedies

dies have failed. It is useful in the diabetes, by exciting the absorbents of the bladder into their natural action; and combined with resin is esteemed in the fluor albus, and in glects. Limestone or chalk, and probably gypsum, possess effects in some degree similar, and increase the absorption of the intestines; and thus in certain doses restrain some diarrhoeas, but in greater doses alum I suppose will act as a cathartic. Five or ten grains produce constipation, 20 or 30 grains are either emetic or cathartic.

3. Earth of alum, tobacco-pipe clay, marl, Armenian bole, lime, crab's eyes or claws, and calcined hartshorn, or bone ashes, restrain fluxes; either mechanically by supplying something like mucilage, or oil, or rollers to abate the friction of the aliment over inflamed membranes; or by increasing their absorption. The two last consist of calcareous earth united to phosphoric acid, and the Armenian bole and marl may contain iron. By the consent between the intestines and the skin 20 grains of Armenian bole given at going into bed to hectic patients will frequently check their tendency to sweat as well as to purge, and the more certainly if joined with one grain of opium.

VI. 1. Absorption from the liver, stomach, and other viscera. When inflammations of the  
liver

liver are subdued to a certain degree by venesection, with calomel and other gentle purges, so that the arterial energy becomes weakened, four or eight grains of iron-filings, or of salt of steel, with the Peruvian bark, have wonderful effect in curing the cough, and restoring the liver to its usual size and sanity; which it seems to effect by increasing the absorption of this viscus. The same I suppose happens in respect to the tumours of other viscera, as of the spleen, or pancreas, some of which are frequently enlarged in agues.

2. Hemorrhages from the nose, rectum, kidneys, uterus, and other parts, are frequently attendant on diseased livers; the blood being impeded in the vena portarum from the decreased power of absorption, and in consequence of the increased size of this viscus. These hemorrhages after venesection, and a mercurial cathartic, are most certainly restrained by steel alone, or joined with an opiate; which increase the absorption, and diminish the size of the liver.

Chalybeates may also restrain these hemorrhages by their promoting venous absorption, though they exert their principal effect upon the liver. Hence also opiates, and bitters, and vitriolic acid, are advantageously used along with them. It must be added that some hemorrhages recur by periods like the paroxysms of intermit-

tent fevers, and are thence cured by the same treatment.

3. The jaundice is frequently caused by the insipidity of the bile, which does not stimulate the gall-bladder and bile-ducts into their due action; hence it stagnates in the gall-bladder, and produces a kind of crystallization, which is too large to pass into the intestines, blocks up the bile-duct, and occasions a long and painful disease. A paralysis of the bile-duct produces a similar jaundice, but without pain.

4. Worms in sheep called flukes are owing to the dilute state of the bile; hence they originate in the intestines, and thence migrate into the biliary ducts, and corroding the liver produce ulcers, cough, and hectic fever, called the rot. In human bodies it is probable the inert state of the bile is one cause of the production of worms; which insipid state of the bile is owing to deficient absorption of the thinner parts of it; hence the pale and bloated complexion, and swelled upper lip, of wormy children, is owing to the concomitant deficiency of absorption from the cellular membrane. Salt of steel, or the rust of it, or filings of it, with bitters, increase the acrimony of the bile by promoting the absorption of its aqueous part; and hence destroy worms, as well by their immediate action on the intestines,

as on the worms themselves. The cure is facilitated by premising a purge with calomel. See Class I. 2. 3. 9.

5. The chlorosis is another disease owing to the deficient action of the absorbents of the liver, and perhaps in some degree also to that of the secretory vessels, or glands, which compose that viscus. Of this the want of the catamenia, which is generally supposed to be a cause, is only a symptom or consequence. In this complaint the bile is deficient perhaps in quantity, but certainly in acrimony, the thinner parts not being absorbed from it. Now as the bile is probably of great consequence in the process of making the blood; it is on this account that the blood is so destitute of red globules; which is evinced by the great paleness of these patients. As this serous blood must exert less stimulus on the heart, and arteries, the pulse in consequence becomes quick as well as weak, as explained in Sect. XII. 1. 4.

The quickness of the pulse is frequently so great and permanent, that when attended by an accidental cough, the disease may be mistaken for hectic fever; but is cured by chalybeates, and bitters exhibited twice a day; with half a grain of opium, and a grain of aloe every night; and the expected catamenia appears in consequence of a restoration of the due quantity of red blood. This and the two former articles approach to

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the disease termed paralysis of the liver. Sect. XXX. 4.

6. It seems paradoxical, that the same treatment with chalybeates, bitters, and opiates, which produces menstruation in chlorotic patients, should repress the too great or permanent menstruation, which occurs in weak constitutions at the time of life when it should cease. This complaint is a hemorrhage owing to the debility of the absorbent power of the veins, and belongs to the paragraph on venous absorption above described, and is thence curable by chalybeates, alum, bitters, and particularly by the exhibition of a grain of opium every night with five grains of rhubarb.

As steel is soluble in the gastric acid, perhaps the best way of giving it may be in fine filings, or in a steel-powder prepared in the following manner: dissolve green vitriol in water, add a few bits of iron to the solution, to precipitate any copper which may be accidentally in it; precipitate this solution by salt of tartar, kali preparatum. Add to the precipitate two or three times its quantity of charcoal powder, mix and put them into a crucible covered with a tile, and give them a red heat for an hour. An impalpable powder of iron will be produced, which ought all of it to obey the magnet.

7. Metallic salts supply us with very powerful

remedies for promoting absorption in dropical cases; which frequently are caused by enlargement of the liver. First, as they may be given in such quantities as to prove strongly cathartic, of which more will be said in the article on invertentia; and then, when their purgative quality ceases, like the effect of rhubarb, their absorbent quality continues to act. The salts of mercury, silver, copper, iron, zinc, antimony, have all been used in the dropsy; either singly for the former purpose, or united with bitters for the latter, and occasionally with moderate but repeated opiates.

8. From a quarter of a grain to half a grain of blue vitriol given every four or six hours, is said to be very efficacious in obstinate intermittents; which also frequently arise from an enlarged viscus, as the liver or spleen, and are thence owing to the deficient absorption of the lymphatics of that viscus. A quarter of a grain of white arsenic, as I was informed by a surgeon of the army, cures a quartan ague with great certainty, if it be given an hour before the expected fit. This dose he said was for a robust man, perhaps one eighth of a grain might be given and repeated with greater safety and equal efficacy.

Dr. Fowler has given many successful cases in his treatise on this subject. He prepares it by boiling sixty-four grains of white arsenic in a Florence flask along with as much pure vegetable

table fixed alcali in a pint of distilled water till they are dissolved, and then adding as much distilled water as will make the whole exactly sixteen ounces. Hence there are four grains of arsenic in every ounce of the solution. This should be put into a phial of such a size of the edge of its aperture, that sixty drops may weigh one dram, which will contain half a grain of arsenic. To children from two years old to four he gives from two to five drops three or four times a day. From five years old to seven, he directs seven or eight drops. From eight years old to twelve, he directs from seven to ten drops. From thirteen years old to eighteen he directs from ten to twelve drops. From eighteen upwards, twelve drops. In so powerful a medicine it is always prudent to begin with smaller doses, and gradually to increase them.

A saturated solution of arsenic in water is preferable I think to the above operose preparation of it; as no error can happen in weighing the ingredients, and it more certainly therefore possesses an uniform strength. Put much more white arsenic reduced to powder into a given quantity of distilled water, than can be dissolved in it. Boil it for half an hour in a Florence flask, or in a tin sauce-pan; let it stand to subside, and filter it through paper. My friend Mr. Greene, a surgeon at Breewood in Staffordshire, assured me, that he had cured in one season agues without number with this saturated solution; that he

found ten drops from a two-ounce phial given thrice a day was a full dose for a grown person, but that he generally began with five.

9. The manner, in which arsenic acts in curing intermittent fevers cannot be by its general stimulus, because no intoxication or heat follows the use of it; nor by its peculiar stimulus on any part of the secreting system, since it is not in small doses succeeded by any increased evacuation, or heat, and must therefore exert its power, like other articles of the sorbentia, on the absorbent system. In what manner it destroys life so suddenly is difficult to understand, as it does not intoxicate like many vegetable poisons, nor produce fevers like contagious matter. When applied externally it seems chemically to destroy the part like other caustics. Does it chemically destroy the stomach, and life in consequence? or does it destroy the action of the stomach by its great stimulus, and life in consequence of the sympathy between the stomach and the heart? This last appears to be the most probable mode of its operation.

The success of arsenic in the cure of intermittent fevers I suspect to depend on its stimulating the stomach into stronger action, and thus, by the association of this viscus with the heart and arteries, preventing the torpor of any part of the sanguiferous system. I was led to this conclusion from the following considerations.

First.

First. The effects of arsenic given a long time internally in small doses, or when used in larger quantities externally, seem to be similar to those of other great stimuli, as of wine or alcohol. These are a bloated countenance, swelled legs, hepatic tumours, and dropsy, and sometimes eruptions on the skin. The former of these I have seen, where arsenic has been used externally for curing the itch; and the latter appears on evidence in the famous trial of Miss Blandy at Chelmsford, about forty years ago.

Secondly. I saw an ague cured by arsenic in a child, who had in vain previously taken a very large quantity of bark with great regularity. And another case of a young officer, who had lived intemperately, and laboured under an intermittent fever, and had taken the bark repeatedly in considerable quantities, with a grain of opium at night, and though the paroxysms had been thrice thus for a time prevented, they recurred in about a week. On taking five drops of a saturated solution of arsenic thrice a day the paroxysms ceased, and returned no more, and at the same time his appetite became much improved.

Thirdly. A gentleman about sixty-five years of age had for about ten years been subject to an intermittent pulse, and to frequent palpitations of his heart. Lately the palpitations seemed to observe irregular periods, but the intermission of every third or fourth pulsation was almost per-

petual. On giving him four drops of a saturated solution of arsenic from a two-ounce phial almost every four hours for one day, not only the palpitation did not return, but the intermission ceased entirely, and did not return so long as he took the medicine, which was three or four days.

Now as when the stomach has its action much weakened by an over-dose of digitalis, the pulse is liable to intermit, this evinces a direct sympathy between these parts of the system; and as I have repeatedly observed, that when the pulse begins to intermit in elderly people, that an eructation from the stomach, voluntarily produced, will prevent the threatened stop of the heart; I am induced to think, that the torpid state of the stomach, at the instant of the production of air occasioned by its weak action, caused the intermission of the pulse. And that arsenic in this case, as well as in the cases of agues above mentioned, produced its effects by stimulating the stomach into more powerful action; and that the equality of the motions of the heart was thus restored by increasing the excitement of the sensorial power of association. See Sect. XXV. 17. Class IV. 2. 1. 18.

Arsenic has lately been recommended in the hooping cough, *tussis convulsiva*, by Mr. Simmons, surgeon of Manchester, which he asserts to be attended with the most salutary effects, moderating the disease in a few days, and curing it generally in a fortnight. He has given it to  
children

children of a year old with safety, in the doses recommended by Dr. Fowler, whose solution he used, but seems to have used venesection and emetics occasionally, and recommends, after the solution has been omitted for a week, to repeat it, to prevent a relapse. *Annals of Medicine, 1797.*

10. Where arsenic has been given as poison, it may be discovered in the contents of the stomach by the smell like garlic, when a few grains of it are thrown on a red-hot iron. 2. If a few grains are placed between two plates of copper, and subjected to a red heat, the copper becomes whitened. 3. Dissolve arsenic in water along with vegetable alkali, add to this a solution of blue vitriol in water, and the mixture becomes of a fine green, which gradually precipitates, as discovered by Bergman. 4. Where the quantity is sufficient, some wheat may be steeped in a solution of it, which given to sparrows or chickens will destroy them.

VII. 1. Absorption of the matter from venereal ulcers. No ulcer can heal, unless the absorption from it is as great as the deposition in it. The preparations or oxydes of mercury in the cure of the venereal disease seem to act by their increasing the absorption of the matter in the ulcers it occasions; and that whether they are taken into the stomach, or applied on the skin, or on the surface of the ulcers. And this in the

same manner as sugar of lead, or other metallic oxydes, promote so rapidly the healing of other ulcers by their external application; and probably when taken internally, as rust of iron given to children affected with scrofulous ulcers contributes to heal them, and solutions of lead were once famous in phthisis.

The matter deposited in large abscesses does not occasion hectic fever, till it has become oxygenated by being exposed to the open air, or to the air through a moist membrane; the same seems to happen to other kinds of matter, which produce fever, or which occasion spreading ulcers, and are thence termed contagious. See Class II. 1. 3. II. 1. 5. II. 1. 6. 6. This may perhaps occur from these matters not being generally absorbed, till they become oxygenated; and that it is the stimulus of the acid thus formed by their union with oxygen, which occasions their absorption into the circulation, and the fever, which they then produce. For though collections of matter, and milk, and mucus, are sometimes suddenly absorbed during the action of emetics or in sea-sickness, they are probably eliminated from the body without entering the circulation; that is, they are taken up by the increased action of one lymphatic branch, and evacuated by the inverted action of some other lymphatic branch, and thus carried off by stool or urine.

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2. But as the matter in large abscesses is in general not absorbed, till it becomes by some means exposed to air, there is reason to conclude, that the stimulus of this new combination of the matter with oxygen occasions its absorption; and that hence the absorption of matter in ulcers of all kinds, is still more powerfully effected by the external application or internal use of metallic oxydes; which are also acids consisting of the metal united with oxygen; and lastly, because venereal ulcers, and those of itch, and tinea, will not heal without some stimulant application; that is, the secretion of matter in them continues to be greater, than the absorption of it; and the ulcers at the same time continue to enlarge, by the contagion affecting the edges of them; that is, by the stimulus of the oxygenated matter stimulating the capillary vessels in its vicinity into actions similar to those of the ulcer, which produces it.

This effect of the oxydes of mercury occurs, whether salivation attends its use or not. Salivation is much forwarded by external warmth, when mercury is given to promote this secretion; but as the cure of venereal complaints depends on its absorbent quality, the act of salivation is not necessary or useful. A quarter of a grain of good corrosive sublimate twice a day will seldom fail of curing the most confirmed pox; and will as seldom salivate, if the patient be kept cool. A  
quarter

quarter of a grain thrice a day I believe to be infallible, if it be good sublimate.

Mercury alone when swallowed does not act beyond the intestines; its active preparations are the salts formed by its union with the various acids, as mentioned in the catalogue. Its union with the vegetable acid, when triturated with manna, is said to compose Keyser's Pill. Triturated with gum arabic it is much recommended by Plenck; and triturated with sugar and a little essential oil, as directed in a former Edinburgh Dispensatory, it probably forms some of the syrups sold as nostrums.

United with sulphur it seldom enters the circulation, as when cinnabar, or æthiops mineral, is taken inwardly. But united with fat and rubbed on the skin, it is readily absorbed. I know not whether it can be united to charcoal, nor whether it has been given internally when united with animal fat; if six grains only of sulphur be added to two ounces of hog's fat and six drachms of mercury, they are said to unite with much less labour of trituration, than the hog's fat and mercury alone.

VIII. 1. Absorptions in general are increased by inanition; hence the use of evacuations in the cure of ulcers. Dr. Jurin absorbed in one night, after a day's abstinence and exercise, eighteen ounces from the atmosphere in his chamber; and every

every one must have observed, how soon his sheets became dry, after having been moistened by sweat, if he throws off part of the bed-clothes to cool himself; which is owing to the increased cutaneous absorption after the evacuation by previous sweat.

2. Now as opium is an universal stimulant, as explained in the article of Incitantia, it must stimulate into increased action both the secretory system, and the absorbent one; but after repeated evacuation by venesection, and cathartics, the absorbent system is already inclined to act more powerfully; as the blood-vessels being less distended, there is less resistance to the progress of the absorbed fluids into them. Hence after evacuations opium promotes absorption, if given in small doses, much more than it promotes secretion; and is thus eminently of service at the end of inflammations, as in pleurisy, or peripneumony, in the dose of four or five drops of the tincture, given before the access of the evening paroxysm; which I have seen succeed even when the risus sardonius has existed. Some convulsions may originate in the want of the absorption of some acrid secretion, which occasions pain; hence these diseases are so much more certainly relieved by opium after venesection or other evacuations.

IX. 1. Absorption is increased by the calces or solutions of mercury, lead, zinc, copper, iron, externally applied; and by arsenic, and by sulphur, and by the application of bitter vegetables in fine powder. Thus an ointment consisting of mercury and hog's fat rubbed on the skin cures venereal ulcers; and many kinds of herpetic eruptions are removed by an ointment consisting of sixty grains of white precipitate of mercury and an ounce of hog's fat.

2. The tumours about the necks of young people are often produced by the absorption of a saline or acrid material, which has been deposited from eruptions behind the ears, owing to deficient absorption in the surface of the ulcer, but which on running down on the skin below becomes absorbed, and swells the lymphatic glands of the neck; as the variolous matter, when inserted into the arm, swells the gland of the axilla. Sometimes the perspirative matter produced behind the ears becomes putrid from the want of daily washing them, and may also cause by its absorption the tumours of the lymphatics of the neck. In the former case the application of a cerate of lapis calaminaris, or of cerussa in dry powder, or of rags dipped in a solution of sugar of lead, increases the absorption in the ulcers, and prevents the effusion of the  
saline

saline part of the secreted material. The latter is to be prevented by cleanliness.

After the eruptions or ulcers are healed a solution of corrosive sublimate of one grain to an ounce of water applied for some weeks behind the ear, and amongst the roots of the hair on one side of the head, where the mouths of the lymphatics of the neck open themselves, frequently removes these tumours.

3. Linen rags moistened with a solution of half an ounce of sugar of lead to a pint of water applied on the erysipelas on anasarcaous legs, which have a tendency to mortification, is more efficacious than other applications. White vitriol six grains dissolved in one ounce of rose-water removes inflammations of the eyes after evacuation more certainly than solutions of lead. Blue vitriol two or three grains dissolved in an ounce of water cures ulcers in the mouth, and other mucous membranes, and a solution of arsenic externally applied cures the itch, but requires great caution in the use of it. See Class II. 1. 5. 6.

A feeble old man with swelled legs had an erysipelas on both of them; to one of these legs a fine powder of Peruvian bark was applied dry, and renewed twice a day; on the other linen rags moistened with a solution of saccharum saturni were applied, and renewed twice a day; and

and it was observed, that the latter healed much sooner than the former.

As the external application of calx of lead stimulates inflamed parts very violently, if it be applied too early, before the vessels are emptied by evacuations, or by the continuance of the disease, it is liable to increase the inflammation, or to induce mortification, as in ophthalmy; and in a case, which was related to me of a person who much pricked his legs amongst gorse, which, on the application of Goulard's solution of lead, mortified with extensive sloughs. But where the system is previously emptied, there is less resistance to the progress of absorbed fluids; and the stimulus of lead then increases the action of the absorbent system more than of the secreting system, and the inflamed part presently disappears.

4. Bitter vegetables, as the Peruvian bark, quilted between two shirts, or firewed in their beds, will cure the ague in children sometimes. Iron in solution, and some bitter extract, as in the form of ink, will cure one kind of herpes called the ringworm. And I have seen seven parts of bark in fine powder mixed with one part of ceruse, or white lead, in fine powder, applied dry to scrofulous ulcers, and renewed daily, with great advantage.

5. To these should be added electric sparks  
and

and flocks, which promote the absorption of the vessels in inflamed eyes of scrofulous children; and disperse, or bring to suppuration, scrofulous tumours about the neck. For this last purpose smart flocks should be passed through the tumours only, by enclosing them between two brass knobs communicating with the external and internal coating of a charged phial. See Art. II. 2. 2. 2.

X. 1. Bandages increase absorption, if they are made to fit nicely on the part; for which purpose it is necessary to spread some moderately adhesive plaster on the bandage, and to cut it into tails, or into shreds two inches wide; the ends are to be wrapped over each other; and it must be applied when the part is least tumid, as in the morning before the patient rises, if on the lower extremities. The emplastrum de minio made to cover the whole of a swelled leg in this manner, whether the swelling is hard, which is usually termed scorbutic; or more easily compressible, as in anasarca, reduces the limb in two or three days to its natural size; for this purpose I have sometimes used carpenter's glue, mixed with one twentieth part of honey to prevent its becoming too hard, instead of a resinous plaster; but the minium plaster of the shops is in general to be preferred. Nothing so much facilitates the cure of ulcers in the legs, as covering the whole limb

from the toes to the knee with such a plaster bandage; which increases the power of absorption in the surface of the fore.

2. The lymph is carried along the absorbent vessels, which are replete with valves, by the intermitted pressure of the arteries in their neighbourhood. Now if the external skin of the limb be lax, it rises, and gives way to the pressure of the arteries at every pulsation; and thence the lymphatic vessels are subject to the pressure of but half the arterial force. But when the external skin is tightened by the surrounding bandage, and thence is not elevated by the arterial diastole, the whole of this power is exerted in compressing the lymphatic vessels, and carrying on the lymph already absorbed; and thence the absorbent power is so amazingly increased by bandage nicely applied. Pains are sometimes left in the fleshy parts of the thighs or arms, after the inflammation is gone, in the acute rheumatism, or after the patient is too weak for further evacuation; in this case after internal absorbent medicines, as the bark, and opiates, have been used in vain, I have successfully applied a plaster-bandage, as above described, so as to compress the pained part.

Since the above was written, Mr. Baynton, an ingenious surgeon of Bristol, has published "A Method of Treating Ulcers of the Legs," sold by  
Robinson,



Robinson, London. In which he endeavours to bring the lips of those ulcers nearer together by means of slips of adhesive plaster, as above described; which seems to have been attended with great success, without confinement of the patient. See Sect. XXXIII. 3. 2.

But when slips of adhesive plaster are put over a wound so as to bring the edges of it together nearly, or quite, into contact with each other, the part is at the same time covered, as the slips of adhesive plaster are applied, from the eye of the surgeon. I have therefore advised two tin plates a little longer than the wound, and about half an inch broad, to be fastened to the ends of the pieces of adhesive plaster, and applied one on each lip of the wound or ulcer; and then by a narrow slip of adhesive plaster applied at each end of these tins, they may be drawn together, and the whole lips of the wound may be seen at the same time by the surgeon; and then a compress of thin lead, or of linen, may be applied by other strips of plaster so as to heal recent wounds, and even ulcers, without scarcely any unevenness or width of the scar.

XI. 1. We shall conclude by observing, that the sorbentia strengthen the whole habit by preventing the escape of the fluid part of the secretions out of the body, before it has given up as much nourishment, as it is capable; as the liquid

part of the secretion of urine, sweat, saliva, and of all other secretions, which are poured into receptacles. Hence they have been said to brace the body, and been called tonics, which are mechanical terms not applicable to the living bodies of animals; as explained in Sect. XXXII. 3. 2.

2. A continued use of bitter medicines for years together, as of Portland's powder, or of the bark, is supposed to induce apoplexy, or other fatal diseases. Two cases of this kind have fallen under my observation; the patients were both rather intemperate in respect to the use of fermented liquors, and one of them had been previously subject to the gout. As I believe the gout generally originates from a torpor of the liver, which, instead of being succeeded by an inflammation of it, is succeeded by an inflammation of some of the joints; or by a pimpled face, which is another mode, by which the disease of the liver is terminated: I conceive, that the daily use of bitter medicines had in these patients prevented the removal of a gouty inflammation from the liver to the membranes of the joints of the extremities, or to the skin of the face, by preventing the necessary torpor of these parts previous to the inflammation of them; in the same manner as cold fits of fever are prevented by the same medicines; and, as I believe, the returns

turns of the gout have some times for two or three years been prevented by them.

One of these patients died of the apoplexy in a few hours; and the other of an inflammation of the liver, which I believe was called the gout, and in consequence was not treated by venesection, and other evacuations. Hence it appears, that the daily use of hop in our malt liquor must add to the noxious quality of the spirit in it, when taken to excess, and contribute to the production of apoplexy, or inflammation of the liver.

### III. CATALOGUE OF THE SORBENTIA.

- I. Sorbentia affecting the skin.
  1. Acid of vitriol, of sea-salt, lemons, floes, prunus spinosa, crabs, pyrus, quince, pyrus cydonia, opium.
  2. Externally calx of zinc, of lead, or of mercury.
- II. Sorbentia affecting the mucous membranes.
  1. Juice of floes, crabs, Peruvian bark, cinchona, opium.
  2. Externally blue vitriol.
- III. Sorbentia affecting the cellular membrane.
  1. Peruvian bark, wormwoods, artemisia  

L 1 2
maritima,

maritima, artemisia absinthium, wormseed, artemisia fantonicum, chamomile, anthemis nobilis, tansey, tanacetum, bogbean, menyantes trifoliata, centaury, gentiana centaurium, gentian, gentiana lutea, artichoke-leaves, cynara scolymus, hop, humulus lupulus, salix caprea, geum urbanum, datisca cannabina.

2. Orange-peel, cinnamon, nutmeg, mace.
3. Vomits, squill, digitalis, tobacco.
4. Bath of warm air, of steam.

#### IV. Sorbentia affecting the veins.

1. Water-crefs, fisybrium nasturtium aquaticum, mustard, finapis, scurvy-grafs, cochlearia hortensis, horse-radish, cochlearia armoracia, cuckoo-flower, cardamine, dog's-grafs, dandelion, leontodon, taraxacon, cellery, apium, cabbage, braffica.
2. Chalybeates, bitters, and opium, after sufficient evacuation.
3. Externally vinegar, friction, electricity.

#### V. Sorbentia affecting the intestines.

1. Rhubarb, rheum palmatum, oak-galls, gallæ quercinæ, tormentilla erecta, cinquefoil, potentilla, red-roses, uva ursi, fimarouba.

2. Logwood,

2. Logwood, hæmatoxylum campechianum, fucus acaciæ, dragon's blood, terra japonica, mimosa catechu.

3. Alum, earth of alum, Armenian bole, chalk, creta, crab's claws, chelæ canerorum, white clay, cimolia, calcined hartshorn, cornu cervi calcinatum, bone-afhes.

VI. Sorbentia affecting the liver, stomach, and other viscera. Rust of iron, filings of iron, salt of steel, sal martis, blue vitriol, white vitriol, calomel, emetic tartar, sugar of lead, white arsenic.

VII. Sorbentia affecting venereal ulcers. Mercury dissolved or corroded by the following acids:

1. Dissolved in vitriolic acid, called turpeth mineral, or hydrargyrus vitriolatus.

2. Dissolved in nitrous acid, called hydrargyrus nitratus ruber.

3. Dissolved in muriatic acid, mercurius corrosivus sublimatus, or hydrargyrus muriatus.

4. Corroded by muriatic acid. Calomel.

5. Precipitated from muriatic acid, mercurius precipitatus albus, calx hydrargyri alba.

6. Corroded by carbonic acid? The black powder on crude mercury.

7. Calcined, or united with oxygen.
  8. United with animal fat, mercurial ointment.
  9. United with sulphur. Cinnabar.
  10. Partially united with sulphur. Æthiops mineral.
  11. Divided by calcareous earth. Hydrargyrus cum cretâ.
  12. Divided by vegetable mucilage, by sugar, by balsams.
- VIII. Sorbentia affecting the whole system. Evacuations by venesection and catharsis, and then the exhibition of opium.
- IX. Sorbentia externally applied.
1. Solutions of mercury, lead, zinc, copper, iron, arsenic; or metallic calces applied in dry powder, as cerussa, lapis calaminaris.
  2. Bitter vegetables in decoctions and in dry powders, applied externally, as Peruvian bark, oak bark, leaves of wormwood, of tansey, chamomile flowers or leaves.
  3. Electric sparks, or shocks.
- X. Bandage spread with emplastrum e minio, or with carpenter's glue mixed with one twentieth part of honey.
- XI. Portland's powder its continued use pernicious, and of hops in beer.

ART. V.  
INVERTENTIA.

I. THOSE THINGS, which invert the natural order of the successive irritative motions, are termed invertentia.

1. Emetics invert the motions of the stomach, duodenum, and œsophagus.

2. Violent cathartics invert the motions of the lacteals, and intestinal lymphatics.

3. Violent errhines invert the nasal lymphatics, and those of the frontal and maxillary sinuses. And medicines producing nausea, invert the motions of the lymphatics about the fauces.

4. Medicines producing much pale urine, as a certain quantity of alcohol, invert the motions of the urinary absorbents; if the dose of alcohol is greater, it inverts the stomach, producing the drunken sickness.

5. Medicines producing cold sweats, palpitation of the heart, globus hystericus; as violent evacuations, some poisons, fear, anxiety, act by inverting the natural order of the vascular motions.

## II. OBSERVATIONS ON THE INVERTENTIA.

I. 1. The action of vomiting seems originally to have been occasioned by disagreeable sensation from the distention or acrimony of the aliment; in the same manner as when any disgusting material is taken into the mouth, as a bitter drug, and is rejected by the retrograde motions of the tongue and lips; as explained in Class IV. 1. 1. 2. and mentioned in Sect. XXXV. 1. 3. Or the disagreeable sensation may thus excite the power of volition, which may also contribute to the retrograde actions of the stomach and œsophagus, as when cows bring up the contents of their first stomach to remasticate it. To either of these is to be attributed the action of mild emetics, which soon cease to operate, and leave the stomach stronger, or more irritable, after their operation; owing to the accumulation of the sensorial power of irritation during its torpid or inverted action. Such appears to be the operation of ipecacuanha, or of antimonium tartarizatum, in small doses.

2. But there is reason to believe, that the stronger emetics, as digitalis, first stimulate the absorbent vessels of the stomach into greater action; and that the inverted motions of these absorbents



forbents next occur, pouring the lymph, lately taken up, or obtained from other lymphatic branches, into the stomach: the quantity of which in some diseases, as in the cholera morbus, is inconceivable. This inverted motion, first of the absorbents of the stomach, and afterwards of the stomach itself, seems to originate from the exhaustion or debility, which succeeds the unnatural degree of action, into which they had been previously stimulated. An unusual defect of stimulus, as of food without spice or wine in the stomachs of those, who have been much accustomed to spice or wine, will induce sickness or vomiting; in this case the defective energy of the stomach is owing to defect of accustomed stimulus; while the action of vomiting from digitalis is owing to a deficiency of sensorial power, which is previously exhausted by the excess of its stimulus. See Sect. XXXV. 1. 3. and Class IV. 1. 1. 2.

For first, no increase of heat arises from this action of vomiting; which always occurs, when the discerning system is stimulated into action. Secondly, the motions of the absorbent vessels are as liable to inversion as the stomach itself; which last, with the œsophagus, may be considered as the absorbent mouth and belly of that great gland, the intestinal canal. Thirdly, the class of forbentia, as bitters and metallic salts, given in large doses, become invertentia, and vo-

mit, or purge. And lastly, the sickness and vomiting induced by large potations of wine, or opium, does not occur till next day in some people, in none till some time after their ingurgitation. And tincture of digitalis in the dose of 30 or 60 drops, though applied in solution, is a considerable time before it produces its effect; though vomiting is instantaneously induced by a nauseous idea, or a nauseous taste in the mouth. At the same time there seem to be some materials, which can immediately stimulate the stomach into such powerful action, as to be immediately succeeded by paralysis of it, and consequent continued fever, or immediate death; and this without exciting sensation, that is, without our perceiving it. Of these are the contagious matter of some fevers swallowed with the saliva, and probably a few grains of arsenic taken in solution. See Suppl. I. 8. 8. Art. IV. 2. 6. 9.

3. Some branches of the lymphatic system become inverted by their sympathy with other branches, which are only stimulated into too violent absorption. Thus, when the stomach and duodenum are much stimulated by alcohol, by nitre, or by worms, in some persons the urinary lymphatics have their motion inverted, and pour that material into the bladder, which is absorbed from the intestines. Hence the drunken diabetes

is

is produced; and hence chyle is seen in the urine in worm cases.

When on the contrary some branches of the absorbent systems have their motions inverted in consequence of the previous exhaustion of their sensorial power by any violent stimulus, other branches of it have their absorbent power greatly increased. Hence continued vomiting, or violent cathartics, produce great absorption from the cellular membrane in cases of dropsy; and the fluids thus absorbed are poured into the stomach and intestines by the inverted motions of the lacteals and lymphatics. See Sect. XXIX. 4. and 5.

4. The quantity of the dose of an emetic is not of so great consequence as of other medicines; as the greatest part of it is rejected with the first effort. All emetics are said to act with greater certainty when given in a morning, if an opiate had been given the night before. For the sensorial power of irritation of the stomach had thus been in some measure previously exhausted by the stimulus of the opium, which thus facilitates the action of the emetic; and which, when the dose of opium has been large, is frequently followed on the next day by spontaneous sickness and vomitings, as after violent intoxication.

Ipecacuanha is the most certain in its effect from five grains to thirty; white vitriol is the most ex-

peditious in its effect, from twenty grains to thirty dissolved in warm water; but emetic tartar, antimonium tartarifatum, from one grain to four to sane people, and from thence to twenty to insane patients, will answer most of the useful purposes of emetics; but nothing equals the digitalis purpurea for the purpose of absorbing water from the cellular membrane in the anasarca pulmonum, or hydrops pectoris. See Art. II. 3. 7.

II. Violent cathartics. 1. Where violent cathartics are required, as in dropsies, the squill in dried powder made into small pills of a grain, or a grain and a half, one to be given every hour till they operate briskly, is very efficacious; or half a grain of emetic tartar dissolved in an ounce of peppermint-water, and given every hour, till it operates. Scammony, and other strong purges, are liable to produce hypercatharsis, if they are not nicely prepared, and accurately weighed, and are thence dangerous in common practice. Gamboge is uncertain in its effects, it has otherwise the good property of being tasteless; and on that account some preparation of it might be useful for children, by which its dose could be ascertained, and its effects rendered more uniform.

2. In inflammations of the bowels with constipation

pation calomel, given in the dose from ten to twenty grains after due venesection, is most efficacious; and if made into very small pills is not liable to be rejected by vomiting, which generally attends those cases. When this fails, a grain of aloes every hour will find its way, if the bowel is not destroyed; and sometimes, I believe, if it be, when the mortification is not extensive. If the vomiting continues after the pain ceases, and especially if the bowels become tumid with air, which sounds on being struck with the finger, these patients seldom recover. Opiates given along with the cathartics I believe to be frequently injurious in inflammation of the bowels, though they may thus be given with advantage in the saturnine colic; the pain and constipation in which disease are owing to torpor or inactivity, and not to too great action. See Class I. 2. 4. 8.

III. Violent errhines and sialagogues. 1. Turpeth mineral in the quantity of one grain mixed with ten grains of sugar answers every purpose to be expected from errhines. Their operation is by inverting the motions of the lymphatics of the membrane, which lines the nostrils, and the caverns of the forehead and cheeks; and may thence possibly be of service in the hydrocephalus internus.

Some other violent errhines, as the powder of  
white

white hellebore, or Cayenne pepper, diluted with some less acrid powder, are said to cure some cold or nervous head-achs; which may be effected by inflaming the nostrils, and thus introducing the sensorial power of sensation, as well as increasing that of irritation; and thus to produce violent action of the membranes of the nostrils, and of the frontal and maxillary sinuses, which may by association excite into action the torpid membranes, which occasion the head-ach. They may be used on the same account in amaurosis and in deafness.

2. A copious salivation without any increase of heat often attends hysterical diseases, and fevers with debility, owing to an inversion of the lymphatics of the mouth, see Class I. 1. 2. 6. The same occurs in the nausea, which precedes vomiting; and is also excitable by disagreeable tastes, as by squills, or by nauseous smells, or by nauseous ideas. These are very similar to the occasional discharge of a thin fluid from the nostrils of some people, which recurs at certain periods, and differs from defective absorption.

IV. Violent diuretics. 1. If nitre be given from a dram to half an ounce in a morning at repeated draughts, the patient becomes sickish, and much pale water is thrown into the bladder by the inverted action of the urinary lymphatics.

Hence

Hence the absorption in ulcers is increased and the cure forwarded, as observed by Dr. Rowley.

2. Cantharides taken inwardly so stimulate the neck of the bladder as to increase the discharge of mucus, which appears in the urine; but I once saw a large dose taken by mistake, not less than half an ounce or an ounce of the tincture, by which I suppose the urinary lymphatics were thrown into violent inverted motions, for the patient drank repeated draughts of subtepid water to the quantity of a gallon or two in a few hours; and during the greatest part of that time he was not I believe two entire minutes together without making water. A little blood was seen in his water the next day, and a soreness continued a day longer without any other inconvenienc.

3. The decoction of foxglove should also be mentioned here, as great effusions of urine frequently follow its exhibition. See Art. IV. 2. 3. 7. And an infusion or tincture of tobacco as recommended by Dr. Fowler of York.

4. Alcohol, and opium, if taken so as to induce slight intoxication; and the body be kept cool, and much diluting liquids taken along with them, have similar effect in producing for a time a greater flow of urine, as most intemperate drinkers must occasionally have observed. This  
circumstance

circumstance seems to have introduced the use of gin, and other vinous spirits, as a diuretic, unfortunately in the gravel, amongst ignorant people; which disease is generally produced by fermented or spirituous liquors, and always increased by them.

5. Fear and anxiety are well known to produce a great frequency of making water. A person who believed he had made a bad purchase concerning an estate, told me, that he made five or six pints of water during a sleepless night, which succeeded his bargain; and it is usual, where young men are waiting in an anteroom to be examined for college preferment, to see the chamber-pot often wanted.

V. Cold sweats about the head, neck, and arms, frequently attend those, whose lungs are oppressed, as in some dropsies and asthma. A cold sweat is also frequently the harbinger of death. These are from the inverted motions of the cutaneous lymphatic branches of those parts.

### III. CATALOGUE OF INVERTENTIA.

I. Emetics, ipecacuanha, emetic tartar, antimonium tartarifatum, squill, scilla maritima, carduus benedictus, cnicus aearna, chamomile, anthemis nobilis, white vitriol, vitriolum



olum zinci, foxglove, digitalis purpurea, clysters of tobacco.

II. Violent cathartics, emetic tartar, squill, buckthorn, rhamnus catharticus, scammonium, convolvulus scammonia, gamboge, elaterium, colocynth, cucumis colocynthis, veratrum.

III. Violent errhines and sialagogues, turpeth mineral, hydragyrus vitriolatus, asarum europæum, euphorbium, capsicum, veratrum, nauseous smells, nauseous ideas.

IV. Violent diuretics, nitre, squill, feneka, cantharides, alcohol, foxglove, tobacco, anxiety.

V. Cold sudorifics, poisons, fear, approaching death.

## ART. VI.

## REVERTENTIA.

I. THOSE THINGS, which restore the natural order of the inverted irritative motions, are termed Revertentia.

1. As musk, castor, asafœtida, valerian, essential oils.

2. Externally the vapour of burnt feathers, of volatile salts, or oils, blisters, sinapisms.

These reclaim the inverted motions without increasing the heat of the body above its natural state, if given in their proper doses, as in the globus hystericus, and palpitation of the heart.

The incitantia revert these morbid motions more certainly, as opium and alcohol: and restore the natural heat more; but if they induce any degree of intoxication, they are succeeded by debility, when their stimulus ceases.

## II. OBSERVATIONS ON THE REVERTENTIA.

I. 1. The hysteric disease is attended with inverted motions feebly exerted of the œsophagus, intestinal canal and lymphatics of the bladder. Hence the borborigmi, or rumbling of the bowels, owing to their fluid contents descending as the air beneath ascends. The globus hystericus consists in the retrograde motion of the œsophagus, and the great flow of urine from that of the lymphatics spread on the neck of the bladder; and a copious salivation sometimes happens to these patients from the inversion of the lymphatics of the mouth; and palpitation of the heart owing to weak or incipient inversion of its motions; and syncope, when this occurs in its greatest degree.

These hysteric affections are not necessarily attended

attended with pain; though it sometimes happens, that pains, which originate from quiescence, afflict these patients, as the hemicrania, which has erroneously been termed the clavus hystericus; but which is owing solely to the inaction of the membranes of that part, like the pains attending the cold fits of intermittents, and which frequently returns like them at very regular periods of time.

Many of the above symptoms are relieved by musk, castor, the fœtid gums, valerian, oleum animale, oil of amber, which act in the usual dose without heating the body. The pains, which sometimes attend these constitutions, are relieved by the secernentia, as essential oils in common tooth-ach, and balsam of Peru in the flatulent colic. But the incitantia, as opium, or vinous spirit, reclaim these morbid inverted motions with more certainty, than the fœtids; and remove the pains, which attend these constitutions, with more certainty than the secernentia; but if given in large doses, a debility and return of the hysteric symptoms occurs, when the effect of the opium or alcohol ceases. Opiates and fœtids joined seem best to answer the purpose of alleviating the present symptoms; and the forbentia, by stimulating the lymphatics and lacteals into continued action, prevent a relapse of their inversion, as Peruvian bark, and the rust of iron. See Class I. 3. 1. 10.

II. Vomiting consists in the inverted order of the motions of the stomach, and œsophagus; and is also attended with the inverted motions of a part of the duodenum, when bile is ejected; and of the lymphatics of the stomach and fauces, when nausea attends, and when much lymph is evacuated. Permanent vomiting is for a time relieved by the incitantia, as opium or alcohol; but is liable to return, when their action ceases. A blister on the back, or on the stomach, is more efficacious for restraining vomiting by their stimulating into action the external skin, and by sympathy affecting the membranes of the stomach. In some fevers attended with incessant vomiting Sydenham advised the patient to put his head under the bed-clothes, till a sweat appeared on the skin, as explained in Class IV. 1. 1. 3.

In chronical vomiting I have observed crude mercury of good effect in the dose of half an ounce twice a day. The vomitings, or vain efforts to vomit, which sometimes attend hysteric or epileptic patients, are frequently instantly relieved for a time by applying flour of mustard-seed and water to the small of the leg; and removing it, as soon as the pain becomes considerable. If sinapisms lie on too long, especially in paralytic cases, they are liable to produce troublesome ulcers. A plaster or cataplasm, with opium and camphor on the region of the stomach, will sometimes revert its retrograde motions.

III. Violent

III. Violent catharsis, as in diarrhœa or dysentery, is attended with inverted motions of the lymphatics of the intestines, and is generally owing to some stimulating material. This is counteracted by plenty of mucilaginous liquids, as solutions of gum arabic, or small chicken broth, to wash away or dilute the stimulating material, which causes the disease. And then by the use of the intestinal forbentia, Art. IV. 2. 5. as rhubarb, decoction of logwood, calcined hartshorn, Armenian bole; and lastly, by the incitantia, as opium.

IV. The diabœtes consists in the inverted motions of the urinary lymphatics, which is generally I suppose owing to the too great action of some other branch of the absorbent system. The urinary branch should be stimulated by cantharides, turpentine, resin (which when taken in larger doses may possibly excite it into inverted action), by the forbentia and opium. The intestinal lymphatics should be rendered less active by torpentia, as calcareous earth, earth of alum; and those of the skin by oil externally applied over the whole body; and by the warm-bath, which should be of ninety-six or ninety-eight degrees of heat, and the patient should sit in it every day for half an hour.

V. Inverted motions of the intestinal canal

with all the lymphatics, which open into it, constitute the ileus, or iliac passion; in which disease it sometimes happens, that clysters are returned by the mouth. After venesection from ten grains to twenty of calomel make into very small pills; if these be rejected, a grain of aloe every hour; a blister; erude mercury; warm bath; if a clyster of iced water?

Many other inverted motions of different parts of the system are described in Class I. 3. and which are to be treated in a manner similar to those above described. It must be noted, that the medicines mentioned under number one in the catalogue of revertentia are the true articles belonging to this class of medicines. Those enumerated in the other four divisions are chiefly such things as tend to remove the stimulating causes, which have induced the inversion of the motions of the part, as acrimonious contents, or inflammation, of the bowels in diarrhœa, diabetes or in ileus. But it is probable after these remote causes are destroyed, that the fetid gums, musk, castor, and balsams, might be given with advantage in all these cases.

## III. CATALOGUE OF REVERTENTIA.

- I. Inverted motions, which attend the hysteric disease, are reclaimed, 1. By musk, castor. 2. By asafœtida, galbanum, sagapenum, ammoniacum, valerian. 3. Essential oils of cinnamon, nutmeg, cloves, infusion of penny-royal, mentha pulegium, peppermint, mentha piperita, ether, camphor. 4. Spirit of hartshorn, oleum animale, sponge burnt to charcoal, black snuffs of candles, which consist principally of animal charcoal, wood-foot, oil of amber. 5. The incitantia, as opium, alcohol, vinegar. 6. Externally the smoke of burnt feathers, oil of amber, volatile salt applied to the nostrils, blisters, sinapisms.
- II. Inverted motions of the stomach are reclaimed by opium, alcohol, blisters, crude mercury, sinapisms, camphor and opium externally, clysters with asafœtida.
- III. Inverted motions of the intestinal lymphatics are reclaimed by mucilaginous diluents, and by intestinal sorbentia, as rhubarb, logwood, calcined hartshorn, Armenian bole; and lastly by incitantia, as opium.
- IV. Inverted motions of the urinary lymphatics are reclaimed by cantharides, turpentine, resin, the sorbentia, and opium, with cal-

careous earth of alum, by oil externally, warm-bath.

- V. Inverted motions of the intestinal canal are reclaimed by calomel, aloë, crude mercury, blisters, warm-bath, clysters with asafœtida, clysters of iced water? or of spring water further cooled by salt dissolved in water contained in an exterior vessel? Where there exists an intromission of the bowel in children, could the patient be held up for a time by the feet with his head downwards, or be laid with his body on an inclined plane with his head downwards, and crude mercury be injected as a clyster to the quantity of two or three pounds?

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ART. VII.

TORPENTIA.

I. THOSE THINGS, which diminish the exertion of the irritative motions, are termed torpentia.

1. As mucus, mucilage, water, bland oils, and whatever possesses less stimulus than our usual food. Diminution of heat, light, sound, oxygen, and of all other stimuli; venesection, nausea, and anxiety.

2. Those



2. Those things which chemically destroy acrimony, as calcareous earth, soap, tin, alcalies, in cardialgia; or which prevent chemical acrimony, as acid of vitriol in cardialgia, which prevents the fermentation of the aliment in the stomach, and its consequent acidity. Secondly, which destroy worms, as calomel, iron filings or rust of iron, in the round worms; or amalgama of quicksilver and tin, or tin in very large doses, in the tape-worms. Will ether in clysters destroy ascarides? Thirdly, by chemically destroying extraneous bodies, as caustic alcali, lime, mild alcali in the stone. Fourthly, those things which lubricate the vessels, along which extraneous bodies slide, as oil in the stone in the urethra, and to expedite the expectoration of hardened mucus; or which lessen the friction of the contents in the intestinal canal in dysentery or aphtha, as calcined hartshorn, clay, Armenian bole, chalk, bone-ashes. Fifthly, such things as soften or extend the cuticle over tumors, or phlegmons, as warm water, poultices, fomentations, or by confining the perspirable matter on the part by cabbage-leaves, oil, fat, bee's-wax, plasters, oiled silk, externally applied.

These decrease the natural heat and remove pains occasioned by excess of irritative motions.

## II. OBSERVATIONS ON THE TORPENTIA.

I. As the torpentia consist of such materials as are less stimulating than our usual diet, it is evident, that where this class of medicines is used, some regard must be had to the usual manner of living of the patient both in respect to quantity and quality. Hence wounds in those, who have been accustomed to the use of much wine, are very liable to mortify, unless the usual potation of wine be allowed the patient. And in these habits I have seen a delirium in a fever cured almost immediately by wine; which was occasioned by the too mild regimen directed by the attendants. On the contrary in great inflammation, the subduction of food, and of spirituous drink, contributes much to the cure of the disease. As by these means both the stimulus from distention of the vessels, as well as that from the acrimony of the fluids, is decreased; but in both these respects the previous habits of diet of the patients must be attended to. Thus if tea be made stronger, than the patient has usually drunk it, it belongs to the article sordentia; if weaker, it belongs to the torpentia.

II. 1. Water in a quantity greater than usual diminishes the action of the system not only by diluting our fluids, and thence lessening their stimulus,

stimulus, but by lubricating the solids, for not only parts of our solids have their sliding over each other facilitated by the interposition of aqueous particles; but the particles of mucaginous or saccharine solutions slide easier over each other by being mixed with a greater portion of water, and thence stimulate the vessels less.

At the same time it must be observed, that the particles of water themselves, and of animal gluten dissolved in water, as the glue used by carpenters, slide easier over each other by an additional quantity of the fluid matter of heat.

These two fluids of heat and of water may be esteemed the universal solvents or lubricants in respect to animal bodies, and thus facilitate the circulation, and the secretion of the various glands. At the same time it is possible, that these two fluids may occasionally assume an aerial form, as in the cavity of the chest, and by compressing the lungs may cause one kind of asthma, which is relieved by breathing colder air. An increased quantity of heat by adding stimulus to every part of the system belongs to the article Incitantia.

III. 1. The application of cold to the skin, which is only another expression for the diminution of the degree of heat we are accustomed to, benumbs the cutaneous absorbents into inaction;

and by sympathy the urinary and intestinal absorbents become also quiescent. The secreting vessels continuing their action somewhat longer, from the warmth of the blood. Hence the usual secretions are poured into the bladder and intestines, and no absorption is retaken from them. Hence sprinkling the skin with cold water increases the quantity of urine, which is pale; and of stool, which is fluid; these have erroneously been ascribed to increased secretion, or to obstructed perspiration.

The thin discharge from the nostrils of some people in cold weather is owing to the torpid state of the absorbent vessels of the membrana schneideriana, which as above are benumbed sooner than those, which perform the secretion of the mucus.

The quick anhelation, and palpitation of the heart, of those, who are immersed in cold water, depends on the quiescence of the external absorbent vessels and capillaries. Hence the cutaneous circulation is diminished, and by association an almost universal torpor of the system is induced; thence the heart becomes incapable to push forwards its blood through all the inactive capillaries and glands; and as the terminating vessels of the pulmonary artery suffer a similar inaction by association, the blood is with difficulty pushed through the lungs.

Some have imagined, that a spasmodic contraction

friction of the smaller vessels took place, and have thus accounted for their resistance to the force of the heart. But there seems no necessity to introduce this imaginary spasm; since those, who are conversant in injecting bodies, find it necessary first to put them into warm water to take away the stiffness of the cold dead vessels; which become inflexible like the other muscles of dead animals, and prevent the injected fluid from passing.

Before the improved knowledge of chemistry, and of natural philosophy, and of the laws of organic life, some writers have spoken of cold as a stimulus to the system, instead of speaking of it as a diminution of the stimulus of heat. But the immediate consequence of stimulus is the exertion of the stimulated fibres; now an increased application of heat is followed by an increased action of the fibres exposed to it; but an increased application of cold is followed by a decreased action of the fibres exposed to it; as appears by the redness of our hands when warmed by the fire, and the paleness of them, when they have been a while covered with snow.

A painful sensation succeeds the defect as well as the excess of the stimulus of heat, as mentioned in Vol. I. Sect. IV. 5. and the voluntary exertions of the subcutaneous muscles called shuddering, are excited to relieve the pain occasioned by the torpor of the fibres exposed to cold; and those

those of the muscles subservient to respiration are voluntarily excited in screaming to relieve the pain occasioned by heat, which may have occasioned the error above mentioned.

Others have spoken of a sedative quality of cold, which is certainly an unphilosophical expression; as a sedative power, if it has any distinct meaning, should express a power of diminishing any unnatural or excessive motions of the system; but the application of cold diminishes the activity of the fibres in general, which may previously be less than natural, as well as greater.

All the same symptoms occur in the cold fits of intermittents; in these the coldness and paleness of the skin with thirst evince the diminution of cutaneous absorption; and the dryness of ulcers, and small secretion of urine, evince the torpor of the secreting system; and the anhelation, and coldness of the breath, shew the terminations of the pulmonary artery to be likewise affected with torpor.

After these vessels of the whole surface of the body both absorbent and secretory have been for a time torpid by the application of cold water; and all the internal secreting and absorbent ones have been made torpid from their association with the external; as soon as their usual stimulus of warmth is renewed, they are thrown into more than their usual energy of action; as the hands become hot and painful on approaching the fire  
after

after having been immersed some time in snow. Hence the face becomes of a red colour in a cold day on turning from the wind, and the insensible perspiration increased by repeatedly going into frosty air, but not continuing in it too long at a time.

2. When by the too great warmth of a room or of clothes the secretion or perspirable matter is much increased, the strength of the patient is much exhausted by this unnecessary exertion of the capillary system, and thence of the whole secreting and arterial system by association. The diminution of external heat immediately induces a torpor or quiescence of these unnecessary exertions, and the patient instantly feels himself strengthened, and exhilarated; the animal power, which was thus wasted in vain, being now applied to more useful purposes. Thus when the limbs on one side are disabled by a stroke of the palsy, those of the other side are perpetually in motion. And hence all people bear riding and other exercises best in cold weather.

Patients in fevers, where the skin is hot, are immediately strengthened by cold air; which is therefore of great use in fevers attended with debility and heat; but may perhaps be of temporary disservice, if too hastily applied in some situations of fevers attended with internal topical inflammation, as in peripneumony or pleurisy, where  
the

the arterial strength is too great already, and the increased action of the external capillaries being destroyed by the cold, the action of the internal inflamed part may be suddenly increased, unless venesection and other evacuations are applied at the same time. Yet in most cases the application of cold is nevertheless salutary, as by decreasing the heat of the particles of blood in the cutaneous vessels, the stimulus of them, and the distention of the vessels becomes considerably lessened. In external inflammations, as the small-pox, and perhaps the gout and rheumatism, the application of cold air must be of great service by decreasing the action of the inflamed skin, though the contrary is too frequently the practice in those diseases. It must be observed, that for all these purposes the application of it should be continued a long time, otherwise an increased exertion follows the temporary torpor, before the disease is destroyed.

The topical application of cold to relieve inflammatory pains, or to destroy the too great action of the vessels, may be used with great advantage. In local inflammations, as in the pleurisy, or ophthalmia, or in local pains from the stimulus of an extraneous body, as in gravel descending along the ureter, the application of cold on or near the affected part may be used with salutary effect, as by pressing on the part a bladder full of cold water with



with salt dissolving in it; or by the evaporation of ether on it; which may render the vessels torpid or inactive. But the application of cold to the whole skin might increase the action of the inflamed vessels by diminishing that of the skin and lungs, and thus accumulating a greater quantity of sensorial power; and this especially if it was applied previous to evacuations by the lancet or by cathartics.

I am informed that an ingenious and eminent surgeon in Shropshire, when he was himself affected with gravel in the ureter, attended with excessive and continued pain, found instantaneous relief frequently in a day by applying on the painful part a bag of snow or pounded ice, and suffering it to dissolve. And in the Memoirs of the Medical Society of London, Vol. V. Mr. Parkinson of Leicester applies cold ingeniously to burns, and to inflammations of the eyes, by covering the part with a bladder of the greatest tenuity, which is kept perpetually moistened for many hours, (perhaps 24 or 36) by alcohol or highly rectified spirit of wine. In ophthalmia the eyelids were thus covered with thin bladder, and rectified spirit of wine was applied by means of a sponge to the bladder for some hours; which succeeded, after saturnine lotions had been used in vain, and destroyed the inflammation, as soon as two ounces of alcohol had been consumed. Perhaps ether by its quicker evaporation might be

more speedily effectual? or snow or ice thawed more hastily by the addition of acid of nitre?

3. After immersion in cold water or in cold air the whole system becomes more excitable by the natural degree of stimulus, as appears from the subsequent glow on the skin of people otherwise pale; and even by a degree of stimulus less than natural, as appears by their becoming warm in a short time during their continuance in a bath, of about 80 degrees of heat, as in Buxton bath. See Sect. XII. 2. 1. XXXII. 3. 3.

This increased exertion happens to the absorbent vessels more particularly, as they are first and most affected by these temporary diminutions of heat; and hence like the medicines, which promote absorption, the cold bath contributes to strengthen the constitution, that is to increase its irritability; for the diseases attended with weakness, as nervous fevers and hysteric diseases, are shewn in Section XXXII. 2. 1. to proceed from a want of irritability, not from an excess of it. Hence the digestion is greater in frosty weather, and the quantity of perspiration. For these purposes the application of cold must not be continued too long. For in riding a journey in cold weather, when the feet are long kept too cold; the digestion is impaired, and cardialgia produced.

4. If the diminution of external heat be too great, produced too hastily, or continued too long, the torpor of the system either becomes so great, that the animal ceases to live; or so great an energy of motion or orgasm of the vessels succeeds, as to produce fever or inflammation. This most frequently happens after the body has been temporarily heated by exercise, warm rooms, anger, or intemperance. Hence colds are produced in the external air by resting after exercise, or by drinking cold water. See Class I.

2. 2. 1.

Frequent cold immersions harden or invigorate the constitution, which they effect by habituating the body to bear a diminution of heat on its surface without being thrown into such extensive torpor or quiescence by the consent of the vessels of the skin with the pulmonary and glandular system; as those experience, who frequently use the cold bath. At first they have great anhelation and palpitation of heart at their ingress into cold water; but by the habit of a few weeks they are able to bear this diminution of heat with little or no inconvenience; for the power of volition has some influence over the muscles subservient to respiration, and by its counter efforts gradually prevents the quick breathing, and diminishes the associations of the pulmonary vessels with the cutaneous ones. And thus though the same quantity of heat is subducted from the skin,

yet the torpor of the pulmonary vessels and internal glands does not follow. Hence during cold immersion less sensorial power is accumulated, and, in consequence, less exertion of it succeeds on emerging from the bath. Whence such people are esteemed hardy, and bear the common variations of atmospheric temperature without inconvenience. See Sect. XXXII. 3. 2.

IV. Venesection has a just title to be classed amongst the torpentia in cases of fever with arterial strength, known by the fulness and hardness of the pulse. In these cases the heat becomes less by its use, and all exuberant secretions, as of bile or sweat, are diminished, and room is made in the blood-vessels for the absorption of mild fluids; and hence the absorption also of new vessels, or extravasated fluids, the produce of inflammation, is promoted. Hence venesection is properly classed amongst the sorbentia, as like other evacuations it promotes general absorption, restrains hæmorrhages, and cures those pains, which originate from the too great action of the discerning vessels, or from the torpor of the absorbents. I have more than once been witness to the sudden removal of nervous head-achs by venesection, though the patient was already exhausted, pale, and feeble; and to its great use in convulsions and madness, whether the patient was strong or weak; which diseases are the consequence

sequence of nervous pains; and to its stopping long debilitating hæmorrhages from the uterus, when other means had been in vain essayed. In inflammatory pains, and inflammatory hæmorrhages, every one justly applies to it, as the certain and only cure.

V. When the circulation is carried on too violently, as in inflammatory fevers, those medicines, which invert the motions of some parts of the system, retard the motions of some other parts, which are associated with them. Hence small doses of emetic tartar, and ipecacuanha, and large doses of nitre, by producing nausea debilitate and lessen the energy of the circulation, and are thence useful in inflammatory diseases. It must be added, that if nitre be swallowed in powder, or soon after it is dissolved, it contributes to lessen the circulation by the cold it generates, like ice-water, or the external application of cold air.

VI. The respiration of air mixed with a greater proportion of azote than is found in the common atmosphere, or of air mixed with hydrogen, or with carbonic acid gas, so that the quantity of oxygen might be less than usual, would probably act in cases of inflammation with great advantage. In consumptions this might be most conveniently and effectually applied, if a phthi-

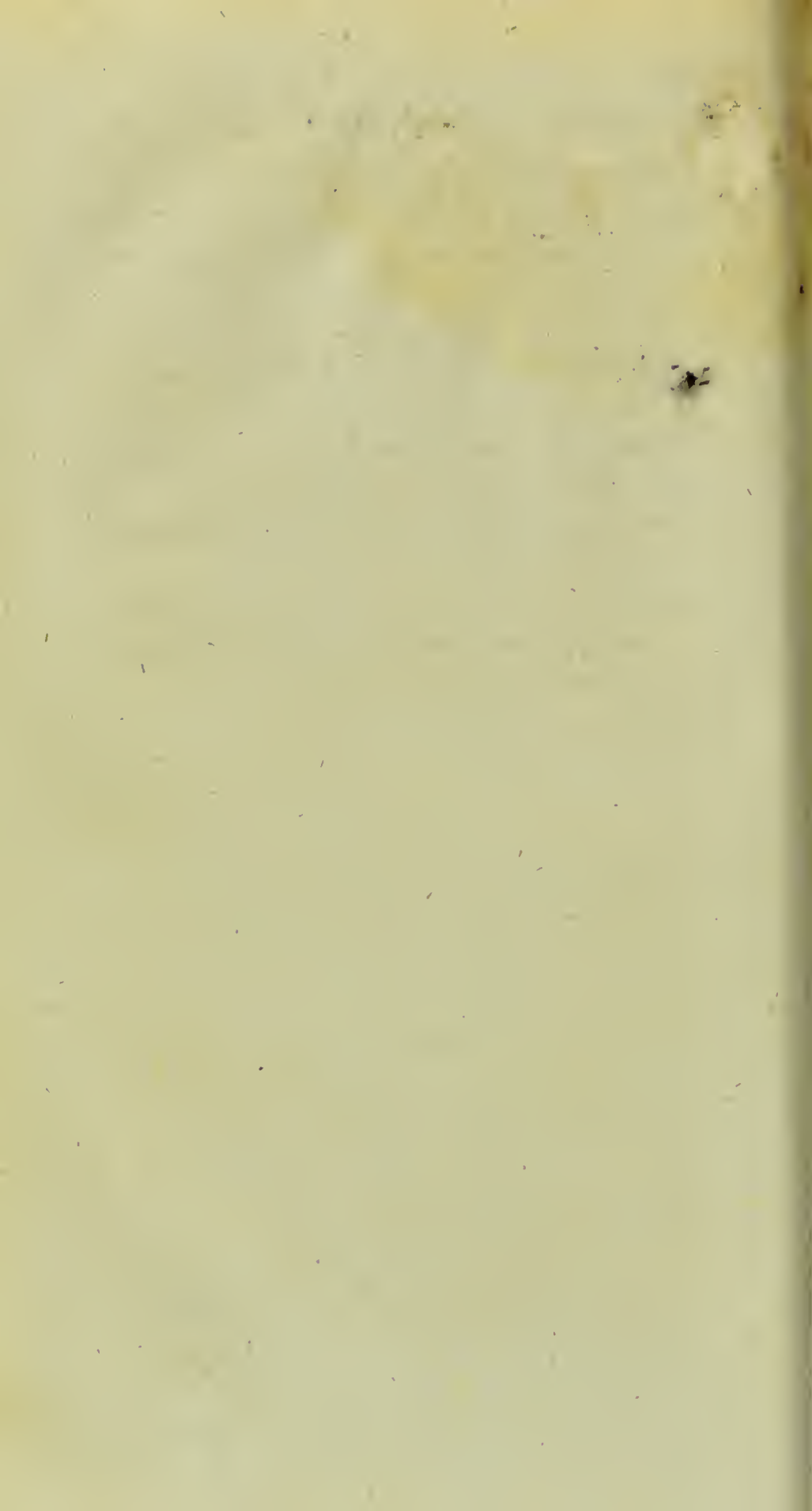
cal patient could reside day and night in a porter or ale brewery, where great quantities of those liquors were perpetually fermenting in vats or open barrels; or in some great manufactory of wines from raisins or from sugar.

Externally the application of carbonic acid gas to cancers and other ulcers instead of atmospheric air may prevent their enlargement, by preventing the union of oxygen with the matter, and thus producing a new contagious animal acid.

### III. CATALOGUE OF TORPENTIA.

1. Venesection. Arteriotomy.
2. Cold water, cold air, respiration of air with less oxygen.
3. Vegetable mucilages.
  - a. Seeds — Barley, oats, rice, young peas, flax, cucumber, melon, &c.
  - b. Gums. — Arabic, tragacanth, Senegal, of cherry-trees.
  - c. Roots — Turnip, potatoe, althea, orchis, snow-drop.
  - d. Herbs — Spinach, brocoli, mercury.
4. Vegetable acids, lemon, orange, currants, gooseberries, apples, grape, &c.
5. Animal mucus, hartshorn jelly, veal broth, chicken water, oil? fat? cream?
6. Mineral acids, of vitriol, nitre, sea-salt.

7. Silence, darknes.
8. Invertentia in small doses, nitre, emetic tartar, ipecacuanha given so as to induce nausea.
9. Antacids.—Soap, tin, alcalies, earths.
10. Medicines preventive of fermentation, acid of vitriol.
11. Anthelmintics.—Indian pink, tin, iron, cowhage, amalgama, smoak of tobacco.
12. Lithontriptics, lixiv. saponarium, aqua calcis, fixable air.
13. Externally, warm bath, and poultices, oil, fat, wax, plasters, oiled silk, carbonic acid gas on cancers, and other ulcers.





# I N D E X

OF THE

## A R T I C L E S.

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## DIRECTIONS TO THE BINDER.

1. Please to place the Plate consisting of one red spot, at Sect. III. 1.
2. ——— Consisting of one black spot, at Sect. III. 3. 3.
3. ——— Consisting of five concentric coloured circles, at Sect. III. 3. 6.
4. ——— Consisting of one yellow circle surrounded by one blue one, at Sect. XL. 4. 2.
5. ——— Consisting of one yellow circle and two blue ones, at Sect. XL. 10. 3.
6. ——— Consisting of the word BANKS in blue on a yellow ground, at Sect. XL. 10. 5.

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